# From the Principal's Desk

September 14th, 2023

We are growing as Catholica in the Image of Jesus Christ through Worship, Formation and Community.

## **Parent Night**

Next week Thursday is our annual Parent Night, this year we are trying out a new format. All parents will be together in the gym beginning at 6:00pm. You will have the opportunity to hear from various committees (PSC, H&S, etc.), hear from Mrs. Bisher and introduction of the staff.

At 6:30pm the middle school team invites parents to stay in the gym to listen to them as they discuss middle school procedures. Parents of student in grades 1-4 will go to the cafeteria to listen to the elementary team regarding expectations and other items. Parents of K3, K4 and K5 will enjoy an open house in their child/children's classrooms.

By 7:00pm both meetings will be over and there will be time for you to visit your child/children's classrooms.

Please remember this is parents only. We look forward to seeing you all there!

## A message from the counselor

Beginning of The Year!

Hello! I am so happy and excited to be back at St. Leonard for the 2023-2024 school year. It has been so much fun seeing the kids again. For middle school, I have been hearing about their summers, talking to them about the school counseling services, and how they can request to talk with me. For the elementary school students, they have been learning about respect in the classroom and how to be a "student statue" when they are learning.

New School Year = New Stressors (and it's going to be okay!)

It is amazing to me how much the students have grown over the summer. I can only imagine how exciting it is to watch your kid(s) get taller, begin a new grade level, and start growing into who they were meant to be. These changes may also come with more stress, more anxiety, and more unknowns. I wanted to be able to provide some tips to manage these difficult feelings to help you stay calm, embrace the change, and help your child(ren) be even more successful.

#### **Tips For Managing Parental Anxiety:**

#### **Practice Coping Skills**

Individuals can find and practice ways to tolerate stress. When children see that a caregiver uses strategies to cope with stress, they will learn how to cope with stress themselves. They will feel more confident when faced with an issue because they have practiced with their grown ups. Examples of coping skills include: exercise, deep breathing, and mindfulness.

#### **Avoid Sending The Wrong Messages**

An anxious caregiver might unintentionally teach a child that certain situations are to be feared because they fear them themselves. A parent may be feeling nervous about their child's success in school which can sometimes lead the child to start feeling nervous about school, when they did not feel that way on their own. Try to adopt a calm demeanor in front of the child(ren) and be aware of facial expressions and word choice.

A new school year can be hard and exciting at the same time. As your school counselor, I am always here to help. Additionally, each teacher cares deeply about the children in their classroom and will always communicate with you if needed. Please let me know if you have any questions or concerns.

Thank you!

Ms. Morgenroth, School Counselor

## Morning drop off

Just a quick reminder please continue to use the North entrance to enter the parking lot and the South entrance to leave. It is our goal to keep everyone safe, and this will minimize traffic. If you are in the car line please wait your turn and do not pull away while there are cars in front of you. We appreciate everyone's cooperation while keeping our students and school safe.

#### Join us for Mass

This Friday at our school Mass, Mr. Ed Foy (The Milwaukee Archdiocese Superintendent of Schools) will be here to present St. Leonard's Exemplary Award. We would love to see you share in that excitement with us.

### You're Invited!



Catholic Memorial Open House Sunday, October 15, 2023 10 a.m. – 1 p.m.

#### Join us to Experience the Excellence at CMH!

Immerse yourself in an outstanding and inspiring student experience rooted in faith.

Succeed in a school that recognizes diverse learning styles and elevates every student through

Feel welcome in the safe environment that supports all students academically, socially and spiritually.

Take advantage of unique opportunities for applied learning, STEM, internships and career exploration

Join the tradition of championship athletics, award-winning performing arts, and engaging extracurricular activities.

Excel as a CMH graduate prepared for the future with a distinct competitive advantage.

Register for the event at www.catholicmemorial.net

## **Altar Server Registration**

Attached is the registration form for new altar servers. Training will take place on Saturday, October 28th at 9am and is open to students in 4th grade or higher. This form only needs to be filled out by <a href="new">new</a> servers.

Altar Server Flyer 2023.pdf

**Download** 

380.3 KB

A message from Mr. Hudy



# Car show / Brat fry Volunteers needed



Home and School is having a fundraising car show and brat fry on Saturday, September 16 from 9 to 2. We need volunteers to help with greeting / registering participants, cooking and serving brats, selling drinks and bake sale items, as well as helping with the show and clean up. No experience is needed. It will be a day full of cool cars and fun people, so come hang out with us! This is also a great way for middle school students to get service hours! (set up / clean up and car show tasks available for student helpers)

All volunteers will have to have the required Safe Environment (SEE) training. Please contact the youth ministry office with any questions.

For more information about the fundraiser, please contact Robert - <u>RLWEBER65@gmail.com</u>, or call/text 414-698-7444.

Click **HERE** to sign up to help

If you can't make it for a whole time slot but would like to help out, please contact Robert and we'll find a spot for you.

#### Fall Book Fair

Book Fair begins Monday September 18-22. There will be a special time for you to come in to pick out books for your children from 5-6pm Thursday evening before parent night begins.

# Basketball Registration is open

Registration for St Leonard's Basketball 5th-8th grade boys and girls is open online at <a href="stleonards.org">stleonards.org</a>. Please register your child as soon as you can. Practices start AROUND November 14th two times a week. 12 regular season games from December 2nd-end of February. Teams may get into up to 3 tournaments which includes our own. Registration fee is \$125 which includes a warmup long sleeve shirt. You can pay that fee online as well.

If you have further questions, please reach out to Dave Miller, St. Leonard Basketball Coordinator, at <a href="mailto:dkmillerfamily6@gmail.com">dkmillerfamily6@gmail.com</a>

Thank you

#### Pizza Hut and Book It is back!

Since 1984, the Pizza Hut BOOK IT! Program has been dedicated to encouraging reading in schools throughout the nation. This program is for students in grade 6-K4 only. Each grade level will have a specific reading goal and for our younger students, being read to by an adult counts. When they meet their goal, they will be recognized with a Reading Award Certificate, good for a free one-topping Personal Pan Pizza® from Pizza Hut. Did you know studies show reading to your child daily can put them almost 1 year ahead? The handout will be going home tomorrow. Please reference the handout in tomorrow's Friday folder to approve your student's participation in the program.

