

Rite of Passage Planning Guide

Even the most simple rite of passage experience can have a powerful impact in your teen's life. Ask yourself the following questions to plan the best approach for your son or daughter.

ASSESS

- Is our relationship strong enough for the experience to feel authentic vs. forced?
- Does my child have other adults in his/her life who have had enough influence to participate in such an experience?
- Does my teen show signs he/she is willing to move toward adult responsibilities and attitudes? If you answer no to any of these questions it might be better to plan a special dinner alone together to begin meaningful dialog rather than attempt the full rite of passage experience.

WHEN

- What day is best to make this event special? On a birthday? In conjunction with a holiday? As a special day of it's own?
- What date would work best for those who might need to travel to participate?

WHO

- What relatives should participate? (Grandparent? Respected aunt or uncle? Older brother or sister?)
- Is the child close to a pastor, youth minister, teacher or coach he/she respects?
- If you are not planning the event as a surprise, invite your teen to suggest who he/she would like to be included.

HOW

- Would my child prefer a formal event or casual experience?
- What would be a good setting for the event? The house? Grandparent's home? A favorite restaurant? The church? A park?
- What kind of fun activity would our child enjoy doing with the older men or women before the formal portion of the event? (For example, a teen boy might enjoy going to shooting range or golfing while a girl might prefer shopping or tennis.)

For additional ideas on planning we recommend the book *Spiritual Milestones* by Jim & Janet Weidmann & J. Otis and Gail Ledbetter. (Available from **heritagebuilders.com or can be purchased in our church book store**)

Sample Letters for Son's

RITE OF PASSAGE CELEBRATION

This collection of documents is intended to help you create a meaningful rite of passage experience for your sixteen, seventeen or eighteen-year-old child. As you plan an event to celebrate the transition from childhood into the world of emerging adults feel free to copy, edit or borrow from these sample materials. Consider them mere suggestions and guidelines as you do what best fits your family.

If you would like to copy and paste and make each document your own- feel free to access the documents on our website- http://fallsathome.com/faith-path/preparing-for-independence/

There are 2 packets of information one geared towards the son in your family and one for the daughter in your family. If you would like additional packets, please stop by the Faith Path resource wall at church.

SON'S RITE OF PASSAGE EVENT SUMMARY

Use this template to include with letters you send to the men you ask to participate.

SON'S NAME Rite of Passage

Date/Time of Event

THE PURPOSE: To celebrate <u>SON's</u> transition toward an emerging adult and to formally invite him to join the ranks of men by accepting responsibility for his own spiritual growth.

THE PLAN: Several Christian men who have influenced <u>SON's</u> life will spend time discussing manhood and inviting him to move beyond childhood by accepting responsibility for becoming a man of God.

THE EVENT: Each man is asked to write a short letter to <u>SON</u> on the assigned topic to read during the evening ceremony and present some small item/gift that is symbolic of their topic/charge. <u>SON</u> will be invited to read his own letter accepting the invitation to manhood and then <u>DAD'S NAME</u> will lead the men in a blessing prayer. The day/evening agenda is as follows...

<u>TIME</u>: GUY ACTIVITY: The men and <u>SON</u> will go someplace in the afternoon together to enjoy some guy activity (i.e. shooting range, go cart racing, Frisbee golf, bowling, etc.) after which all will go to dinner or coffee for an informal discussion about your own experience of accepting the responsibilities and challenges of manhood.

<u>TIME</u>: CEREMONY: We will gather with the women/children at <u>LOCATION</u> for the formal ceremony. Your assigned topics are listed in the agenda below and suggested ideas for your letter are attached.

Invitations to Godly Manhood

- A Man and His Relationships (NAME OF MAN ASSIGNED)
- A Man and His Work (NAME OF MAN ASSIGNED)
- A Man and His Ministry (NAME OF MAN ASSIGNED)
- A Man and His Children (<u>NAME OF MAN ASSIGNED</u>)
- A Man and His Marriage (<u>NAME OF MAN ASSIGNED</u>)
- A Man and His God (NAME OF MAN ASSIGNED)

Acceptance

<u>SON</u> will make a few informal comments and/or read his own letter expressing his desires for manhood and acceptance of responsibility for future spiritual growth.

Blessing Prayer

Men lay hands on **SON** as **DAD** prays a blessing prayer.

Thank you, in advance, for joining us for this important milestone in SON'S life!

A MAN AND HIS RELATIONSHIPS

(Assigned To: NAME)

Goal of Letter:

As a man who has modeled what it means to be a good friend, <u>NAME</u> will charge <u>SON</u> to make relationships a priority in life.

Possible Bible Passages:

- Proverbs 27:17 (Friends sharpen one another)
- John 15:13 (Friends sacrifice for one another)
- 2 Corinthians 6:14 (Good friends share common beliefs)

Suggestions:

- Tell about the time OFFER IDEAS FROM SHARED MEMORIES
- Tell stories of your own important friendships over the years
- Describe your own close, lifelong friends perhaps reflecting on times you've been there to support one another in difficult days and/or times you enjoyed laughing together, etc.
- Talk about what it means to sacrifice yourself your others and how real men are willing to move beyond themselves to serve others

The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for becoming a true friend to others by serving them, supporting them when they need it and modeling Jesus' example of "laying down one's life for a friend."

Possible Gift/Symbol:

A metal file – signifying that iron sharpens iron

A MAN AND HIS WORK

(Assigned To: <u>NAME</u>)

Goal of Letter:

As a man who has demonstrated success in his career and the discipline of hard work, NAME will charge SON to take an appropriate pride and honor in his work.

Possible Bible Passages:

- Proverbs 13:4 & 20:4 (Hard work brings reward)
- I Timothy 5:8 (Manhood means providing for yourself and family)
- Colossians 3:23 (Work as unto God, not men)

Suggestions:

- Tell about your first job, your worst job, your best job.
- Describe the satisfaction of a job well done and of providing well for your wife/children.
- Describe times you've been able to give to the needy and how it feels for God to use you as a blessing to others thanks to your hard work earning money.
- Talk about the ultimate purpose of work = worship by building something to God's glory.

The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for becoming a successful man in his work by dedicating all he does to God's glory and by taking his role as leader of a family who provides for his own.

Possible Gift/Symbol:

A dollar bill – signifying the rewards of hard work and the role of a man as provider

A MAN AND HIS MINISTRY

(Assigned To: NAME)

Goal of Letter:

As a man who has been an important "minister" in <u>SON'S</u> life <u>NAME</u> will charge <u>SON</u> to fulfill his part in the larger body of Christ.

Possible Bible Passages:

- I Corinthians 12:27 (We are an important part of the body)
- I Timothy 4:12 (Even young men should minister)
- 2 Corinthians 5:18 (All are called to the ministry of reconciliation)

Suggestions:

- Tell about when/how you knew you were called to minister
- Tell why "ministry" isn't just limited to those in vocational church ministry
- Talk about the need to remain connected to the church and to eventually lead a wife/family by taking them to church and serving, etc.
- Emphasize the overall "ministry of reconciliation" to which all men are called
- Possibly touch upon how you've seen <u>SON</u> serve and possible places/situations in which he may be called to "minister" in the future such as in college, the workplace, at church, at home, in the community, etc.

The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility to always seek a place to use his gifts in God's service.

Possible Gift/Symbol:

A toy hand/ear/foot – signifying that <u>SON</u> is part of the larger body of Christ

A MAN AND HIS CHILDREN

(Assigned To: <u>NAME</u>)

Goal of Letter:

As a man who has modeled what it means to make being a dad his highest priority, NAME will charge SON to look forward to and prepare himself for fatherhood.

Possible Bible Passages:

- Proverbs 20:7 (Integrity is caught by our children)
- Deuteronomy 6:4-9, Psalm 78:4 (Teach your children)
- Ephesians 6:4 (Fathers must be patient, humble, etc.)

Suggestions:

- Describe the feeling of becoming a father.
- Discuss how a father should model the character of God to his children which makes fostering virtue through spiritual disciplines very important.
- Discuss how manhood = sacrificing yourself for your children rather than living for yourself.

The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for developing habits of integrity, patience and selfless service NOW in anticipation of the honor of someday becoming a father.

Possible Gift/Symbol:

A hat – signifying that <u>SON</u> can look forward to someday becoming "head" of a home and/or wearing things that will embarrass his future children!

A MAN AND HIS MARRIAGE

(Assigned To: <u>NAME</u>)

Goal of Letter:

As a man who has demonstrated what it means to be a Godly husband, <u>NAME</u> will charge <u>SON</u> to start being faithful to his future wife now by keeping himself pure.

Possible Bible Passages:

- Genesis 2:18 (Not good to be alone)
- Proverbs 5 (Warnings of the temptress)
- Ephesians 5:25 (Cherish your wife)
- Philippians 4:8 (Keep mind pure)

Suggestions:

- Tell a story of the excitement of falling in love with your wife.
- Describe how a pure & passionate husband/wife relationship is a wonderful gift from God something <u>SON</u> should be eager to find and jealous to protect even before marriage.
- Talk about how much more dangerous it is today than in the past re: pornography, temptations, etc.
- Talk about sexual purity as one of the ways a husband honors/cherishes his wife.
- Describe the "for better or worse" realities of dealing with difficulties in marriage and how a real man remains true to his commitment/fidelity regardless of what comes.

The Charge:

End the letter with a "charge" to <u>SON</u> to guard his mind and body re: purity in order to begin fidelity and faithfulness to his future bride NOW. Also, charge him to eagerly anticipate the wonderful gift of intimacy with his bride.

Possible Gift/Symbol:

An extension cord – signifying God's design of men (male end) and women (female end) is a wonderful gift that, if used according to His design and in His time, connects us to one of God's most empowering experiences in life!

A MAN AND HIS GOD

(Assigned To: <u>NAME</u>)

Goal of Letter:

As a man who has demonstrated what it means to love and serve God, <u>NAME</u> will charge SON to take responsibility for his own spiritual growth.

Possible Bible Passages:

- Proverbs 19:23 (Fear of God = Life)
- Ecclesiastes 12:13 (Whole duty of man)
- Mark 12:30 (Love God with whole heart, soul and mind)

Suggestions:

- Tell <u>SON</u> about your own faith journey including when and how you first became a follower of Jesus.
- Describe your hopes and prayer for <u>SON</u> as he continues to grow in faith and pursue the God you love.

The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for developing his own relationship with God, building on but no longer relying upon his parents' faith.

Possible Gift/Symbol:

A Bible or an appropriate Christian book such as <u>SUGGEST A SPECIFIC BOOK</u> YOUR SON MIGHT LIKE.

SAMPLE BLESSING PRAYER

The following is an example of a blessing prayer a parent might pray over his or her child during a rite of passage event to affirm the child and cast a vision for his/her future.

Dear Heavenly Father:

Thank you for the gift <u>CHILD'S NAME</u> is to me, to our family and to every person in this room. I give you praise for creating <u>HIM/HER</u> with such unique gifts.

MENTION SPECIFIC EXAMPLES.

I am so proud of the young MAN/WOMAN CHILD'S NAME is becoming and I ask you to give CHILD'S NAME strength and grace as HE/SHE continues moving from the world of childhood into the joys and responsibilities of becoming a Godly MAN/WOMAN. In this moment we celebrate the life CHILD'S NAME has lived so far and the exciting road HE/SHE will travel into a special future.

• MENTION SPECIFIC GOALS/OPPORTUNITIES AHEAD

Lord, you know how much I love <u>CHILD'S NAME</u>. You know that I will do anything within my power to help <u>HIM/HER</u> reach <u>HIS/HER</u> God-given potential. But, unlike the years behind us, <u>CHILD'S NAME</u> is moving into the season of life in which <u>HE/SHE</u> must own more of <u>HIS/HER</u> own faith and character formation. Please guide <u>CHILD'S NAME</u> on that journey and continue to nurture within <u>HIM/HER</u> a passion for you and the wisdom to make wise choices.

Finally, I ask you to pour out your blessings on my <u>SON/DAUGHTER</u>'S future. I can't wait to see how you will use <u>HIM/HER</u> in coming days.

In the name of Christ our Lord, Amen.