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# Education Resource Center

## Safe Environment Training for Children Resources for Early Childhood - Intermediate

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2

EC, P, I, J, S, YA, A

### Safe Environment Resources for Main Point 1:

We are made in the image and likeness of God.

#### Children's Praise: Made In The Image Of God

OV 50663 EC, P 2 min.  
© 2012 YouTube

<http://safeshare.tv/v/kQhH0U9gofA>

We are made in the image of God. This music video celebrates the unique creation that each of us is.

#### God's Story: God Made People

OV 51090 P, I 4 min.  
© 2018 YouTube / Crossroads Kids' Club

<https://safeshare.tv/x/ss5dc1f0d70ec03#>

This video reminds us that God created everything, but he made people in a particularly special way for he made man and woman in his own image and likeness.

#### Made In Your Image Lyric Video

OV 51089 I 4 min.  
© 2018 YouTube / Hillsong Kids

<https://safeshare.tv/x/ss5dc1ebc223371#>

This song is a reminder that we are made in God's image and can trust what He does in us.

#### V.I.P.

OV 50662 P, I 3 min.  
Benson, Brentwood © 2013 YouTube

<http://safeshare.tv/v/qOsbvFqh8pM>

This lively music video helps children understand that each of us is a miracle, an original, a child of the King, a very important person who has God living within. (Note: This video is a truncated version and includes an ad to purchase the full song.)

#### StoryBag: Creation

KA 04682 EC, P  
Edwards, Angie © 2011 StoryBags.co.uk

StoryBags are a cloth version of a book. The bags turn inside out over and over again revealing a new fabric design with each turn that illustrates part of a story. Each StoryBag comes with a script to aid you with the storytelling and some suggested activities. **Creation** - This bag tells the story of the seven days of creation. For a demonstration on using this StoryBag, go to <http://www.dbqarch.org/offices/education-resource-center/instructional-videos>.

#### Alive In Christ: Songs Of Scripture Movement And Music DVD

DV 31569 P, I  
Burland, John © 2014 Our Sunday Visitor

**Songs Of Scripture Movement And Music DVD** is an instructional resource for Religious Educators. It contains fourteen songs by educator/composer John Burland and covers a variety of themes. Songs include *Alive In Christ, Come And Follow Me, God Created You And Me, Have You Ever Seen A Mustard Seed?, I Am The Way, LOVE God, Manna In The Desert, Mary's Song Of Praise, That You May Live, The Good Samaritan, The Great Commandment, The Holy Family, Upon This Rock, You've Got To Love Them*. Karaoke-style lyrics are included.

#### Hi God! Gestures Volume I

CD 18460 EC, P, I  
Landry, Carey © 1997 Oregon Catholic Press

*Includes:* God Is A Surprise - Violet In The Snow - Come, Lord Jesus - God Bless Us All - Like A Sunflower - May God Smile On Us - Smile - Neighbors (Jesu, Jesu) - A Wonderful Song Of Joy - His Banner Over Us Is Love - If I Were A Butterfly - Oh! How Good Is The Lord - Peace To You And Me - God Is So Good - The Greatest Gift - Be With Us, O Lord. Also includes *Hi God! Gesture Book Volume I*.

#### Before I Was Me

BK 201517 EC, P 40 pp.  
Fraser, Frank © 2018 Sophia Institute Press

A young child ask God, before being born, "Who will I become?" The child dreams of becoming someone important. God helps the child realize that becoming a child is the most important person to become because it is not about what we do, but who we are -- and a child is God's love. Then God sends the child off to the world with His breath of life and the knowledge that "You are a very important person whom I will always love."

#### Before You Were Born (Second Edition)

BK 200936 EC, P, I 31 pp.  
Nixon, Joan Lowery © 2006 Our Sunday Visitor

Poetic phrases teach the stages of development in the womb. Children will learn what their heartbeat sounded like, when their eyelashes formed, and how their hiccups felt to Mom. **Before You Were Born** presents the truth about life at its conception: At that moment, each child already has been formed, known, and loved by God.

# Safe Environment Training for Children Resources for Early Childhood - Intermediate

## Designed By God So I Must Be Special

BK 200752 EC, P 18 pp.  
Sose, Bonnie © 1988 Character Builders for Kids

Each page of this book describes the wonderful things God has given us: eyes, ears, nose, skin, body, mind, and heart. These things have a purpose: "He designed me with special talents, gifts and abilities you see, which let me know that He has something special in mind for me."

## God Made Wonderful Me!

BK 201119 EC, P 14 pp.  
Monchamp, Genny © 2008 Pauline Books And Media

This rhyming board book teaches young children that God made our fingers and nose, our two eyes and toes – and all because He loves us!

## God Made You Just Right

BK 201347 EC, P 20 pp.  
Lord, Jill Roman © 2016 Worthy Media, Inc.

You are brilliantly created, and there is no one else like you. With simple, rhyming text, this book is a reminder for little ones that God created each of us in just the right way to fulfill the plans He has for us.

## God's Wildest Wonderment Of All

BK 201549 EC, P 32 pp.  
Thigpen, Dr. Paul © 2019 TAN Books

When a curious young boy visits the zoo, he wonders why God has made all the creatures in such strange and unique ways. In the end, he realizes that God has a plan for each and not one of them should be changed in the least. Best of all, he realizes that God's wildest wonderment of all... is people.

## Princess Madison And The Royal Darling Pageant

BK 200749.1 P, I 32 pp.  
Linamen, Karen Scaff © 2006 Baker Books / Baker Publishing Group

Princess Madison had dirt under her nails, freckles on her nose, and marbles in her pocket. But she still thought she was a princess until her sister told her otherwise. Participating in the Royal Darling Pageant was the perfect opportunity to find out if she really was a princess. As Madison discovers that a princess is a princess by the very fact that she is the daughter of the king, young people will discover that they also are children of the Father by the very fact of the Father's love for them.

## Wonderfully Made

BK 200584 EC, P 40 pp.  
Meyer, Joyce © 2013 Zonderkidz / Zondervan Publishing House

In this book Hayley the Hippo really wants to perform in the Everyday Zoo Talent Show. But she does not fly like Gabby Goose, and she cannot spin a ball like Squirt the Seal. She does not know what talent she has. Just in time for the show, Hayley's friends remind her that God loves everyone just as they are. Her talent could be right in front of her eyes... This story is based on the scripture "I praise you because I am fearfully and wonderfully made" (Psalm 139:14).

EC, P, I, J, S, YA, A

## Safe Environment Resources for Main Point 2:

**Our bodies are special because they are Temples of the Holy Spirit.**

### My Body Is A Temple

OV 50661 P, I 3 min.  
Benson, Brentwood © 2013 YouTube

<http://safeshare.tv/v/cnq-pn40tLg>

This lively music video helps children understand that we need to take care of our bodies by healthy eating, exercise, and washing because our body is a temple where "my friend, Jesus, lives." (Note: This video is a truncated version and includes an ad to purchase the full song.)

### My Body Is The Temple Of The Holy Spirit

OV 51092 EC, P 2 min.  
© 2008 YouTube

<https://safeshare.tv/x/Ci1MmKS5RII#>

Children learn to sing and dance to the song, *My Body Is The Temple Of The Holy Spirit* by Doughnut Man.

### Daddy, Am I Beautiful?

BK 201306 P, I 32 pp.  
Lazurek, Michelle S. © 2015 Pauline Books and Media

Through charming illustrations and a delightful story, **Daddy, Am I Beautiful?** teaches girls to recognize and value beauty not only in how they look but in acts of kindness, virtue, and love. It symbolizes that God makes us beautiful from the inside out and that God's love is what true beauty is all about.

### Every Body Has Something To Say

BK 201282 P 26 pp.  
Ashour, Monica © 2015 Pauline Books and Media

Tummies grumble, mouths yawn. Bodies have a language all their own. This book will teach children a new way of listening. Through everyday examples, children will become aware of how we communicate with our bodies and shows them how to respond appropriately and with love.

# Safe Environment Training for Children

## Resources for Early Childhood - Intermediate

### Every Body Is A Gift: God Made Us To Love

BK 201281 EC 10 pp.  
 Ashour, Monica © 2015 Pauline Books and Media

This board book uses simple language and everyday situations to show young children how they can use the gift of their human bodies to receive and give love to those around them. Using examples like blowing bubbles and dancing, it shows them different ways to express love to their families and those they meet.

### Every Body Is Smart: God Helps Me Listen And Choose

BK 201280 EC 10 pp.  
 Ashour, Monica © 2015 Pauline Books and Media

This board book describes the different ways that bodies teach us about ourselves. It introduces to young children ways to understand when they need to respond immediately to what their bodies are telling them, and when they need to be patient. It teaches young children to choose how and when to respond to what their bodies say to them.

### Everybody Has A Body: God Made Boys And Girls

BK 201279 EC 10 pp.  
 Ashour, Monica © 2015 Pauline Books and Media

Boys and girls' bodies are the same in some ways and different in others. This book discusses the similarities and differences between male and female bodies. It does this in a language that young children can understand. This board book introduces children to the way gender contributes to the dignity of the human person.

### Everybody Has Something To Give

BK 201283 P 30 pp.  
 Ashour, Monica © 2015 Pauline Books and Media

Introduce children to the beauty of giving and receiving with this book that affirms the dignity of every person. It teaches children how our bodies help us to give ourselves, receive others, and open our hearts to Jesus.

### God Has A Plan For Boys And For Girls

BK 201284 P 26 pp.  
 Ashour, Monica © 2015 Pauline Books and Media

We all hope for something. We are all afraid of something. We all like something best of all. Still, we are different. Help girls and boys discover who they are with this book that affirms the gift of gender. Teach children about identity, equality, and God's plan for them.

### Mommy, Am I Strong?

BK 201307 P, I 32 pp.  
 Lazurek, Michelle S. © 2015 Pauline Books and Media

**Mommy Am I Strong?** teaches inner strength comes from things like sharing and forgiving, which are sometimes hard to do. It emphasizes that with God's help we all can become strong, inside and out.

### Praying By Number: Twenty Creative Prayer Lessons And Activities - Volume Two

BK 269873 P, I 80 pp.  
 Wezeman, Phyllis Vos © 2018 The Pastoral Center

These theme-related activities can be used in schools, religious education settings, and intergeneration events. Drama, dance, games, music, storytelling, and art are incorporated into prayer experiences on a variety of themes: meal prayers, evening prayer, Psalm 23, 24 hours, feast days, letters of the alphabet, books of the New Testament, promises of God, syllables, pieces of silver, prayer guide, names of Jesus, Jesus' Passion, body postures, creation, growth chart, symbols, spontaneous prayer, prayer chain, wilderness experiences.

**Z** EC, P, I, J, S, YA, A

## Safe Environment Resources for Main Point 3:

**No one should touch us in a way that makes us feel uncomfortable, particularly in the places normally covered by a swimsuit.**

### Good Touch, Bad Touch!

OV 50664 EC, P 3 min.  
 Stop Child Abuse © 2015 YouTube

<http://safeshare.tv/v/RrTro1dknk>

In this animated video, young children learn where their private parts are on their body, the difference between a good touch and a bad touch, and the importance of telling a trusted adult when someone tries to touch their private parts.

### Protect Yourself Rules

OR 51073 EC, P, I, J  
 © 2018 Barbara Sinatra Children's Center Foundation

<https://fightchildabuse.org/>

This website offers online videos, lesson plans, and student downloadable materials to teach children what to do when confronted with abusive behavior, safe and unsafe touches, the importance of going to a parent or another trusted adult if they are confronted in an unsafe situation, and that abuse is not their fault. The videos use gentle animation. An "Unsafe Touch" is defined as touching private parts of the body that are covered by a bathing suit. Stranger safety, Internet safety, and other situations are also presented. NOTE: These are not developed specifically for a Christian audience and caution should be used. For example, the grade 4-6 video on bullying includes a statement to the effect that some kids just get bullied more than others, including those who are LGBTQ. Catechists should be aware before showing this video that although we do not condone this lifestyle, we still respect the individual as a beloved child of God.

# Safe Environment Training for Children Resources for Early Childhood - Intermediate

## Village Counseling Center: Resources - Child Sexual Abuse (SITE MAY BE UNDER CONSTRUCTION)

OL 50668

P, I, J, S, A  
© 2015 Village Counseling Center

<http://www.villagecounselingcenter.net/Child-Sexual-Abuse-Resources.html>

This site offers numerous downloadable fact sheets for adults as well as workbooks and coloring books to teach children and teens the difference between good touch verses bad touch and guidance for telling trusted adults about abuse.

## Educational Posters: My Body, My Boundaries (Gr. K-2), My Body Is Special (Gr. 3-5)

OA 51114

EC, P  
© 2020

<http://satchawaii.com/resources/educational-posters/>

Two posters can be downloaded from this site. The first for grades K-2 is a graphic about body boundaries. The second for grades 3-5 is a graphic to share with children what to do about unsafe touches.

## My Body Is Special Sing-A-Long Songs

OA 51115

EC, P  
© 2020

<http://satchawaii.com/resources/my-body-is-special-sing-a-long-songs/>

This site provides audio music, lyrics and tips for adults for two sing-a-long songs: *My Body Belongs to Me* and *Touches*.

## Abuse: If It Happens To You (Grades 5-9) (DVD)

DV 30434.1

I, J, S  
© 2007 Sunburst Visual Media 20 min.

**Abuse: If It Happens to You** is designed to help young teens understand that abuse, of all types, is relatively common, and that if it happens to them they must tell a trusted adult. This program examines the three different types of abuse: physical, emotional, and sexual. It helps young teens understand that the victim is always innocent. The victim did not cause the abuse and never deserves it. This program can also be used to help those who have been abused to come forward.

## For Pete's Sake, Tell!

DV 30444

EC, P  
© 1982 Videos With Values / Oblate Media and Communications 10 min.

Krause, Elaine

A friendly neighbor invites young Peter Mouse over to play the latest video game. But it is all a trick by the neighbor to get Peter alone to show him bad pictures and to touch him in ways that shame and frighten Pete. This video instructs children to become alert and assertive when their personal safety is at stake and teaches that no one has the right to touch them in their "private places." Includes Teaching Guide.

## If It Happens To You: Dealing With Abuse (Grades 3-5) (DVD)

DV 30238.1

I  
© 2006 Sunburst Visual Media 20 min.

This DVD talks to upper elementary-age children about a difficult subject – abuse. Sensitive, age-appropriate scenarios explore three types of abuse - physical, verbal and sexual - as seen through the eyes of children. Viewers learn that victims of abuse are not responsible for causing it. They must tell an adult they trust what is happening and continue telling until someone takes action to stop it. Whether it is a father who gets angry and physically hurts a child, a grown-up who uses words to continually make a youngster feel worthless or a person who touches the private parts of a child's body, this video will encourage and empower youngsters who are the victims of abuse to speak up and get help! Includes guide with twelve worksheets.

## It's Your Body: You're In Charge! (Grades K-2) (DVD)

DV 30237.1

EC-P  
© 2006 Sunburst Visual Media 14 min.

Empower even the youngest children to feel that they have control over their own bodies. This DVD helps them differentiate between good and bad touches, learn that they have the right to say "no" to a touch that makes them feel uncomfortable, understand the "touching rule" and realize that if they experience a bad touch, they must speak up and tell an adult they trust what happened. From the comfort of a hug or the joy of a high-five, to tickling that starts out as fun, but turns unpleasant, to the abusive touching of a private part of a child's body this DVD will give youngsters the courage to protect themselves by speaking up! Includes guide with eleven worksheets. (Available on VC #12883)

## Safety N.E.T. Kids: No Easy Targets

DV 30136.1

EC, P, I  
© 2003 Oblate Media and Communications Corp 30 min.

Olson, Glenn

This unique and informative video will teach children the importance of knowing when it is okay to say no, about unwanted touches, what to do when they are approached or grabbed by a stranger, and how to react in other potentially dangerous situations.

## Say No With Pride (Grades 3-6)

DV 31083

I  
© 2012 Film Ideas 15 min.

Youngsters will understand that to feel comfortable and safe sometimes means saying "no." This program teaches that when you stand up for yourself you will feel better, and this is called pride. Students will be taught ways to say "no" with confidence and stand proud. Students will learn to say "no" in a firm but positive voice without yelling or shouting, that everyone has the right to act in their own best interest, that it is okay to change your mind and not do something again just because you have done it before, and to tell an adult if someone is in danger.

# Safe Environment Training for Children Resources for Early Childhood - Intermediate

## Speak Up! Say No!

DV 30443 EC, P 10 min.  
Krause, Elaine © 2001 Videos With Values / Oblate Media and Communications

In most cases, children are sexually abused by people they know, love and trust. This program was created to help parents, teachers and professionals to educate children about this tragic problem in a positive nurturing way. Young Penelope Mouse's uncle attempted to touch her in ways that were not okay. When she had the courage to tell her parents, she learned that none of it was her fault, and that children need to know the difference between touching that is "okay," and "not okay." Includes Teaching Guide.

## Tippy Series: Learning About Touch

DV 30765 EC, P 22 min.  
© 2010 Film Ideas

Tippy and his friends are on a camping trip with Ms. Sally and Mr. Steve as chaperones. They are having a good time when the question of friendship comes up. Good touch and bad touch are explained, and the children learn rules for handling bad touch. Tippy and his friends begin to learn that their feelings are okay, and that caring for and showing love to a friend through good touch can be very positive.

## Because It's My Body!

BK 200824 EC, P 30 pp.  
Sherman, Joanne © 2002 S.A.F.E. for Children Publishing, L.L.C.

This book offers children behaviors which lessen their vulnerability to molestation and sexual abuse by empowering them, without causing undue anxiety. It is about prevention, and caters to the emotional preparedness of the youngest of children. Without any reference to anatomy, this book begins the self-protective process of defining physical boundaries, while also acknowledging how wonderful human contact can be. Its *Note to Parent* arms parents with positive and useful information about their role in educating their children on this ever-timely topic.

## I Can Play It Safe

BK 200961 EC, P 32 pp.  
Feigh, Alison © 2008 Free Spirit Publishing Inc.

This book teaches kids seven important rules to personal safety in a nonthreatening way. It covers topics like safe versus harmful secrets, safe versus harmful touches, and the importance of having a community of trusted adults to turn to for help.

## I Said No! A Kid-To-Kid Guide To Keeping Private Parts Private

BK 201032 P, I 38 pp.  
King, Zack © 2010 Boulden Publishing

**I Said No!** uses kid-friendly language and illustrations to help parents and concerned adults give kids guidance they can understand, practice, and use. Using a simple direct, decidedly "non-icky" approach that does not dumb down the issues involved, as well as an easy-to-use system to help kids rehearse and remember appropriate responses to help keep them safe, this book covers a variety of topics including what is appropriate and with whom; how to deal with inappropriate behavior, bribes and threats; when and where to go for help, and what to do if the people you are turning to for help do not listen; and dealing with feelings of guilt and shame.

## My Body Belongs To Me

BK 201031 EC, P 32 pp.  
Starishevsky, Jill © 2007 Safety Star Media

Rhyming text and bright illustrations in **My Body Belongs to Me** make children aware that when it comes to their bodies, there are boundaries. Children are assured that it is okay to tell a parent or teacher if someone touches their private parts. The child who narrates this story realizes, after disclosing abuse to a trusted adult, that it took courage to tell and that the child is never to blame for abuse.

## My Body Is Private

BK 200290 P, I 30 pp.  
Girard, Linda Walvoord © 1984 Albert Whitman & Company

A mother-child conversation introduces the topic of sexual abuse and ways to keep one's body private.

## Safety Activities For Kids

BK 200738 EC, P, I 24 pp.  
Rodgers, Tom © 2004 JIST Publishing, Inc.

**Safety Activities for Kids** is designed with fun activities and advice from Detective Safety Smartz. It opens lines of communication between adults and children about safety. Tips help kids learn to be safe in a variety of situations, including in the home, in the neighborhood, and on the Internet.

## Some Parts Are Not For Sharing

BK 201029 EC, P 24 pp.  
Federico, Julie K. © 2008 Tate Publishing and Enterprises, LLC

Travel with a pair of friendly fish as they learn about what parts of our bodies we share with others. Young children will learn what the boundaries of appropriate touching are in a very non-threatening way.

## The Right Touch: A Read-Aloud Story To Help Prevent Child Sexual Abuse

BK 200287 EC, P, I 31 pp.  
Kleven, Sandy © 1997 Illumination Arts Publishing Company, Inc.

As a way of teaching her little boy about sexual abuse, a mother tells him the story of a child who was lured into the neighbor's house to see some non-existent kittens. This story explains the difference between touches that are positive and touches that are secret, deceptive, or forced.

# Safe Environment Training for Children Resources for Early Childhood - Intermediate

## Uncle Willy's Tickles: A Child's Right To Say No

BK 200920 EC, P 32 pp.  
Aboff, Marcie © 2003 Magination Press

Kyle loves his Uncle Will, but he hates it when his favorite uncle tickles him. After Kyle finally tells his mother about the problem, he learns about his right to set physical boundaries. This story features a non-threatening adult and avoids controversial sexual issues. The book concludes with advice for parents on how to teach children about the privacy of their bodies and their right to say no to any kind of uncomfortable touch.

## Your Body Belongs To You

BK 200288 EC, P, I 24 pp.  
Spelman, Cornelia © 1997 Albert Whitman & Company

The story explains what to say and do if someone touches your body when you do not want to be touched, especially when the action involves the touching of private parts. Most of the time you like to get a hug or a kiss. But when you don't, it's okay to say "no," because **Your Body Belongs To You**.

EC, P, I, J, S, YA, A

## Safe Environment Resources for Main Point 4:

**If someone does touch us in a way that makes us feel uncomfortable, we should have someone to whom we can go to get it to stop.**

## Tom's Secret

OV 50666 P, I 5 min.  
Child Lures Prevention/Teen Lures Prevention © 2014 YouTube

<http://safeshare.tv/v/unTRaUjrGZA>

Tom is being sexually abused by his best friend's older brother. This film teaches children that sexual abuse is not their fault and that they should tell if someone makes them feel uncomfortable.

## Believe Me

DV 30449 P, I, J 12 min.  
© 2002 Leaf Learning

This program shows that sexual abuse consists of a wide range of inappropriate behavior, and that most sexual abusers are known to the child and can be members of their own family. This animated video portrays important messages for young people: Sexual abuse can happen to children from all kinds of different backgrounds. If it does happen it is never their fault. It is okay to have mixed feelings about the abuser. There are some "secrets" which should never be kept. The video stresses the importance of finding and telling a trusted adult. It shows that help is available and that young people can recover from the experience. (Closed Captioned)

## Break The Silence: Kids Against Child Abuse (Grades K-8)

DV 30472.1 EC, P, I, J 30 min.  
Seymour, Jane © 1994 AIMS Multimedia

This program breaks open the terrible reality of child abuse. Physical abuse, sexual abuse, and child neglect are explained in a way young children can understand. Four kids talk candidly about their abuse and their abusers as they describe how adults use fear, manipulation, and neglect to hurt children. Animated versions of the child and the abuser help illustrate how the abuse happened and how it made the child feel. Each story ends happily. The main point of this program is that children should tell an adult if they feel they are being abused, or if they know someone who is.

## Good Pictures Bad Pictures Jr.: A Simple Plan To Protect Young Minds

BK 201491 EC, P 40 pp.  
Jenson, MA, Kristen A. © 2017 Glen Cove Press

This book is a comfortable, effective way to begin this sensitive but essential conversation about pornography. It explains in age-appropriate messages what pornography is and why it is harmful. It empowers children with the "Turn, Run And Tell" plan and offers five important safety rules that every kid growing up in the digital age needs to know.

## Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids

BK 201490 P, I 56 pp.  
Jenson, MA, Kristen A. © 2017 Glen Cove Press, LLC

Empower your child, ages seven to eleven, to reject pornography with the *Can Do Plan!* Children will learn what pornography is, how the feeling brain is affected by pornography, how the thinking brain can help prevent harm caused by pornography, and how to stay safe when exposed to pornography.

## No More Secrets For Me

BK 200291 EC, P, I 47 pp.  
Wachter, Oralee © 2002 Little, Brown and Company

In four separate stories on the theme of sexual abuse of children, young victims are able to articulate their feelings and defend themselves, often with the help of another person whom they trust. Each story centers around a common example of abuse to help children discriminate about whom they can trust, how to avoid potential abuse, and how to tell an adult about abuse that may have already taken place.

## Trouble With Secrets, The

BK 200921 EC, P 26 pp.  
Johnsen, Karen © 1986 Parenting Press, Inc.

Secrets can be confusing to children because some are meant to be kept and some should be told. This book helps children distinguish between hurtful secrets and good surprises. It teaches children to think for themselves and presents many different kinds of secrets for children to consider.

EC, P, I, J, S, YA, A

## Additional Safe Environment Resources for Lesson Plan Presentation