Mission
“To Joyfully Preach, Teach, and Live the Word of God”
Theme
“One Hundred Fifty Years of Standing on the Rock”

PASTORAL STAFF
Sharon Cooney-Smith, Dir. Religious Education
Roberta George, Secretary
Deborah Grant, Clerical Support
Angela Harris, Bulletin Editor

SUPPORT STAFF
Bro. Steve Fruge, Pastoral Staff
Terrance Gipson, Maintenance
Terri Schneider, Dir. Hardin Food Pantry
Athletic Office: 314 533-0304
Teen Ministry: 314 533-0304

MUSIC MINISTRY
8:15—Malcolm Speed
11:00—Danny duMaine

REDEMPTORISTS IN RESIDENCE
Rev. Tom Donaldson, C.Ss.R.
Rev. Dave Polek, C.Ss.R.
Rev. Peter Schavitz, C.Ss.R.

SACRAMENT OF RECONCILIATION
(Call for Appointment)

SUNDAY MASSES:
8:15 & 11:00 a.m.

DAILY MASSES:
Monday: 5:30 p.m.
(W, Th & F.) 11:30 a.m.
Tuesdays: 11:30 a.m.
Saturdays: 9:30 a.m.

MONDAY:
Eucharistic Adoration
4:30 p.m.—5:15 p.m.

TUESDAYS:
Exposition & Benediction:
10:30 a.m.—11:30 a.m. (1st—Tuesday) followed by our Perpetual Help Novena & Mass
I have been reading lately a letter written by Archbishop Carlson about Jesus as the Divine Physician. It has been an interesting read because he calls to mind the fact that we are all wounded and in need of healing. Just as we get hurt physically we also get hurt spiritually. This happens when we sin. It causes a moral wound within us that can only be healed through with medication that pours forth from the love of Jesus.

As a priest, I have had the privilege of hearing about 40,000 confessions. When I am in the confessional, I really do feel the presence of the Spirit come down upon the other person and myself. It is amazing to me when the person bares their soul to me that the Spirit cast his shadow upon us. It is a sacred time between us. It's much more than just a time of counseling; the person is pouring out their soul to Christ Jesus who is the only one who can heal. I, as a priest, am just the listening ear of the Lord. The person is really speaking to Jesus and not to me. This is really important to accept. It is Jesus who heals, not the priest. It is Jesus who hears, not the priest. It is Jesus who brings comfort, not the priest. After a person has confessed their sins and received absolution, they go away feeling a sense of burden lifted from their shoulders.

It is also important to realize that confessing your sins to God on your own is not the same as going to confession to a priest. The same can be said of the person who stays at home on a Sunday instead of going to mass. In confession and the Eucharist, the Lord sends his Spirit upon us in a unique way. In these two sacraments, we receive abundant Grace to help us in our spiritual journeys. This does not happen when we just go to God on our own. The Spirit does not come down upon us in the same way.

Leaving the sacraments of Reconciliation and Eucharist out of our lives is like eating potato chips every day all day. The potato chips may fill us, but if we are not eating fruits and vegetables, we are not going to be healthy. Substituting our own prayer with God instead of going to the sacraments is doing us much harm. Our souls are not going to be able to survive very long without the graces given to us by God from the sacraments.

I also draw your attention to worshipping the Eucharist in adoration every Monday at 4:30 here at the Rock. We gather together and pray the visits to the Blessed Sacrament, and then offer mass at 5:30. What a beautiful way to connect to Jesus every week. May God bless you this week and keep you.

Weekly Readings…

**Sunday:**
Is 49:3, 5-6/Ps 40:2, 4, 7-8, 8-9, 10 [8a, 9a]/1 Cor 1:1-3/Jn 1:29-34

**Monday:**
1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mk 2:18-22

**Tuesday:**
1 Sm 16:1-13/Ps 89:20, 21-22, 27-28 [21a]/Mk 2:23-28

**Wednesday:**
1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10 [1]/Mk 3:1-6

**Thursday:**
1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13 [5b]/Mk 3:7-12

**Friday:**
1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11 [2a]/Mk 3:13-19

**Saturday:**
Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2 [Mk 16:15]/Mk 16:15-18

**Sunday:**
Is 8:23—9:3/Ps 27:1, 4, 13-14 [1a] 1 Cor 1:10-13, 17/Mt 4:12-23 or 4:12-17

SAINTS AND SPECIAL OBSERVANCES

**Sunday:**
2nd Sunday in Ordinary Time

**Monday:**
St. Fabian, Pope and Martyr
St. Sebastian, Martyr
Martin Luther King Jr. Day

**Tuesday:**
St. Agnes, Virgin and Martyr

**Wednesday:**
Day of Prayer for the Legal Protection of Unborn Children

**Thursday:**
St. Vincent, Deacon and Martyr
St. Marianne Cope, Virgin

**Friday:**
St. Francis de Sales, Bishop & Doctor of the Church

**Saturday:**
The Conversion of St. Paul the Apostle

**Sunday:**
3rd Sunday in Ordinary Time
Catholic Schools Week
SHUT-IN’s

Atherton, Andrew
Bohannon, Ida
Brack, Dorothy
Clay, Irving
Lee, Rosemary

McCoy, Bernice
McCoy, Carolyn
Peters, Mae
Thomas, Bernice
Turner, Hortense

Pray for the Deceased

Pray for the repose of the soul of †Anita Louise Banks, godmother, of Anne-Marie Clarke

Eternal rest, grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed through the mercy of God rest in peace. Amen

NOTE: Names will remain listed for 2 weeks

INTENTIONS 01/07/20
Bowers, Lynette
Cloyd, Cori
Cloyd, Kalonda
George, Darrion
Henry, Alyia
Jackson, Tamica
Jackson, Fredrick & Family
Johnson, Linda & Family
Parran, Kristin
Pickett, DaShaun
Reedy, Judy
Reedy, Sid

INTENTIONS 01/14/20
Cummings, Alice
Fite, Maudelle
George, Roberta
Hearns, Zeyesnan
Jackson, Fredrick
Miller, Jr., Antonio
Perry, Kameron
Schneider, Terri

SICKNESS 01/07/20
Bell, Gilbert
Collins, Tamika
Duplantier, Tyrond Sr.
Fisher, Kyle Fr.
George, Betty
Greer, Lois
Jordan, Almetta “Cookie”

SICKNESS 01/14/20
Atherton, Vertibee
Calhoun, Debi
Caprease, Brittany
Chapman, Bonnie
Clancy, Jimmy
Cummings, Cleophas
Herron, David
Howard, Yvonne
Lambeta, Steve
Latham, Jean
Loomer, Brenda
Pomer, Patti
Ramsberg, Corey Sgt.
Schneider, Jeanne
Schneider, Roy
Schneider, Laverne
Serno, Jessica
Smith, Melba
Smith, Paulette
Thompson, Mary Ann
Weaver, Stephen
Vet, Alphonso

Pilgrimage to Montgomery, Alabama

Join the Lwanga Center sponsored excursion to the Legacy Museum and Memorial of Peace and Justice. June 12th—14th, which includes, Sunday Liturgy, Motor Coach Transportation, Drury Inn accommodations and two breakfasts all included in the package.

For payment options, please contact Mrs. Corliss Cox, CSJA for additional information: 314 367-7929. Or visit the Lwanga Center located at 4746 Carter Ave. Suite 100 St. Louis, MO 63115.

Zoe Coffman has been selected to receive the 13th Annual Dr. Martin Luther King, Jr. Model of Justice Award on behalf of St. Alphonsus Liguori ‘Rock’ Church.

This award is presented to high school students who have demonstrated through their attitude and their work, a commitment to serving humanity in the broader community.

These students have made social justice a central part of their life and have committed themselves “to the noble struggle for equal rights.”

The awards will be presented to each student by the Most Reverend Robert J. Carlson, Archbishop of the St Louis Archdiocese, TODAY, following the 2:30pm Mass in the Cathedral Basilica.

An Evening with the North City Deanery Choir
Directed by Simeon A. Layne, Jr & Danny DuMaine, on Friday, January 24, 2020, at 8:00pm. A mini-series of Spiritual and Gospel concerts will take place at the Cathedral Basilica of St. Louis on three consecutive Fridays: January 24th, 31st, and February 7th, celebrating MLK Jr. Day and the start of Black History Month.

All three concerts are free and feature local groups including the North City Deanery Choir directed by Simeon A. Layne, Jr & Danny DuMaine; The Sheldon’s City of Music All-Star Chorus directed by Maria A. Ellis; and the New Sunny Mount Baptist Chancel Choir directed by Anita Watkins-Stevens with the Gospel Symphonic Choir of St. Louis led by Dello Thedford.

Save the Date!

37th Annual Testimonial Dinner & Auction on Sunday, March 22, 2020. Renaissance St. Louis Airport Hotel. Themed “We Don’t Believe He Brought Us This Far to Leave Us!” tickets are $65.00 each. Table of 10 for $650.00.

Contact the Lwanga Center (314) 367-7929 or your local Lwanga Board Representative or Dinner Committee member for additional information about ticket purchase, ads, and auction donations.
Today, we celebrate an extraordinary American who followed Jesus by being a living example of peace and equality: **Dr. Martin Luther King, Jr.** Dr. King was a Baptist minister whose faith heavily informed his commitment to social justice and antiracism. There is much that everyone can learn from Dr. King’s philosophy and methods, especially in our present tumultuous times. But there are some parts of Dr. King’s message that can especially speak to Catholics:

1. **The dignity of every human life**
   As Catholics, we are committed to the Church’s pro-life teachings. The Church emphasizes the inherent dignity of every human life, from conception to natural death. Dr. King’s work reminds us that being pro-life is more than opposing abortion and euthanasia: it is creating a world in which the dignity of every human life is upheld. Racism is necessarily part of the pro-life conversation, because we cannot be pro-life if we value some lives over others. In imitation of Jesus, Dr. King calls us to lift up those who are most oppressed.

2. **Interfaith cooperation**
   During his life, Dr. King worked with many Catholics, including priests and religious sisters. He was propelled forward by his love of Jesus, and he recognized that this was common ground he shared with other Christians. Instead of focusing on the beliefs that made him different from Christians of other denominations, Dr. King sought out that shared love and used it as a foundation for activism.

3. **How to hold up the light**
   In his book Strength to Love, Dr. King said, “Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that.” This is a beautiful Christian message that we should take to heart, remembering that Jesus is the Light of the world (John 8:12). As we take action in our communities, may we be witnesses to the Light, letting Jesus dispel the darkness of injustice.

(Original Source: www.catholictv.com)
**ANNOUNCEMENTS**

**GRILL TO GLORY**

**BRINGING LOVE TO A WOUNDED WORLD**

11:00—1:00 p.m.

Join Us For Fun, Exercise, Games, and Food...
In the Parish Gym
Rain or Shine! Free!!

**Lwanga Center News...**

The recent cycle of the Center’s Bible Study group has resumed on Thursdays’ at 1:00 p.m. at the Center, 4746 Carter Ave., 63115.

We are praying with and exploring the Book of Psalms. Please bring your Bible, the New American Edition is preferred.

There will be no charge for the sessions but free will offerings are always welcome. Please call the Center for more information 314-367-7929.

Help end homelessness attend St. Patrick Center’s Trivia Party on Friday, February 7, 2020 at St. Louis Union Station.

Gather your team of eight and register your table for $500.

Price includes food, beer, wine, sodabe and parking. Visit stpatrickcenter.org/triviaparty.

**Rock Seniors In Action**

Rock Seniors Meeting for January is cancelled.

Our next meeting will be Feb. 4th, 2020 after the Perpetual Help Novena at 11:30, we will meet in the gym to have lunch, and play cards (are there any bid-whist players bingo?) Ready for a game?

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**ANNOUNCEMENTS**

**RCIA**

(Rite of Christian Initiation of Adults)

**RCIC**

(Rite of Christian Initiation of Children)

The RCIA/RCIC is the Church's process for educating and forming adults and youth (ages 11 through 18) who wish to be baptized in the Catholic Church. Those seeking baptism are known at various points in the process as inquirers, catechumens and elect. A parallel or even combined process is used for adults who have been baptized in another Christian denomination and wish to Profess the Catholic faith, be Confirmed and receive First Holy Communion. Included in this process are Baptized Catholics who have not been confirmed or made their First Holy Communion.

For information on the RCIA or RCIC, please contact Sharon Cooney-Smith via email scooneysmith@stalphonsusrock.org or by phone at 314-533-0304

**Week of Prayer for Christian Unity**

Join Christians from many traditions and from around the St. Louis region in bprayer for unity in our faith. A light reception will follow the prayer.

Archbishop Robert Carlson will preside and Fr. James Mason, Rector of Kenrick Seminary, will offer the reflection on “Showing Unusual Kindness...” Act 28:2.

**Sun Jan 26, 2020 @ 7pm**

St. Monica
12140 Olive Blvd
Creve Coeur, MO 63141

For more information contact James at 314-792-7177 or jamecomininellis@archstl.org.

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**PARISH EVENTS**

**Inclement Weather**

Office Closed When...
STL Public School Is Closed

**January 20, 2020**
Parish Office Closed
Rev. Martin Luther King Day

**February 2, 2020**
National Day of Prayer
For The African American Family

**February 16, 2020**
Unity Mass
10:00 a.m.
Most Rev Fernand Cheri, OFM
Guest Celebrant/Homilist

**February 17, 2020**
Parish Office Closed
President’s Day

**February 26, 2020**
Ash Wednesday
Mass—Noon and 6:00 p.m.

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**1st Reconciliation**

**1st Communion**

Classes begin on Feb. 8, 2020 with an Introductory Session for Parents/Guardians and Children in the Parish Hall, Room 113.

Children must be at least 7 years old and in the 2nd grade or higher. Registration packets with a schedule of classes and registration form are on the Usher’s Table.

Please complete the form and return to the office no later than Friday, January 31, 2020.
### Financial Corner...

#### General Fund Actual Contributions Received

<table>
<thead>
<tr>
<th></th>
<th>January</th>
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<tr>
<td>Envelopes</td>
<td>$ 6,508.00</td>
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<td>Loose Donations</td>
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<td>Total Contributions</td>
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<td>Monthly Target Amount</td>
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<tr>
<td>Under/Over Weekly Target</td>
<td>$(3,991.00)</td>
<td>$(5,522.00)</td>
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#### Stewardship Prayer…

That we may faithfully live as God’s stewards, fulfilling the plan He had for each of us as He formed us in the womb.

“**Now, the Lord has spoken who formed me as his servant from the womb...**”

*(Isaiah 49:5)*

God has given each of us different gifts. For God’s plan to work, you have to do what God is calling you to do, and I have to do what God is calling me to do. And guess what? God has given each of us a different plan! So, stop comparing yourself to others. Don’t let envy and jealousy enter your life. Be thankful for the gifts God has given you and generously share them with others.

### Dynamic Catholic, *Alive!* – Eucharist: Source and Summit

“Behold, the Lamb of God, who takes away the sin of the world.”

What a powerful part of the Mass it is when the priest elevates the host and says the same words that John the Baptist proclaimed, giving testimony to the power of Jesus as the Lamb of God who expiates the sins of the world. Every Mass provides us with a glorious opportunity to receive the Body and Blood of our Savior Jesus Christ. The Real Presence of Christ in the Eucharist transforms us as we become what we receive. Truly blessed are we to be able to receive the Lord every Sunday in the Eucharist, even daily, and to adore Jesus in the Blessed Sacrament. "What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation." –St. Francis of Assisi

*archstl.org/dynamic*

Dynamic Catholic started with a dream: to help ordinary people discover the genius of Catholicism.

This is an organization where you can go to find many resources for free.

Visit *archstl.org/dynamic* to view all the resources available to you!

### ROCK Church

#### Winners Club

Current Members
New Season
September 2019—August 2020

<table>
<thead>
<tr>
<th>Jean Anthony</th>
<th>LaMarr Huddleston</th>
</tr>
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<tbody>
<tr>
<td>Elizabeth Boykin</td>
<td>Monica Huddleston</td>
</tr>
<tr>
<td>Ruby Brown</td>
<td>Pat Jackson</td>
</tr>
<tr>
<td>Virginia Brown</td>
<td>Donald and Joyce Jones</td>
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<tr>
<td>Richard Buckley</td>
<td>Mark &amp; Linda Kamp</td>
</tr>
<tr>
<td>James Buford</td>
<td>Yetta Kilgore</td>
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<tr>
<td>Susan Buford</td>
<td>Helene Laberta</td>
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<tr>
<td>James Butler</td>
<td>C.C. Lee</td>
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<tr>
<td>Cheryl Carr</td>
<td>Pamela Leong</td>
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<tr>
<td>Anne Marie Clarke</td>
<td>Sharon Lyons</td>
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<tr>
<td>Damon Clay</td>
<td>Brenda Mahr</td>
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<tr>
<td>Mike &amp; Cherina Coffman</td>
<td>Laurel Martin</td>
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<tr>
<td>Anne Conte</td>
<td>Charles Martin</td>
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<tr>
<td>Willie &amp; Bessie Cunning</td>
<td>Brenda McDonnell</td>
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<tr>
<td>Esther Darris</td>
<td>Sylvester &amp; Karen Mozez</td>
</tr>
<tr>
<td>Jackie Day</td>
<td>Earnest Nashville</td>
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<tr>
<td>Janice Englisher</td>
<td>Jean Nashville</td>
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<tr>
<td>Kurt Englisher</td>
<td>Leo &amp; Linda Peoples</td>
</tr>
<tr>
<td>Maudelle Fite</td>
<td>Ben &amp; Denise Phillips</td>
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<tr>
<td>Paul &amp; Shirley Foster</td>
<td>Linda Brown Reed</td>
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<tr>
<td>Wanda Garner</td>
<td>Betty Sullivan</td>
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<tr>
<td>Gregory Glore</td>
<td>Adlean Thomas</td>
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<tr>
<td>Alonzo Green</td>
<td>Kim Thomas</td>
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<tr>
<td>Angela Harris</td>
<td>Monica Tyler</td>
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<tr>
<td>Carl Harris</td>
<td>Monica Tyler</td>
</tr>
<tr>
<td>Kelyn Harris</td>
<td>Eugene Wallace</td>
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<tr>
<td>Sharon Hawthorne</td>
<td>Jocelyn Woodson-Reed</td>
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### FREE Income Tax Services

The St. Louis Tax Assistance Program offers FREE Income Tax Return Preparation and tax information for families with income under $55,000. You may get a refund, even if you had no taxes withheld!

TAP does not prepare income tax returns for taxpayers who have: Income over $55,000, Rental Property, Sales of Stocks or Bonds, Self-Employment Income from a Trade or Business Requiring Schedule C

**Saturday Tax Service Location Dates & Times:**

Locations will be open for 6 weeks from 8:30 a.m. thru 11:30 a.m. on January 25th, February 1st, February 8th, February 15th, February 22nd and February 29th

*Cardinal Ritter College Prep, Beyond Housing, St. Mary’s High School, Believers Temple Word Fellowship Christian Church and Lewis & Clark Career Center*

For additional sites—www.stlouistap.org
OUR LADY OF PERPETUAL HELP PRAYER MEMORIALS

Tillie Mae Alexander, Larry Ambus, Hortense Anderson, Elizabeth Henckler Aton, Anita Louise Banks
Lillian Barnes, Mother Dorothy Granberry Bennett, Deacon Morris E. Bohannon, Willie Steve Bowens
Dorothy Brady, Theodore Branch, Jr., Irma King Brown, James Buford, Kenita Bush, Anna Chopin
Betty Jean Colbert, Charmaine Davenport, Walterene Dougherty, Roger Downs, Sr.
Sr. Antona Ebo, FSM, Jerome Fields, Ossie R. Foster, Queen E. Dunlap Fowler, Craig Franklin
Willie Goss, Ann Marie Hatchett, Cherry Ophelia Jackson, Mark Jones, Nadine Jones
Mother Ruth Jones, Eldwyn Lewis, Barbara McCalebb, Leon Zack McClendon, Marshall Mosley
Lucille Palmer, Kathy Lin Cheers Parran, Drenea Sanders, Eugene Sanders
Christine Slaughter, Irma Steen, Susan Colbert Threats, Ralph Tyler, Robert Joseph Valle
Juanita West, Marlene Williams, Richard Williams, Clarence Zacher

PARISH PASTORAL COUNCIL
Kurt Englander  Angela Thames  Linda Kamp
President  Vice President  Secretary
Linda Brown Reed  Ben Phillips
Wanda Caldwell  Angela Thames
Joy Camp  Travis Threats
Mike Coffman  Eric Thurman
Rhonda Graham  Kevin Triggs

ATTENTION
If your telephone number or address has changed, please contact the office at 533-0304. You may also put your updated information in the locked multipurpose box located on the north-side entrance ushers’ table.

Bulletin announcements must be in the office by 12 noon Tuesdays. Please fax items to 314 533-4260 or e-mail to parish130@archstl.org

ANOINTING OF THE SICK & VISITS

"Is anyone sick among you? Call in the priests of the church and they will pray for the sick person and anoint them with oil." (James) This is the sacrament of the sick. ARE YOU SERIOUSLY SICK, GOING TO THE HOSPITAL OR HAVING AN OPERATION? Call and leave your hospital information at the office.