**Bishop Barron Study Eucharist**

**Real Presence Part II**

**Opening Prayer**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within your wounds hide me.  
Permit me not to be separated from you.  
From the wicked foe, defend me.  
At the hour of my death, call me  
and bid me come to you  
That with your saints I may praise you  
For ever and ever.

Amen.

Reflection Question

1. What makes the Eucharist unique and above the other Sacraments?
2. What is Transubstiation?
3. What positive steps can you take in your own life to make the Eucharist the, “source and summit” of your life?