

**St. Anthony
Religious Education
2023-2024**

Parent Handbook



*You are the body of Christ!
Each one of you is a part of it.*

ST. ANTHONY FAITH FORMATION COMMISSION

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ST. ANTHONY RELIGIOUS EDUCATION GUIDELINES

ATTENDANCE

We encourage parents and students to make the best effort to attend religious education sessions, family gatherings, and weekend mass on a regular basis. Having this routine creates growth in faith and community.

If you will be missing a class, please call the Religious Education Office (582-0377) or email Marabeth Freund (dbq060ff@dbqarch.org) or Jen Even (dbq060resec@dbqarch.org) prior to the absence.

R.E. CANCELLATION OF CLASSES

Wednesday Evening: Wednesday Evening: When Dubuque Community Schools are canceled or have an early dismissal due to inclement weather, all Religious Education classes (in-person and online) will also be cancelled. If inclement weather occurs in the late afternoon, please check our website (<https://www.stanthony-dubuque.org/>), our facebook page (<https://www.facebook.com/stanthonydbq/>) and your email.

****We encourage all families to make the best and safest choices for your family. If you cannot make it to RE, please send us an email (dbq060ff@dbqarch.org)**

SACRAMENTAL GUIDELINES

The sacraments of First Reconciliation, First Communion, and Confirmation are celebrated at St. Anthony. Special circumstances require permission from the pastors or pastoral administrators of both parishes.

Catechesis for sacraments will take place in the child's family and at St. Anthony parish. Preparation will be supplemented by systematic catechesis in Holy Family schools and St. Anthony religious education program.

Children and youth who will celebrate the initiation sacraments of First Eucharist and Confirmation are required to participate in Religious Education classes during and one year prior to the celebration of the sacrament.

Children, youth, and parents must participate in all sacramental preparation meetings.

Active participation in the Sunday liturgy by children, youth and their families is a critical component of faith development for any student.

DISCIPLINE POLICY

The respect and dignity of all persons is valued in all St. Anthony Religious Education classes. Every effort will be made to guide children and youth to become self-disciplined persons.

Behavior guidelines will be established for each class. Goal-setting and positive consequences encourage children and youth to choose appropriate behavior.

If there are recurrent or serious problems, the catechist will consult with the Director of Faith Formation. The student will be dismissed from class, according to the following procedure.

1. The student must talk with the Director of Faith Formation before being allowed to return to the class. The student's parent(s) will be notified by phone or online as well.

2. In the event a student is sent to the Director of Faith Formation for a second offense, the parent will again be notified by phone or online and a meeting of the student, parents, catechist and Director of Faith Formation will be arranged.
3. A third offense by the same student will result in dismissal from classes.
4. A review of the decision for dismissal will be made after a meeting with the student, his/her parent(s), the catechist and the Director of Faith Formation.

WEEKLY EMAIL

You can expect a weekly email containing the zoom link, religious formation, and upcoming events. This email is sent to all religious education families on Wednesday. If you do not receive this email, please check your spam folder.

ADDITIONAL REGULATIONS

Cell phones are not allowed in R.E. sessions unless under the direct supervision of the catechist.

Food, drink and gum are not allowed except under supervision of catechists.

Completion of an *Offsite/FieldTrip Permission Form* and a current *Annual Parental/Guardian Consent and Liability Waiver* is required for a child's participation in field trips. Parents are often asked to provide needed assistance with transportation and/or supervision of students. All drivers are required to complete a *Driver Information Form*.

TUITION AND FEES 2023-2024

\$25 discount for Catechist (one per family)

\$40 Sacramental fee (2nd grade and Confirmation)

RE Tuition: \$100/student

Sunday Special Events

Because all Religious Education special events will be family events, parents are expected to accompany their children to these celebrations:

September 10 – Family Welcome Event

December 3 – Family Advent Event

February 11 – Family Lent Event

April 21 – Family Celebration Event

ARRIVAL/DISMISSAL PROCEDURES

For the safety of the students, your strict adherence to the following arrival and dismissal procedures is essential.

Grades 9-10

7:00 P.M. Arrival and 8:00 P.M. Dismissal

Classes will be held in the Faith Formation Office. Students may be dropped off and picked up on St. Ambrose Street in front of the church

Grades K-8 online

Please sign in 5 minutes before your class.

Logon using the zoom link at the scheduled time (6:30 grades K-2, 7:00 grades 3-5, 7:30 grades 6-8)

Prayer

Prayer is an integral part of our faith and will be included in each class. Students will experience a variety of ways to pray. See pages 6-7 for a listing of formal prayers and the grade levels at which they are taught. Your help will be necessary for your child(ren) to learn these prayers and make them a part of their lives.

Parents and Parish: Partners in Faith Formation

Our parish program of Religious Education is able to support parents in preparing children for a faith life as active Catholics because of the enthusiastic involvement of all parents.

Parents are encouraged to visit classes and to contact their child's catechist if there are questions or concerns. Please feel free to email Jen Even or Marabeth Freund at any time.

Curriculum Overview

The catechetical program, *Finding God*, published by Loyola Press, is the primary text for grades K-1 and 3-8. *God's Gifts* by Loyola Press is the primary text for grade two. Grades 9-10 is a theme-based program provided by Ministry to Youth. Parents are invited to email or call the Religious Education office for more information.

SAFE ENVIRONMENT TRAINING FOR CHILDREN OVERVIEW

Main Points*:

1. We are made in the image and likeness of God.
2. Our bodies are special because they are Temples of the Holy Spirit.
3. No one should touch us in a way that makes us feel uncomfortable, particularly in the places covered by a swimsuit.
4. If someone does touch us in a way that makes us feel uncomfortable, we should have someone to whom we can go to get it to stop.

Safe Environment Training for Children (SETFC) Materials

All training materials including Lesson Plans will be posted on the St. Anthony website.

***Supporting Scripture Passages to Find/Explore/Discuss**

Main Point #1: Genesis 1:26-28 (especially vs 27: *God created mankind in his image...*)
<http://www.usccb.org/bible/genesis/1>

Psalms 139 (especially vs 13-18: *I praise you, because I am wonderfully made...*)
<http://www.usccb.org/bible/psalms/139>

Wisdom 2:23 (For God formed us to be imperishable; the image of his own nature he made us.) Note: We are made so that our souls can live forever in heaven with God. Our bodies, too, will all be resurrected at the end of time and exist forever in a glorified form.

<http://www.usccb.org/bible/wisdom/2>

Main Point #2: 1 Corinthians 6:12-20 (especially vs 19-20: *Do you not know that your body is a temple of the holy Spirit within you...Therefore, glorify God in your body.*)
<http://www.usccb.org/bible/1corinthians/6>

Main Point #3: 1 Corinthians 12: 22-26 (especially vs 23: *and our less presentable parts are treated with greater propriety*)
<http://www.usccb.org/bible/1corinthians12:7>

Mark 10:13-16 (especially vs 16: *Then he embraced them and blessed them, placing his hands on them.*) Note: This shows an example of “good touch” by a caring adult as well as a sign of God’s love for children, as Jesus blessed them and drew them near rather than letting them be bullied or intimidated by adults.

<http://www.usccb.org/bible/mark/10>

Main Point #4: Sirach 6:5-17 (especially vs. 6, 14-16a: *Let those who are friendly to you be many, but one in a thousand your confidant. Faithful friends are a sturdy shelter; whoever finds one finds a treasure...*) Note: When we need to tell someone that someone has made us feel uncomfortable, we should know who are the faithful friends who can help us and will see us through until we get help.
<http://www.usccb.org/bible/sirach/6>

Acts 8:26-40 (especially vs. 31: *How can I [understand] unless someone instructs me?*) Note: We need to seek help from others we trust when we are confused or do not understand something.

<http://www.usccb.org/bible/acts/8>

FORMAL PRAYERS

Following is a listing of the formal prayers and the grades at which they are taught. Your help will be necessary for your child to learn these prayers.

Kindergarten	Sign of the cross
Grade 1	(all of the above), Our Father, Hail Mary
Grade 2	(all of the above), Glory Be, Act of Contrition
Grade 3	(all of the above), Apostles Creed
Grade 4	(all of the above), Rosary, Mysteries of the Rosary
Grade 5	(all of the above), on-going review is essential
Grade 6	(all of the above), on-going review is essential
Grade 7	(all of the above), Prayer to the Holy Spirit
Grade 8	(all of the above), Nicene Creed

Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name; Thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen.

Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

How to Say the Rosary

1. Begin with the crucifix and say the Apostle's Creed.
2. On the first bead, say one Our Father.
3. On the next three beads, say Hail Mary.
4. Next say one Glory Be. Then announce and think of the first Mystery and say one Our Father.
5. Say ten Hail Mary's and one Glory Be.
6. Announce the second Mystery and continue in the same way until each of the five Mysteries of the selected group or decades is said.

<u>Joyful Mysteries</u>	<u>Sorrowful Mysteries</u>	<u>Glorious Mysteries</u>	<u>Luminous Mysteries</u>
The Annunciation	The Agony in the Garden	The Resurrection	The Baptism of the Lord
The Visitation	The Scourging at the Pillar	The Ascension	The Wedding of Cana
The Birth of Jesus	The Crowning with Thorns	The Descent of the Holy Spirit	The Proclamation of the Kingdom
The Presentation of Jesus	The Carrying of the Cross	The Assumption of the Blessed Virgin Mary	The Transfiguration
The Finding of Jesus in the Temple	The Crucifixion	Crowning of Mary Queen of Heaven	The Institution of the Eucharist

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures, He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

2023-2024 ST. ANTHONY RELIGIOUS EDUCATION CALENDAR

Grades K-2 Zoom: Wednesday 6:30-7:00 PM

Grades 3-5 Zoom: Wednesday 7:00-7:30 PM

Grades 6-8 Zoom: Wednesday 7:30-8:00 PM

Grades 9-10 in person: Wednesday 7:00-8:00 PM

Religious Education 2023-2024

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
s m t w t f s	s m t w t f s	s m t w t f s	s m t w t f s
3 4 5 6 7 8 9	1 2 3 4 5 6 7	1 2 3 4 5 6 7 8 9 10 11	3 4 5 6 7 8 9
10 11 12 13 14 15 16	8 9 10 11 12 13 14	12 13 14 15 16 17 18	10 11 12 13 14 15 16
17 18 19 20 21 22 23	15 16 17 18 19 20 21	19 20 21 22 23 24 25	17 18 19 20 21 22 23
24 25 26 27 28 29 30	22 23 24 25 26 27 28	26 27 28 29 30	24 25 26 27 28 29 30
Aug 30 – Catechist In-Service Sept 10 – Opening Family RE	29 30 31 Oct 25 – No RE Conferences	Nov 22 – No RE Thanksgiving Break	31 Dec 3 – Family Gathering Dec 27 – No RE Christmas
JANUARY	FEBRUARY	MARCH	APRIL
s m t w t f s	s m t w t f s	s m t w t f s	s m t w t f s
1 2 3 4 5 6	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9	1 2 3 4 5 6
7 8 9 10 11 12 13	11 12 13 14 15 16 17	10 11 12 13 14 15 16	7 8 9 10 11 12 13
14 15 16 17 18 19 20	18 19 20 21 22 23 24	17 18 19 20 21 22 23	14 15 16 17 18 19 20
21 22 23 24 25 26 27	25 26 27 28 29	24 25 26 27 28 29 30	21 22 23 24 25 26 27
28 29 30 31		31	28 29 30
Jan – Catechist In-Service Jan 17 – Class resumes	Feb 11 – Family Gathering Feb 14 – Ash Wednesday Feb 21 – No RE Conferences	Mar 13 – No RE Spring Break Mar 31 – Easter Sunday	April 21 – Last Day Brunch

○ - Family Gathering in O'Malley Sunday 9:30-10:20am

□ - Religious Education 9-10 Wednesday 6:30-7:30PM

□ - Religious Education K-8 Families on Zoom K-2 grade 6:30-7:00PM | 3-5 grade 7:00-7:30PM | 6-8 grade 7:30-8:00PM

ST. ANTHONY
PARISH
GATHERING • GROWING • SERVING
together



ST. ANTHONY CATECHISTS – KINDERGARTEN - HIGH SCHOOL 2023-2024

K-8 Online Wednesday

K-2 6:30-7:00pm ~ 3-5 7:00-7:30pm ~ 7:30-8:00pm

Grade	Catechist
K-1	
2	Mary Bridget Deutsch
3-5	
6-8	Nikki Carr

9-10 Wednesday

7:00pm - 8:00pm

Mike Sullivan	Faith Formation Office
Greg Ronek	
Carrie Preston	

In case of emergency, please call the Faith Formation office or one of the following staff members:

Faith Formation – St. Anthony: 563-582-0377 x231

Jen Even, Coordinator of Faith Formation – 920-229-5958 – dbq060resec@dbqarch.org

Marabeth Freund, Director of Faith Formation and Religious Education – 563-599-0000 – dbq060ff@dbqarch.org