

Confirmation Saint Paper Information

One of the most meaningful parts of preparing for Confirmation is choosing your Confirmation saint. This is much more than simply picking a name because it sounds nice or because it was the first result that appeared when you Googled “patron saint of ____.” Your Confirmation saint is meant to be someone already in heaven who can pray for you, guide you, and walk with you as you continue growing closer to Christ and His Church.

The saints were real people. They had personalities, strengths, struggles, fears, talents, and challenges just like we do. Some were athletes, musicians, leaders, adventurers, caretakers, scholars, or people who completely turned their lives around after making mistakes. They were not perfect people — they were people who continued choosing God, even when it was difficult.

That is why choosing a saint matters.

Take time to truly research different saints and their stories. Go beyond simply searching “patron saint of sports” or “patron saint of music” and choosing the first option you find. Look for someone you genuinely connect with. Maybe they share your interests, personality, or life experiences. Maybe their feast day falls on your birthday or another meaningful date. Maybe they lived with courage, joy, perseverance, or faith in a way that inspires you and challenges you to grow.

Your saint should feel personal.

The goal is to choose someone you can build a relationship with, a heavenly role model and intercessor who you can ask to pray for you throughout your life. Many Catholics continue to feel connected to their Confirmation saint long after Confirmation day. Years from now, you may still find yourself asking for their prayers during difficult moments, important decisions, or times when your faith feels challenged.

This is more than simply a paper assignment. It is an opportunity to intentionally choose a saint who can help lead you closer to Christ.

Saint Paper Requirements

Your paper should include:

- A brief biography of your saint’s life
- Important details about who they were and why they are remembered by the Church
- A personal reflection explaining why you chose them and what you connect with

Format Requirements

- Typed
- Double spaced
- Minimum of one full page
- Include your name and the date