

The Ten Commandments:

Have the children do the lesson sheets for their age group.

Once they have completed the lesson then go around to each person and list one thing you think you could work on to do better at following God's rules.

The Ten Commandments

NAME _____

As you know, the Ten Commandments are in the second book of the Bible, called Exodus. The Ten Commandments are also found in the fifth book of the Bible. The name of this book means “second law”, because the book restates and explains the law God gave Moses on Mount Sinai. Both books are part of the Pentateuch, the first five books of the Bible, which hold special significance for the Jews because they contain all of the laws revealed to them by God.

What is the name of this book? _____

Find the Ten Commandments in chapter 5, verses 6 to 21, and read them aloud.

Discuss:

1. What did God do for the people of Israel, from whom he demands allegiance and love?
2. What does it mean to take God’s name in vain?
3. Why were God’s children told to keep holy the sabbath day?
4. What are some ways people might break the Fifth Commandment, without actually taking someone’s life?
5. What does it mean to “bear false witness”?
6. God commands us not to “covet” things and people. What does it mean to covet, and what harm can come from it?

The Ten Commandments: A Scriptural Review

NAME _____

Printed below is a passage from Scripture that contains the Ten Commandments given to Moses by God on Mount Sinai. This passage is found in the second book of the Bible, the Book of Exodus, chapter 20, verses 2 to 17. Using red and black markers, pencils, or pens, identify each of the Ten Commandments in the Scripture passage in the following ways:

- First Commandment: Circle it.
- Second Commandment: Put a row of dots (. .) under it.
- Third Commandment: Draw a box around it.
- Fourth Commandment: Put an X at beginning and end of it.
- Fifth Commandment: Put a + at beginning and end of it.
- Sixth Commandment: Draw a cloud around it.
- Seventh Commandment: Trace with red marker over its words.
- Eighth Commandment: Enclose it in parentheses ().
- Ninth Commandment: Underline it in red.
- Tenth Commandment: Underline it in black.

Hint: *The Commandments may be part of a sentence, an entire sentence, or a part of one sentence and all of another. Look hard.*

I am the Lord your God, who brought you out of the land of Egypt, out of the house of bondage. You shall have no other gods before me. You shall not make for yourself a graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth; you shall not bow down to them or serve them; for I the Lord your God am a jealous God, visiting the iniquity of the fathers upon the children to the third and the fourth generation of those who hate me, but showing steadfast love to thousands of those who love me and keep my commandments. You shall not take the name of the Lord your God in vain; for the Lord will not hold him guiltless who takes his name in vain. Remember the sabbath day, to keep it holy. Six days you shall labor, and do all your work; but the seventh day is a sabbath to the Lord your God; in it you shall not do any work, you, or your son, or your daughter, your manservant, or your maidservant, or your cattle, or the sojourner who is within your gates; for in six days the Lord made heaven and earth, the sea and all that is in them, and rested the seventh day; therefore the Lord blessed the sabbath day and hallowed it. Honor your father and your mother, that your days may be long in the land which the Lord your God gives you. You shall not kill. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his manservant, or his maidservant, or his ox, or his ass, or anything that is your neighbor's.

We Love God

NAME _____

God gave us the Ten Commandments as His laws of love. The first three tell us how to love God. Write the number of the Commandment next to the sentences that tell ways you can follow that Commandment.

- 1. You shall not have other gods besides Me.**
- 2. You shall not use God's name in vain.**
- 3. Remember to keep God's day holy.**

- _____ 1. You go to Mass each Sunday and holy day.
- _____ 2. You look up to Jesus more than to sports or movie stars.
- _____ 3. You use God's name when you pray to Him.
- _____ 4. You talk about God with respect.
- _____ 5. You trust God alone to give you what you need.
- _____ 6. You spend some time on Sundays looking at the Bible or other religious books.

PRAY

God, my Father, Your Commandments will help me to be happy with You now and in Heaven. Thank You for Your laws of love.

We Love Our Neighbor

NAME _____

The last seven Commandments tell us how to love our neighbor. Write the number of the Commandment next to the sentence that tells one way to follow it.

- 4. Honor your father and your mother.**
- 5. You shall not kill.**
- 6. You shall not commit adultery.**
- 7. You shall not steal.**
- 8. You shall not lie.**
- 9. You shall not covet your neighbor's wife.**
- 10. You shall not covet your neighbor's goods.**

- ___ 1. You tell your teacher the real reason for being late.
- ___ 2. When you are mad at your brother, you cool off instead of hitting him.
- ___ 3. You thank God for the good things He gives you.
- ___ 4. You obey your parents.
- ___ 5. You ask your dad for the quarter on his dresser before you take it.
- ___ 6. You treat your body with modesty and respect.
- ___ 7. You are thankful for your own family.
- ___ 8. You do your chores cheerfully.
- ___ 9. You avoid untrue talk about others.