

SPONSORED  
BY

ST. SYLVESTER  
COLUMBIETTES

and

KNIGHTS OF COLUMBUS



IN SUPPORT OF

TBA

REGISTER AT:



Through June 6, 2018

OR

[stsylov.org](http://stsylov.org)

Columbiettes – 5K

and print out a registration form

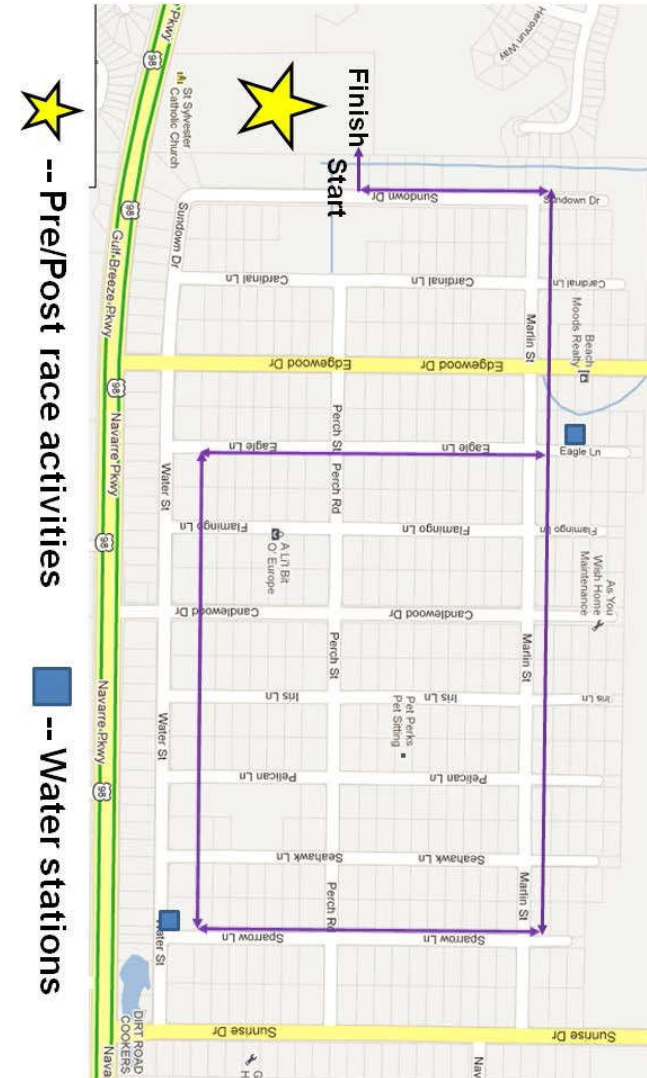
Mail to the church

# FLAG DAY 5K

JUNE 9, 2018



ST. SYLVESTER CATHOLIC CHURCH  
6464 GULF BREEZE PARKWAY  
GULF BREEZE, FLORIDA 32563  
850-939-3020



**REGISTRATION & PACKETS**

**INDIVIDUAL REGISTRATION**

\$20.00 - Early Registration  
\$25.00 - Day of...  
\$10.00 - Children 12 & under  
\$15.00 - Active Duty Military

Race t-shirts delivery guaranteed  
to first 250 to pick up packets  
(SIZES ARE NOT GUARENTEED)

**REGISTRATION/PACKET PICK-UP**

Early Pick up Bib Number and T-Shirt  
at St. Sylvester Parish Center  
Friday, June 8, 2018  
3:30 pm until 7:30 pm

**RUN/WALK EVENT**

Saturday, June 9, 2018  
6:30 am 'til 7:00 am  
Register and Packet Pick-Up  
7:30 am RUN/WALK START

**TO ALL PARTICIPANTS**

Breakfast will be served to all  
participants in the Parish Center  
followed by the Awards Ceremony.

*FREE CHILD CARE (TODDLERS AND PRE SCHOOL)  
ST. SYLVESTER NURSERY  
REGISTRATION FORM REQUEST DUE BEFORE  
June 6, 2018 IN CHURCH OFFICE*

**AFTER RUN/WALK**

**AWARDS CATEGORIES**

**Male and Female Runners and Walkers**

Overall  
Masters (40 + )  
Grand Masters (50 + )  
Senior Masters (60 + )  
Senior Grand Masters (70 + )  
Wheel chair  
Stroller

**Male & Female Runners  
in the following age groups:**

1-9, 10-14, 15-19, 20-29, 30-39, 40-49, 50-  
59, 60-69, 70+

**Male & Female Walkers  
in the following age groups:**

20-29, 30-39, 40-49, 50-59, 60-69, 70+

**Best Costume Award**

Only Tasteful and Respectful Red, White & Blue  
Costumes that honor the American Flag will be  
judged

**FINISH LINE AND SCORING**

"Flag Day 5K" is computer scored by "Event-  
Technical Services, Inc." Your bib number must be  
pinned to the FRONT of your shorts or shirts. . The  
Run/Walk results can be accessed through:

[www.event-tech.com](http://www.event-tech.com)

**MAKE CHECK PAYABLE TO:  
COLUMBIETTES**

**PLEASE PRINT**

LAST NAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_

**MUST CIRCLE ONE:**

RUN WALK WHEELCHAIR STROLLER

AGE DAY OF RACE \_\_\_\_\_ DOB \_\_\_\_\_

MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

**EMERGENCY CONTACT:** Number \_\_\_\_\_

Name \_\_\_\_\_

SHIRT SIZES: Adult S M L XL XXL

**RELEASE MANDATORY:**

I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT, AND ASSUME  
ALL THE RISKS ASSOCIATED WITH PARTICIPATION IN THE EVENT  
BUT NOT LIMITED TO FALLS, CONTACT WITH OTHER PARTICIPANTS,  
THE EFFECTS OF THE WEATHER, TRAFFIC AND CONDITIONS OF THE  
ROADS, ALL SUCH RISKS BEING KNOWN AND APPRECIATED BY ME.  
I AGREE TO ABIDE BY ANY DECISION OF THE RACE OFFICIALS RELATIVE  
TO MY ABILITY TO SAFELY COMPLETE THIS RACE IN CONSIDERATION  
OF YOUR ACCEPTANCE OF MY ENTRY, I, THE UNDERSIGNED, HEREBY  
WAIVE, RELEASE AND FOREVER DISCHARGE ST. SYLVESTER CATHOLIC  
CHURCH, THE COLUMBIETTES, THE KNIGHTS OF COLUMBUS, THE  
SPONSORS, THE BISHOP OF PENSACOLA-TALLAHASSEE DIOCESE, THE  
PENSACOLA-TALLAHASSEE DIOCESE, SANTA ROSA COUNTY AND  
HOLLEY-BY-THE-SEA FROM ANY AND ALL CLAIMS FOR DAMAGES  
THAT I MAY INCUR WHILE RACING. EVERY EFFORT WILL BE MADE  
TO CONDUCT THE RACE, HOWEVER, IF IT SHOULD BECOME NECESSARY  
TO CANCEL FOR REASONS BEYOND OUR CONTROL, WE WILL NOT  
BE ABLE TO PROVIDE REFUNDS.

Signature \_\_\_\_\_ Date \_\_\_\_\_

CHILD CARE # \_\_\_\_\_ AGES \_\_\_\_\_