Mission
“To Joyfully Preach, Teach, and Live the Word of God”

Theme
“One Hundred Fifty Years of Standing on the Rock”

PASTORAL STAFF
Sharon Cooney-Smith, Dir. Religious Education
Roberta George, Secretary
Deborah Grant, Clerical Support
Angela Harris, Bulletin Editor

SUPPORT STAFF
Bro. Steve Fruge, Pastoral Staff
Terrance Gipson, Maintenance
Terri Schneider, Dir. Hardin Food Pantry
Athletic Office: 314 533-0304
Teen Ministry: 314 533-0304

MUSIC MINISTRY
8:15—Malcolm Speed
11:00—Danny duMaine

REDEMPTORISTS IN RESIDENCE
Rev. Tom Donaldson, C.Ss.R.
Rev. Dave Polek, C.Ss.R.
Rev. Peter Schavitiz, C.Ss.R.

SACRAMENT OF RECONCILIATION
(Call for Appointment)

SUNDAY MASSES:
8:15 & 11:00 a.m.

DAILY MASSES:
Monday 5:30 p.m.
(W, Th & F.) 11:30 a.m.
Tuesdays: 11:30 a.m.
Saturdays: 9:30 a.m.

MONDAY:
Eucharistic Adoration
4:30 p.m.—5:15 p.m.

TUESDAYS:
Exposition & Benediction:
10:30 a.m.—11:30 a.m. (1st—Tuesday) followed
by our Perpetual Help Novena & Mass.
Many things are happening here at the “Rock,” and I am pleased to be a part of them. Last summer we had a “Town Hall” meeting at which we brought up many things concerning the parish. It is my hope that we can get some of the folks that were involved with the event and get them together to continue planning for the future. I am also working with a steering committee that is helping us to prepare for the future financially. The future looks bright. Many people are involved in many different things, and I am grateful for the work being done.

During the season of Lent, we will be having a Sweet Hour of Prayer, which will happen on the Thursdays of Lent, probably at 6:00 p.m. Sweet Hour of Prayer will take the place of Bible study. I am hoping we will have many that will get excited about this time of prayer, especially during the Lenten Season. We must continue to take advantage of the prayer times offered here in the parish to grow in our relationship with Jesus. We are also planning on having Stations of the Cross every Friday during Lent at 5:00 p.m. It will be the simple stations given to us by St. Alphonsus, not the living stations. Either before or after the stations, people will have the opportunity to go to the Fish Fry.

I have been talking with the parish staff along with Fr. Rodney and Fr. Tom about having a revival here at the parish after Easter. We are thinking about having an “In House” revival, which would mean that we would be handling the revival ourselves and not inviting another preacher. I am hoping to use the theme, “Our Wounded Selves.” We are all wounded in some way by life. We all have been wounded physically, emotionally, and spiritually, some of us in some very terrible ways. I think it is essential to name our wounded selves to bring some healing into our lives. I also believe it is crucial to realize our wounds, to see the wounded parts of other people. I think it helps us to be more compassionate with others; this is the way we are going to have some real change in our society. It is only by healing ourselves that we can heal the wounds of another. Of course, it is an ongoing process, but this is how change happens. We can help people to see that we don’t need to resort to unchristian ways of dealing with differences but can work together on things.

I hope you all have a great week. Fr. Lamar Partin CSsR will be here next week to talk with us about vocations.
"CARD PARTY nets $20,678.37! Thanks to all who contributed time, talent and/or treasure to our annual fall festival fundraiser (2019). It was a fun day and we raised some money to help our church."

"FALL FESTIVAL/CARD PARTY WRAP-UP MEETING Feb. 29th. The wrap-up meeting to celebrate the event's success and plan for its future will be Saturday, February 29, 2020 at 10:00 a.m. in the parish hall conference room. All are welcome, especially if you can help plan and implement this year's fundraiser. We need your help!"

Does your faith influence the way you live your life? The year 2020 is a great time to focus on the purpose of your life. Resolve to listen to Catholic radio in the New Year to be reminded of the importance of faith in your daily journey. Listen to the Holy Mass, the Divine Mercy Chaplet and the Rosary daily. Participate in live call-in shows such as Call to Communion, Open Line and Catholic Answers Live. Tune in to AM 1080 WRYT or 92.7 FM, download the free Covenant Network App, or listen on OurCatholicRadio.org.

Pilgrimage to Montgomery, Alabama

Join the Lwanga Center sponsored excursion to the Legacy Museum and Memorial of Peace and Justice. June 12th — 14th, which includes, Sunday Liturgy, Motor Coach Transportation, Drury Inn accommodations and two breakfasts all included in the package.

For payment options, please contact Mrs. Corliss Cox, CSJA for additional information: 314 367-7929. Or visit the Lwanga Center located at 4746 Carter Ave. Suite 100 St. Louis, MO 63115.

Save the Date!

37th Annual Testimonial Dinner & Auction on Sunday, March 22, 2020. Renaissance St. Louis Airport Hotel. Themed “We Don’t Believe He Brought Us This Far to Leave Us!” tickets are $65.00 each. Table of 10 for $650.00.

Contact the Lwanga Center (314) 367-7929 or your local Lwanga Board Representative or Dinner Committee member for additional information about ticket purchase, ads, and auction donations.
LITURGY NOTES...

A recent article in the *National Catholic Reporter* argued that sharing the chalice is an unsafe practice. The authors offered no hard data or new research to back up their claims. The USCCB, CCCB, and CDC have long maintained that this is a safe practice for those who are healthy. However, some common-sense precautions apply:

First, if you are sick, don’t share the chalice (and don’t serve in the ministry of distributing communion – that includes the clergy). For example, those with the flu or a cold…or with an open sore on their lips…should not receive from the chalice.

Second, if you have a weakened immune system (for example, due to medications used to treat autoimmune diseases or cancer or due to an illness like HIV infection), don’t share the chalice.

Third, Eucharistic Ministers need to wipe the chalice appropriately (both sides of the rim, with some firm pressure; enough to be able to hold the chalice), rotate the chalice between communicants, use a clean part of the purificator each time the chalice is wiped, and use a new purificator each Mass. It is the physical action of wiping that is most helpful; the alcohol and the gold also have some minimal additional anti-microbial effects. Transmission of infection is a numbers game; the fewer microbes transmitted the lower the risk.

These notes serve as a reminder of these simple principles each flu season (and to remind us of proper cough etiquette and handwashing, besides – there are lots of ways to share ‘germs’ – not just sharing a chalice).

(Source: www.davenportdiocese.org)

RELIGIOUS EDUCATION...

BAPTISM GUIDELINES:

**Newborn – 6 years old.** A parent or legal guardian and godparent(s) must attend a Baptism preparation class, instruction materials are provided.

**Ages 7 – 10:** The child must attend special Baptism preparation classes and the parent(s) or legal guardian and godparent(s) must attend a Baptism preparation session prior to the ceremony.

**Ages 11 – 17:** The young person must enroll in the Rite of Christian Initiation for Children (RCIC) program.

**Age 18 and Older:** The Candidate must enroll in the Rite of Christian Initiation for Adults (RCIA) program.

MATRIMONY – Engaged couples, seeking to be married at the Rock Church, must meet with the Pastor before setting a date.

RCIA/RCIC – ARE YOU SOMEONE OR DO YOU KNOW SOMEONE WHO…

- Has expressed an interest in becoming Catholic?
- Has a child over the age of seven who has not been baptized?
- Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

We offer an opportunity to come together in a group to learn more about the Catholic Faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist. There are separate sessions for children and youth. You are welcome to participate in the process with your questions, insights and your faith story in a warm accepting setting.

*For information on requesting any of the above Sacraments and/or to register for classes, please contact the Director of Religious Education, Sharon Cooney-Smith at 314-533-0304 ext. 1001, or via e-mail at scooneysmith@stalphonsusrock.org.*
ANNOUNCEMENTS

Attention Parishioners

We are seeking volunteers to assist with the strategic planning process for ‘Rock’ Church. If you are interested in volunteering to help identify Parish priorities, please contact Brenda Mahr via email at brendamahr@gmail.com or text Brenda at 314-580-5155.

The deadline for submission is February 3rd.

Help end homelessness attend St. Patrick Center’s Trivia Party on Friday, February 7, 2020 at St. Louis Union Station.

Gather your team of eight and register your table for $500.

Price includes food, beer, wine, sodabe and parking. Visit stpatrickcenter.org/triviaparty.

Rock Seniors In Action

Rock Seniors Meeting for January is cancelled.

Our next meeting will be Feb. 4th, 2020 after the Perpetual Help Novena at 11:30, we will meet in the gym to have lunch, and play cards (are there any bid-whist players bingo?) Ready for a game?

ANNOUNCEMENTS

RCIA
(Rite of Christian Initiation of Adults)

RCIC
(Rite of Christian Initiation of Children)

The RCIA/RCIC is the Church's process for educating and forming adults and youth (ages 11 through 18) who wish to be baptized in the Catholic Church. Those seeking baptism are known at various points in the process as inquirers, catechumens and elect. A parallel or even combined process is used for adults who have been baptized in another Christian denomination and wish to profess the Catholic faith, be confirmed and receive First Holy Communion. Included in this process are Baptized Catholics who have not been confirmed or made their First Holy Communion.

For information on the RCIA or RCIC, please contact Sharon Cooney-Smith via email scooneysmith@stalphonsusrock.org or by phone at 314-533-0304.

Poker Tournament

The Knights of Columbus are hosting a Poker Tournament Feb 15! Tourney will be held at Assumption (Mattese), located at 4725 Mattis Rd St. Louis, MO 63128. The cost is $25 with gift cards for the winners. If interested contact Steve at 314-680-3393.

Week of Prayer for Christian Unity

TODAY at 7pm, join in prayer for unity in our faith. Archbishop Robert Carlson will preside and Fr. James Mason, Rector of Kenrick Seminary, will offer a reflection on "Showing Unusual Kindness..." Act 28:2.

St. Monica
12140 Olive Blvd
Creve Coeur, MO 63141

PARISH EVENTS

Inclement Weather
Office Closed When...
STL Public School Is Closed

February 2, 2020
National Day of Prayer
For The African American Family

February 16, 2020
Unity Mass
10:00 a.m.
Most Rev Fernand Cheri, OFM
Guest Celebrant/Homilist
Voices of Praise Choir Concert
4:00 p.m.

February 17, 2020
Parish Office Closed

President’s Day

February 26, 2020
Ash Wednesday
Mass—Noon and 6:00 p.m.

1st Reconciliation
1st Communion

Classes begin on Feb. 8, 2020 with an Introductory Session for Parents/Guardians and Children in the Parish Hall, Room 113.

Children must be at least 7 years old and in the 2nd grade or higher. Registration packets with a schedule of classes and registration form are on the Usher’s Table.

Please complete the form and return to the office no later than Friday, January 31, 2020.
Financial Corner...

<table>
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<th>General Fund Actual Contributions Received</th>
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<tr>
<td><strong>January</strong></td>
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<td>Envelopes</td>
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<td>Under/Over Weekly Target</td>
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Stewardship Prayer…
That we may faithfully follow Jesus, wherever and whenever He calls.

“He called them, and immediately they left their boat and their father and followed Him.”

(Matthew 4:22)

Just as Jesus called the first apostles, He calls each of us to follow Him, too. Not everyone is called to leave their business or family behind, but we are expected to put God first in everything. Everything from our time in daily prayer, our talent in participating in one of our parish ministries, and our treasure to support the financial needs of our parish mission.

Dynamic Catholic, Alive! – Metanoia

Jesus invites us to an experience of μετάνοια, a Greek word that refers to repentance or a conversion of heart and mind. This process of μετάνοια can occur every day of our lives as we week to more closely adhere to the Lord of our lives by praying for grace to cooperate with the Holy Spirit. The Kingdom of God is present among us in the sacramental life of the Church, especially in the Holy Eucharist, and when we engage in acts of charity and the works of mercy. We can encounter Jesus Christ in our brothers and sisters in need. First, we must enter more deeply into prayer and encounter the Lord anew. Once our prayer matures, we can experience greater renewal and conversion.

archstl.org/dynamic

Dynamic Catholic started with a dream: to help ordinary people discover the genius of Catholicism. This is an organization where you can go to find many resources for free. Visit archstl.org/dynamic to view all the resources available to you!

FREE Income Tax Services

The St. Louis Tax Assistance Program offers FREE Income Tax Return Preparation and tax information for families with income under $55,000. You may get a refund, even if you had no taxes withheld!

TAP does not prepare income tax returns for taxpayers who have: Income over $55,000, Rental Property, Sales of Stocks or Bonds, Self-Employment Income from a Trade or Business Requiring Schedule C

Saturday Tax Service Location Dates & Times:
Locations will be open for 6 weeks from 8:30 a.m. thru 11:30 a.m. on January 25th, February 1st, February 8th, February 15th, February 22nd and February 29th
Cardinal Ritter College Prep, Beyond Housing, St. Mary’s High School, Believers Temple Word Fellowship Christian Church and Lewis & Clark Career Center
For additional sites—www.stlouistap.org

Congratulations!

December 2019: Damon Clay

January 2020: Mike & Cherina Coffman

Jean Anthony           |  Monica Huddleston
Elizabeth Boykin       |  Pat Jackson
Ruby Brown             |  Donald and Joyce Jones
Virginia Brown         |  Mark & Linda Kamp
Richard Buckley        |  Yetta Kilgore
James Buford           |  Helene Laberta
Susan Buford           |  C.C. Lee
James Butler           |  Pamela Leong
Cheryl Carr            |  Sharon Lyons
Anne Marie Clarke      |  Brenda Mahr
Damon Clay             |  Laurel Martin
Mike & Cherina Coffman |  Charles Martin
Anne Conte             |  Brenda McDonnell
Willie & Bessie Cunningham |  Sylvester & Karen Moze
Esther Darris          |  Earnest Nashville
Jackie Day             |  Jean Nashville
Janice Englander       |  Leo & Linda Peoples
Kurt Englander         |  Ben & Denise Phillips
Maudelle Fite          |  Linda Brown Reed
Paul & Shirley Foster  |  Betty Sullivan
Wanda Garner           |  Adlean Thomas
Gregory Glore          |  Kim Thomas
Alonzo Green           |  Monica Tyler
Angela Harris          |  Monica Tyler
Carl Harris            |  Eugene Wallace
Kalyn Harris           |  Janice Weaver McSpadden
Sharon Hawthorne       |  Jocelyn Woodson-Reed
LaMarr Huddleston      |  }
OUR LADY OF PERPETUAL HELP PRAYER MEMORIALS
Tillie Mae Alexander, Larry Ambus, Hortense Anderson, Elizabeth Henckler Aton, Anita Louise Banks
Lillian Barnes, Mother Dorothy Granberry Bennett, Deacon Morris E. Bohannon, Willie Steve Bowens
Dorothy Brady, Theodore Branch, Jr., Irma King Brown, James Buford, Kenita Bush, Anna Chopin
Betty Jean Colbert, Charmaine Davenport, Walterene Dougherty, Roger Downs, Sr.
Sr. Antona Ebo, FSM, Jerome Fields, Ossie R. Foster, Queen E. Dunlap Fowler, Craig Franklin
Willie Goss, Ann Marie Hatchett, Cherry Ophelia Jackson, Mark Jones, Nadine Jones
Mother Ruth Jones, Eldwyn Lewis, Barbara McCalebb, Leon Zack McClendon, Marshall Mosley
Lucille Palmer, Kathy Lin Cheers Parran, Drenea Sanders, Eugene Sanders
Christine Slaughter, Irma Steen, Susan Colbert Threats, Ralph Tyler, Robert Joseph Valle
Juanita West, Marlene Williams, Richard Williams, Clarence Zacher

SACRAMENTAL PREPARATION
Sharon Cooney-Smith, DRE
314-533-0304 ext. 1001

RCIA/RCIC
Children’s Liturgy of the Word
Baptism
First Reconciliation
First Communion
Confirmation
Matrimony

COMMISSIONS & CHAIRS
Christian Formation Jean Anthony
Christian Service TBD
Finance & Adm. Monica Huddleston
Liturgy Richard Buckley
Social Life Rose Graham
Youth & Young Adults TBD

PARISH PASTORAL COUNCIL
Kurt Englander Angela Thomas Linda Kamp
President Vice President Secretary
Linda Brown Reed Ben Phillips
Wanda Caldwell Angela Thomas
Joy Camp Travis Threats
Mike Coffman Eric Thurman
Rhonda Graham Kevin Triggs

ATTENTION
If your telephone number or address has changed, please contact the office at 533-0304. You may also put your updated information in the locked multipurpose box located on the north-side entrance ushers’ table.

Bulletin announcements must be in the office by 12 noon Tuesdays. Please fax items to 314 533-4260 or e-mail to parish130@archstl.org

ANOINTING OF THE SICK & VISITS
"Is anyone sick among you? Call in the priests of the church and they will pray for the sick person and anoint them with oil." (James) This is the sacrament of the sick. ARE YOU SERIOUSLY SICK, GOING TO THE HOSPITAL OR HAVING AN OPERATION? Call and leave your hospital information at the office.