## Body and Blood A - 2023

I'm reminded of a true story of a soldier who was severely wounded. When he was out of surgery, the doctors said that there was a good chance for recovery, except that the soldier wouldn't eat anything. The nurses and nuns tried everything, but he refused all food-drinking only water and juice.

One of his buddies knew why the soldier wouldn't eat-he was homesick. So, his friend, since the hospital wasn't too far from the soldier's home, offered to bring the young man's father to visit him. The commanding officer approved and the friend went to the parents' home. As the father was about to leave for the hospital, the mother wrapped up a loaf of fresh bread for her son.

Well, the patient was very happy to see his father but he still wouldn't eat-that is, until the father said; "Son, this bread was made by your mother, especially for you". The boy brightened and began to eat.

I think that you can guess where I'm going with that story. You and I are that boy. We are the ones who have been wounded in the battle of life. We are the ones who've been wounded by sin, by trials and pains, by loss and by our forgetfulness of God.

We lose our taste for the food that will strengthen our souls. Holy Communion gives us life, spiritual life, God's life. It gives us spiritual healing and spiritual strength.

There was nothing 'magic' about the mother's bread unless, that is, one feels that 'love' is magic--which, of course, it is.

## Christ in Me and I in Him

There is a story about minister walking along the ocean with his small son. The boy questioned his father about Sunday's sermon. The boy said, "Dad, I cannot understand how Christ can live in us and we live in him at the same time." Further down the beach, the father noticed an empty bottle with a cork in it. Taking the bottle, he half filled it with water, re-corked it and flung it out into the ocean.

As they watched the bottle bob up and down, he said, "Son, the sea is in the bottle and the bottle is in the sea. It is a picture of life in Christ. You live under the Lordship of Christ and He lives in you."