



# February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 5:15 PM Mass at Newman 5:30 PM Spanish Mass Choir 7:00 PM Timeline Bible Study	2 <b>First Friday</b> 5:30 PM Word/Communion Service	3 <b>World Day for Consecrated Life will be celebrated in Parishes the weekend of February 3 &amp; 4</b>
4 <b>World Day for Consecrated Life will be celebrated in Parishes the weekend of February 3 &amp; 4</b>	5 12:15 PM Word/Communion Service 5:30 PM Spanish Mass Choir 7:00 PM RCIA at Saint Francis	6 5:15 PM Mass at Newman Center	7 7:20 PM Word/Communion Services 5:30 PM Choir 7:00 PM Knights of Columbus	8 5:15 PM Mass at Newman Center 5:30 PM Spanish Mass Choir 7:00 PM Timeline Bible Study	9 5:30 PM Word/Communion Service	10
11 1:00 PM Youth Ministry Bowling 2-5 PM Knights of Columbus Ceremony	12 5:30 PM Spanish Mass Choir 7:00 PM Meeting for Lenten Fish Fry 7:00 PM RCIA at Saint Francis	13 5:15 PM Mass at Newman Center 6:00 pm Saint Andrew School Board Meeting	14 <b>ASH WEDNESDAY</b> 7 AM & 7 PM Masses at Saint Francis Xavier 12:15 PM & 5:15 PM Masses at Newman Center	15 11:30 AM Mass followed by Heritage Club luncheon at Hunan 5:15 PM Mass at Newman Center 5:30 PM Spanish Mass Choir 7:00 PM Timeline Bible Study	16 12:15 PM Stations of the Cross	17
18 RCIA Rite of Sending at 9 AM Mass	19 President's Day 5:30 PM Spanish Mass Choir 7:00 pm Pastoral Council Meeting NO RCIA	20 6:00 pm Initial Child Protection	21 5:30 PM Choir	22 5:30 PM Spanish Mass Choir 7:00 PM Timeline Bible Study	23 12:15 PM Stations of the Cross	24
25 6:30 PM Confirmation Session at Saint Francis Xavier	26 5:30 PM Spanish Mass Choir 7:00 PM RCIA	27 5:15 PM Mass at Newman Center	28 7:20 AM Word/Communion Service 5:30 PM Choir	March 1 5:30 PM Spanish Mass Choir 7:00 PM Timeline	March 2 12:15 PM Stations of the Cross	March 3

<p><b>Saint Francis Xavier Catholic Church</b> 303 S. Poplar Street Carbondale, IL 62901 618-457-4556 Email: sfrancis@clearwave.com website: stfxcarbondale.org Sacrament of Reconciliation Saturday 4:30—5:00 pm or by appointment</p> <p><b>Regular Mass Schedule:</b> Monday: 12:15 p.m. followed by Holy Hour; (Tuesday, Mass t Newman Center 5:15 pm) Wednesday: 7:20 a.m.; (Thursday, Mass at Newman Center 5:15 pm) Friday &amp; Saturday: 5:30 p.m. Sunday: 9:00 am &amp; 12:15 Spanish Mass</p>	<p><b>Newman Catholic Student Center</b> (Partnership Relationship) email: san@siucnewman.org 715 South Washington Street Carbondale, IL 618-529-3311 website: www.siucnewman.org</p> <p><b>Regular Mass Schedule:</b> 5:15 p.m. Mass on Tuesdays followed by Holy Hour, and 5:15 pm on Thursdays; 11:15 am a.m. Mass on Sunday 5:15 pm Mass on Sunday during school</p>
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## FEBRUARY, 2018

**Liturgical Year:** We are in Ordinary Time until Lent.  
2 Feast of Presentation of the Lord in the Temple  
5 Agatha, Martyr  
6 Paul Miki and Companions, Japanese martyrs  
10 Scholastica, Founder of Benedictine sisters  
14 Ash Wednesday  
22 Chair of St. Peter the Apostle

### WHAT DOES IT MEAN?

**Lent** is a 40-day period for those preparing to enter the church at Easter and for the baptized to re-examine their baptismal commitment. Bishop Ricken says "**Lent** is essentially an act of prayer spread out over 40 days. As we pray, we go on a journey, one that hopefully brings us closer to Christ and leaves us changed by the encounter with him."

### LEARNING DURING LENT

Read Bishop Braxton's letters and speeches on racism. The bishop encourages us to know the history of our nation and church regarding racism. In one talk, he offers tips for us all, including:

"Continue to foster, in every way possible, the positive inter-religious, inter-racial and inter-ethnic spirit ...; and share your own experiences of racism, religious intolerance or ethnic prejudice, whether on your part or of others, with persons of a different race or ethnicity. Listen to their own experiences." Read Bishop Braxton's messages at [diobelle.org](http://diobelle.org)

### JOY, GRATITUDE AND PRAYER THIS LENT

Lent is a good time to resolve to live in a health and holy fashion. Pope Francis recently said "joy, prayer and gratitude are three ways that help us live authentically," a great goal for Lent. Ideas for the three traditional Lenten practices:

#### **Prayer:**

- Read the Scripture of the day – see the bulletin; listen to daily meditations on them at [usccb.org](http://usccb.org)
- While brushing your teeth, pray in gratitude for the day, asking for grace for the day. Pray before meals.
- Visit [onlineministries.creighton.edu](http://onlineministries.creighton.edu) for Lenten prayers and an at home retreat.
- Pray the Stations of the Cross at home or in church on Friday. Stations are at [usccb.org](http://usccb.org).

-Meditate at [saintjohnsabbey.org/reflection](http://saintjohnsabbey.org/reflection), [wau.org](http://wau.org), [sacredspace.ie](http://sacredspace.ie). Read the Word Among Us booklet.

#### **Fasting:**

- Identify one habit or attitude preventing you from trusting God and work on fasting from it.
- Fast from being crabby or from gossiping and smile and say thanks.
- Fast from special treats and from meat on Fridays to practice self-discipline.
- Fast from screen time and spread joy. See [americancatholic.org](http://americancatholic.org) for ideas.

#### **Sacrifice-Alms-giving:**

- Fast from one treat each week and donate to the Rice Bowl. See [crsricebowl.org](http://crsricebowl.org).
- Find one charity and support it financially
- Learn of the work of Catholic social programs. See [crs.org](http://crs.org) or [povertyusa.org](http://povertyusa.org)
- Volunteer time to spreading joy to those in need.

For additional ideas, see [usccb.org](http://usccb.org). Bishop Ricken advises us to keep Lent focused on a few items.

### WHO WROTE THOSE GOSPELS?

John is the fourth of the Gospel writers or Evangelists. John's gospel is reflective. For example, John does not tell the story of Jesus's birth as do Matthew and Luke, but offers the theology of the Incarnation. Jesus is the Word made flesh. John focuses on the Eucharist in his sixth chapter that we will read this year in August. John's Gospel is read on feasts and especially during Lent and Easter.

**5 second prayer:** Each time you see a Valentine this month, thank a loved one, spread joy, and pray for someone in need of love.

### LIVING THE FAITH AT HOME THIS MONTH

- +Support Souper Bowl, Feb. 3.
- +Be a Valentine for someone who needs a smile.
- +Come to the Penance Service; pray during the 24-hour Adoration period.
- +Commit 5 minutes a day to a positive reflection.
- +Spend each Sunday of Lent with loved ones.
- +Pray for those becoming engaged this month.
- +Learn about Catholic Relief Services. [Crs.org](http://Crs.org)