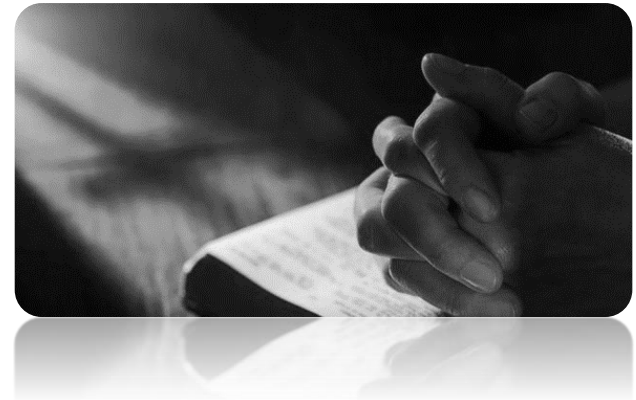


5.3 Use the prayer process as follows:

1. Begin with prayer: "Lord, quiet my mind and open my heart to hear what you are trying to say to me today."
2. Slowly read Matthew 25:31-46 twice.
3. What word, phrase or idea jumps out at you?
4. Talk to God about the word or phrase. In prayer did you "hear" God affirm you, call you to action, challenge you to change an attitude or behavior?
5. Reflect on the Process: Was this experience exciting, frustrating, calming, awkward?

Session 4 The Prayer Process
Session 5 The Bible



Parent/Sponsor Affirmation:

I have discussed the material with the candidate and affirm that (s)he understands the material intellectually and demonstrates the desire to apply the content to a lived faith.

Signature

"Prayer is the raising of one's mind and heart to God or the requesting of good things from God." St. John Damascene

4.2 Have you ever asked God the BIG question: "What do you think I should do?" If you have, what happened? If you haven't, what's stopping you?

4.3 How did you learn to pray? Who taught you? When? Do you have a favorite prayer or a favorite time/place to pray?

4.4 "*Pray without ceasing.*" I Thessalonians 5:17 St. Paul encouraged people to transform every moment of every day into a prayer. For example, you can offer every homework assignment, every inconvenience, every practice/rehearsal to God. What ordinary experiences can you offer to God?

5.2 What did you learn (or re-learn) about the Bible in this section?