

Be merciful, Lord, for we have sinned.

Fish Fry

Wednesday, February 14 and ...
Fridays
February 23, March 2, 9, 16, 23
5-7pm
Parish Center

Lunch and Learn

From Humdrum to Holy

Thursdays
February 15, March 1, 8, 15
12noon-2pm
O'Donnell Room (Parish Center)
Call the Parish Office to register/purchase the book.

Stations of the Cross

Fridays 7pm - *Church*

Lent Journey (a.k.a. Lent Passport)

Wednesdays
February 7, 21, 28, March 7, 14
7-8pm
O'Donnell Room (Parish Center)

Without Majesty

Facilitator: Sylvia Dains

Saturdays
February 17, 24, March 3, 10, 17, 24
9-10am
Parish Center
Call the Parish Office to register..

Ash Wednesday, February 14

Masses at 8am, 11am and 7pm

Daily Masses during Lent

Monday-Friday 8am and 11am
Saturday 8am

Sacrament of Reconciliation (Confession)

Penance Service:

Tuesday, March 20 @ 7pm

Individual Confessions:

Saturdays at 8:30am & 3-3:45pm
Friday, March 23, 4-8pm
Saturday, March 24, 9am-12noon

Parish Mission - *Rekindling the Fire*

Fr. Jack Conley, CP

Starts at 7pm (in the church)

- Monday, March 19
- Tuesday, March 20
- Wednesday, March 21

**Fr. Conley will celebrate the 8am Mass each morning (Monday, Tuesday, and Wednesday). His homily will be different topic from the evening service.

Holy Week

Palm Sunday (March 25)

Regular Sunday Mass schedule

Holy Thursday (March 29)

Parish Offices close at 12noon.
Mass of the Lord's Supper (7pm)
Adoration of the Blessed Sacrament (until 10pm)

Good Friday (March 30)

Parish Offices closed.
No 8am or 11am Mass
Passion and Veneration of the Cross (3pm)
Entombment Service (7pm)

Holy Saturday (March 31)

No 8am Mass
Blessing of Easter food (1pm)

Great Easter Vigil (March 31) - 8pm

Easter (April 1)

6:30am Sunrise Service (*outside Parish Center*)
7:30am - *Church*
9am - *Church*
11am - *Church*

Regulations on Fasting and Abstinence

Ash Wednesday and Good Friday, are days of **fast and abstinence**. All Fridays of Lent are also days of abstinence from meat.

Fasting is to be observed on Ash Wednesday and Good Friday by all Catholics between the ages of 18 and 59 years (inclusive). On a fast day one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

Abstinence is observed by everyone 14 years of age and older. On days of abstinence no meat is allowed. Ash Wednesday, all the Fridays of Lent and Good Friday are all days of abstinence.

Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition.

Fasting, almsgiving and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for Baptism or of renewal of Baptism at Easter.

Lent

Lent is the time to walk the journey with the suffering Lord. This season includes the 40 weekdays, starting on Ash Wednesday and ending on Holy Thursday with the celebration of the Mass of the Lord's Supper. The name of the season comes from the Anglo-Saxon word *Lecten* which refers to the lengthening of the days of springtime. Lent is a time of transition. As the days gradually become longer and the earth warmer, the Church offers us this springtime season *Lecten* or Lent as our own personal and spiritual opportunity for renewal of faith and conversion.

Catholics traditionally use Lent as a time to grow in the Lord by praying, fasting and tithing.

St. Joseph Catholic Church

2704 33rd Avenue West
Bradenton, Florida 34205

Phone: 941-756-3732
E-mail: info@sjcfl.org
www.sjcfl.org

ST. JOSEPH CATHOLIC CHURCH

Lent 2018

Pray
Fast
Share

