

Turn away from sin



and be faithful to the Gospel

Ash Wednesday is February 14.

Distribution of Ashes will take place
during our prayer at the
following times:

8:30am ~ Mass

12:00pm ~ Prayer Service

4:30pm ~ Prayer Service

7:00pm ~ Mass

All Catholics who have reached their fourteenth year are bound to abstain entirely from meat on Ash Wednesday and all Fridays of Lent. All Catholics between the ages of eighteen and fifty-nine inclusive should observe the law of fast on Ash Wednesday and Good Friday. This means limiting oneself to a single full meal and avoiding food between meals. Two other light meals, which together do not equal a full meal, may be taken during the day.

