

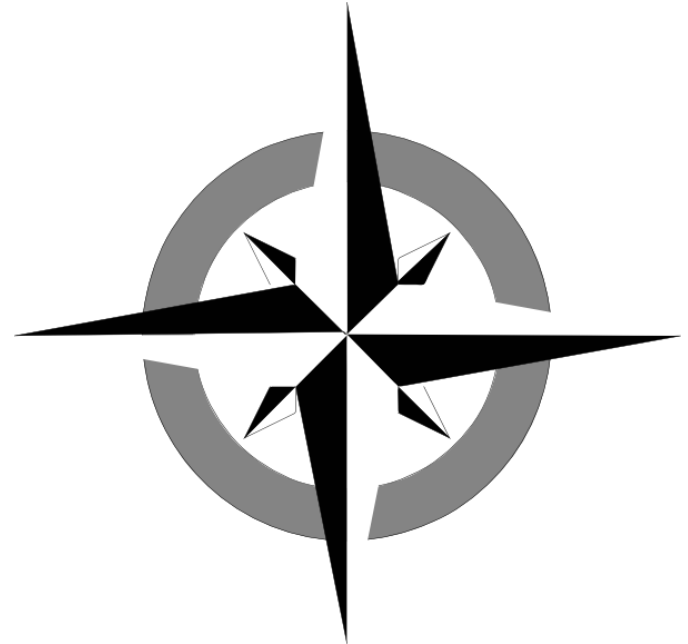
2.3 How are Truth and happiness connected?
(Hint, check out pages 40-41.)

2.5 *"Trust in him at all times, O people; pour out your heart before him; God is a refuge for us."*(Psalm 62)

Make a commitment to say "Yes!" to God through prayer, Mass attendance, reconciliation, saying "I'm sorry" or "I forgive you," sharing your time with someone in need? Write your commitment below.

Before the next session ask yourself, "Did I honor my commitment?" Was it difficult? Was there something or someone who helped me to honor the commitment?

Session 1 Life is Choices
Session 2 What's Holding You Back



Parent/Sponsor Affirmation:
I have discussed the material with the candidate and affirm that (s)he understands the material intellectually and demonstrates the desire to apply the content to a lived faith.

Signature

Life is Choices

1.1 What is one practical thing you can do to become a better decision maker?

1.2 Which of the 3 principles had the most impact on you (Best-Version-of-Yourself, Virtue, or Self-control? Explain.

1.5 *Jesus said, "I have come so that you might have life, and have it to the fullest."* (John 10:10)
If you were living life to the fullest, how would your life be different? Would you need to change an attitude or pattern of behavior?

2.1 What are some of the things you desire that are good for you?