Mission
“To Joyfully Preach, Teach, and Live the Word of God”

Theme
“One Hundred Fifty Years of Standing on the Rock”

PASTORAL STAFF
Sharon Cooney-Smith, Dir. Religious Education
Roberta George, Secretary
Deborah Grant, Clerical Support
Angela Harris, Bulletin Editor

SUPPORT STAFF
Bro. Steve Fruge, Pastoral Staff
Terrance Gipson, Maintenance
Terri Schneider, Dir. Hardin Food Pantry
Athletic Office: 314-533-0304
Teen Ministry: 314-533-0304

MUSIC MINISTRY
8:15—Malcolm Speed
11:00—Danny duMaine

REDEMPTORISTS IN RESIDENCE
Rev. Tom Donaldson, C.Ss.R.
Rev. Dave Polek, C.Ss.R.
Rev. Peter Schavitz, C.Ss.R.

SACRAMENT OF RECONCILIATION
(Call for Appointment)

SUNDAY MASSES:
10:00 a.m.

DAILY MASSES:
Monday: 5:30 p.m.
(Tu, W, Th & F): 11:30 a.m.
Saturdays: 9:30 a.m.

MONDAY:
Eucharistic Adoration
5:00 p.m.—5:30 p.m.

TUESDAYS:
Exposition & Benediction:
10:30 a.m.—11:30 a.m. (1st—Tuesday) followed by our Perpetual Help Novena & Mass
Last week we noticed that a squirrel had gotten into the church, and we were having a hard time getting him out. I decided I was going to buy a trap to catch him. I went to three sporting goods stores in St. Charles before I found what I was looking for. That night, I put the trap in the church, and we had our squirrel in the cage the next morning. One of the reasons for telling this story is because when I was in the sporting goods stores, 95% of the people I saw did not have a mask. I was stunned by this. When I go to the store here in the city, 95% of people have a mask, but out in St. Charles, hardly anyone had a mask. In trying to understand this, I thought that many people go by what they see other people doing. When I go to the store in the city, most people are wearing a mask, so I make sure I have mine. Out in St. Charles, most did not have a mask, and so we become complacent. We just kind of do what other people are doing without really thinking about it too much.

I use this as an example because unless other people remind us of something, we may not pay much attention. Three months ago, I put out some signs on the wall on Grand. These signs are a reminder for us to LOVE one another. Every day 1000 people go by the church. I hope every person that goes by sees those signs and is reminded to be loving and kind to one another. I am not sure if it is working or not. Even the people from church don’t comment on the signs, but I think they are important.

This past Saturday, we had a sign of a different kind. From 11:00 a.m. until 12 noon. About 300 people gathered on the steps and sidewalk around the church. It was a great sign, a great witness. Much of the talk was on white privilege, which made some uncomfortable, but I was very pleased with the whole event. Many people, as they drove by, honked their horns in support of what was going on. These kinds of events must continue to happen. We need constant reminders, not just of systemic racism in this country, but to be kind and loving in every situation. I just saw a quote from Rev. Dr. Martin Luther King Jr., who said, “I have decided to stick with love; hate is too great a burden to bear.” I like that quote a lot. When we carry around hatred in our hearts, it wears us out. Kindness, mercy, and love are much easier to carry than hatred.

And so yes, I call for an end to racism, but for me, it is much more than this. I am calling for love of neighbor in every situation. I am calling for love of neighbor regardless of the color of their skin. I am calling for love of neighbor, even within our own families and parish. Certainly, our country must change, but each person must make that change in their own heart first; otherwise, nothing will change.
**The Spiritual Life**

The term The Spiritual Life is a phrase that calls to mind our relationship with God. Most people I know are not aware that God is inviting them into a deeper and more profound sense of who He is every day. God is trying to communicate with us in varying ways, but I am not sure that most people are aware of this at all and so consequently experience little or no growth in Spirit.

Many can rattle off statistics about countless things or about what this or that person said about whatever topic, but so few can talk about their faith in any depth. Weekly attendance at Sunday mass is about all they are willing to do to enhance their spiritual life; this is unfortunate because all of us are called to a deeper relationship with God. This is not going to happen on its own. Like anything else worth pursuing, we have to take ownership of it.

I am not sure how people are spending their days now that we are asked to stay home. Because there isn’t as much activity in most of our lives, it offers us an opportunity to delve deeper into our relationship with the Lord.

St. Alphonsus developed a process called Alphonsian Meditation, where a person sits in God’s presence. That person offers themselves over to God for a few minutes. That person then will read a story from scripture. It could be the daily mass readings, and meditate and ponder what you have read. After a few minutes, he invites the person to focus on one area of their life they would like God to help them make a change, being more patient, for instance. A person is then called to offer God some petitions for whatever they want God to do for them. The person is then called to make a resolution as to how they are going to better follow God in the future. Finally, they make a profession of faith, hope and charity to God. This whole process, at least at the beginning, would take 15 minutes. After you become accustomed to it, it might be half an hour; this is an excellent way to make daily progress on your spiritual journey. This practice, along with the rosary, spiritual reading, the Divine Mercy chaplet, can make a difference in our spiritual life.

Just a reminder Mass is celebrated in the church Mondays 5:30 p.m., Tuesday—Friday 11:30 a.m., and Saturdays at 9:30 a.m.

Eucharistic Adoration at 5:00 p.m. followed by Mass at 5:30 p.m. What a beautiful thing to be able to sit quietly with the Lord.

Mother Of Perpetual Help Devotion and Mass each Tuesday at 11:30 a.m.
The Nine Choirs of Angels

**Seraphim** -- These are the highest order or choir of angels. They are the angels who are attendants or guardians before God's throne. They praise God, calling, "Holy Holy Holy is the Lord of Hosts". the only Bible reference is Isaiah 6:1-7. One of them touched Isaiah's lips with a live coal from the altar, cleansing him from sin.

**Cherubim** -- Rank after the seraphim and are the second highest in the nine hierarchies or choirs of angels. The Old Testament does not reveal any evidence that the Jews considered them as intercessors or helpers of God. They are manlike in appearance and double-winged and were guardians of God's glory. Catholic tradition describes them as angels who have an intimate knowledge of God and continually praise Him.

**Thrones** -- are the Angels of pure Humility, Peace and Submission. They reside in the area of the cosmos where material form begins to take shape. The lower Choir of Angels need the Thrones to access God.

**Dominions** -- are Angels of Leadership. They regulate the duties of the angels, making known the commands of God.

**Virtues** -- are known as the Spirits of Motion and control the elements. They are sometimes referred to as "the shining ones." They govern all nature. They have control over seasons, stars, moon; even the sun is subject to their command. They are also in charge of miracles and provide courage, grace, and valor.

**Powers** -- are Warrior Angels against evil defending the cosmos and humans. They are known as potentates. They fight against evil spirits who attempt to wreak chaos through human beings. The chief is said to be either Samael or Camael, both angels of darkness.

**Archangels** -- are generally taken to mean "chief or leading angel," they are the most frequently mentioned throughout the Bible. They may be of this or other hierarchies as St. Michael Archangel, who is a princely Seraph. The Archangels have a unique role as God's messenger to the people at critical times in history and salvation as in The Annunciation and Apocalypse. A feast day celebrating the Archangels Michael, Gabriel and Raphael is celebrated throughout the Church on September 29.

**Principalities** -- In the New Testament Principalities refers to one type of spiritual (metaphysical) being which are now quite hostile to God and human beings. Along with the principalities are the powers and cosmological powers. The clarity of the New Testament witness helps see that these beings were created through Christ and for Him.

**Angels** -- These angels are closest to the material world and human beings (Guardian). They deliver the prayers to God and God's answers and other messages to humans. Angels have the capacity to access any and all other Angels at any time. They are the most caring and social to assist those who ask for help.

(Source: www.Catholic.org)
Click the link(s) below to donate:

**General Offertory**
General Offertory is used for the day-to-day operation of the parish. You may set up a one-time or recurring donation to our parish.

**Hardin Food Pantry**
Thank you for your generosity with assisting the poor. We are grateful for your willingness to share your gifts.

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**from the Peace and Justice Committee**

On August 4th, the issue of Medicaid Expansion will be on the ballot.

The Peace and Justice Committee in conjunction with Catholic Charities of St. Louis, is offering information on the Sundays’ leading up to the election.

**DID YOU KNOW?**

- Vote YES on 2 (Medicaid Expansion)
- Missouri ranks first in the nation in the number of children dropped from Medicaid: 100,000 and counting.

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**REST**

“Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy and my burden light.”

Matthew 11:29-30

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Mother of Perpetual Help, with the greatest confidence we come before your holy picture to beseech your intercession.

We think of you, Mother, at the foot of the Cross. Your heart must have bled to see your Son in agony. But your joy was great when He rose from the dead, victorious over the powers of evil.

Mother of Sorrows, pray for us in this time of trial. Help us not to lose heart. Intercede for your people who are afflicted with Coronavirus.

Comfort your people who are vulnerable and anxious. Protect healthcare workers who put their lives at risk. Inspire our leaders to make good decisions. Change our hearts so that we may act responsibly.

Teach us to trust in God’s love and mercy and to share with you the joy of having courageously faced up to all the challenges of Life. Amen.
Financial Corner...

General Fund Actual Contributions Received

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Stewardship Prayer...

That, in gratitude for all that God has given us, we joyfully return a portion of His gifts to help build His kingdom on earth.

“For my yoke is easy, and my burden light.” Matthew 11:30

When we think of being good stewards, we may think that God is asking too much of us when He calls us to generously share our time, talent, and treasure. However, we must remember that we are not “owners” of anything, we are merely “stewards” of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.

Dynamic Catholic, Alive! – True Kingship

Jesus is a walking contradiction in many ways. He is the lion and the lamb, the victor and the victim, God’s son and the carpenter’s son. The nature of His kingship is also perplexing. He is the gentle and meek one who takes all of our sins, problems, afflictions, and weaknesses upon Himself as the suffering servant (Isaiah 53). Yet he is also the almighty God who has authority over the wind and the sea (Mark 4:39). Jesus shows us that we are never as powerful as He is but that we can share in His power by surrendering to His grace. Jesus gently invites us to follow Him and to cast all of our cares and burdens upon Him so that He may help us to bear them successfully.

archstl.org/dynamic

Dynamic Catholic started with a dream: to help ordinary people discover the genius of Catholicism.

This is an organization where you can go to find many resources for free.

Visit archstl.org/dynamic to view all the resources available to you!
OUR LADY OF PERPETUAL HELP PRAYER
MEMORIALS
Tillie Mae Alexander, Larry Ambus, Hortense Anderson, Elizabeth Henckler Aton, Anita Louise Banks
Lillian Barnes, Herron Beckley, Mother Dorothy Granberry Bennett, Deacon Morris E. Bohannon
Willie Steve Bowens, Dorothy Brady, Theodore Branch, Jr., Irma King Brown, James Buford, Kenita Bush
Anna Chopin, Betty Jean Colbert, Charmaine Davenport, Walterene Dougherty, Roger Downs, Sr.
Sr. Antona Ebo, FSM, Jerome Fields, Ossie R. Foster, Queen E. Dunlap Fowler, Craig Franklin,
Willie Goss, Ann Marie Hatchett, Cherry Ophelia Jackson, Mark Jones, Nadine Jones, Mother Ruth Jones
Rosemary Lee, Eldwyn Lewis, Anice Mahone, Barbara McCalebb, Leon Zack McClendon, Marshall Mosley
Anne Ortwerth, Lucille Palmer, Kathy Lin Cheers Parran, Alton Pritchard, Drene Sanders, Eugene Sanders
Christine Slaughter, Irma Steen, Susan Colbert Threats, Ralph Tyler, Robert Joseph Valle
Juanita West, Marlene Williams, Richard Williams, Clarence Zacher

SACRAMENTAL PREPARATION
Sharon Cooney-Smith, DRE
314-533-0304 ext. 1001

RCIA/RCIC
Children’s Liturgy of the Word
Baptism
First Reconciliation
First Communion
Confirmation
Matrimony

COMMISSIONS & CHAIRS
Christian Formation  Jean Anthony
Christian Service TBD
Finance & Adm. Monica Huddleston
Liturgy Richard Buckley
Social Life Rose Graham
Youth & Young Adults TBD

PARISH PASTORAL COUNCIL
Kurt Englander Angela Thomas Linda Kamp
President Vice President Secretary
Linda Brown Reed Ben Phillips
Wanda Caldwell Travis Threats
Joy Camp Eric Thurman
Mike Coffman Kevin Triggs
Rhonda Graham

ATTENTION
If your telephone number, home address or email address has changed, please contact the office at 533-0304 or email parish130@archstl.org. You may also put your updated information in the locked multipurpose box located on the north-side entrance ushers’ table.

Bulletin announcements must be in the office by 12 noon Tuesdays. Please fax items to 314 533-4260 or e-mail to parish130@archstl.org

ANointING OF THE SICK & VISITS
"Is anyone sick among you? Call in the priests of the church and they will pray for the sick person and anoint them with oil." (James) This is the sacrament of the sick. ARE YOU SERIOUSLY SICK, GOING TO THE HOSPITAL OR HAVING AN OPERATION? Call and leave your hospital information at the office.