

ST. MARY'S CATHEDRAL of the IMMACULATE CONCEPTION Portland, Oregon

Sunday, January 31, 2021 Fourth Sunday in Ordinary Time





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St. Mary's Cathedral of the Immaculate Conception



Welcome to St. Mary's Cathedral of the Immaculate Conception



Since its dedication in 1926, St. Mary's Cathedral has stood as the mother church of the Archdiocese of Portland in Oregon. The cathedral belongs to the 400,000 Catholics of the archdiocese and serves as a place of ceremony and celebration for those who come here. The cathedral is also a parish church, and as such it is home to its parishioners and a welcoming place for all visitors. You may have noticed the beautiful rose design on our doors as you came in. This rose represents Mary, Our Blessed Mother, as well as Portland, the City of Roses.

All Are Welcome!

<u>Please Consider a Charitable Bequest to</u> St. Mary's Cathedral in your estate planning.

Give Via Weshare

WeShare is simple, and helps our
Cathedral by saving time and labor. Contact
Jennifer Overbay with any questions.

To give, click maryscathedral.weshareonline.org or
click the QR code on the cover of this bulletin.

Prayer Requests:

Deacon Scott Kolbet skolbet@cathedralpdx.org prayerintentions@cathedralpdx.org

Clergy:

Most Reverend Alexander K. Sample,
Archbishop of Portland
Msgr. Gerard O'Connor, Rector
goconnor@archdpdx.org
Deacon Scott Kolbet
skolbet@cathedralpdx.org

Cathedral Parish Life:

Jennifer Overbay, Business Manager
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hello@cathedralpdx.org
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Paulette Peynet, Director of RCIA Stephanie Fisher-Hunt, Director Religious Education Angela Westhoff-Johnson, Music Director Seung Min Oh, Organist

Shared Leadership:

Barrett Brooks, Pastoral Council Chair Jil Morby, Finance Council Chair Mark Boshears, Knights of Columbus Grand Knight stmkoc15295@gmail.com

Cathedral School:

Amy Biggs, Principal Susan Hatley, Administrative Assistant shatley@cathedral-or.org

St. Mary's Cathedral Parish Mission

St. Mary's Cathedral of the Immaculate Conception is a community of Christians in the Roman Catholic Tradition. Inspired by the Holy Spirit, and through the intercession of the Blessed Virgin Mary, we continue the mission of Jesus Christ through liturgy, prayer, education and service toward our neighbor. As the cathedral of the Archdiocese of Portland, and as a parish community, we offer hospitality to all visitors, celebrate archdiocesan events and witness the joy of the Gospel to the City of Portland.

A WORD FROM THE RECTOR



Thank you to all who offered me best wishes upon my installation as Rector of St. Mary's Cathedral I am grateful for your thoughtfulness. One of my main priorities at the moment is to implement some emergency financial measures to address the \$200,000 yearly deficit. I hope to have us in the black by the end of this financial year. This then will give us the stability to grow and concentrate more on the things above (I mean heaven not the roof).

A kind individual gave me a generous check on the occasion of my installation which was to be used at my discretion. I decided to purchase some new candlesticks for the altar and a matching altar crucifix. They should arrive in a week or so; I hope you agree that they add some beauty to our worship.

Holy water is available in individual bottles at the entrance to the Cathedral. I know many people have missed the lovely catholic ritual of blessing yourself with Holy Water as you enter the church. You can carry these in your coat pocket and use it to do exactly that or keep it at home to bless yourself as you leave your house. Please see me if you need a refill in the future.

Sound and Vision! I am sure you are aware that Msgr. Brennan began projects for a new sound system and a live-streaming system. I am grateful for his leadership in these projects and equally grateful to the generous donor who made them possible. The sound system is state of the art and will significantly enhance our worship. I am told that the new sound system will be used for the first time on the last weekend of the month 30/31 January. The live-stream system will be working for Ash Wednesday. I have been warned that there may be some slight delays because of supply issues during this pandemic but hopefully they won't be too drastic. Going forward we will live-stream any liturgies when the Archbishop is present and we will always live-stream the 11:00am Sunday Mass.

We have placed four prie-dieux (kneelers) at the foot of the sanctuary for use during Holy Communion, they are spaced 6 feet apart. Please go to one of these stations to receive Holy Communion and I will move between each station, making the distribution of Holy Communion safe, reverent and efficient. Please feel free to kneel or stand at each station. Also can I ask that you remove your mask just before you are about to receive, a couple of weekends ago we had two occasions of the Sacred Host falling to the ground because of people receiving and then dealing with their mask. If you remove your mask just before you receive I think this will eliminate that issue. Thank you.

Ash Wednesday this year is on 17 February and there will be 3 Masses here at the Cathedral, 7:30am; 12:15pm and 5:30pm when ashes will be distributed. During the time of pandemic Ash Wednesday will be slightly different with regard to the distribution of ashes. The Vatican Congregation for Divine Worship and the Discipline of the Sacraments has just issued this note: "After blessing the ashes and sprinkling them with holy water in silence, the priest addresses those present, reciting once the formula found in the Roman Missal: Repent, and believe in the Gospel or Remember that you are dust, and to dust you shall return. At that point, the note continues, the priest "cleanses his hands, puts on a face mask, and distributes ashes to those who come to him or, if appropriate, he goes to those who are standing in their places." He then sprinkles the ashes on each person's head "without saying anything."

Stations of the Cross will be celebrated every Friday during Lent at 7:00pm. Please join us in the Cathedral for this beautiful Lenten devotion.

As always if you would like to get in touch with me please drop me an email at goconnor@archdpdx.org

- Msgr. Gerard O'Connor



Parish Life



January/February Mass Intentions

7:30am: In Memory of Covid Victims 9:00am: Sr. Geralda Meskill

11:00am: Pro Populo

- 1 5:30pm: In Memory of Earl & Rosemary Van Engel
- 2 7:30am: For Teachers, Students & Parents
- 3 7:30am: In Memory of Jack Millard
- 4 7:30am: In Memory of Scott Niedermeyer
- 5 7:30am: In Memory of Nikima Thompson
- 6 7:30am: Blanchet House
 - 5:30pm: In Memory of Thomas Gavin

Financial Report for January 31, 2020

WeShare	91
Envelopes	32
Sunday Envelope	\$ 2,800
Loose	\$ 346
WeShare	\$ 5,287
Total Parish	\$ 8,433
School	\$ 44
Social Services	\$ 75

We are grateful for your contributions to St. Mary's Cathedral!

WeShare (Online Giving): We need your help to keep our parish operating! Please give via WeShare maryscathedral.weshareonline.org and sign up for recurring donations.

Join Our Mailing List: E-mail Jennifer at joverbay@cathedralpdx.org to be added to our mailing list. We want to stay in touch with you.

This Week at Cathedral

January 31- February 5: Catholic Schools Week February 3: Blessing of the Throats, St. Blaise February 7: Consecrated Life Mass, 11am

Saturday Vigil Mass 5:30pm

Sunday: 7:30, 9:00 & 11am Mass

<u>Daily Mass</u> Monday 5:30pm

Tuesday through Saturday 7:30am

Confessions: Monday & Saturday 4-5:15pm

Blessing of the Throats, St. Blaise Day Is Wednesday, February 3. Msgr. O'Connor will do a general blessing over the congretation.

<u>The Latest Catholic Sentinel</u> is available at the Cathedral doors.

Catholic Charities Save the Date! Join us Saturday, March 13, 2021 for our annual Celebration of Hope. The virtual pre-show begins at 4:30pm followed by a virtual program at 5pm. To learn more and RSVP go to www.avcastme/catholiccharities. To Donate visit our website above or text "CCHOPE" to 44321. Questions? Contact Ann Smith-Palenchar at asmithpalenchar@ccoregon.org.

Lift Urban Portland Thanks St. Mary's Cathedral

for the charitable donation of \$7,000 in 2020, allowing Lift UP to continue to provide access to healthy, fresh, and nutritious food despite obstacles faced over the past year.

Thank You from a Kenton's Women's Village resident: To all at St. Mary's Cathedral, thank you so much for the Fred Meyer gift card! It was such an unexpected surprise that was greatly appreciated and divinely timed! God Bless you all! In Gratitude, Elaine Hodne.

Scripture Readings for January 31, 2021

Jb 7:1-4, 6-7, 1 Cor 9:16-19, 22-23, Mk 1:29-39 (74)















CATHEDRAL SCHOOL

Our Fifth graders lead our first mass of the year for Third - Fifth graders at St. Mary's Cathedral with Msgr. O'Connor.

The students were so excited to be able to attend mass again and receive communion. It was very special to pray together again!

Cathedral School is accepting applications for all grades for the 2021 - 2022 school year. Go to www.cathedral-or.org to apply today!

The 4th Sunday in Ordinary Time January 31, 2021

Entrance Antiphon

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

Opening Hymn

For the beauty of the earth, For the glory of the skies, For the love which from our birth Over and around us lies: Lord of all, to you we raise This our hymn of grateful praise.

For the beauty of each hour Of the day and of the night, Hill and vale, and tree and flow'r, Sun and moon, and stars of light: Lord of all, to you we raise This our hymn of grateful praise.

For Yourself, O gift Divine To our world so freely giv'n, For that love from which will shine, Peace on earth and joy in heav'n: Lord of all, to you we raise This our hymn of grateful praise.

Gloria

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, only begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

First Reading Dt 18:15-20

Moses spoke to all the people, saying: "A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen. This is exactly what you requested of the LORD, your God, at Horeb on the day of the

assembly, when you said, 'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.' And the LORD said to me, 'This was well said. I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die."

Responsorial:

If today you hear his voice, harden not your hearts.

Second Reading 1 Cor 7:32-35

Brothers and sisters:

I should like you to be free of anxieties.

An unmarried man is anxious about the things of the Lord,

how he may please the Lord.

But a married man is anxious about the things of the world,

how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord,

so that she may be holy in both body and spirit.

A married woman, on the other hand,

is anxious about the things of the world,

how she may please her husband.

I am telling you this for your own benefit, not to impose a restraint upon you,

but for the sake of propriety and adherence to the Lord without distraction.

Gospel Mk 1:21-28

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an

unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!"

The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.

Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

At the words that follow, up to and including and became man, all bow

and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Offertory/Communion Hymn

Let all mortal flesh keep silence, And with fear and trembling stand; Ponder nothing earthly minded, For with blessing in his hand Christ our God to earth descendeth, Our full homage to demand. King of kings, yet born of Mary, As of old on earth he stood, Lord of lords in human vesture; In the Body and the Blood He will give to all the faithful His own self for heavn'ly food.

Rank on rank the host of heaven Spreads its vanguard on the way, As the Light of Light descendeth From the realms of endless da, That the pow'rs of hell may vanish As the darkness clears away.

Communion Antiphon

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

Closing Hymn

Now thank we all our God With heart, and hands, and voices, Who wondrous things hath done, In whom his world rejoices; Who, from our mother's arms Hath blessed us on our way With countless gifts of love, and still is ours today.

O may this gracious God through all our life be near us, With ever joyful hearts And blessed peace to cheer us; Preserve us in his grace, And guide us in distress, And free us from all sin, Till heaven we possess.

All praise and thanks to God the Father now be given, The Son, and Spirit blest, Who reigns in highest heaven, Eternal, Triune God, Whom earth and heav'n adore; For thus it was, is now, And shall be, evermore.



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