

**DIOCESE OF  
ALLENTOWN  
CHILD PROTECTION  
CATECHESIS**



**GRADE 7**

## **CHILD PROTECTION TEACHING OBJECTIVES GRADE SEVEN**

1. We are all created in the image and likeness of God. My body is the temple of the Holy Spirit.
2. Our families and trusted adults and teachers share a concern for our safety.
3. We learn to differentiate between safe and unsafe or unwanted touch. We are called to chastity and we have a responsibility to avoid and immediately report any unwanted or unsafe touch to a parent or other trusted adult.
4. We show respect for ourselves and others by the way we talk, act, and live. We must identify respectful and disrespectful language and actions and avoid anyone who fails to respect us. In particular, the areas of our bodies covered by the bathing suit zone are private and must not be violated.
5. God gave us the gift of free will. All actions have consequences. We must learn how to discern the implications of the choices we make every day. When we experience the bad choice of others, we must report the offense and get help.
6. the virtue of chastity helps us understand and identify actions or behaviors which are wrong or sinful. Children, young adults must avoid actions or experiences or behavior which offend against chastity.
7. Some secrets can be very harmful to us physically, emotionally, and spiritually. Always question secret play, secret games and determine if the secrets can cause great harm.
8. There are many different kinds of friendship. Healthy relationships and friendships can help us to understand ourselves, god and others. We can meet false friends who mistreat us or take advantage of our trust and friendship. Poor relationships and false friendships can deeply harm us psychologically, emotionally, spiritually and even physically. People who manipulate or misuse our friendship are not friends. We must report any relationships which can be harmful to us.
9. Good communication with parents and family members help keep me safe. I can also help keep younger siblings and others safe by being observant and concerned.
10. My parents and family and other trusted adults will listen to me and help me. Make a list of three trusted adults who will listen to me and help me. I will make a list of the three trusted adults I can go to with any problem in addition to my parents and family members. My parents and I will make the list together.

## **PRAYER SERVICE GRADE SEVEN**

### **“Is There Really a God?”**

Note: Even young adolescents who actively practice their faith have nagging doubts about God. This service encourages them to believe-without proof-that God, through and in Jesus, is always with them to guide and strengthen them in the growing-up process. You will need a prayer table on which is placed a bible (open to John 20:24-29), a candle and cut-out cardboard crosses, one for each participant. Assign pray-ers and readers and then open the service gathered in a circle around your prayer table.

Leader: We believe in You, loving God, but sometimes we wonder about life and faith and Your presence in our lives.

Pray-er One: At school and with friends no one talks much about You. On TV people never go to church or pray or talk about You, except to be funny.

Pray-er Two: Our culture tells us that if we have money, we don't need God, even in church people don't seem to believe, really believe, that You are in their lives.

Pray-er Three: Where can we find answers to our questions about You, God? Please give us the gift of faith. Amen

#### **Scripture Reading** (John 20:24-29 paraphrased)

Leader: God asks us to believe in Jesus – even without proof of His presence. In this reading, we see what happened to Thomas when he did not believe.

Reader One: It happened that Thomas, one of the twelve apostles, was absent when Jesus came to offer them peace and forgiveness. The others told Thomas about it, but he refused to believe, and He even demanded proof.

Reader Two: A week later, the disciples were once again gathered and this time Thomas was there. “Peace be with you”, Jesus said. Then He looked at Thomas. “Take your finger and examine My hands. See the wounds there (from the crucifixion). You must no longer doubt that I am alive.”

Reader Three: Thomas was clearly embarrassed. He cried out this prayer of belief in response to the words of Jesus: “My Lord and my God” he said.

Reader Four: Jesus then said to Thomas. "You only believe that I rose from the dead because you have seen me. Blessed are those who have not seen me and yet have believed." The word of the Lord.

All: Thanks be to God

### **Guided Meditation**

Leader: Close your eyes and focus your attention on the palm of your hand. Look at the lines. Imagine that you are following one of those lines....pause. It leads to a room where a heated discussion is taking place. It soon becomes obvious to you that these people are Christians and they are arguing about how best to share their message with others. One of them looks at you and asks you to join in the discussion. What will you say?.....pause

A young woman in the group speaks up. She says she wants to believe in god and in Jesus, but that she finds it hard. She says that she doesn't see any evidence. Someone answers her: "Sometimes faith means believing without any evidence, but sometimes we just don't look around to see the evidence. When we love one another and care for those in need, god is at work among us. When even two or three of us gather in His name, Jesus promised to be among us." You listen carefully to all of this and you think about it for a minute.....pause

But then the young woman speaks up again. "You mean I will never know for certain that God exists?" Someone answers, "Maybe not, except deep in your heart. Remember what Jesus said to Thomas: "Blessed are those who have not seen and yet have believed." The young woman says she will think about these things. Why don't you, too, take time now to think about your own faith and even your doubts.....pause (After about 20 seconds, invite participants to open their eyes.)

### **Group Response**

Leader: Sometimes we don't see the signs of Your presence, loving god, because we don't look around us to see the good works done in Your name.

Right Side: Blessed are those who have not seen and yet have believed in me.

Left Side: Sometimes we don't hear Your voice, Jesus, because we don't take time to quiet down and listen.

Right Side: Blessed are those who have not seen and yet have believed in me.

Left Side: Sometimes we like Thomas, Holy Spirit of God, we want to touch You, to feel Your presence.

Right Side: Blessed are those who have not seen and yet have believed in me.

All: Amen

### **Silent Personal Prayer**

Leader: (after distributing the crosses.)

Take this cross as a sign of your Christian faith. Hold it as you now spend a few minutes in silent prayer, talking to God about your beliefs and your possible doubts.

(Allow three minutes and then gather the group around the prayer table once again. Before the closing prayer, invite participants to write something they believe on one side of the cross, and a doubt they have on the other.)

### **Group Closing Prayer**

All: Loving God, Jesus Christ, Holy Spirit, we come before you like Thomas, perhaps doubting Your presence at time and asking for signs. Help us to understand that we are the signs of Your presence when we love one another, serve the needy, and gather in Your name. Teach us how to do this, loving God. Amen

## LESSON PLAN GRADE SEVEN

### THE FRIENDSHIP LURE

#### Discussion:

- What are some things we like to do with friends? ***Chat and play games online, go shopping, play sports, listen to music, watch movies or television, etc.***
- Where are some places we like to go with friends? ***The movies, the mall, park, online communities, restaurants***
- Before we go to hang out with a friend, what should we tell our parents? ***Who we are going with, what we'll be doing, where we are going, when we'll be home.***
- Even though you are all teenagers, young adults, why is it important for parents to know this information? ***To help keep us safe***
- The Friendship Lure works this way. A sexual predator gets a young person he is already abusing to bring friends along, then tries to abuse them, too.
- What should you do if a friend invites you someplace where an adult or peer does any of the following:
  - ***Touches you in an inappropriate way.***
  - ***Speaks inappropriately to you or other kids.***
  - ***Shows you X-rated material online?***
  - ***Asks to photograph or videotape you without clothing?***
  - ***Offers you alcohol or other drugs?***

***Leave immediately and tell a trusted adult what happened.***

- Some kids try to abuse their peers, even friends. What should we do if a friend tries to abuse us? ***Tell them to stop, leave, and report it to a trusted adult.***
- Why might it be hard to report a friend who tries to abuse us?
  - ***Could we be worried that it will ruin our friendship with the person?***
  - ***Could we be embarrassed about what happened?***
  - ***Could we be scared to tell anyone?***
  - ***Should we report the abuse anyway?***

How would we be helping this friend by reporting their inappropriate behavior? ***Those who abuse others have often been abused themselves.***

#### SCENARIO

Chris, a Seattle youth baseball coach, made his home a virtual funhouse for local boys, who would visit often to play games on his networked computers and hold tournaments on his backyard paintball course. Over the course of many months though, Chris gave several of the boys alcohol and slowly crossed the line from affection to abuse. When the boys first came forward, they feared no one would believe them, but police found a large collection of

child pornography on Chris' computer. Chris was arrested and charged with sexually abusing and taking pornographic pictures of himself with the teens.

Did Chris set up a tempting place for teens to want to go?

Do you think the boys had fun at Chris' house before the abuse started?

Do you think it was easy for boys to lure their friends to Chris's house?

Did the abuse stop with the boys reported it to parents and police?

Is this a good example of how sexual predators use the Friendship Lure?

## THREATS AND WEAPONS

### Discussion:

- Let's start by discussing threats. What is a verbal threat?
- Why would a sexual predator verbally threaten us?
  - *To get us to do something we don't want to do.*
  - *To scare us into keeping abuse a secret.*
  - *To force us to go with them.*
- If we are threatened online, what should we do? ***Stop communicating. Save and print as evidence.***
- Who should we tell if someone verbally threatens us – offline or online? ***A trusted adult – and the police.***
- Why is it important to report verbal threats to the police? ***Verbally threatening someone is a serious crime, a felony. It is against the law.***

### SCENARIO

A teenage boy's neighbor sexually abuses him. The neighbor threatens to hurt the boy if he tells anyone what happened. What should the boy do?

- *Is the boy's neighbor threatening him so he'll keep the abuse a secret?*
- *Is his neighbor breaking the law, both by abusing him and by threatening him?*
- *Should the teenage boy tell his parents immediately?*
- *Can the neighbor hurt him once his parents and the police are told?*
- *Will the teenage boy's parents, and the police believe him?*

### WEAPONS

- Why would a predator intimidate us with a weapon?
  - *To scare us into doing what they want?*
  - *To get us to go with them?*
  - *To make us keep abuse a secret?*
- What does "make a commotion" mean? ***To make a lot of noise, call attention to oneself.***
- If faced with a weapon, what should we do? ***Scream as loudly as we can and make a commotion. Run to safety.***
- OK everyone show me how loudly you can yell, "Help! This person is trying to hurt me".

### SCENARIO

A teenaged couple is walking arm-in-arm down the street. A man drives up, pulls a gun and says, "Get in this car, or I'll shoot you both!" what should the couple do?

- *Should they get in the car with the man?*

- ***Should they run in the opposite direction?***
- ***Should they scream and make a commotion?***
- ***Should they give parents and police a description of the man and his vehicle?***
- ***If possible, should they remember his license plate number and report it to the police?***

### **SCENARIO**

A twelve year old girl was walking to school one day when a gunman pulled her into an alley. The girl started to scream loudly. Her screams attracted the attention of a woman on the sidewalk who came running to see what was wrong. Upon seeing the woman, the gunman dropped the girl and fled. The girl was unharmed.

- ***Did the girl freeze with fear?***
- ***Did the girl scream and make a commotion?***
- ***Did the girl's screams bring the woman running to help?***
- ***Did the gunman flee so he wouldn't get caught?***

## THE PORNOGRAPHY LURE

### Discussion:

- You may be surprised that we're going to talk about something as embarrassing and sensitive as pornography, but it's extremely important when we're discussing personal safety.
- How do sexual predators use X-rated materials to lure kids and teens into abuse? ***Do they show kids pornography to make it seem like every day behavior? Do they try to talk kids into imitating what they see in X-rated materials?***
- Is it against the law for an adult to show a minor pornography?
- Should we every agree to act out something we have seen in pornography?
- Is it every OK for an adult to engage in sexual activity with a minor? ***No It's against man's law and God's law. God made us in His image and likeness and we must keep ourselves holy.***
- What should we do if someone tries to show us X-rated materials, especially if they tell us to keep it a secret?
  - ***Should we look at the pornography?***
  - ***Should we leave as quickly as possible?***
  - ***Should we keep it a secret?***
  - ***Should we tell a trusted adult?***
  - ***Should we tell the police?***
- What could happen if we allowed someone to take pictures or video of us without clothing:
  - ***Could the photos/video be seen by people we know?***
  - ***Could the photos/video be posted online for the whole world to see?***
  - ***Could the photos/video be given or sold to other predators?***
  - ***Could the photos/video be used to threaten or blackmail us into doing something we don't want to do?***
- What is blackmail? ***Blackmail is using verbal threats to force someone to do something they don't want to do.***
- If someone asks to take pictures or video of us without clothing, what should we do? ***Say NO, get to safety, tell a trusted adult, tell the police.***

### SCENARIO

An artist named Omar ran a private studio where he taught teenagers how to paint. During private lessons, Omar showed students pornography on his computer, and eventually offered them money in exchange for sexual activity.

Did Omar show the students pornography to lure them into abuse?  
Should the students keep what happened a secret?  
Should the students tell a parent and the police?

Omar was charged with several counts of sexual molestation and possession of child pornography.

In a Midwest City, 16 year old Katie befriended 32 year old Tom online. When Tom told Katie that his t-shirt company needed a model, she expressed interest in helping and send tom pictures of herself. Later, Katie also offered to send tom naked pictures of herself. Tom told Katie he knew that was against the law, but if she wanted to, go ahead and send them anyway. She did. Police arrested tom for possession of child pornography and he was sent to prison for 15 years.

Was it against the law for Katie and Tom to be friends?

Was it against the law for Katie to send Tom pictures of herself with her clothes on?

Was it against the law for Katie to send Tom pictures of herself naked?

Should we ever send naked pictures of ourselves to anyone?

## THE DRUG LURE

### Discussion:

- What is a peer? *A peer is someone our own age, someone at our school or in our circle of friends.*
- What is peer pressure? *It's the pressure we all feel to do what our peers do – especially the people we really like or want to be friends with.*
- Most of the time, we hear about peer pressure being a bad thing. Can you think of some examples of positive peer pressure?
  - *Trying to do well in Math because someone you really like is a Math whiz.*
  - *Giving it your all at sports practice, because your best friend is captain of the team.*
  - *Volunteering at the food bank because a friend does, and you admire her.*
  - *Keeping your room neat and clean because your friend does.*
- Those are all great examples of positive peer pressure. Can you think of some examples of negative peer pressure?
  - *Cheating on a test because your friend does.*
  - *Smoking a cigarette because someone you think is cool dares you.*
  - *Tasting beer because your friend's older sister is drinking it, and you want to be like her.*
  - *Trying marijuana because of your friends did.*
- How many of you know people in your school or neighborhood who have tried alcohol or other drugs?
- Do most teens use drugs?
- Unfortunately, there are some teens who do. What is the #1 reason kids try alcohol and other drugs? **Peer Pressure**
- Alcohol and drugs are also a very effective lure for sexual predators. How might predators use drugs as a lure to abuse or abduct young people?
  - *Could they trick us into drinking alcohol or taking other drugs?*
  - *Could they slip something into our drink?*
  - *Could they use drugs/alcohol as bribes for teens who willingly use them?*
  - *Could they pretend to be our friend and encourage us to take drugs/alcohol?*
- If we had been given or taken drugs/alcohol
  - *Would our personal computer be working at 100%?*
  - *Would we be able to hear our inner siren if it warns us?*
  - *Would we be able to say, "NO STOP" and then get to safety?*
  - *Might we feel dizzy, sick, or even pass out?*
  - *Would it be easier for someone to abuse or abduct us?*

- Besides saying NO what else could we say to someone who offered us drugs” Could we say:
  - *Drugs are illegal. I don’t want to get into trouble.*
  - *I promised myself and my parents that I won’t use drugs and I keep my promises.*
  - *No way. My parents would ground me for a year.*
  - *Are you crazy? It’s not safe to be out of control.*
  - *I want to do great things in life, and drugs won’t help me get where I want to go.*
  
- Who should we tell if someone, even a friend, offers us drugs? *A trusted adult.*
- What are some good strategies for avoiding drugs?
  - *Practice standing up to peer pressure; ask friends and family to practice with us.*
  - *Stay busy; get involved in sports, art theater, music and after school activities.*
  - *Volunteer for community projects.*
  - *Think about our goals and dreams for the future.*
  
- What are some natural highs in life?
  - *Enjoying a good laugh with a friend.*
  - *Acing a test.*
  - *Making the winning point in a game.*
  - *Hearing the words, “I Love You” from someone you care about.*

## **SCENARIO**

A 53 year old man lured neighborhood boys into his home with alcohol and pornographic videos. The boys were then sexually abused while under the influence of alcohol.

Was alcohol used as a lure to get the boys to come to the man’s home?

Did drinking alcohol impair the boys’ ability to protect themselves?

Should the boys have refused to drink the alcohol?

Should the boys have left the man’s house immediately?

Should the boys have kept what happened a secret?

Should they have told their parents?

Was pornography also used as a lure?

## THE ONLINE LURE

### Discussion:

- How many of you go online at least once a day?
- What are some of the things we can do online?
- How many of you visit blogs, chat rooms or forums while online?
- What are chat rooms and forums?
- What are blogs?
- What kinds of blogs, chat rooms and forums are there?
- How many of you use e-mail, instant messages and web postings to stay in touch with friends?
- While being online is usually safe, we need to remember that there are thousands of sexual predators online too. And their prime target are teens.
- When we chat online with people we've never met, do we really know who they are?
- Could a girl pretend to be a boy?
- Could a 45 year old man pretend to be a 12 year old girl?
- Could a violent criminal pretend to be a nice person?
- Since we don't know anything for certain about people we meet online, it's smart not to share personal information with them. Don't share: **full name, telephone number, address, school name and address, favorite hangouts, photos or video clips of yourself or families.**
- Just by giving out your phone number, a predator could use a search engine like google to find out your address and get a map directly to your house.
- What about screen names? Could it be possible for someone to find out things about us from our screen name?
- So when choosing a screen name, what are some rules we should follow to make sure it's a safe screen name:
  - **Don't use your full name.**
  - **Don't include personal information.**
  - **Do not choose a suggestive or descriptive screen name.**
- As we've been learning through the years, there are many lures that predators use. Let's review some of those lures and think of some examples:

### Affection Lure

Someone in a chat room pretending to care about us.

### Pet Lure

A posting on Craigslist offering free puppies or kittens.

### Bribery Lure

Someone offering to send us gifts or money via PayPal if we send them digital pictures of ourselves.

### **Ego/Fame Lure**

Someone posting on our blog that they'd like to do a TV story about us.

### **Job Lure**

Someone from a chat room or bulletin board offering us a job where we have to go and meet them in person.

### **Name/Recognition Lure**

Someone pretending to know us because they saw our real name on our profile or blog.

### **Friendship Lure**

Someone we play online games with invites us to their house.

### **Pornography Lure**

Someone e-mails us X-rated pictures.

### **Drug Lure**

Someone says they will buy us beer or marijuana if we meet them in real life.

- Let's suppose that you and someone you've met online e-mail back and forth every day. You always look forward to receiving their e-mail. But little by little, your new friend starts sending you X-rated messages and pictures. What should you do? ***Stop e-mailing the person, report the inappropriate e-mail to your parents, ask your parents to report it to [www.cybertipline.com](http://www.cybertipline.com) and the local police.***
- How do online predators befriend and groom youngsters for abuse?
  - ***They spend time trying to get to know potential victims.***
  - ***They encourage teens to share personal feelings.***
  - ***They ask teens about problems at home.***
  - ***They pretend to offer support and understanding***
- Why should we never share family problems with online friends?
  - ***Our online friend could be a predator.***
  - ***It gives them access to our vulnerabilities.***
  - ***It allows them to get close to us.***
  - ***It leads to an invitation for a face-to-face meeting.***
  - ***Our online acquaintance could be dangerous***

## **SCENARIO**

Justin had a hard time making friends in school, so he turned to chat rooms and was surprised how quickly he made friends online. Little did he know, most of them were not other teens; they were adults with criminal intentions.

One day, Justin was offered \$50 to take his shirt off in front of his webcam. He wanted the money, so he went along with the request, telling himself it was no different than being shirtless at the pool. Little by little, the requests to remove clothing escalated into full-scale pornography. Soon there were hundreds of internet pedophiles talking to Justin; giving him lots of nice compliments and attention, and even buying him everything he added to his Amazon.com wish list. Before long, Justin was making a lot of money.

He was able to keep everything secret from his mother, who had responsibly installed internet safety software on his computer. But eventually, a schoolmate came across pornographic footage of Justin online, made copies, and gave them to classmates. Humiliated, Justin left school and turned to drugs, which predators would buy him so long as he kept making pornography.

Did Justin really know who his online friends were?

Did Justin's loneliness make him vulnerable to predators?

Should Justin have taken his shirt off for the webcam?

Was that incident the beginning of further exploitation?

Should Justin have reported the request to take off his shirt to his mother?

Was Justin bribed with money and gifts?

## THE LURE OF HATE & VIOLENCE

### Discussion:

- How many of you like to cook? Have you ever made soup? What ingredients go into a pot of soup? Once you cook it all together, how does it taste?
- We can think of our country that way too. In fact, America is often called a “melting pot”. Why is that? That’s what makes our country so special.
- Even though we live in a great country with a wonderful variety of people, are there times people are unkind to others just because they are different?
- What is prejudice? ***Disliking or mistreating others simply because of their race, religion, family or looks.***
- What happens when people show their prejudice for others? ***Cruel things are said, feelings get hurt, hatred, acts of violence.***
- Are people of different races, religions or lifestyles really all that different from you and me?
- We believe in our faith that we’re all made equal in God’s eyes. We’re all made in His image and likeness. God sees no color.

### BULLYING

- What is a bully? ***Someone who teases, frightens, threatens, excludes, or hurts others, sometimes repeatedly.***
- Bullying occurs approximately every seven minutes in schools across America. That’s a lot, isn’t it? Where does bullying happen? ***Cafeteria, playing fields, restrooms, locker rooms, hallways, school buses, bus stops, online or through text messaging.***
- If you see a classmate being bullied, should you handle it yourself. NO – let an adult handle it.
- What could you do in situations where someone bullies you verbally with cruel or threatening words? ***Ignore the bully, act like you didn’t hear and continue on your way, use a no-nonsense approach like, “Bullying is against school policy. Stop or I’ll report you.”***
- What could you say to someone who tries to bully you physically – ***by pushing, hitting, kicking, punching?***
  - ***Stop. Assault is a crime, so I’ll be reporting this to the principal, my parents, and the police.***
  - ***Violence isn’t the answer. Let’s work it out.***
  - ***I’m not going to take your abuse, so knock it off.***
- If someone bullies you at or on the way to or from school: Report it to a teacher, guidance counselor, or principal, coach, school resource officer, hallways monitor, nurse, parents or another trusted adult. Keep reporting it until the person who is bullying you stops.
- Bullying can take place online through e-mail, instant messages, forums, chat rooms, websites and blogs.
- Always report online bullying.

- Show the bullying message to your parents.
- Print a copy as evidence.
- Why do people bully others? ***To make themselves look tough or in charge, to make other people afraid of them, to go along with other classmates, to get attention or impress classmates, to get back at someone they are mad at, to put down someone they are jealous of, because they are bullied themselves.***

## **THE AFFECTION LURE**

### **Discussion**

- Most youngsters are abused by someone they know and trust. Pedophiles are experts at taking advantage of normal tensions between adolescents and parents.
- Exploitation often begins with innocent behavior that escalates into abuse.
- Youngsters who are starved for attention lack adequate supervision, or face difficult situations at home (divorce, substance abuse, neglect) are especially vulnerable.

The following are questions for discussion:

- *Who are some adults in your life that are important to you and that you spend time with?*
- *Most of the time, when adults other than our parents take an interest in us, is it genuine?*
- *Are there ever times when you feel down and lonely? When you feel like you have no one who really understands or cares about you?*
- *Are there times when you feel like your parents don't understand you, that you can't talk to them?*
- *When you feel that way, are there adults in your life other than your parents that you can talk to? Who are some adults you can turn to when you feel you can't talk to your parents?*
- *Is it good to have someone you can talk to?*
- *How could a sexual predator take advantage of a young person's need for attention and friendship?*
- *In your opinion, how could someone your age fall for the Affection lure?*
- *What should you do if any adult, even a parent, relative or family friend, makes sexual advances toward you?*
- *What gives you the right to refuse sexual advances from anyone, even someone in your family?*
- *Adults who become sexually involved with a teenager usually ask him/her to keep it a secret. Why do you think the adult would ask the teenager to do that?*
- *On that point, is sexual abuse every the fault of the child or teenager?*
- *Remember, most adults who take an interest in you are what kind of people?*

## **DATE RAPE**

### **Discussion:**

- In cases of Date Rape, the victim knows their attacker. It may be a date, a boyfriend or girlfriend, or a casual acquaintance from the victim's school or neighborhood. Here are some questions for discussion.
  - *Has anyone heard of the term "date rape"? What does it mean?*
  - *Date rape has become far too common among junior high, high school and college students. Who can be a date rapist?*
  - *Like all sexual crimes, date rape is often not reported. Why do you suppose that is?*
  - *Is being intoxicated an excuse to force oneself upon someone?*
  - *Has anyone here every heard of "roofies"? What is it? Roofies is short for the sedative Rohypnol.*
  - *Why is roofies known as the "date rape drug"? In rape after rape, roofies is slipped into the drinks (even soft drinks) of high school and college students. The person becomes unable to communicate or move. The rapist moves in.*
  - *What can you do to avoid falling victim to "roofies"?*
  - *Suppose you find yourself in a situation where someone tries to force you into sexual activity. How might you defuse the situation?*
  - *What should you do if you are a victim of date rape?*
  - *How can young people avoid a date rape situation?*

## THE ASSISTANCE LURE

### Discussion:

- This lure appeals to the helpful nature of youngsters and is chillingly effective among abductors.
- Perpetrators may ask for directions or help carrying packages to a vehicle or into a building.
- Some pretend to be disabled and in need of a helping hand.
- Perpetrators may also offer assistance – and insist on providing it even when told. “No thank you.”
- The best defense against this lure is pretending not to hear requests for assistance or offers of uninvited help, then quickly leaving the area.
- Inform students that adults should ask other adults for help.
- If a driver slows down, pulls over or attempts to speak with them, youngsters should take three giant steps away from the car – and walk quickly and purposefully in the opposite direction. Questions for discussion:
  - *What does “abduct” mean?*
  - *When speaking to a driver, how far back from the vehicle should you be?*
  - *As a general rule, adults should ask whom for assistance?*
  - *Suppose instead of asking for assistance, someone offers to help or assist you with something. What might they offer you?*
  - *How might you respond to an offer to help?*
  - *Given the consistent rise in violent crime, do you think it is wise to pick up hitchhikers or to hitchhike yourself?*
  - *There are times that you may actually need help from strangers. For example, if you got lost. What type of person would be best to seek help from, should you need it?*

## **THE AUTHORITY LURE**

### **Discussion:**

- Youngsters are taught to respect and obey adults.
- Pedophiles take advantage of that respect and obedience to intimidate or force young people into sexual exploitation or abduction.
- Some predators pose as detectives, police or truant officers.
- Youngsters are intimidated by accusations or real or invented crimes.
- Stressing that sexual abuse is a crime gives young people the confidence to assert themselves with any authority figure who tries to abuse them.
- If confronted by someone claiming to be with law enforcement, youngsters should insist on a uniformed police officer in a marked car. Young people should use extra caution if accused of a crime when they have done nothing wrong. Questions for discussion:

- *What is an authority figure?*
- *Who are some authority figures in your life?*
- *In general, are all adults authority figures to young people?*
- *Have you been taught to obey adults?*
- *Are there times when you do not have to obey adults? If so, when?*
- *How do you suppose a predator posing as a police officer would react?*
- *Would a mail or store security guard drive you to the police station themselves if there was a problem?*
- *Should you go with someone simply because they have a badge?*
- *Does an adult in any position of authority have the right to abuse you?*

## THE EMERGENCY LURE

### Discussion:

- By faking an emergency, sexual predators try to trick people into going with them.
- Youngsters may be told that someone they love has been seriously hurt or is in danger.
- They are approached at home or on the streets, by someone they know well, slightly, or not at all.
- Encourage students to create a Family Plan of Action with their parents.
- Warn them to never go with anyone unless an emergency has been verified.
- If uncertain of what to do, youngsters should seek help from a relative, neighbor, or other trusted adult. Questions for discussion:
  - *What are some examples of family emergencies?*
  - *Some examples of the emergency lure: Your mother was in a car accident and has been taken to the hospital. Come with me quickly. Your father had a heart attack, and I'm here to take you to the hospital. Your house is on fire! All your things are burning. Hurry and come with me.*
  - *Could these things really happen?*
  - *How would you feel if someone told you that your mother or father was hurt or that your house was on fire?*
  - *Would you be thinking clearly? Would your "personal computer" be turned on and working properly?*
  - *How many of you have a "secret code word" you are supposed to use in case of emergency?*
  - *Can you think of any reasons why a secret code word might not be such a good idea?*
  - *Better than a code word is a Family Plan of Action. This is a plan you create with your family to use in case of emergencies. What things should be considered when creating a Family Plan of Action?*
  - *What should you do if someone tells you there is an emergency in your family?*

## **PARENT PAGE GRADE SEVEN**

- We are all created in the image and likeness of God. My body is the temple of the Holy Spirit.
  - Our families and trusted adults and teachers share concern for our safety.
  - We learn to differentiate between safe, unsafe and unwanted touch. We are called to chastity and we have a responsibility to avoid or immediately report any unwanted or unsafe touch to a parent or trusted adult.
  - We show respect for ourselves and others by how we talk, act and live. We must identify respectful and disrespectful language and actions and avoid anyone who fails to respect us. In particular, the areas of our bodies covered by the bathing suit zone are private and must not be violated.
  - God gives us the gift of free will. All actions have consequences. We must learn how to discern the implications of the choices we make every day. When we experience the bad choices of others, we must report the offense and get help.
  - The virtue of chastity helps us understand and identify actions or behaviors, which are wrong or sinful. Children, young adults, and adults must avoid actions or experiences or behaviors which offend against chastity.
  - Some secrets can be very harmful to us physically, emotionally and spiritually. Always question secret play, secret games and determine how the secret may cause great harm.
  - There are many different kinds of friendship. Healthy relationships and friendships can help us to understand ourselves, God and others. We often meet false friends who mistreat us or take advantage of our trust and friendship. Poor relationships and false friendships can deeply harm us psychologically, emotionally, spiritually and even physically. People who manipulate or misuse friendship are not friends. We must report any relationship which can be harmful to us.
  - Good communication with parents and family members help keep me safe. I can also help keep younger siblings and others safe by being observant and concerned.
  - My parents and family members and other trusted adults will listen to me and help me. My parents and I choose three trusted adults I may go to for help in addition to my parents.
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## SCENARIOS FOR REVIEW

The following scenarios may be used in student role playing or scenarios may be read aloud in class and discussed.

Charlie is offered a job doing chores around the house of an older gentleman. The man promises to pay Charlie well, but tells him not to tell his parents about the job. What should Charlie do? ***Charlie should not accept the job and he should tell his parents immediately.***

A man in a suit and tie tells Rita she could make \$300 by appearing on a TV commercial for a local pizza place. The man says she must come with him right away, if she's interested. What should Rita do?

***Rita should not go with this man under any circumstances. A true talent scout would approach Rita's parents or ask her to have them contact him.***

Anna is at summer camp for two weeks. One day when she is alone with one of the camp counselors, he asks her to pose for some pictures without clothes. What should she do? ***Anna should leave immediately, find another counselor, and report what happened.***

A boy in Jocelyn's class is constantly telling her how pretty she is. This makes Jocelyn uneasy, so she tells him to please stop. He refused to stop, and starts saying even more personal things. What should she do?

***This boy is sexually harassing Jocelyn, which is against school policy. She should report him to her parents and school officials.***

An older student on Sandra's bus offers her some pills. The older girl claims the pills will make Sandra feel good, and people will think she's cool for trying them. What should Sandra do?

***Sandra should refuse the drugs, then report the girl to her bus driver, teacher, principal and parents.***

Hunter's friend, Jack, is always making nasty comments about minorities. It really bothers Hunter to hear his friend talk that way about people. What should he do?

***Hunter should remind Jack that diversity is what makes the world interesting. He should also remind him that God made all of us just the way we are. Though we may all look different, we are all very much the same on the inside – we are temples of God. Every person deserves to be treated with respect and kindness.***

Tomas' favorite uncle always plays games with him. Today while they are wrestling, his uncle touches Tomas in the Bathing Suit Zone. What should Tomas do?

***Tomas should stop wrestling with his uncle and tell a trusted adult what happened.***

Kim overhears some kids bullying a boy on the playground. What should she do?

***Bullying is against God's law of love and also against school policy. Kim should immediately report the bullying to a teacher or other school official.***

Valerie is chatting with some people online. Suddenly, someone sends her an instant message with an X-rated attachment. What should she do?

***Valerie should not respond to the X-rated e-mail. She should show it to a trusted adult immediately, then report it to [www.cybertipline.com](http://www.cybertipline.com) and her Internet Provider. She should also tell her parents.***

Michael's Mom lets him help the next door neighbor wash his car. When they finish, the neighbor tells Michael to come inside so he can pay the boy for his help. What should Michael do?

***Michael should politely explain that he is not allowed to enter the house and will wait outside. If the neighbor insists, Michael should leave without being paid and tell his parents.***

A man Bernard has never seen before calls to the boy by name. He tells Bernard that he's on his way to see Bernard's Dad. Would he like a ride home? Is it okay for Bernard to go with the man?

***No. Bernard should not go with the man just because he knows Bernard's name. Remember, it's easy to find out someone's name. Bernard should get to safety and tell a trusted adult. Kids should always get permission from parents before going anywhere with anyone.***

Mary is riding her bike to the store. At a stop sign, two men pull up in a car and ask, "where is the nearest gas station?" What should Mary do?

***Mary should stay at least three giant steps from the car, and be prepared to run the other way. She shouldn't feel like she has to talk to them. Remember, adults should ask other adults for assistance.***

Caroline is at the playground with some friends. A woman runs up to her and says, "Come quickly! Your grandmother was just taken to the hospital." What should Caroline do?

***Under no circumstances should Caroline go with this woman. She should stick to her "Family Plan of Action" and run or call home to see if her grandmother is really in the hospital.***

Sam's babysitter shows him an X-rated video, then says, "Why don't we do what they're doing on the video?" What should Sam do?

***Sam should stop watching the video. He should try to call his parents or another trusted adult to tell them what the babysitter did.***

Shauna overhears a classmate bragging that he's got a gun in his locker. What should Shauna do?

***Shauna should immediately report this information to a teacher, counselor, principal or other school employee. She can ask that her name not be used. Although the***

***classmate may be making the whole thing up, shauna should take him seriously. Better safe than sorry.***

Sal needs a good paying job, and he needs it soon! He spots an ad for a construction job that requires no experience but promises excellent pay. The ad says to apply for the job in person. What should Sal do?

***If he wants to apply for the job, Sal should bring a parent along to make sure the ad is for real.***

It's Saturday afternoon and Simon is waiting for his friends in the mall. A man in a suit approaches, flashes a badge, and asks Simon to step outside to discuss the rash of shoplifting at the mall. What should Simon do?

***Simon should not leave the safety of the mall under any circumstances. He should say that he has been taught to verify the credentials of authority figures and is forbidden to go with anyone other than a uniformed police officer in a marked car. If the man tries to make him leave the mall, Simon should run to a store and ask a sales clerk to call security.***

Valerie has met a guy online who want to meet her in person. What should Valerie do?

***Valerie should remember that predators cruise the Internet, and that this "guy" may not be who he says he is. If she really wants to meet him, Valerie should only agree to meet in a public place, in the company of her parents or guardian.***

Tim, Howard's best friend confides that an uncle has been sexually abusing him for months. Tim's uncle has threatened to kill him if he tells anyone about the abuse. What should Howard do?

***Howard needs to convince his friend to get help from a trusted adult. Sexual abuse and verbal threats are against the law and should be reported to the police.***

The football coach invites Bill over to his house to watch a football video. While Bill is there, the coach repeatedly offers him beer. What should Bill do?

***Bill should decline the beer, leave the coach's house, and report the incident to his parents and the police. It is a crime for adults to provide minors with alcohol or other drugs.***

Gina is in line at the supermarket. A man tells her that he is in charge of casting for a movie being filmed locally and that she would be perfect for one of the female roles. The movie director is staying in room 405 at the Carlton Hotel. If she is interested in being in the movie, Gina should go see him between 3:00 and 5:00PM. Gina is interested. What should she do?

***Gina should talk everything over with her parents and bring them to meet the director. Her parents will make sure everything is legitimate and safe.***

Maria really likes her new stepfather, but one night he comes into her room while she is sleeping and tries to get into bed with her. What should Maria do?

***Maria should be assertive. She should tell him to get out of her room and scream for help if necessary. Maria should tell her mother or another trusted adult what happened.***

Pat is planning to go to a party on Saturday night. On Thursday, he overhears the host of the party and some friends laughing about their plan to get some girls drunk and have sex with them. What should Pat do?

***To begin with, Pat should not attend the party. He should also report what he heard to his parents and the principal. He might want to spread the word about the host's plans for his female guests, so they know not to attend.***

Tyler has just run out of money at the video arcade. A man walks in and announces he has a roll of quarters for anyone who will help him fix a flat tire. The man claims he can't change it himself because he hurt his back. What should Tyler do?

***Tyler should not go with this man. The man could easily call a tow truck and should not be asking for help from young people in an arcade. Tyler should point the man out to security.***

## JUNIOR HIGH REVIEW

What is the most sophisticated computer in the world?

***The human brain***

What two built in personal tools do we have to protect us from dangerous people and situations?

***Our brain and our instincts***

What age group is most likely to be the victim of a violent crime?

***Teenagers and young adults***

Who can be a sexual predator?

***Anyone. A neighbor, coach, camp counselor, clergy, a relative, even a date.***

What are three important steps to help avoid a date rape situation?

- ***Setting and clearly communicating sexual boundaries***
- ***Respecting sexual boundaries***
- ***Steering clear of drugs and alcohol***

To whom should you report sexual crimes?

***A parent – or any adult you trust – and the police***

Why might we find it difficult to report sexual crimes?

- ***It can be embarrassing to talk about something so private.***
- ***The abuser may be someone we care about, and we don't want to get them into trouble.***
- ***We may feel that it was somehow our fault – even though it wasn't.***

Is sexual abuse ever a child or teenager's fault?

***No. Sexual abuse is never a child or teenager's fault.***

What should you do if you tell a trust adult about sexual abuse and they can't or won't help you?

***Tell someone else. Keep telling until someone helps you.***

What should you do if someone in a vehicle stops to ask you for directions?

***Stay at least three giant steps away from the vehicle and be prepared to run the other way. Youngsters should not talk to drivers who try to engage them in conversation.***

What are some examples of when you do not have to obey adults?

- ***If they tell you to do something that is against the law.***
- ***If they put you in danger.***
- ***If they try to touch the private parts of your body or ask you to touch theirs.***
- ***If they do anything to make you fear for your personal safety.***

What should you do if someone shows you a badge and tells you to come with them?  
**Explain that you are only allowed to go with a uniformed police officer in a marked car. If the person insists, get the attention of another adult. Scream for help if necessary.**

Why must parents be present for all auditions and interviews?  
**To ensure your safety. Also, if you are under 18 years of age, by law, a parent must co-sign any contract.**

What should you do if someone tells you there has been an emergency in your family?  
**Call or go home to verify the emergency. Do not go with someone simply because they tell you to.**

What should you do if someone wants to tie up, duct tape, or handcuff you, even “just for fun”?  
**Refuse and leave immediately.**

What should you do before agreeing to do any errand or accepting any job?  
**Get permission from your parents.**

What should parents know about any job or chore you accept?  
**Where, when, and for whom you will work.**

If you need to mark belongings, where should you place your name?  
**Where it can't be seen by passers by.**

What should you do if an adult shows you pornographic pictures, videos, computer images, or websites?  
**Leave immediately and tell a trusted adult.**

Should you keep secrets from your parents if another adult asks or tells you to? Why or why not?  
**No. Secrets we are asked to keep from parents should be told to them immediately.**

If threatened with a weapon, what should you do?  
**Make a commotion to get the attention of others and get to safety.**

Why should we report all threats, either verbal or with a weapon?  
**Because it is a serious crime to threaten someone with a weapon or verbal threats.**

Does being under the influence of alcohol and drugs make you an easier target for sexual abuse?  
**Absolutely**

How should you respond to violent or sexual e-mail?

***Don't respond to it. Report it to parents, [www.cybertipline.com](http://www.cybertipline.com) and your internet service provider.***

How could you stay safe when meeting an online acquaintance in person?  
***Meet your cyberpal in a public place with your parents or guardian.***

What should you do if you see someone being bullied?  
***Report it immediately to school authorities.***

What should you do if you hear a rumor that someone brought a gun to school?  
***Immediately tell a teacher, principal, or other school official.***

What should you do if you overhear a classmate threatening to hurt students or teachers or bomb the school, even if they say they are joking?  
***Immediately tell a teacher, principal or other school authority. You could save a life – yours!***

## EVALUATION GRADE SEVEN

Name \_\_\_\_\_

Most sexual predators use lures to con victims into dangerous or abusive situations.

True                       False                       Don't Know

It is against the law for an adult to have a sexual relationship with a minor.

True                       False                       Don't Know

Date rape is a rare crime among teens and young adults.

True                       False                       Don't Know

If we look carefully, we can usually tell if a person is dangerous.

True                       False                       Don't Know

Sexual abuse does not always need to be reported to a trusted adult and police

True                       False                       Don't Know

There are times when it is okay to accuse someone of a crime they didn't commit

True                       False                       Don't Know

We are safe from sexual predators when we are online.

True                       False                       Don't Know

Instincts and knowledge are effective tools for ensuring our personal safety

True                       False                       Don't Know

Most victims of sexual abuse are slowly lured into abuse by someone they know and trust

True                       False                       Don't Know

Sexual abuse is never the victim's fault

True                       False                       Don't Know

If someone really needs our help, we can help them without first getting our parents' permission

True                       False                       Don't Know

We must always respect and obey authority figures

True                       False                       Don't Know

It is legal for an adult to show pornography to teens

True                       False                       Don't Know

People under the age of 18 can sign certain legal contracts, so parents don't always need to accompany them to try outs and interviews

True  False  Don't Know

If someone says there is an emergency in our family, we should go with them immediately

True  False  Don't Know

It's OK to accept a job without telling our parents if it's just a quick errand.

True  False  Don't Know

We should always obey if someone flashes a badge and tells us to come with them.

True  False  Don't Know

If someone claiming to be a police officer tells us to come with them, we have a legal right to request a uniformed police officer in a marked card

True  False  Don't Know

Verbal threats are against the law and should be reported to parents and police

True  False  Don't Know

Posting suggestive photos or video clips online is safe, as long as it is just for someone we know

True  False  Don't Know

X-rated photos/video footage can be used to blackmail youngsters

True  False  Don't Know

Using alcohol or drugs significantly increases the chance of being the victim of a sexual crime

True  False  Don't Know

Using only our phone number, a sexual predator can use the internet to find out exactly where we live

True  False  Don't Know

So long as we bring a friend along with us, it's safe to meet an online acquaintance in person

True  False  Don't Know

When threatened with a weapon, it's better to make a commotion than to do what the person wants

True  False  Don't Know

If we hear a rumor that someone brought a gun to school, we should wait to find out if it's true before reporting it to a teacher or other school official

True  False  Don't Know

If someone bullies or harasses online, parents and police won't be able to catch them

True

False

Don't Know

The harmful psychological effects of bullying can last a lifetime

True

False

Don't Know

It is possible to report crimes, weapons and threats of violence anonymously

True

False

Don't Know

Students can play an important role in making schools safer, happier places

True

False

Don't Know