

12.5 Using the following prompts, create a prayer to say regularly as you live the Sacrament of Confirmation.

_____ , you created me in love to be
(Your favorite name for God)
united with you for all eternity.

I thank you for _____
_____.

Help me to grow in the virtue of _____
so I can _____.

The Gift of the Holy Spirit that I need most at this
time is _____.

Help me to use this gift to _____
_____.

Thank you for the example of Saint _____.

Help me to imitate his/her life of holiness by
_____.

Fill me with _____ so I may always be a
witness to your love and mercy in the world.

Amen.

Session 10 Confirmation
Session 11 Made For Mission
Session 12 Holiness is Possible



Parent/Sponsor Affirmation:
I have discussed the material with the
candidate and affirm that (s)he understands
the material intellectually and demonstrates
the desire to apply the content to a lived faith.

Signature

"What you are is God's gift to you. What you become is your gift to God." Saint John Paul II

10.1 In word own words, what is Confirmation?

10.3 Explain how confirmation can help you in the following areas of your life:

Stronger Relationships:

Sense of Mission:

Making Good Decisions:

10.4 During the anointing you offer responses. Learn them and reflect on the meaning of the action/words.

The sponsor places his/her right hand on the candidate's right shoulder as they approach the bishop. The sponsor states your Confirmation name.

Bishop: "(Name), be sealed with the Gift of the Holy Spirit."

Candidate: "Amen."

Bishop: "Peace be with you."

Candidate: "And with your spirit."

11.3 Think about one life choice you have made over the past few months or are facing now. Is there a deeper, more far reaching meaning behind your decision? (Think doughnuts and salad.)