St. Alphonsus Liguori “Rock” Catholic Church
1118 North Grand Blvd. St Louis, MO 63106
314-533-0304 (ph) 314-533-4260 (fax) parish130@archstl.org (e-mail)
www.stalphonsusrock.org (website)
Rev. Stephen Benden, C.Ss.R., Pastor
Rev. Rodney Olive, C.Ss.R., Associate Pastor

Mission
“To Joyfully Preach, Teach, and Live the Word of God”

Theme
“One Hundred Fifty Years of Standing on the Rock”

PASTORAL STAFF
Sharon Cooney-Smith, Dir. Religious Education
Roberta George, Secretary
Deborah Grant, Clerical Support
Angela Harris, Bulletin Editor

SUPPORT STAFF
Bro. Terry Burke, C.Ss.R., Plant Manager
Bro. Steve Fruge, Pastoral Staff
Terrance Gipson, Maintenance
Terri Schneider, Dir. Hardin Food Pantry
Athletic Office: 314 533-0304
Teen Ministry: 314 533-0304

MUSIC MINISTRY
8:15—Malcolm Speed
11:00—Danny duMaine

REDEMPTORISTS IN RESIDENCE
Rev. Tom Donaldson, C.Ss.R.
Rev. Dave Polek, C.Ss.R.
Rev. Peter Schavitz, C.Ss.R.,
Missionary/Director of Transition to Ministry

SACRAMENT OF RECONCILIATION
(Call for Appointment)

SUNDAY MASSES:
8:15 & 11:00 a.m.

DAILY MASSES:
Monday: 5:30 p.m.
(W, Th & F.) 11:30 a.m.
Tuesdays: 11:30 a.m.
Saturdays: 9:30 a.m.

MONDAY:
Eucharistic Adoration
d4:30 p.m.—5:15 p.m.

TUESDAYS:
Exposition & Benediction:
10:30 a.m.—11:30 a.m. (1st—Tuesday) followed by our Perpetual Help Novena & Mass
As I drive around the city, I am often astonished by the driving habits of other people. Some may criticize my driving because I do drive fast at times, but it seems the roads are becoming more and more dangerous to drive on. There seems to be a certain entitlement to driving recklessly for some. It can be scary when others don’t seem to want to obey the traffic laws. It seems some are driving like they are the only one’s on the road and when they are driving no one else matters. I use the word entitlement because that is the word that seems to fit the situation. It’s not just that some are going above the law, but that they feel entitled to do so, like they have a mandate from God to drive however they want no matter the cost to others.

I’ll get off my soapbox now. This article is not really about driving in St. Louis, but the entitlement some feel they are owed by others. In the gospel today, Jesus uses the example of being seated at a meal to prove his point about entitlement. Jesus says we must be careful about how we view our status in the world. Jesus seems to be saying we must all learn how to practice humility in our lives. This is not always easy because we feel entitled, or proud of the lives we lead. Humility is not always easy because it forces us to let others go before us at times, even when we feel they don’t deserve it. It means putting the needs of others before ours at times. It means keeping our mouths shut when we have been offended.

All we have to do is look to the life of Jesus himself to give us a clue about how we are to act. Jesus humbled himself by becoming obedient unto death, and death on a cross. Jesus humbled himself so much that he took on the form of human. He obeyed the will of the Father so much that he said yes to the fact he was to die, and not just that, but the way he was to die, on the cross. When we talk about humility, one of the biggest aspects of the virtue is being obedient. It is not always easy being humble, obedient servants, but if we want to be like Christ this is the way we must live. There is no entitlement, but a living of our lives for the other in humble service.

There will be some good things happening this week. We should be getting the other 3 Redemptorists who have been assigned here at the Rock. Fr. Rodney Olive will be the associate pastor, Bro. Steve Fruge will help in the community and the parish, and Fr. Pete Schavitz will be in residence and giving parish missions. We are excited about having all 3 joining our community and adding their good Redemptorist lives to ours. I’m sure you will get to know them as the time moves along. Have a pleasant week.
NOTE: Names will remain listed for 2 weeks

INTENTIONS 08/20/19
Anderson, Corey
Ambus, Ruby
Candies, Aeryn
Clark, Ann Marie
Clay, Irving
Cloyd, Cori
Cloyd, Kalonda
Colbrt-Botchway, Nicole
Colbert Family
George, Darrion
Jackson, Tamicia
Parran, Kristin
Pickett, DaShaun
Reedy, Judy
Reedy, Sid
Smith, Paulette
Quain, Pat

INTENTIONS 08/27/19
Cummings, Alice
Daily, Marvin
Dailey, Nikia
George, Roberta
Schneider, Terri

SICKNESS 08/20/19
Atherton, Andrew
Atherton, Vertibe
Banks, Anita
Calhoun, Debi
Caprese, Brittany
Chapman, Bonnie
Cummings, Cleophas
Donaldson, Tom Fr.
Fitzsimmons, Dan
Gipson, Sandra
Hood, Rosalind
Howard, Yvonne
Jackson, Harry
LaBerta, Steve
Lane, Joan
Latham, Jean
Moore-Jones, Brenda
Pointer, Patti
Remsberg, Cory Sgt.
Sanders, Elaine
Schneider, Roy
Schnelle, Laverne
Smith, Melba
Thomas-Cheeks, Madelaine
Thompson, Mary Ann
Weaver, Stephen
Williamson, Michael
Vet, Alphonso

SHUT-IN’s
Barnes, Lillian
Bohannon, Ida
Brack, Dorothy
Lee, Rosemary
McCoy, Bernice
McCoy, Carolyn
Peters, Mae
Steen, Irma
Thomas, Bernice
Turner, Hortense

Prayer For Renewed Strength
O Lord, my God,
Please give those listed above the grace to
maintain their hope in You
Through all of life’s changes
and to taste and see Your goodness.
Amen

Nyame Dua

“He only is my rock and my salvation, my fortress;
I shall not be shaken.”
(Psalm 61:6)

PARISH RETREAT
Saturday, September 7, 2019
8:30 am until 4:30 pm
Retreat Director: Rev. Thomas Donaldson, C.Ss.R.

Contact the office to register

Registration Fee -- $20 includes continental breakfast, box lunch and materials

St. Alphonsus Liguori ‘Rock’ Catholic Church
288 North Grand Blvd.
St. Louis, Missouri 63106

SISTER THEA BOWMAN CANCER SUPPORT MINISTRY

On Sign Me Up Sunday, September 15, 2019, we invite you to come by our table. We will have prayer request slips available to list someone you know who has been diagnosed with cancer or is in remission.

As Father announced a few Sundays ago, you may make this prayer request with a first name (only). These names will be placed in the Sister Thea Bowman Shrine at the Rock to be prayed for daily.

We will also have copies of the Prayer for the Canonization of Sr. Thea Bowman at our table on Sign Me Up Sunday.

Prayer request forms can also be picked up at the Sister Thea Bowman Shrine at the Rock. Please place this request in the box at the usher station.

Please consider joining our ministry, you do not have to have a cancer diagnosis to join us. Cancer has touched many lives (family members, friends and acquaintances).

On Sunday, September 29, 2019 after the 11:00 a.m. Mass, we will be showing the Emmy-award winning video about Sister Thea Bowman. The video is approximately 30-35 minutes. Please join us in the gym after Mass.
LITURGY NOTES...

The meaning of a spiritual retreat can be different for different religious communities. Spiritual retreats are an integral part of many Hindu, Buddhist, Christian and Sufi (Islamic) communities. In Hinduism and Buddhism, meditative retreats are seen by some as an intimate way of deepening powers of concentration and insight.

Retreats are also popular in Catholic churches, and were established in today's form by St. Ignatius of Loyola (1491-1556), in his Spiritual Exercises. Ignatius was later to be made patron saint of spiritual retreats by Pope Pius XI in 1922. Many Protestants, Catholics and Orthodox Christians partake in and organize spiritual retreats each year.

A retreat can either be a time of solitude or a community experience. Some retreats are held in silence, and on others there may be a great deal of conversation, depending on the understanding and accepted practices of the host facility and/or the participant(s). Retreats are often conducted at rural or remote locations, either privately, or at a retreat centre such as a monastery.

Spiritual retreats allow time for reflection, prayer, or meditation. The Christian retreat can be defined in the most simplest of terms as a definite time (from a few hours in length to a month) spent away from one's normal life for the purpose of reconnecting, usually in prayer, with God. Although the practice of leaving one's everyday life to connect on a deeper level with God, be that in the desert (as with the Desert Fathers), or in a monastery, is as old as Christianity itself, the practice of spending a specific time away with God is a more modern phenomenon, dating from the 1520s and St. Ignatius of Loyola's composition of the Spiritual Exercises. Jesus fasting in the desert for forty days is used as a biblical justification of retreats. Spiritual retreats may have various themes that reinforce Christian values, principles, and scriptural understanding. They may be individual or involve a group.

The Rock Church Annual Parish Retreat will be held on Saturday, September 7, 2019 from 8:30 am until 4:30 pm, with Fr. Tom Donaldson as our retreat director. Please call the office to register. You don’t want to miss this opportunity to step away from the hustle and bustle of your daily life to spend a little time with Jesus!
ANNOUNCEMENTS

Grill to Glory Barbeque

September 7, 2019
Join us for Fun, Exercise, Games and Food!
11:00 a.m. until 1:00 p.m.

Every Saturday Rain or Shine FREE!

Senior Rock In Action

First Tuesday meeting cancelled for September ONLY!

Field Trip
Wednesday, September 18, 2019:
Harris Stowe State University
Jazz and Blues Memory
3026 LaClede Ave
St. Louis, MO 63103
Lunch: 11:30 a.m.—1:30 p.m.
Soul Food (all you can eat) $5.00
FREE—All Are Welcome

After lunch, Mr. Bernie Hayes will take us on this exciting journey

For more information contact:
Eleen McClue: 314 995-3032
Reola Weaver: 314 533-9953
Parish Office: 314 533-0304

ANNOUNCEMENTS

Chris’s Pancake Breakfast

All-You-Can-Eat Pancakes
After both Masses
Purchase Plate(s) At The Door

Call the parish office for additional information 314 533-0304.

from the Peace and Justice Committee

The next movie in our series with the College Church is SELMA, the historical drama, directed by Ava Duvernay, based on the 1965 Selma to Montgomery voting rights marches led by James Bevel, Hosea Williams, Martin Luther King Jr., and John Lewis
Dinner begins at 5:30 p.m., movie at 6:00 p.m. Thursday, September 12th.
Sign-up sheet on the ushers' table
St. Louis University Campus
Tegeler Hall
3550 Lindell Blvd

Photo Directories Are Here!
If you participated in the LifeTouch photo session, please contact the parish office for your free copy of the Parish Directory. 314 533-0304

PARISH EVENTS

September 2, 2019
Parish Office Closed
Labor Day
Mass 10:00 a.m.

September 8, 2019
Chris Pancake Breakfast
10:00 a.m.—1:00 p.m.
Grandparents Day

September 15, 2019
Sign Me Up Sunday

September 22, 2019
Installation of New Pastor
Fr. Steve Benden

Mother Of Perpetual Help Devotion and Mass Tuesdays’
11:30 a.m.

Eucharistic Adoration
Mondays’
4:30 p.m.—5:15 p.m.
What a beautiful thing to be able to sit quietly with the Lord. This will be followed by mass at 5:30. I hope you can make time for Jesus.
Please use the entrance off the parking lot to enter the Church.

Catholic Divorce Ministry Conference
September 14, 2019
9:00 a.m.—4:00 p.m.
Cardinal Rigali Center
20 Archbishop May Dr.
St. Louis, MO 63119
Speakers: Joe Miller, Deacon Turf Martin, Fr. Aaron Nord, and Bishop Robert Hermann
Visit www.nacsdc.org for more information or to register

Grill to Glory Barbeque
September 7, 2019
Join us for Fun, Exercise, Games and Food!
11:00 a.m. until 1:00 p.m.

Every Saturday Rain or Shine FREE!

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For more information contact:
Eleen McClue: 314 995-3032
Reola Weaver: 314 533-9953
Parish Office: 314 533-0304
Financial Corner...

<table>
<thead>
<tr>
<th>General Fund Actual Contributions Received</th>
<th></th>
<th></th>
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<tr>
<td><strong>AUGUST</strong></td>
<td><strong>18th</strong></td>
<td><strong>25th</strong></td>
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<tr>
<td>Envelopes</td>
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<tr>
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<td>(5,106.00)</td>
</tr>
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Stewardship Prayer…
That generous giving means sharing with those who cannot repay us.

“Rather, when you hold a banquet, invite the poor, the crippled, the lame, the blind; blessed indeed will you be because of their inability to repay you.”

(Luke 14:13-14)

We have a difficult time with the concept of giving without expecting something in return. Even when we give to charity we often want something in return – a raffle ticket, a dinner, a chance to play golf or our name in print. Yet, as Christian stewards, we need to remember that the true reward for our giving awaits us in heaven.

Dynamic Catholic, *Alive!* – Humility

Pride and ego is the root cause of most of our sins. Thinking your time is so valuable, your talent is better than anyone else or your money gives you status is another way of making those things “gods” before God. Remember that all of our gifts are God-given. Instead we should be humbled by God’s abundant generosity, causing our hearts to overflow in gratitude. We should strive to live more Christ-centered lives and less self-centered lives. [archstl.org/dynamic](http://archstl.org/dynamic)

From Amazon.com...

St Alphonsus Liguori Catholic Church has been issued a $36.51 donation from the AmazonSmile Foundation as a result of AmazonSmile program activity between April 1 and June 30, 2019. Funds were deposited August 2019.

Ladies at the ‘Rock’

Thank you for inviting Ignited For Christ Dance Ministry to your WATW Day of Reflection 2019.

One of the ladies asked for my contact information and it is as follows:

Makia V. Hardy
810 Forest Ave.
Belleville, Illinois, 62220

Email: Makia339@gmail.com
CASH APP:$ignedforChrist
Phone: (618) 580-7326

Check or Money Order: Please make out to Makia Hardy (until we get our official account with our name). Also, please visit our FB page Ignited for Christ-Arts Ministry for updates on all that we are doing!

Thank you! Lots of love!
*Kia and Dancers*
**OUR LADY OF PERPETUAL HELP PRAYER MEMORIALS**

Tillie Mae Alexander, Hortense Anderson, Elizabeth Henckler Aton
Mother Dorothy Granberry Bennett, Deacon Morris E. Bohannon, Willie Steve Bowens, Dorothy Brady
Theodore Branch, Jr., Irma King Brown, Kenita Bush, Anna Chopin, Betty Jean Colbert
Charmaine Davenport, Walterene Dougherty, Sr. Antona Ebo, FSM, Jerome Fields
Ossie R. Foster, Queen E. Dunlap Fowler, Craig Franklin, Willie Goss, Ann Marie Hatchett
Cherry Ophelia Jackson, Mark Jones, Mother Ruth Jones, Eldwyn Lewis, Leon Zack McClendon
Marshall Mosley, Lucille Palmer, Kathy Lin Cheers Parran, Drenea Sanders, Eugene Sanders
Christine Slaughter, Susan Colbert Threats, Ralph Tyler, Robert Joseph Valle, Juanita West
Marlene Williams, Richard Williams, Clarence Zacher

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**SACRAMENTAL PREPARATION**

Sharon Cooney-Smith, DRE
314-533-0304 ext. 1001

**RCIA/RCIC**
Children’s Liturgy of the Word
Baptism
First Reconciliation
First Communion
Confirmation
Matrimony

**COMMISSIONS & CHAIRS**

Christian Formation: Jean Anthony
Christian Service: Sheila Grigsby
Finance & Adm.: Monica Huddleston
Liturgy: Richard Buckley
Social Life: Rose Graham
Youth & Young Adults: TBD

**PARISH PASTORAL COUNCIL**

Kurt Englander
President
Linda Brown Reed
Vice President
Wanda Caldwell
Ben Phillips
Joy Camp
Angela Thames
Mike Coffman
Travis Threats
Rhonda Graham
Eric Thurman
Linda Kamp
Kevin Triggs

**ATTENTION**

If your telephone number or address has changed, please contact the office at 533-0304. You may also put your updated information in the locked multipurpose box located on the north-side entrance ushers’ table.

Bulletin announcements must be in the office by 12 noon Tuesdays. Please fax items to 314 533-4260 or e-mail to parish130@archstl.org

**ANointing of the sick & Visits**

"Is anyone sick among you? Call in the priests of the church and they will pray for the sick person and anoint them with oil." (James) This is the sacrament of the sick. **Are you seriously sick, going to the hospital or having an operation? Call and leave your hospital information at the office.**