

Youth Curriculum

Classroom PowerPoint for Grades 3-4



Using My Built-In Computer

- Each of us already has an effective tool for staying healthy and safe – our brain.
- Our brain is an amazing built-in computer.
- We can program our brain with information to help us stay safe.





Being Kind and Respectful

- Smile at others.
- Say "please" and "thank you."
- Compliment friends and family.
- Share belongings.
- Ask permission before touching.
- Help others at home and at school.
- Be a good listener.
- Be kind to self and others.





Lesson Plan #1 Slide 3

Child Luring:

Telling My Trusted Adults

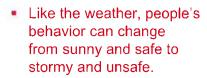
- Some people use Stormy Behaviors to trick kids with Child Lures.
- Child Lures can be used by adults, older kids or kids my same age.
- My Trusted Adults are:
- Telling about unsafe behavior is not tattling. It is asking for help with our safety.





People are Like the Weather

People are like the weather.Most of the time, they are safe.



 Just as we take precautions from dangerous weather, we can take steps to stay safe from Stormy Behaviors.



Lesson Plan #2 Slide 4

Laws Help Protect Me

- We have rules at school.
- Adults have rules too, called laws.
- We all must follow the rules and laws.
- If someone breaks the rules or laws, they can get punished.





Laws Help Protect Me From Bullying

- Bullying is against school rules and against the law.
- How can we help someone who is being bullied?
 - Don't join in on the bullying
 - · Create a distraction (if safe)
 - Ask a teacher for help
 - Sit with the person who was bullied
 - Let them know you're sorry it happened; they didn't deserve it



and community safe!





Telling and Tattling

- <u>Telling</u> is to keep people safe.
- <u>Tattling</u> is more about getting someone in trouble, and less about helping to solve a problem.
- It is Not Tattling to tell about unwanted attention or unwanted touching.
- Adults want to help!





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Lesson Plan #4

Slide 11

Laws Help Protect Me From Abuse

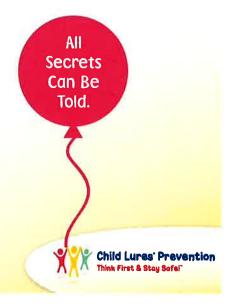
- It is Against the Law for anyone to touch the private parts of our body or make us touch their privates.
- This is called Abuse, or sexual abuse, and it is a serious crime.
- If it happens, or if someone tries, we can tell a Trusted Adult.
- If one adult can't help, tell another adult until someone helps.





Kids Have Rights Too!

- Kids have a right to be safe,
- All Secrets Can Be Told.
- Tell a Trusted Adult about bullying or abuse.
- Always be truthful when telling about bullying or abuse.



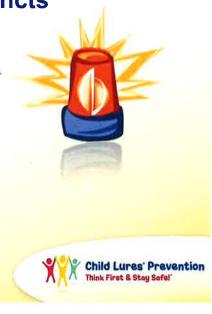
Lesson Plan #4 Silde 10

All Secrets Can Be Told:

Listening to My Instincts

- Instincts are our very own inner siren.
- If someone's behavior sets off our inner siren, we can tell a Trusted Adult
- We can tell a Trusted Adult about any secret that makes us feel worried, scared or unsafe.
- We can tell secrets we've been keeping for a long time, and secrets we've been threatened not to tell.

Lesson Plan #5 Slide 12



The Kindness of People

- The majority of people are kind and caring.
- Most of the time, when kids are bullied or abused, it's by someone they know, and usually trust.
- Strangers who try to lure kids usually act kind and friendly at first to trick kids into trusting or going with them.





Lesson Plan #6 Slide 13

"Don't Judge a Book...

...by its cover!"

- It's hard to tell if a person is safe or unsafe just by looking at them, talking to them - or communicating with them using technology.
- Be alert to **behaviors** that set off our inner siren.
- Be alert to behaviors that are Against the Law.





Choosing Who Helps Me

- We may need to depend on the goodness of people if we are lost or hurt.
- Are these safe choices?
 - 1. A Mom or Dad with children of their own? YES
 - 2. Someone working behind a store counter? YES
 - 3. A uniformed police officer in a marked police car? YES
 - 4. A man who walks up to us and offers help?





My Dignity

- Each one of us is special and unique, like a snowflake.
- Every person is worthy of being treated with dignity and respect.
- Bullying or abusing someone is not treating them with respect.
- Being bullied or abused is not the fault of the person who is hurt.
- Being bullied or abused can never take away our dignity. Ever.

Lesson Plan #7 Slide 16





Safe and Healthy Boundaries

- My Bathing Suit covers my Private Parts.
- My Bathing Suit Zone is a personal boundary no one has the right to cross.
- I can tell Trusted Adults about any unwanted attention and touching.
- All adults know it's against the law to abuse kids, and now we know too!





Lesson Plan #8

Affection Lure

- Most kids who are abused are slowly lured into abuse by someone they know and trust.
- Sexual abuse is an act of fake love, not real love.
- It can be very hard to tell about abuse, especially abuse by someone we know and love.
- Telling a trusted adult can help stop the abuse -- and make us feel safe again.





Be Kind, No Bullying

- Most kids are kind and accepting of others.
- Everyone deserves to be treated with kindness and respect.
- All bullying is wrong. It is against school policy and the law.
- It's important to use safe and healthy behaviors, offline and online.





Telling & Asking for Help

- Tell an adult or a friend about bullying and cyberbullying.
- If you are having thoughts about bullying or abusing others, please ask an adult for help.





Lesson Plan #9





Lesson Plan #8a

Assistance Lure

- Be aware of your surroundings.
- If someone offers you a ride, or says "Get in!":
 - Stay 3 giant steps back from vehicles.
 - Do not speak to the driver.
 - Be ready to "run like the wind" in the opposite direction.
 - Get to safety as quickly as possible.
 - Tell a Trusted Adult





Pet Lure

Most pets are safe and fun!

Adults should ask other

Ask for parent permission

Safely helping others is a

wonderful thing to do!

accepting a helping hand.

before lending or

adults - not kids - for help.

- Pets and animals can be used as Child Lures.
- Offers to see, or help find, pets should set off our inner siren.
- Always bring a trusted adult to see or help look for a "lost" pet. Remember:

There is probably no lost or hurt pet!

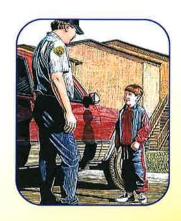




Slide 22

Authority Lure

- Most authority figures deserve our respect.
- We can disobey anyone who tells to us do something that makes us feel unsafe, or is Against the Law.
- If a person with Authority over me uses inappropriate, unsafe or illegal behaviors, I can:
 - Refuse to do what they say.
 - Get to safety.
 - Ask a Trusted Adult for help.





Lesson Plan #11 Silde 24

Family Emergency Plan DIAL 911 in case of illness, accident, fire, storm, or other emergency, if I am not with my family when an emergency happens, my pre-arranged plan of action includes: Contacts: In a real lambly emergency, andy these people will contact not. If anyone close tolls one theses an emergency, one of these people MUST VERILLY II Rides: In a real family emergency, only these people will pick me up. If anyone close offers to give me a cide, appearably domestic I dent know II will REFUSE (Copy and pass out to students; Found in Presenter's Guide, pg 101)



Emergency Lure

- Stay calm during emergencies.
- The Emergency Lure is used to rush us into making quick decisions.
- Is it real? Emergencies can be verified by:
 - Asking a Trusted Adult
 - Calling home
 - Running home





Lesson Plan #12 Stide 25

Games Lure

- Games and sports are healthy and fun.
- If touched inappropriately during a game, quit playing and tell a Trusted Adult.
- Avoid games that involve being tied-up, handcuffed or locked up. It's too hard to protect ourselves or get away.
- Refuse to play games that involve getting undressed.





Name Lure

- Just because someone knows our name doesn't mean we should automatically trust them or go with them.
- Nametags should be placed where they can't be easily seen.
- Full names should not be shared when using technology.

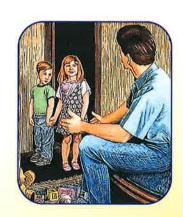




Lesson Plan #14 Silde 28

Friendship Lure

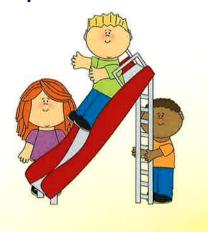
- Most friends and family are kind, honest and caring.
- Sometimes friends bully and abuse other kids.
- A friend or peer might bring us to a place where abuse happens.
- Telling about friends who bully and abuse is hard, but it helps keep us safe.





Healthy Relationships

- Good friends are:
 - Kind
 - Honest
 - Reliable
 - Loyal & Supportive
 - Helpful
- This is how people behave in Healthy Friendships.





Lesson Plan #15 Silde 29

If I'm having feelings of bullying or abusing others...

...I can ask an adult for help.

- I can ask a:
 - parent
 - teacher
 - friend
 - school nurse
 - school counselor
- Adults can help me.





Threats & Weapons Lure

- Threats and weapons can be used to scare kids into doing as they are told.
- Threatening someone with words or weapons is Against the Law.
- Tell a Trusted Adult if threatened to keep bullying or sexual abuse secret.
- If faced with a weapon, make a commotion and get to safety.

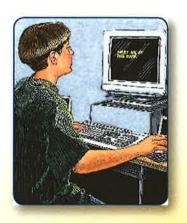




Lesson Plan #16 Slide 32

The e-Lure/Digital Citizenship

- Using technology is usually safe, but some kids and adults misuse it.
- Be a Responsible Digital Citizen when using technology.
- Cyberbullying is Against the Law. It can be reported to a Trusted Adult.
- Keep personal information private, including passwords.





Lesson Plan #17 Silde 33

Think First & Stay Safe: Staying Healthy and Safe



Remember, most people are...

...kind and caring!

They help keep kids happy and safe!

 Thank you for learning to Think First & Stay Safe!



