

HAPPY DAZE SENIORS

ST LEONARD CATHOLIC PARISH AND SCHOOL

MAY—A HINT OF SPRING?

FUNERAL PRE-PLANNING: THE QUESTIONS AND ANSWERS NO ONE WANTS TO TALK ABOUT

2018

Bryan Staedler, Director of Music
Bridget Klawitter, Pastoral Associate
Nancy Kangas, Parishioner

May 10, 2018—3 PM All Saints Room



Join us for this informal panel discussion on some of the financial considerations when losing a loved one, the basics of funeral pre-planning as well as resources available through the Archdiocese, St Leonard and others to aid in planning a Catholic funeral, Mass and the days after a funeral.

SPRING SAFETY TIPS FOR SENIORS

Spring is a great time to take a fresh look at your home to make sure it's as safe as possible. Hazards add up over time and increase the risk of falls or accidents – a top reason for seniors to lose mobility or decline in health. Regular home safety check-ups reduce fall risk and help you stay as independent as possible. A few tips to consider:

- Update the list of all medications, vitamins, and supplements and safely dispose of any expired or discontinued medications
- Install grab or bed assist bars, a raised toilet seat or safety frame (if needed), making sure existing ones are sturdy and well-attached
- Make sure tub or shower floor is non-slip; replace bath or tub mats with non-skid low profile mats (if needed) or check that existing ones are sturdy
- Prominently post emergency contact information on the fridge and near the telephone
- Check that appliances are in good working condition, within easy reach and put away appliances that are rarely used to remove clutter
- Check that the bedside lamp is easy to turn on and off and the phone and/or medical alert device is easy to reach from the bed
- Set the water heater at a temperature that won't scald and check that all sinks and drains are in good working order
- Clear hallways and main floor spaces of dangerous clutter; secure all electrical cords at the edges of rooms
- Make sure lighting is bright, that there are on/off switches at every doorway, add automatic night lights to make it easy to see at night, and replace light bulbs as needed or switch to long-lasting LED bulbs
- Change smoke detector batteries or switch to a 10-year smoke detector and make sure fire extinguishers are fully charged and easily accessible
- Make sure that house numbers are clearly visible from the street, night and day and walkways are clear, free of tripping hazards, and have supportive handrails (as needed)

There are several more detailed checklist tools on-line to help you evaluate your home for safety. [CLICK HERE](#) or go to <http://www.homesafetysmartcheck.com/> to find resources.



W173 S7743 Westwood Drive
Muskego, WI 53150-9160
262-679-1773
Fax: 262-679-4210
www.stleonards.org

<http://www.stleonards.org>/
Senior-Group

MISSION STATEMENT

*To enhance the lives of
St Leonard's senior
parishioners through
spiritual and social
activities.*

HAIL HOLY QUEEN

Hail, holy Queen, Mother of
Mercy!

Our life, our sweetness, and
our hope!

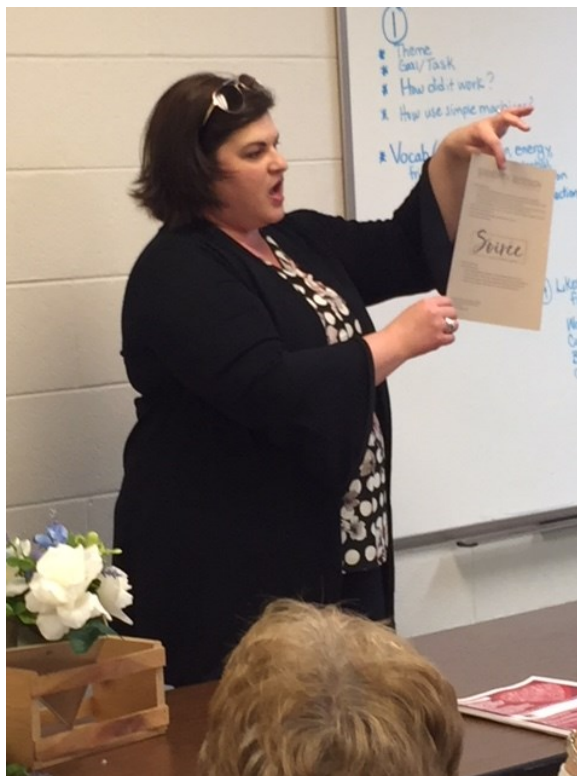
To thee do we cry, poor
banished children of Eve;
to thee do we send up our
sighs, mourning and weep-
ing in this valley of tears.
Turn, then, most gracious
Advocate, thine eyes of
mercy toward us;
and after this our exile show
unto us the blessed fruit of
thy womb, Jesus.

O clement, O loving, O
sweet Virgin Mary.



SERENDIPITY REDESIGN

April 2018



Nicole from Serendipity ReDesign
makes a point.

May 13—Sande Koss
May 19—Judy Balciunas
May 25—Elaine Ring
May 30—Don Pitcher



SAVE THE DATES – HAPPY DAZE GATHERINGS

Why do Catholics Pray to Mary and the Saints?

Fr. Dan Janasik

Thursday June 14 — 3 PM in the All Saints Room

Join Fr. Dan as he discusses how Mary and the saints fit into the overall Catholic worldview, and why fostering a connection to them helps us in our own faith journey.

CHECK THE BULLETIN FOR THESE HAPPY DAZE SPONSORED ACTIVITIES

Sheepshead (Thursday)

Watercolor (Tuesday)

Dominoes (Thursday)

ANNUAL PICNIC WITH YARD GAMES

Thursday July 12

WATCH FOR MORE DETAILS