



**For Follow-up Information  
and/or Supportive Services  
Contact:**

**Support Within Reach**  
Sexual Violence Resource Center  
1325 NW 4<sup>th</sup> Street  
Grand Rapids, MN 55744  
218-326-5008  
1-866-747-5008  
[www.supportwithinreach.org](http://www.supportwithinreach.org)

***Healing the Broken Heart***  
***A Community Gathering for Those Affected by***  
***Sexual Violence***

***Christ Episcopal Church***  
***Grand Rapids, Minnesota***  
***March 31, 2016 7:00 PM***

***Welcome. We hope that you find consolation and support in this service. The service may inspire you as you begin or continue your healing process. “Healing the Broken Heart” is a very powerful ceremony. If, at any time, you feel the need to excuse yourself, please feel free to do so. Professionals are available to speak with you and assist you in processing all or part of the service, if necessary. We wish you strength and comfort on your journey of healing.***

St. Joseph’s Child Protection Task Force  
Support Within Reach

# Gathering Song "Litany of Peace"

by Barbara Bridge

Verases



1. God of love, your gift of peace is plant - ed  
2. God of peace, wher - ev - er there is ha - trad,  
3. May we bring your hope and glad - ness where de -  
4. May we seek to un - der - stand an - oth - er  
5. Faith - ful God, wher - ev - er there is dark - ness,  
6. God of mer - cy, help us to for - give when  
7. Gra - cious God, when - ev - er peo - ple hun - ger,  
8. Set us free from all our fear and an - ger;

Refrain



1. deep with - in our hearts: Make me an in - stru - ment  
2. may we bring your love:  
3. spair and sad - ness are:  
4. with a pa - tient heart:  
5. may we bring your light:  
6. there is in - jury done:  
7. may we fill their need:  
8. set us free to love:



of your - peace: Make me an in - stru - ment of your peace.

## Greeting

*Leader: The grace of our Savior Jesus Christ  
and the love of God  
and the communion of the Holy Spirit be with you all.*

*All: And also with you.*

## Opening Prayer

*Leader: Let us pray. (Silence)*

*Hear these words of Jesus:  
I tell you, whatever you ask in prayer,  
believe that you will receive it, and you will.*

## Dismissal

*Leader: Let us go out into the world prepared with a new awareness of abuse and a determination to work for an end to its evils. May God, who wishes wholeness and healing for all of us, bless us and remain with us on our healing journeys. Go in peace.*

*All: Thanks be to God.*

## Closing Song

### **“Loving and Forgiving”** by Scott Soper

Refrain: 1st time: Cantor, All repeat; thereafter: All



Lov-ing and for - giv-ing are you, O Lord; slow to an - ger,  
rich in kind-ness, lov-ing and for - giv-ing are you.

Verses: Cantor/Choir



1. All my be - ing, bless the Lord, — bless the ho - ly  
2. God for-gives us all our sins, — heal-ing those who  
3. Good and gra-cious is the Lord, — slow to an - ger,  
4. As heav-en soars a - bove the earth, so great the love of



1. name of God. — All my be - ing, bless the Lord, re -  
2. live in pain, — sav - ing us from fi - nal death. God  
3. rich in love. — God re-mem - bers not our sins; for -  
4. God for us. As far as east is from the west, the

to Refrain



1. mem - b'ring the good - ness of God.  
2. fills us with good - ness and love.  
3. giv - ing and lov - ing is God.  
4. Lord takes our sins — from us.

*Loving God,  
we have come here tonight from many places,  
from east and west, north and south,  
from pain and disillusionment,  
from anger and confusion,  
from sadness and disappointment.*

*We come together for one thing only—  
to raise our hearts and voices and very bodies to God,  
in the hope that the very act of raising them in faith,  
we may be touched by God in our brokenness.  
May we come to know the transforming and surpassing power of  
God's love.  
We ask this through Jesus Christ.*

*All: Amen*

## First Reading

*Matthew 11: 28-30*

*Reader: The Word of God.  
All: Thanks be to God.*

## Responsorial Prayer

*“Prayer for the Victims of Human  
Trafficking”*

*Leader: For the estimated 27 million women, men and children currently held in slavery-like conditions. May human dignity be restored to those who have been bought, sold or kidnapped for the monetary benefit of others.*

*All: We pray for a hopeful tomorrow.*

*For those in bonded labor, in agricultural fields, mines and factories, who have been reduced to tools of production, commodities rather than human beings.*

*All: We pray for a hopeful tomorrow.*

*For those forced to become soldiers, made into tools for violence. In particular, we pray for child soldiers in Darfur and Burma.*

*All: We pray for a hopeful tomorrow.*

*For children exploited and objectified in the commercial sex industry, that they may be free to play, learn and grow up in freedom and safety.*

*All: We pray for a hopeful tomorrow.*

*For those who cannot return home due to the stigma of prostitution, disease or shame, that they may receive the solace, healing and support they need.*

*All: We pray for a hopeful tomorrow.*

*For women, who are estimated to make up 80% of human trafficking victims, and for changes in societal attitudes that deny the equality and dignity of women.*

*All: We pray for a hopeful tomorrow.*

*For victims of trafficking in our own local community—in domestic servitude, in local businesses, in forced prostitution. May we have eyes to see and take steps to make our community slave-free.*

*All: We pray for a hopeful tomorrow.*

*For all those who are affected by sexual violence, we pray for healing.*

*All: We pray for a hopeful tomorrow*

*God of hope, guide our actions as we strive to make this dream for a hopeful tomorrow a reality. Help us to end human trafficking in our lifetimes. Please give us the wisdom to know what to do, and the*

*courage to follow our belief. We ask this in the name of Jesus our Liberator and Redeemer.*

*All: Amen.*

## **Second Reading**

*Mark 9:40-42*

*Reader: The Word of God.*

*All: Thanks be to God.*

## **Reflection**

### **Signing of the senses**

*(Prayers are located inside the front cover.)*

### **Litany of healing**

*(Prayers are located inside the back cover.)*

### **Prayer of blessing**

*Leader: Let us pray. (silence)*

*God of the oppressed,  
you recognize the power of faith  
in the miracle of healing.*

*Strengthen our faith to trust in your presence  
and in the power of healing.*

*Be with all those who struggle against evils of abuse  
that would destroy minds and devour souls in its depths.*

*We ask your blessing on all those who work  
with problems of abuse,*

*that this world may become a world  
reflecting your image to all your children,  
glorifying your name forever and ever.*

*All: Amen.*

## Signing of the Senses

**Receive the sign of the cross on your forehead,**  
Emotional scars remain hidden deep within our memories,  
sometimes flashing back to a more painful time,  
put on the mind of Christ,  
from the folly of whose cross God's wisdom was manifest.

**Receive the sign of the cross on your ears,**  
that in the cries of the abused and betrayed  
you may hear the voice of the Lord.

**Receive the sign of the cross on your eyes,**  
darkened by tears, secrets and denials  
that they may be brightened in the light of Christ.

**Receive the sign of the cross on your lips,**  
silenced by fear and the shock of trauma,  
that you may respond to the word of God and speak justice  
and truth in love.

**Receive the sign of the cross over your heart,**  
broken in pain and uncertainty, disillusionment and  
disappointment, that Christ may dwell there by faith.

**Receive the sign of the cross on you shoulders,**  
weighted and scarred with sadness and sorrow,  
that your burden be eased in the gentle yoke of Christ.

**Receive the sign of the cross on your hands,**  
wrung in anger and agony,  
that Christ may be known in the work which you do.

**Receive the sign of the cross on your feet,**  
that you may stand firm in faith and hope,  
and walk in the way of Christ.

## Litany of Healing

Unable to forget the violation done to us  
Still bearing the marks of our wounds  
Struggling to overcome our fears, we cry...  
**Response: Make me an instrument of your peace**

Mourning our loss of innocence and self,  
Not knowing where to turn in our misery and isolation,  
Wondering how your grace permitted this, we cry...  
**Response: Make me an instrument of your peace**

Bowed down by the weakness of human frailty and isolation,  
Longing for families who can bear our truths with us,  
Looking for justice where none seems possible,  
Searching for the kind of faith that once sustained us all, we  
cry...  
**Response: Make me an instrument of your peace**

Covered in shame and confusion, wanting to stand safe and  
secure again, Hoping for kindness and truth to meet, justice and  
peace to kiss, Desperate for the courage to face our own  
issues, wanting to put all this behind us and live in wholeness,  
we cry...  
**Response: Make me an instrument of your peace**

Outraged by the actions of those who should have known better,  
Bearing with one another the burdens of our own and not of our  
own making, lost, looking for your guidance and direction,  
Amidst the shattered images of godliness and ministry, we cry...  
**Response: Make me an instrument of your peace**

Out of darkness of our despair,  
Into the cloud of our unknown selves,  
Not even knowing how to help each other or where to go from  
here, we cry...  
**Response: Make me an instrument of your peace**