



REPAIR MY HOUSE



29th Year

**Mind-Body-Soul
Skills for the
Journey**

Mondays

12:10-12:55 pm

St. Peter's Church

110 W. Madison St.

Chgo., IL 60602

St. Clare Auditorium

Lower Level

\$5 Donation

**Dr. Jerry Hiller,
Psychologist**

**Marilyn Rochon,
M.A., LCPC**



Duct Tape Psychology 5

**It Isn't Pretty, But It Sure Does Hold
Your *Stuff* Together**

- **September 9**

My Heart Says.... But My Mind Says.... What Do I Do?
Learn skills to resolve this dilemma.

- **September 23**

**Learn to Befriend What You Don't Like...
But Need to Accept**

Many have learned how *working with* mistakes, losses, limitations, character defects, etc. have provided a better quality of life.

- **September 30**

**Partner with the Unconditional Love of the God of
Francis of Assisi.**

God can do for us what we cannot do for ourselves. Learn to make conscious connection with him.

- **October 7**

4 Relationship Destroying Goals

Repair and/or nourish relationships you want to keep. Identify and modify these 4 goals.

- **October 21 Celebrate Our 950th Session!**

**What Will You Do When You Believe You Are
Lovable and Capable?**

Once you stop obsessing about your self-worth, level of competence, and number of achievements what will you do? Warning: Once you start doing this, you will feel like something is missing as you journey with fewer *hang-ups*.