

Lenten Small Group Leader Training 2018

Opening Prayer

Vision:

The central mission is to bring people into communion with God through relationship building and faith exploration. Through small groups we have opportunities to reach both those who are less interested in faith and those seeking community and a deeper involvement in their parish. Small groups are an excellent way to cultivate dynamic disciples of Jesus. Wherever someone might be on their faith journey, small groups are able to meet them where they are.

How to:

1. Dream of leading a healthy, growing, multiplying group.
2. Pray for group members daily.
3. Invite new people to visit the group weekly.
4. Contact group members regularly.

Before, during, after small group

- a. Go through group material beforehand - prepare
 - i. Agenda (see archdpx.org), videos, leader guides
- b. Find a welcoming and consistent location.
- c. Open the meeting in prayer.
- d. Ask open-ended questions to allow conversation to flourish.
- e. LISTEN & Active Listening
- f. Don't be afraid to open up.
 - i. It'll help others open up that may be shy at first.
- g. Accept the silence - don't fill the void.
- h. You don't have to know everything, follow up is key when you're unsure about how to answer a difficult question.
- i. Stay with the fruitful conversation.
Even if it's taking too much time, stay with it.
Ask for people's opinions-especially those who haven't shared yet.
- j. Know when to close and always close in prayer.
- k. Mentor an apprentice leader.
- l. Plan group fellowship activities.
- m. Be committed to personal growth.

As a leader you can't expect to fill others if you don't get filled yourself.

1. Adoration/Mass
2. Prayer
3. Scripture

Hebrews 4:12- “For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.”

4. Community
5. Priest &/or Spiritual Director

Use your resources:

- Bible
- CCC
- Small Group Resources on the Archdiocesan website, Cathedral webpage, evangelicalcatholic.com, etc.

The Materials we will use:

Our Catholic Life: Praying our Way through Life

Main Topics:

- Liturgy is the Work of the Trinity
- The People, Places, and Rites of the Liturgy
- Called to an Encounter with God
- Forms of Prayer
- The Wellsprings of Prayer
- Ways to Pray and Obstacles to Prayer
- The Lord’s Prayer

Questions?

Prayer

Mass