

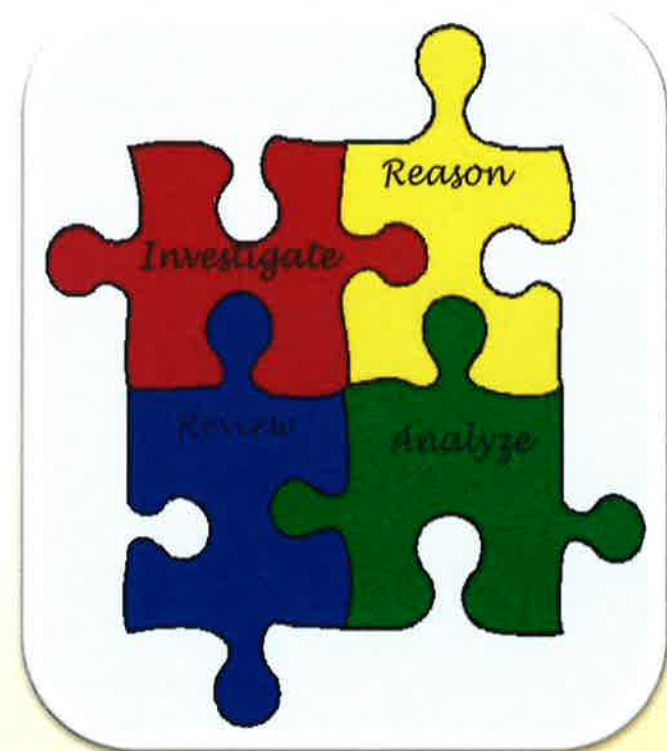
Welcome to Think First & Stay Safe™ Youth Curriculum

- Health and safety are important parts of our lives.
- Talking openly about issues that affect our personal safety helps to keep us healthy, safe and strong.



Critical Thinking: An Effective Safety Tool

- Our brain is an amazing and powerful tool that gives us the ability to analyze or think critically.
- We use critical thinking skills every day to help solve problems.
- Critical thinking is an effective tool to help us stay safe.
- We can learn how to recognize, avoid and report inappropriate and unsafe behaviors.



Being Kind & Respectful

- Smile at others.
- Say “please” and “thank you.”
- Compliment friends and family.
- Share belongings.
- Ask permission before touching.
- Help others at home and at school.
- Be a good listener.
- Be kind to self and others.



Lesson Plan #2
Slide 3

People are Like the Weather

- People are like the weather. Most of the time, people are sunny and safe.
- Like the weather, people's behavior can change from sunny and safe to stormy and unsafe.
- Just as we take precautions from stormy weather, so can we take precautions from *Stormy Behaviors*.



Lesson Plan #2
Slide 4

Child Luring

- Luring: Leading, or attempting to lead, a person into harm's way, by using a strong attraction.
- Child Luring: Tricking, tempting or forcing kids into inappropriate or unsafe situations.
- Child Lures can be used by adults, older kids or peers.
- Learning about Child Lures can help us *Think First & Stay Safe*.



Lesson Plan #3
Slide 5

Laws Help Protect Me

- There are laws to help protect kids from crimes.
- Bullying, harassment and sexual abuse are crimes.
- We have a right to stop anyone who tries to mistreat us.
- Abusing a child is **Against the Law**.



Lesson Plan #4
Slide 6

Telling My Trusted Adults

- Telling a Trusted Adult about bullying or unwanted attention/touching is not tattling or snitching.

It is asking for help with your safety.

- Always be truthful when telling about bullying or sexual abuse.



All Secrets Can Be Told Listening to My Instincts

- Instincts are inner sirens that we usually feel in our stomach, or gut.
- If someone's behavior sets off our inner siren, we can tell a Trusted Adult right away.
- **All Secrets Can Be Told**, even if we've been keeping the secret for a long time or have been threatened not to tell.
- Tell a Trusted Adult about any secret that makes you feel sad, embarrassed or afraid.



The Kindness of People

- Most people are kind and caring.
- Bullying and abuse are usually committed by **someone we know**, and often trust.
- Stay alert to **behaviors and actions** that are inappropriate or unsafe.



Don't Judge a Book... ...by its cover!

- It's impossible to tell just by looking at someone, or chatting with them, whether they are safe or unsafe.
- Stay alert to behaviors, both in-person and when using technology.
- Strangers who try to lure kids usually act kind and friendly at first to trick kids into trusting them.



Choosing Who Helps Me

- We may need to depend on the kindness of others when lost, hurt or scared.

➤ If we need help, are these safe choices?

- A mom or dad with children of their own?
- Someone working behind a store counter?
- A uniformed police officer in a marked police car?
- A man who walks up to us and offers help?

YES!

YES!

YES!

NO!



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Lesson Plan #6
Slide 12

My Dignity

- Each one of us is unique and worthy of respect and dignity.
- Abusing someone is treating that person with *disrespect*.
- Bullying and abuse are not the fault of the person being mistreated.
- **Bullying and sexual abuse can not take away our dignity or self-respect. Ever.**



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Lesson Plan #7
Slide 13

Expect Respect

- Always treat yourself and others with respect and dignity.
- **Let others know you have an expectation to be treated with respect at all times.**
- If having thoughts of mistreating others, please ask an adult for help *before* acting.



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Lesson Plan #7
Slide 14

Affection Lure

- **An act of real love and affection always shows respect.**
- Most kids who are sexually abused are slowly lured into abuse by someone they know and trust.
- An abuser can be anyone – even a relative, family friend or older child.
- We can tell a Trusted Adult about any unwanted attention and unwanted touching.
- It takes courage to report abuse, especially abuse by someone we know and love.



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Lesson Plan #8
Slide 15

Healthy Relationships

- Good friends are:
 - Kind
 - Honest
 - Reliable
 - Loyal & Supportive
 - Helpful
 - Fun to be with
 - Respectful

- This is how people behave in **healthy relationships**.



Setting Personal Boundaries

- You have the right to **set personal boundaries**.

- Be kind and respectful to others, but **put yourself first**.

- **You know yourself best**; don't be influenced by others.

- Clearly communicate what is **acceptable and unacceptable to you**: **Learn to say no, and stick to it**.

- **Do what is right for you**; don't let others pressure you into actions you don't want to take.



Tolerance and Kindness

- Although different on the outside, we're all the same on the inside.

- Everyone deserves to be treated with kindness and respect.

- Bullying and harassment are wrong. They are against school policy and against the law.

- We can tell a friend or trusted adult about any bullying, cyberbullying and harassment.



e-Safety Pact



Please review and sign with a parent or guardian.

Bribery Lure

- A sincere gift is given without asking for, or expecting, something in return.
- Sometimes people try to lure kids by offering or promising something the child wants.
- Tell parents and guardians about all offers of gifts and rewards.
- To stay healthy and safe, don't accept gifts, money or other rewards in exchange for inappropriate activities.



Lesson Plan #9
Slide 20

Ego/Fame Lure

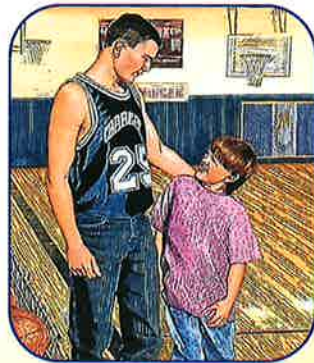
- Compliments make us feel good about ourselves!
- Involve a parent or guardian when trying out for sports, modeling, dancing, singing, or other talents.
- Always keep clothing on for photos, videos and webcams.
- It is Against the Law to send, post or forward inappropriate images of children.



Lesson Plan #10
Slide 21

Hero Lure

- A Hero can be someone I know very well (coach or teen cousin), or someone I wish I knew (famous sports star).
- I will expect my hero to always treat me with respect and dignity.
- It is unsafe to blindly trust or go with someone who looks like, or claims to know, a famous person.
- We can tell Trusted Adults about any inappropriate behaviors.



Lesson Plan #11
Slide 22

Job Lure

- Jobs are a great way to learn responsibility, earn money and gain independence!
- Always obtain parent/guardian permission before accepting a job or errand.
- Tell parents the Who, What, Where, and When of any job or errand and have them meet the "employer."
- Do not enter an "employer's" home without a Trusted Adult coming with you.



Lesson Plan #12
Slide 23

Threats & Weapons Lure

- Most threats are made by other kids who bully and harass.
- Threats may be physical, verbal or electronic.
- Threatening someone with words or weapons is Against the Law.
- Adults need to know about any verbal threats or weapons.
- If faced with a weapon, make a commotion and call out for help.



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Lesson Plan #13
Slide 24

Pornography Lure

- If shown inappropriate or X-rated materials, it is safest to leave immediately and tell a Trusted Adult.
- It is Against the Law to send, post or forward inappropriate images of children.
- We should not respond to inappropriate text messages, IMs, emails or attachments.
- Save and share inappropriate content with a Trusted Adult.



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Lesson Plan #14
Slide 26

Drug Lure

- Most kids and teens **do not** use alcohol or other drugs.
- Staying alcohol and drug-free helps us stay healthy and safe.
- Some kids are tricked or encouraged to drink alcohol or take drugs.
- Being under the influence makes it difficult to defend ourselves and get to safety.
- Choose to be with friends who make healthy choices.



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Lesson Plan #15
Slide 27

e-Lure and Digital Citizenship

- Most peers and adults use technology responsibly and safely.
- Keep personal information private. It is very valuable.
- Cyberbullying is Against the Law and can be reported to a Trusted Adult.
- Only meet e-friends in public places, and bring an adult.
- Be responsible when using technology.



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Lesson Plan #16
Slide 28