

A FAMILY OF Faith

Suggested Weekly Learning Goals October

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 16 and 28. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St Margaret Mary Alacoque Parents and children should read the brief biography of Saint Margaret on Parent Guide pages 39-40 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>"I am the light of the world. Whoever follows me will not walk in darkness but will have the light of life"</i> (John 8:12)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on Heaven in the Parents Guide pages 17-26, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ God made us for Beatitude, which is to be with Him forever in Heaven. ❑ The Ten Commandments, the Beatitudes, and the teaching of the Apostles act as signs that lead us to Heaven. ❑ The child should be able to answer the question - <ul style="list-style-type: none"> ❑ How does knowing that my final destination is Haven change the way I live my life?
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on our souls and the choice between life and death in the Parents Guide on pages 29-38 to teach their children. ❑ Learning Goals for the Week: <ul style="list-style-type: none"> ❑ The Child should understand that - <ul style="list-style-type: none"> ❑ We are made in the image and likeness of God. ❑ We have immortal souls. ❑ We have the free will to choose between life in Christ or death in sin. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ How am I made in the image and likeness of God? ❑ How does the struggle between life and death, grace and sin, play out in my soul? <p>Your Catholic Home: One way to acknowledge all that God has given us is to intentionally offer everything we will do in our day to Jesus. This is called a Morning Offering. Praying a short Morning Offering as a family each day brings a wonderful rhythm to your home life and helps all family members grow closer to Jesus</p>

Suggested Weekly Learning Goals November

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> <input type="checkbox"/> Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 50 and 63. Teach their children what the words mean. <input type="checkbox"/> Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. <input type="checkbox"/> Get to know St Martin De Porres Parents and children should read the brief biography of Saint Martin on Parent Guide pages 76-77 <input type="checkbox"/> Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>“I will place my law within them, and write it upon their hearts; I will be their God, and they shall be my people”</i> (Jeremiah 31:33)
Week 2	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on Conscience in the Parents Guide pages 51-61, lead the children through this activity. <input type="checkbox"/> Learning Goal for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> The freedom god gives us is freedom for the good. <input type="checkbox"/> God gave us each a conscience, which is His law written in our hearts. <input type="checkbox"/> A well-formed conscience makes it possible to live a moral life. <input type="checkbox"/> The child should be able to answer the questions - <ul style="list-style-type: none"> <input type="checkbox"/> How does the right thing set me free? <input type="checkbox"/> What is my conscience and how do I form it?
Week 3	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on growing in holiness and avoiding sin in the Parents Guide on pages 64-75 to teach their children. <input type="checkbox"/> Learning Goals for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The Child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> Mortal sin destroys the life of God in our souls. <input type="checkbox"/> The three conditions for a sin to be mortal are gravity, knowledge, and consent. <input type="checkbox"/> The Five Precepts of the Church show us the minimum required to develop our spiritual lives. <input type="checkbox"/> The child should be able to answer the question - <ul style="list-style-type: none"> <input type="checkbox"/> What makes a sin mortal? <input type="checkbox"/> Your Catholic Home: November is a month during which Catholics especially remember friends and loved ones who have died. Display photos of deceased loved ones in a special place in your home, such as in your prayer corner if you have one, along with flowers, a crucifix, or an icon of Christ. Each day, light a candle and pray this traditional prayer: <i>“Eternal rest grant them, O Lord; and let light perpetual shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.”</i>

Suggested Weekly Learning Goals December

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> <input type="checkbox"/> Introduce Words to Know: Parents discuss words to know with their children on Parent Guide page 80. Teach their children what the words mean. <input type="checkbox"/> Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. <input type="checkbox"/> Get to know St Lucy: Parents and children should read the brief biography of St Lucy on Parent Guide pages 101 - 102 <input type="checkbox"/> Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>"Whatever is true, whatever is honorable, whatever is just, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things."</i>
Week 2	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities to teach the importance of virtues and what is a cardinal virtue and what is a theological virtue in Parent's Guide pages 89-94. <input type="checkbox"/> Learning Goals for the Week: The child should have an understanding of what is a virtue and how virtue transforms the soul. <ul style="list-style-type: none"> <input type="checkbox"/> That if we develop virtuous habits we will be more like Christ. <input type="checkbox"/> That the four cardinal virtues are the virtues that all the other virtues hinge on. <input type="checkbox"/> That the three theological virtues deal with our relationship with God.
Week 3	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities to teach the importance of virtues and what is a vice in Parent's Guide pages 95-99. <input type="checkbox"/> Learning Goals for the Week: Children should understand that <ul style="list-style-type: none"> <input type="checkbox"/> That virtues help us develop tendencies to do good; vices incline us to do bad things. <input type="checkbox"/> Be able to identify what is a virtue and what is a vice. <input type="checkbox"/> Describe ways in which St Lucy lived a life of holiness. <input type="checkbox"/> Your Catholic Home: Parents should teach their children about the tradition of the advent wreath and how it helps us focus on the true meaning of Christmas. Of course, actions are always better than words, so if it is possible for you to get an advent wreath and use it with your family that would be great! Don't worry if Advent has already begun, you can start in the middle.

Suggested Weekly Learning Goals January

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> <input type="checkbox"/> Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 113 and 129. Teach their children what the words mean. <input type="checkbox"/> Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. <input type="checkbox"/> Get to know St Elizabeth Ann Seton Parents and children should read the brief biography of Saint Elizabeth on Parent Guide pages 140-141 <input type="checkbox"/> Learn Commandments: Begin reciting daily the Commandments for the month - 1-4 of the Ten Commandments. <ul style="list-style-type: none"> <input type="checkbox"/> <i>I am the Lord your God, you shall not have strange Gods before me.</i> <input type="checkbox"/> <i>You shall not take the name of the Lord your God in vain.</i> <input type="checkbox"/> <i>Remember to keep holy the Lord's Day.</i> <input type="checkbox"/> <i>Honor your father and your mother.</i>
Week 2	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on The Great Commandments (the first Three Commandments) in the Parents Guide pages 114-127, lead the children through this activity. <input type="checkbox"/> Learning Goal for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> Obeying the First Commandment means adoring and worshipping God alone. <input type="checkbox"/> The Second Commandment shows us that we love God by always using His name and the names of His saints with love. <input type="checkbox"/> The Third Commandment teaches us to keep the Lord's Day holy <input type="checkbox"/> The child should be able to answer the questions - <ul style="list-style-type: none"> <input type="checkbox"/> How are the Ten Commandments a gift of God's own self? <input type="checkbox"/> How does the First Great Commandment fulfill the first three commandments?
Week 3	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on the fourth commandment (the domestic church) in the Parents Guide on pages 130-139 to teach their children. <input type="checkbox"/> Learning Goals for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The Child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> The Fourth Commandment teaches children to honor their mothers and fathers. <input type="checkbox"/> The Christian family is called the "domestic church." <input type="checkbox"/> The child should be able to answer the question - <ul style="list-style-type: none"> <input type="checkbox"/> How is the family a domestic church? <input type="checkbox"/> Your Catholic Home: Take advantage of the feast of Christ's baptism as a time to renew your own baptism vows. You can find the text at SophiaOnline.org/BaptismalPromises. A parent can lead the recitation with the rest of family members responding.

Suggested Weekly Learning Goals February

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> <input type="checkbox"/> Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 152 and 167. Teach their children what the words mean. <input type="checkbox"/> Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. <input type="checkbox"/> Get to know St Paul Miki and Companions: Parents and children should read the brief biography of Saint Paul Miki and companions on Parent Guide pages 182-183 <input type="checkbox"/> Learn Commandments: Commandments 5-10 <ul style="list-style-type: none"> <input type="checkbox"/> <i>You shall not commit adultery.</i> <input type="checkbox"/> <i>You shall not steal.</i> <input type="checkbox"/> <i>You shall not bear false witness against your neighbor.</i> <input type="checkbox"/> <i>You shall not covet your neighbor's wife.</i> <input type="checkbox"/> <i>You shall not covet your neighbor's goods.</i>
Week 2	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on the Fifth and Sixth Commandments in the Parents Guide pages 168-181, lead the children through this activity. <input type="checkbox"/> Learning Goal for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> The Fifth Commandment tells us to acknowledge all life as a God-given gift. <input type="checkbox"/> The Sixth Commandment requires us to be pure. <input type="checkbox"/> Marriage is a reflection of the intimate, free, and loving communion that is at the heart of the Trinity. <input type="checkbox"/> The child should be able to answer the question - <ul style="list-style-type: none"> <input type="checkbox"/> What are today's challenges in respecting life and cultivating purity?
Week 3	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on Commandments seven through ten in the Parents Guide on pages 231-236 to teach their children. <input type="checkbox"/> Learning Goals for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The Child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> The Seventh Commandment tells us we are not to take what is due to others. <input type="checkbox"/> The Eight Commandment speaks to us of living a life faithful to the truth. <input type="checkbox"/> In the Ninth and Tenth Commandment, we are forbidden from desiring someone impurely and desiring what belongs to another. <input type="checkbox"/> The child should be able to answer the questions - <ul style="list-style-type: none"> <input type="checkbox"/> How can I store up treasure in Heaven? <input type="checkbox"/> How can I bear witness to the Truth? <input type="checkbox"/> Do I see everything that I have as a gift from God? <input type="checkbox"/> Your Catholic Home: Make an intentional plan to give of yourself during the season of Lent. For example, offer the small sufferings you experience going without your favorite food or activity for the souls in Purgatory. You could also take the money you would have spent on it each day and set it aside to give to charity. In addition to going without something, you could also add a spiritual practice to your daily life to grow closer to Jesus: say additional prayers, attend an extra Mass each week, or volunteer at a local charity.

Suggested Weekly Learning Goals March

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 195 and 210. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St Katharine Drexel Parents and children should read the brief biography of Saint Katharine on Parent Guide pages 207-208 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>"I give you a new commandment: love one another. As I have loved you, so you also should love one another. This is how all will know that you are my disciples if you have love for one another"</i> (John 13:35-35)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the New commandment and the Works of Mercy in the Parents Guide pages 195-208, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ Christ gave us the New Commandment, which he declares is the surest sign that we are His disciples. ❑ The Corporal and Spiritual Works of Mercy help us respond to the needs of our brothers and sisters. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ How does the New Commandment sum up the entire law of the Gospel? ❑ How can I live out the Corporal and Spiritual Works of Mercy in my own life?
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the first four Beatitudes in the Parents Guide on pages 211-220 to teach their children. ❑ Learning Goals for the Week: <ul style="list-style-type: none"> ❑ The Child should understand that - <ul style="list-style-type: none"> ❑ God placed the desire for happiness in each of our hearts. ❑ In the Sermon on the Mount, Jesus gave us the Beatitudes to show us what it means to be happy. ❑ The Child should be able to answer the question - <ul style="list-style-type: none"> ❑ What makes me truly happy? ❑ Your Catholic Home: St. Joseph is the patron and protector of families. Place an icon of St. Joseph in your prayer corner if you have one, or another special place in your home, on the solemnity of St. Joseph (March 19). Ask him to help your family be poor in spirit just as the Holy Family was, recognizing that all your blessings come from God.

Suggested Weekly Learning Goals April

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> <input type="checkbox"/> Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 230 and 241. Teach their children what the words mean. <input type="checkbox"/> Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. <input type="checkbox"/> Get to know St Mark Parents and children should read the brief biography of Saint Mark on Parent Guide pages 257-258 <input type="checkbox"/> Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>"Blessed are you when they insult you and persecute you and utter every kind of evil against you [falsely] because of me. Rejoice and be glad, for you reward will be great in heaven"</i> (Matthew 5:11-12)
Week 2	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on Beatitudes five through eight in the Parents Guide pages 231-239, lead the children through this activity. <input type="checkbox"/> Learning Goal for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> Jesus came to fulfill the Old Law and the prophets. <input type="checkbox"/> The Beatitudes are the heart of Jesus' preaching. <input type="checkbox"/> In the Beatitudes we see the perfection and fulfillment of the Old law in the New. <input type="checkbox"/> The child should be able to answer the question - <ul style="list-style-type: none"> <input type="checkbox"/> How can I live out the Beatitudes?
Week 3	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on Social Justice and the Mission of Christian Discipleship in the Parents Guide on pages 242-256 to teach their children. <input type="checkbox"/> Learning Goals for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> We take on the mission of Christian discipleship within the human community. <input type="checkbox"/> We have responsibilities toward God and our neighbor. <input type="checkbox"/> The principles of Catholic Social Teaching include the dignity of the human person, the family, justice, peace, and solidarity. <input type="checkbox"/> The child should be able to answer the questions - <ul style="list-style-type: none"> <input type="checkbox"/> In what ways are we all connected in the Body of Christ? <input type="checkbox"/> How can I make my community a more just place? <input type="checkbox"/> Your Catholic Home: Check when your parish offers Eucharistic Adoration, and go as a family to spend some time praying before Jesus in the Blessed Sacrament. If the available times are not possible for you, remember that you visit Jesus any time your church is open by simply praying before the tabernacle. A wonderful time to do this is after receiving the Sacrament of Penance and Reconciliation as a family.