

HOLY COMMUNION for Individuals (outside of the Church)

Antiphon: *How holy this feast I which Christ is our food: his passion is recalled; grace fills our hearts; and we receive a pledge of the glory to come.*

Greeting:

“In the name of the Father, and of the Son, and of the Holy Spirit. Amen.”

“The Peace of the Lord be with you always.” [and with your spirit]

Scripture

Proclaim a Scripture reading of the day or the feast if time, otherwise proclaim the following:

“Jesus said: I am the bread of life. No one who comes to me shall ever be hungry, no one who believes in me shall ever thirst.”

The Lord’s Prayer

Communion:

(Show the Eucharistic Bread)

“Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb”. [Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed].

Communion is Distributed with these words: “THE BODY OF CHRIST”

[offer a drink of water before and after giving Communion if Needed]

Concluding Prayer

“Let us pray:

All-powerful and ever-living God, may the body and blood of Christ your Son be for our brothers and sisters a lasting remedy for body and soul. We ask this through Christ Our Lord AMEN.”

Close with the **Sign of the Cross**