

A Family of Faith Volume III: Life in Christ

A Family of Faith seeks to strengthen families in which children learn the joys of following Jesus and the truths of the Catholic Faith through the witness given by their parents/guardians. Through monthly meetings and print materials, parents/guardians receive everything they need to explore and to share the Catholic Faith at home.

The **goals** of the *A Family of Faith* program are 1) to encourage and equip parents/guardians to serve as the children's primary witness to faith; 2) to provide parents/guardians the opportunity for continued growth in the Faith; and 3) to build community and celebrate Catholic life together.

Specifically, **Volume Three explores how living a moral life grounded in the Commandments, virtues and the Beatitudes helps us on our journey to heaven.** As you and your children grow in faith together, your children will learn through fun activities and through your example and witness to faith.

Each month families will gather via ZOOM to pray and to share in small group breakout rooms. Adults will then return to the large group to explore the Life in Christ through presentations by a guest presenter and articles provided in the Appendix in the Parent's Guide. You will complete two lessons with your children at home during the month.

You'll see that the **Parent's Guide** (PG) follows the same format from October through April:

- Monthly overview pages explain what your family will learn, questions your family will explore, words your children should know at the end of the month, the Saint of the month, car conversation starters, a Scripture verse and a memory verse.
- "Your Catholic Home" gives you one tradition each month to bring the Faith into your family life.
- A lesson overview page lists the age-appropriate activities from which you'll choose. You will complete two lessons per month using the provided activities. ***You do not need to complete every activity within each of the two lessons. You decide which activities will best help your children to fulfill the monthly objectives.*** The activity icons indicate the type of activity: scissors for creative activities/crafts; trees for outdoor activities; a Bible for Scripture activities; an apple for direct instruction, etc.
- Each month features one or two Journey Board project activities that families complete on their 11 x 17 poster. Families will share their Journey Boards when they come together for the monthly sessions. These activities help families to remember how Jesus helps us to avoid sin and grow in virtue so we can live with him in Heaven. (See PG page 3)
- Each month ends with a wrap-up summary of the main ideas in each lesson as well as space to reflect on how your family formation experience is progressing.

Please note that the **Activity Book** provides sheets that accompany several PG activities. It is not meant to be completed by the child independently.

"Family Catechesis...precedes, accompanies and enriches all other forms of catechesis. Thus there cannot be too great an effort on the part of Christian parents to prepare for this ministry of being their own children's catechists and to carry it out with tireless zeal." –St. Pope John Paul II, *Catechesi Tradendae*