

GOD Bless AMERICA

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12:15 pm Mass and Holy Hour 7:00 pm Pastoral Council Meeting	2 5:15 pm Mass at Newman Center	3 7:20 am Mass 10:45 am Mass at Prairie Living	4 LABOR DAY 9:00 AM MASS At Saint Francis	5 5:30 pm Mass	6 9:00 am Baptismal Preparation Class 5:30 pm Mass
7 9:00 am Mass	8 11:00 am Mass at Integrity 12:15 pm Mass and Holy Hour Father Victor arrives and	9 5:15 pm Mass at Newman Center	10 7:20 am Mass	11 5:15 pm Mass at Newman Center	12 5:30 pm Mass	13 5:30 pm Mass
14 9:00 am Mass	15 12:15 pm Mass and Holy Hour	16 5:15 pm Mass at Newman Center	17 7:20 am Mass	18 5:15 pm Mass at Newman Center	19 5:30 pm Mass	20 5:30 pm Mass
21 9:00 am Mass	22 12:15 pm Mass and Holy Hour Vacation Bible School 6:30—8:00 pm	23 5:15 pm Mass at Newman Center Vacation Bible School 6:30—8:00 pm	24 7:20 am Mass Vacation Bible School 6:30—8:00 pm	25 5:15 pm Mass at Newman Center Vacation Bible School 6:30—8:00 pm	26 5:30 pm Mass	27 5:30 pm Mass
28 9:00 am Mass	29 12:15 pm Mass and Holy Hour	30 11:00 am Mass at The Landing 5:15 pm Mass at Newman Center	31 7:20 am Mass 4:30 pm Finance Council Meeting	August 1 11:30 am Cluster Meeting at Saint Francis 5:15 pm Mass at Newman	August 2 5:30 pm Mass	August 3 5:30 pm Mass

Saint Francis Xavier Catholic Church

303 South Poplar Street
Carbondale, IL
618-457-4556
Sacrament of Reconciliation: Saturday 4:30—5:00 pm.
or by appointment

Regular Mass Schedule:

Monday: 12:15 pm followed by Holy Hour;
Wednesday: 7:20 am
Friday & Saturday: 5:30 pm
Sunday: 9 am & 12:15 pm Spanish Mass

Website: www.stfx.org

Email: sfrancis@clearwave.com

Newman Catholic Student Center

(Partnership Relationship) email: susan@siucnewman.org
715 South Washington Street - Carbondale, IL
618-529-3311 website: www.siucnewman.org
Sacrament of Reconciliation: half hour before daily
Mass or by appointment

Regular Mass Schedule:

5:15 pm on Tuesday and Thursday
11:15 am on Sunday & 5:15 pm on Sunday during

JULY, 2019

We are in Ordinary Time.

- 1 Junipero Serra, Missionary in California
- 3 Thomas, Apostle
- 6 Maria Goretti, Martyr
- 11 Benedict, Founder of Benedictine Order
- 16 Our Lady of Mt. Carmel
- 22 Mary Magdalene, Disciple of Jesus
- 25 James, Apostle
- 26 Joachim and Anne, Parents of Mary
- 29 Martha, Friend of Jesus
- 31 Ignatius of Loyola, Founder of Jesuits

WHAT DOES IT MEAN?

Ordinary Time consists of Sundays that are numbered or ordered, as in the Fourteenth Sunday in Ordinary Time. Nothing ordinary about the Lord's Day as we continue to give God praise and reverence. But did you notice some of the changes during Ordinary Time – vestments, decorations, music, etc. Our great seasons and feasts will be even more celebratory if we slow down a bit in between.

WHY DO WE HAVE LITURGICAL SEASONS?

The liturgical seasons helps us better experience Jesus Christ, by the way the readings are structured. Through the seasons of Advent, Christmas, Lent, and Easter, we move through Jesus' birth, passion, death and resurrection. During Ordinary Time, we read from the Synoptic Gospels: Luke this year, Matthew next and then Mark, reading from John during Easter season and other feasts. In this way, we hear almost 90% of the four Gospels – the message of Jesus. During July, we will read about the Good Samaritan and learn to pray as Jesus taught us.

On Sundays, we also read from the Hebrew Scriptures and the rest of the New Testament. On weekdays, the Church reads the Gospels on a two-year cycle, semi-continuously, beginning with Mark, then Matthew and Luke, with John read during the Easter season. See usccb.org

The readings are published in the bulletin and on usccb.org so you can follow them at home. For better understanding, check out "Get To Know the Readings" at liturgy.slu.edu for each weekend.

DID YOU KNOW?

Did you notice that the Paschal or Easter candle has been moved from the ambo where it was during Easter time to the baptismal font?

Each person baptized receives the "light of Christ" as a candle is lit from the Paschal candle. Many families light the baptismal candle on the child's birthday.

The Paschal candle stands beside the casket during a funeral - a reminder of the promise of eternal life.

Did you know that our parish offers prayers at the funeral home prior to the funeral, Mass of Christian burial, and blessing of the gravesite. Rituals can be adapted to various circumstances. We also offer a lunch to the family.

DO YOU LOVE YOURSELF?

Jesus tells us to love our neighbor as ourselves. We cannot love others unless we respect our own dignity as a child of God. Some tips for self-care:

- Each day write down one reason to be grateful. Start a gratitude journal.
- Once a week, with loved ones, share reasons you are special to each other.
- Each day, with loved ones, share one really positive experience of the day.
- Practice self-compassion: when things go awry, offer yourself the kindness you would extend to others.
- Make time for nurturing your spirit, even if for only 5 minutes a day.

5 second prayer: each time you feel heat, pray that we be good stewards of our common home.

LIVING THE FAITH AT HOME THIS MONTH

- +On July 4th, pray for all civic leaders.
- +Learn more about care of the environment.
- +Pray for the new deacons who will spend a year in parishes prior to priestly ordination.
- +Volunteer to help with the church gardens.