



St. Leonard's School Lunch Menu

September
2023

Fresh Vegetables and Seasonal fruits are offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pasta w/Meat Sauce Whole Grain Dinner Roll Crispy Chicken Wrap Whole Grain Dinner Roll Steamed Peas Vegetable Bar Fruit Choice Milk
4 **NO SCHOOL**	5 Beef Hot Dog on a Bun Baked Beans Hot Ham & Cheese Bagel Baked Beans Vegetable Bar Fruit Choice Milk	6 Crispy Chicken Nuggets Whole Grain Dinner Roll Cheeseburger on a Bun Golden French Fries Vegetable Bar Fruit Choice Milk	7 Macaroni & Cheese Whole Grain Dinner Roll Pizza Munchable Steamed Broccoli Vegetable Bar Fruit Choice Milk	8 Cheese & Pepperoni Flatbread Steamed Carrots Crispy Chicken Sandwich Steamed Carrots Vegetable Bar Fruit Choice Milk
11 Pancakes & String Cheese & Sausage Patty Mini Corn Dogs Tater Tots Vegetable Bar Fruit Choice Milk	12 Beefy Nachos Refried Beans Cheeseburger on a Bun Refried Beans Vegetable Bar Fruit Choice Milk	13 Grilled Ham & Cheese Steamed Carrots Chef Salad Whole Grain Dinner Roll Steamed Carrots Vegetable Bar Fruit Choice Milk	14 Salisbury Steak Whole Grain Dinner Roll Crispy Chicken Bites Whole Grain Dinner Roll Mashed Potatoes Vegetable Bar Fruit Choice Milk	15 Pepperoni Pizza Vegetable Blend Italian Meatball Sub Vegetable Blend Vegetable Bar Fruit Choice Milk
18 Popcorn Chicken Whole Grain Dinner Roll Cheeseburger on a Bun Mashed Potatoes Vegetable Bar Fruit Choice Milk	19 Chicken & Cheese Quesadilla Refried Beans BBQ Rib Sandwich Refried Beans Vegetable Bar Fruit Choice Milk	20 Toasted Italian Cheese Tomato Soup Turkey Munchable Steamed Carrots Vegetable Bar Fruit Choice Milk	21 Pasta with Meatballs & Sauce Whole Grain Dinner Roll Honey Mustard Ham Wrap Green Beans Vegetable Bar Fruit Choice Milk	22 Cheese Pizza Roasted Broccoli Mini Corn Dogs Roasted Broccoli Vegetable Bar Fruit Choice Milk
25 Deli Turkey Sub Yogurt Pak with Bagel Baby Carrots Fresh Apple Milk	26 Beefy Nachos Refried Beans Crispy Chicken Sandwich Refried Beans Vegetable Bar Fruit Choice Milk	27 Orange Chicken Brown Rice Turkey Munchable Steamed Carrots Vegetable Bar Fruit Choice Milk	28 Cheesebread Dunkers Marinara Sauce Mini Corn Dogs Steamed Green Beans Vegetable Bar Fruit Choice Milk	29 Pepperoni Pizza Vegetable Blend Popcorn Chicken Whole Grain Dinner Roll Vegetable Blend Vegetable Bar Fruit Choice Milk

PRICES

Regular	\$3.65
Reduced	\$4.40
Adult	\$4.65
Milk	\$0.50
Extra Entree	\$2.40

EXTRA INFO

Students must select 3 components one being a fruit or vegetable to be a meal. ALA carte charges to students will be Milk alone, extra or incomplete meals. Milk choice of 1%, Skim or Chocolate Skim is included with lunch. Questions: Deb Matson @ 262-971-1790 x4622 Deb.Matson@muskegonorway.org

HARVEST OF



THE MONTH

Download our app
Taher Food4Life®



www.taher.com