

November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MONDAT	INCODAL		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
		1 Grilled Cheese Sandwich Tomato Soup Chicken & Cheese Quesadilla Steamed Carrots	Popcorn Chicken Whole Grain Dinner Roll Honey Mustard Ham Wrap Mashed Potatoes	3 Cheese Pizza Steamed Green Beans BBQ Pulled Pork Sandwich Steamed Green Beans
		Vegetable Bar Fruit Choice Milk Choice	Vegetable Bar Fruit Choice Milk Choice	Vegetable Bar Fruit Choice Milk Choice
6	7	8	9	10
Pancakes & String Cheese Crispy Chicken Nuggets Whole Grain Dinner Roll	Chicken Nacho Baked Beans Pizza Dippers Marinara Sauce	Macaroni & Cheese Whole Grain Dinner Roll Chicken Bacon Ranch Melt	Mini Corn Dogs Steamed Green Beans Italian Meatball Sub	Cheese Pizza Vegetable Blend Crispy Chicken Wrap
Tater Tots Vegetable Bar Fruit Choice Milk Choice	Baked Beans Vegetable Bar Fruit Choice Milk Choice	Steamed Carrots Vegetable Bar Fruit Choice Milk Choice	Steamed Green Beans Vegetable Bar Fruit Choice Milk Choice	Vegetable Blend Vegetable Bar Fruit Choice Milk Choice
13	14	15	16 **Cookie**	17
Beef Hot Dog on a Bun Baked Beans Pretzel Bites & String Cheese	Chicken & Cheese Quesadilla Salsa BBQ Rib Sandwich	Chicken Bacon Ranch Melt Golden French Fries Cheesy Italian Flatbread Marinara Sauce	Tukey and Chicken w/Gravy Biscuit Salisbury Steak Whole Grain Dinner Roll	Cheese Pizza Steamed Carrots Mini Corn Dogs
Baked Beans Vegetable Bar Fruit Choice Milk Choice	Steamed Corn Vegetable Bar Fruit Choice Milk Choice	Golden French Fries Vegetable Bar Fruit Choice Milk Choice	Roasted Broccoli Vegetable Bar Fruit Choice Milk Choice	Steamed Carrots Vegetable Bar Fruit Choice Milk Choice
20	21	22 **NO SCHOOL**	23 Happy Thanksgiving	24 **NO SCHOOL**
Pancake & String Cheese Crispy Chicken Sandwich	Macaroni & Cheese Whole Grain Dinner Roll Cheese & Pepperoni Flatbread Whole Grain Dinner Roll			
Potato Wedges Vegetable Bar Fruit Choice Milk Choice	Roasted Broccoli Vegetable Bar Fruit Choice Milk Choice			
27 **NO SCHOOL**	28	29	30	1
	Chicken Nachos Refried Beans Turkey BLT Wrap	Pizza Dippers Marinara Sauce Beef Hot Dog on a Bun	Popcorn Chicken Whole Grain Dinner Roll Grilled Ham & Cheese	
	Refried Beans Vegetable Bar Fruit Choice Milk Choice	Steamed Peas Vegetable Bar Fruit Choice Milk Choice	Mashed Potatoes Vegetable Bar Fruit Choice Milk Choice	

 Regular
 \$3.65

 Reduced
 \$0.40

 Adult
 \$4.65

 Milk
 \$0.50

 Extra Entree
 \$2.40

Students must select 3 components one being a fruit or vegetable to be a meal. ALA carte charges to students will be Milk alone, extra or incomplete meals. Milk choice of 1%, Skim or Chocolate Skim is included with lunch. Questions: Deb Matson @ 262-971-1790 x4622 Deb.Matson@muskegonorway.org



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