



# South Buffalo Community Association

**@ THE TOSH COLLINS COMMUNITY CENTER**

## THIS MONTH



**April Trip to the Moon | p 3**



**Next Semester Announced | p 8**



**Save The Date | p 2**



**For the Farmers Market | p 4**

## MARCH | 2024



*SBCA staff & interns recruiting next year's interns at UB, February 1, 2024.*

## CONTACT US

### Address

35 Cazenovia Street  
Buffalo, NY 14220-1705

### Hours of Operation

Monday - Friday  
8:00am - 4:00pm



(716) 822-4532



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# 2 MARCH

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**Sue Gottesman**  
**Cedric Sun**  
*MSW Interns*

## DIRECTOR'S DESK FROM MICHAEL WEIDRICH

Recently we pulled some numbers of how many people we served in 2023 and was I shocked! Last year we had nearly 800 people go on our Young@Arts trips; 2,500 people attended our daily fitness class; and overall we served 15,000 people throughout all of our programs, services & activities. As I approach my 4th anniversary of this organization, I am amazed at how much we've grown from our COVID closure days to where we are now. And the best is yet to come! **-M.**

## 40 States

F M I C H I G A N U H A W A I I Y A N P  
L K O R N L C O L O R A D O A K I E O E  
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### Word List:

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WASHINGTON

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MISSISSIPPI

**SAVE THE DATE - JUNE 7TH**







## FLY ME TO THE MOON!

We are heading out on a trek to the stars as we return to the Whitworth Ferguson Planetarium at Buffalo State University. Besides an afternoon under the stars, we will once again be serenaded by Professor Holly Bewlay's Voice students in the planetarium. This trip, there will only be 48 seats. The schedule for the day is as follows:

### THURSDAY APRIL 11th:

**11:00 am - Meet at Tosh for lunch**

**11:30 am - Depart Tosh for Buff State**

**12:00 pm - Arrive at Planetarium**

**12:30 pm - Student Vocal Performances**

**1:30 pm - Planetarium Show**

**2:30 pm- Depart Buff State for Tosh**

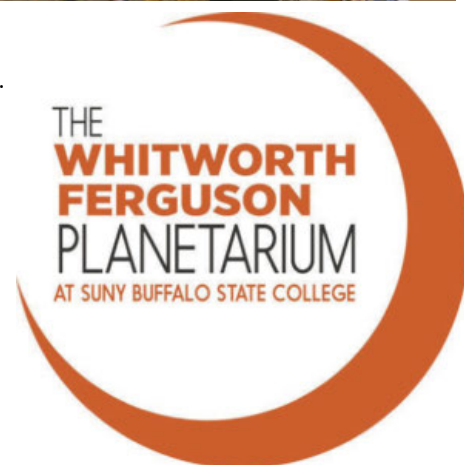
**3:00 pm - Arrive back at Tosh**

Starting with this trip, we will be trying out a new system to alleviate the 7AM line-ups at the Center. We are instating a lottery process to win tickets to trips.

From March 1st to March 15th, all members (City & non-City) may purchase one lottery ticket per person to be entered into a drawing to go on the trip. The lottery ticket is \$5. If you want to ensure that your spouse/ significant other/ best friend (who also must be a member) accompanies you if you win, you may put two names on the lottery ticket for \$10.

On Friday March 15th at Noon, we will pick the winners live. Half of the people picked will be City of Buffalo residents, the other half will be non-City members. Once you have been notified that you won, you have one week to pay for your trip ticket- \$15 for City of Buffalo members, \$20 for non-City members. Lunch is an additional \$3.

**Membership must be current as of February 29th to enter the lottery.**



### 2024 Membership at Tosh Collins Senior Center

- Early Registration for Special Events, Trips, and Classes
- Discounted Prices for Special Events & Trips
- Members-Only Special Events & Trips
- Advance Preview of upcoming Special Events, Trips & Classes
- Exclusive access to Discount Exercise Cards
- Complimentary SBCA bag with water bottle and pen



## Come Join Us!

- Monthly newsletter mailed to your home
- One-year memberships can start anytime of the year.
- City of Buffalo residents—\$15 a year  
Non-City of Buffalo residents—\$20 a year
- See Kim to start your membership today!



Executive Director Michael accepting a check for \$10,000 from the Lions Club of Buffalo to support Buffalo Common Council President Christopher Scanlon's South Buffalo Farmers Market. The Lions are looking forward to a Day of Service at the Farmer's Market this summer!



**We are thrilled to continue our ART CAMP classes with Charity Huff for another run. Due to Charity's limited availability this spring, we are switching up the schedule!**

**For our Spring Break Art Camp, we are doing a 5-day - 1-week Art Camp starting Monday March 18th through Friday March 22nd and we will be working on one big project. Class will be Monday through Friday starting at 10 am every day.**

**Charity is planning on teaching large landscapes in acrylic Bob Ross style. The week will culminate in an art show at Noon of the finished paintings.**

**The cost of the camp for the week is \$20 if you register in advance. We will limit the registration to 15 people. If you pay the day-of, as space allows, it will be \$5 per day.**

**If you have any questions, please contact Kim at 822-4532 x0.**



## MONDAY MATINÉE

March is Women's History Month and our movie & TV picks featured Hollywood's best leading ladies- Jane Fonda, Whoopi Goldberg, Ann-Margret and Lucille Ball! Every Monday at 12:30pm (unless otherwise noted)!

**March 4th- The Book Club (2018)-** Four friends' lives are turned upside down when their book club tackles the infamous "50 Shades of Grey." From discovering new romance to rekindling old flames, they inspire each other to make their next chapter the best chapter. Starring Diane Keaton, Jane Fonda, Candice Bergen, and Mary Steenburgen.

**March 11th- Sister Act (1992)-** When lively lounge singer Deloris Van Cartier sees her mobster beau, Vince LaRocca, commit murder, she is relocated for her protection. Set up in the guise of a nun in a California convent, Deloris proceeds to upend the quiet lives of the resident sisters. In an effort to keep her out of trouble, they assign Deloris to the convent's choir, an ensemble that she soon turns into a vibrant and soulful act that gains widespread attention. Starring Whoopi Goldberg, Maggie Smith, and Kathy Najimy.

**March 18th- Queen Bees (2021)-** While her house undergoes repairs, fiercely independent senior Helen temporarily moves into a nearby retirement community, where she encounters lusty widows, cutthroat bridge tournaments and a hotbed of bullying "mean girls." Starring Ellen Burstyn, Ann-Margret, Loretta Devine, and Jane Curtin.

**March 25th- CLASSIC COMEDY HOUR-** Enjoy a fine selection of classic episodes from the golden age of television. For March, everyone Loves Lucy!



"  
A big THANK YOU to all of you for the very generous donations you made to The Pantry and The Warming Tree. Your donations will help many who are in need in the South Buffalo community." -Kim

### TOGETHER WE CAN MAKE A DIFFERENCE!

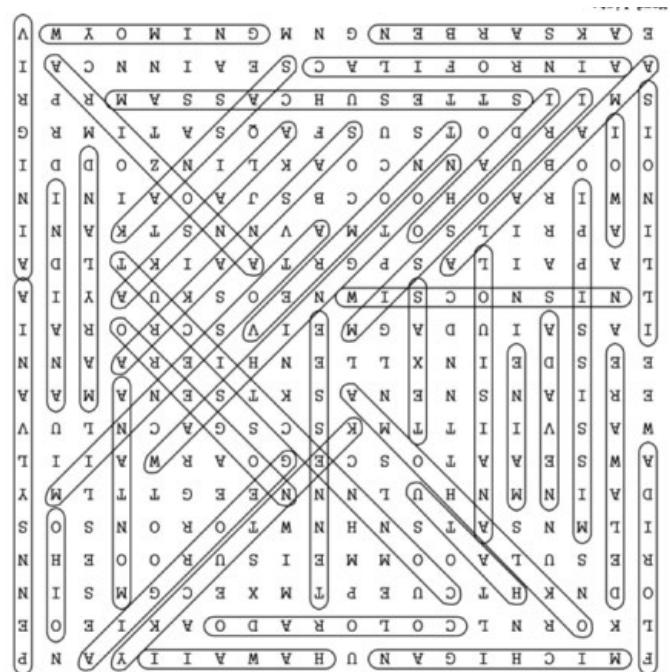
Pantry is open the following hours weekly:

**Monday 1 pm to 3 pm**

**Wednesday 9 am to 11:30 am**

For information, contact Kim at (716) 822-4536 ext. 0.

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The Pantry has served  
over 400 people  
in South Buffalo.**



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Upcoming Dates:

**March 4th June 3rd Sept 9th Dec 2nd**

Call Kim to register at 822-4532 x0

# 6 MARCH

## WALKING CLUB

Monday  
through  
Friday

9 AM—  
10 AM

Tosh  
Collins  
Gym

On the  
Youth  
Center Side



## Pickleball

Monday  
through  
Friday  
10 AM to  
1 PM

Call Jake at  
(716) 828-  
1445 to  
reserve  
your court  
time.



## LGBTQ+ Seniors Coffee Hour

Every 2nd Friday of the  
month from 10am-Noon.  
The next Meeting will be  
Friday, March 8th. For  
more info, contact  
Michael Weidrich at  
(716) 822-4532 x101 or  
email  
michael@southbuffalo.org



## UFO & Paranormal Meetup of WNY

Upcoming meetings are  
Saturday March 9th  
Saturday April 13th  
Saturday May 11th  
11 AM—2 PM  
For more info, contact  
Cintemple@ymail.com or  
call 716-931-0430



## MORNING FITNESS

### MONDAY



### MOVE & GROOVE MONDAY

Low impact exercise  
to music and fun  
with light weights,  
balance and coordi-  
nation. With Jess  
Reino Monday's at  
10am.\$5 or 10/\$30

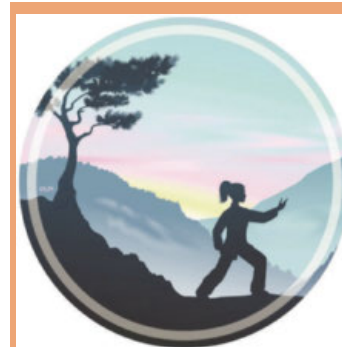
### TUESDAY



### BETTER BODY BALANCE

Jess empowers us to  
maintain better  
balance and stability,  
& body strength.  
Tuesdays at 10am.  
\$5 or 10/\$30

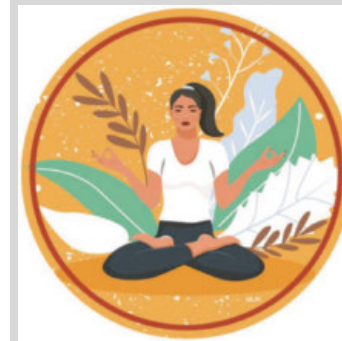
### WEDNESDAY



### MINDFUL MOVEMENT & GUIDED MEDITATION

Jess Reino guides  
gentle chair based  
movement focused  
on connecting  
breath to body.  
Wed at 10am.  
\$5 or 10/\$30

### THURSDAY



### CHAIR YOGA THURSDAYS

Gentle movement  
session that includes  
seated and standing  
poses using a chair.  
With Jess Reino on  
Thursday at 10am.  
\$5 or 10/\$30

### FRIDAY



### FRIDAY FITNESS

Up-tempo aerobic  
fitness class set to  
your favorite dance  
music hits! With Jess  
Reino Friday at 10am.  
\$5 or 10/\$30



## AFTERNOON GAMES & ACTIVITIES



### NICKELS RUMMY

Nickels is similar to Rummy with the twist of betting nickels. So bring your nickels! Game starts at 12:30PM.



### TUESDAY BINGO

The hottest game in town and Tosh does it on Tues! Prizes for every game and a 50/50 draw! \$1 a board. First ball drawn at 12:30PM.



### COMPUTER CLASS

Popular class just for Seniors. Wednesdays 1-3 PM with different topics every week. FREE



### POKER

Texas Hold'em every Thursday from 12:30 PM to 3 PM. Bring your nickels!



### FRIDAY BINGO

Bingo is the hottest game in town and Tosh does it on Fridays! Prizes for every game \$1 a game board. First ball drawn at 12:30PM.

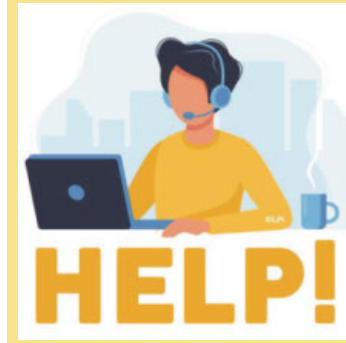
MONDAY



### MONDAY MOVIE MATINEE

A new movie or TV episode every week for your viewing pleasure with pop-corn! Showtime is 12:30 pm. FREE

TUESDAY



### CASE MANAGEMENT DROP-IN

Need assistance with obtaining food, light housekeeping, or completing applications? Drop in every Tuesday from Noon - 3:30 pm.

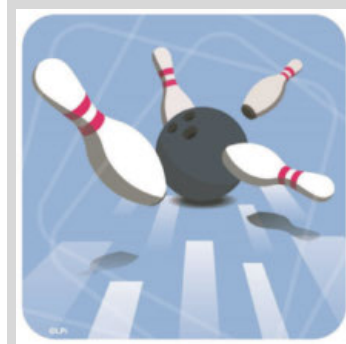
WEDNESDAY



### TECH SUPPORT

Brendan from the Library will offer Tech Support and answer questions after Computer Class every week from 3-4pm

THURSDAY



### Wii BOWLING THURSDAYS

Come hit the lanes as we bowl for fun! From gutter balls to strikes, we invite all to play. Thursdays from 12:30pm-2PM Free.

FRIDAY



### BLOOD PRESSURE CHECK

Nurse Marcy does blood pressure checks once a month during the morning. Check the calendar for specific dates.

## 8 MARCH

**University Express returns to the Tosh Collins Senior Center with another great line-up for the Spring Semester. Our Lunch & Learns have been so popular with some classes standing room only!**

**Sign up with Kim at the front desk or call 822-4532 to register for lunch and to learn then stay for BINGO !**

# LUNCH & LEARN

©LPi

Friday May 3- 11:30 AM

**Western New York First (and a couple seconds)** with Alan Nowicki

Take this fun journey through Western New York history with various facts and stories about the people, inventions and accomplishments that were first done in our area.

Friday May 17- 11:30 AM

**Half a Century of Working Women** with Cheryl McDonald

From Irish immigrants arriving on ships to Rosie the Riveter building war planes, women have helped shape our city and beyond. Whether managing the world's largest box company or running a nightclub on Michigan Avenue, Buffalo women have not shied away from hard work and entrepreneurship. We'll look at the period from 1900 to 1950 to meet some of these amazing women

Friday May 31- 11:30 AM

**Buffalo's Sporting Life** with Joe Wasik

Are you a diehard Buffalo Sabres fan? Do you keep rooting for the Bills year after year? Are you just getting into all that Buffalo sports has to offer? Whether an aficionado or an amateur, this talk is for you! Presented through the eyes of a 60-year-old lifelong Buffalo sports fan, this talk will focus on professional sports in Buffalo through the years, including the history of the Bills, the Bisons, the Braves, the Sabres, and more

Friday June 14- 11:30 AM

**The Irish and the Erie Canal** with Michael McCarthy

The Erie Canal was intended to be built with local labor however the further west they went the labor force dwindled. The canal was completed with the help of poor, unpopular, and unruly Irish immigrants. This presentation chronicles the issues and scope of the Irish intrusion.

Friday June 28- 11:30 AM

**Remembering Buffalo's Yesteryear Restaurants** with Marla Bujnicki

Step back in time to when the Park Lane was a converted mansion on Gates Circle, Liberace was gaining popularity courtesy of the DiGuilio family- owned 31 Club, the Cloister was the place to be seen and you were spun around, albeit lightly, as you enjoyed a beverage at the Chez Ami. Both memories and taste buds will be revived as we recall and share some of our more memorable dining experiences.

Friday July 12- 11:30 AM

**History of Buffalo Roadways: From Footpaths to Roundabouts!** with Kenneth Kuminski

We sure have come a long way from the unexplored wilderness our area was at the end of the Revolution in 1783! WNY is home to two major east-west transcontinental highways - Interstate 90, the longest route in the Interstate Highway System, and U.S. Route 20, the longest road in the older US Numbered Highway System and also the longest road in America. Join us to learn more fascinating history about our Buffalo Roadways.



## LUCK O' THE IRISH



### ST. PATRICK'S DAY PARTY

Join us Thursday March 14th for our St. Patrick's Day Party! There will be a special congregate lunch followed by some special fun and games. Make sure to wear your green and bring your lucky charms! Lunch is the normal \$3 donation.

Call Kim at (716) 822-4532 x0 to sign up.

GOOD CHEER  
GOOD FRIENDS  
GOOD LUCK

### You Are Cordially Invited to a Spring Break Pizza Party



Join us Tuesday March 19th for our annual Spring Break Pizza Party! Wear your best Hawaiian shirts and grass skirts, and be prepared to get lei'd on spring break! We will have a selection of pizzas and chicken wings to pick from for lunch. The bar will be open with a variety of virgin cocktails. There will be tropical treats and delicious desserts aplenty. And of course we will have a special Spring Break BINGO after lunch.

The cost is \$10 and we will be limiting registration to 70 members.

New registration schedule:

Tues Feb 20th at 9:30 am- City of Buffalo members

Wed Feb 21st at 9:30 am- Non-City of Buffalo members

Registration will only be in-person.

### SENIOR TRANSPORTATION SERVICES

Tosh Collins Senior Center offers transport to seniors in South Buffalo for all your needs. We offer rides to the Center, medical appointments, grocery shopping, special field trips, and more. Our bus driver Greg operates the bus Monday through Friday, 8 AM to 4 PM. Give him a call to schedule a ride. 822-4532 x105. \$3 suggested donation per ride.



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**South Buffalo**  
Community Association

@Tosh Collins Community Center  
35 Cazenovia Street  
Buffalo NY 14220-1705  
(716) 822-4532  
[www.southbuffalo.org](http://www.southbuffalo.org)

*The mission of the South Buffalo Community Association is to maintain and enhance the general cultural, social and recreational well-being of the neighborhoods of South Buffalo through human service programs. These programs include, but are not limited to the elderly, youth services, recreational programs for all ages, plus information and referral.*

## 12 MARCH



**South Buffalo**  
Community Association

## DAILY EVENTS

### MONDAYS

10:00 am to 11:00am

- **Move & Groove**

11:30 am to 12:30 pm

- **Lunch**

12:30 am to 2:00 pm

- **Nickels Rummy**
- **Trivia )2nd Mon)**
- **Monday Movie Matinee**

### TUESDAYS

10:00 am to 11:00am

- **Better Body Balance**

11:30 am to 12:30 pm

- **Lunch**

Noon to 3:30 pm

- **Case Mgmt. Drop-In**

12:30 pm to 2:00 pm

- **BINGO**

### WEDNESDAYS

10:00 am to 11:00 am

- **Mindful Movemt**

11:30 am to 12:30 pm

- **Lunch**

1:00 pm to 3:00 pm

- **Computer Class**

3:00 pm to 4:00 pm

- **Tech Support**

### THURSDAYS

10:00 am to 11:00 am

- **Chair Yoga**

11:30 am to 12:30 pm

- **Lunch**

12:30 pm to 2:00 pm

- **Poker**
- **Wii Bowling**

### FRIDAYS

10:00 am to 11:00 am

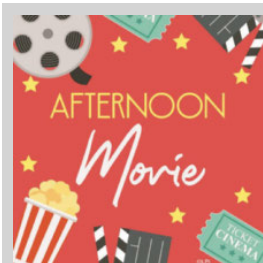
- **Friday Fitness**

11:30 am to 12:30 pm

- **Lunch**

12:30 pm to 2:00 pm

- **BINGO**



### Monday Movie Matinee!

**MONDAYS @ 12:30 PM**

3/4-The Book Club (2018)  
3/11- Sister Act (1992) [1:30 pm]  
3/18-Queen Bees (2021)  
3/25- **Classic Comedy Hour**

### COMPUTER CLASSES 4 SENIORS

**Wednesdays @ 1-3 PM**

3/6- Internet Basics  
3/13- Internet Privacy & Safety  
3/20- Using Google  
3/27- Securing Facebook

**TECH SUPPORT—Wed @ 3-4 PM**





# Tosh Collins Center Senior Activities March 2024



# South Buffalo

## Community Association

Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> 10-11 Move & Groove 11:30-12:30 Lunch 12:30-2 Nickels Rummy 12:30-2 Movie Matinee	<b>27</b> 10-11 Better Body Balance 11:30-12:30 Lunch 12-4 Case Mgmt Drop-in 12:30-2:30 Bingo	<b>28</b> 10-11 Mind Move Meditate 11:30-12:30 Lunch <b>1-3 Computer Class</b> <b>3-4 Tech support</b>	<b>29</b> 10-11 Chair Yoga 11:30-12:30 Lunch 12:30-2 Poker 12:30-2 Wii Bowling	<b>1</b> 10-11 Friday Fitness 11:30-12:30 Lunch 12:30-2 Bingo
<b>4</b> 10-11 Move & Groove 11:30-12:30 Lunch 12:30-2 Nickels Rummy 12:30-2 Movie Matinee <b>1-7 DRIVING CLASS</b>	<b>5</b> 10-11 Better Body Balance 11:30-12:30 Lunch 12-4 Case Mgmt Drop-in 12:30-2:30 Bingo	<b>6</b> 10-11 Mind Move Meditate 11:30-12:30 Lunch <b>1-3 Computer Class</b> <b>3-4 Tech support</b>	<b>7</b> 10-11 Chair Yoga <b>11:30-2:30 ST.PATRICK'S DAY PARTY</b> 12:30-2 Poker 12:30-2 Wii Bowling	<b>8</b> 10-11 Friday Fitness <b>10-12 Silver Pride</b> 11:30-12:30 Lunch 12:30-2 Bingo
<b>11</b> 10-11 Move & Groove 11:30-12:30 Lunch 12:30-2 Nickels Rummy <b>12:30-2 TRIVIA</b> 1:30-3:30 Movie Matinee	<b>12</b> 10-11 Better Body Balance 11:30-12:30 Lunch 12-4 Case Mgmt Drop-in 12:30-2:30 Bingo	<b>13</b> 10-11 Mind Move Meditate 11:30-12:30 Lunch <b>1-3 Computer Class</b> <b>3-4 Tech support</b>	<b>14</b> 10-11 Chair Yoga 11:30-12:30 Lunch 12:30-2 Poker	<b>15</b> 10-11 Friday Fitness 11:30-12:30 Lunch <b>NOON- TRIP LOTTERY DRAWING</b> 12:30-2 Bingo
<b>18</b> <b>10-11 ART CAMP</b> 10-11 Move & Groove 11:30-12:30 Lunch 12:30-2 Nickels Rummy 12:30-2 Movie Matinee	<b>19</b> <b>10-11 ART CAMP</b> 10-11 Better Body Balance <b>11:30-2:30 SPRING BREAK PIZZA PARTY</b> 12-4 Case Mgmt Drop-in	<b>20</b> <b>10-11 ART CAMP</b> 10-11 Mind Move Meditate 11:30-12:30 Lunch <b>1-3 Computer Class</b> <b>3-4 Tech Support</b>	<b>21</b> <b>10-11 ART CAMP</b> 10-11 Chair Yoga 11:30-12:30 Lunch 12:30-2 Poker 12:30-2 Wii Bowling	<b>22</b> <b>10-11 ART CAMP</b> 10-11 Friday Fitness 11:30-12:30 Lunch 12:30-2 Bingo
<b>25</b> 10-11 Move & Groove 11:30-12:30 Lunch 12:30-2 Nickels Rummy <b>12:30-1:30 CLASSIC COMEDY HOUR</b>	<b>26</b> 10-11 Better Body Balance 11:30-12:30 Lunch 12-4 Case Mgmt Drop-in 12:30-2:30 Bingo	<b>27</b> 10-11 Mind Move Meditate 11:30-12:30 Lunch <b>1-3 Computer Class</b> <b>3-4 Tech support</b>	<b>28</b> 10-11 Chair Yoga 11:30-12:30 Lunch 12:30-2 Poker 12:30-2 Wii Bowling	<b>29</b> <b>CLOSED</b> <b>GOOD FRIDAY / PASSOVER</b>

South Buffalo Community Association  
Tosh Collins Community Center  
35 Cazenovia Street, Buffalo NY 14220  
(716) 822-4532 [www.southbuffalo.org](http://www.southbuffalo.org)

Please register for all programs  
In advance to ensure a space.  
Call Kim at (716) 822-4532 x0  
Or email [kim@southbuffalo.org](mailto:kim@southbuffalo.org)

NEXT DEFENSIVE DRIVING CLASS:  
Monday March 4th  
1:00 PM – 7:00 PM  
(Dinner available for \$3.)



# South Buffalo

## Community Association

**Erie County Stay Fit Dining Program**  
**Standard Menu**  
**March 2024**  
**Tosh Collins Center (716) 822-4532**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> Rotini & Meatballs with Tomato Sauce & Mozzarella Cauliflower Spinach Diced Peaches (614)	<b>27</b> Breaded Chicken Breast with Buffalo-Style Sauce on a Bun Tater Tots Broccoli Florets Fruit Cocktail <b>Chocolate Milk</b> (768)	<b>28</b> Turkey with Stuffing & Gravy Mashed Sweet Potatoes Green Beans Applesauce (584)	<b>29 Soup &amp; Salad</b> Beef Barley Soup Brussels Sprouts <b>Chef Salad with Dressing</b> Corn Muffin Chocolate Pudding (791)	<b>1 Entrée Salad</b> Tuna Macaroni Salad on a Bed of Salad Greens Multigrain Crackers Oatmeal Round (732)
<b>4</b> Turkey a La King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (747)	<b>5 Entrée Salad</b> Grilled Chicken Caesar Salad with Parmesan Cheese and Croutons Whole Wheat Dinner Roll Sugar Cookie (864)	<b>6</b> Cabbage Roll with Savory Meat Sauce Ranch Mashed Potatoes Wax Beans with Carrot Multigrain Bread Strawberry Gelatin (712)	<b>7</b> Breaded Boneless Pork Chop with Gravy Scalloped Potatoes Peas Rye Bread Tropical Fruit <b>Chocolate Milk</b> (759)	<b>8</b> Baked Fish with Lemon Butter Parsley Sauce Vegetable Rice Pilaf California Blend Vegetables Dinner Roll Brownie (737)
<b>11</b> Italian Sausage with Peppers, Onions, and Tomato Sauce on a Bun Herb Roasted Potatoes Mixed Vegetables Pineapple (595)	<b>12</b> Breaded Chicken Drumsticks Broccoli Florets <b>Chef Salad with Dressing</b> Macaroni and Cheese Diced Peaches (804)	<b>13</b> Chili con Carne with Crackers <b>Chef Salad with Dressing</b> Corn Fruit Punch Fresh Orange <b>Chocolate Milk</b> (799)	<b>14 St. Patrick's Day</b> Corned Beef with Cabbage Buttered Potatoes Carrot Coins Deli Rye Bread Chocolate Éclair (741)	<b>15</b> Vegetable Lasagna with Cream Sauce French Bean Medley Cauliflower Dinner Roll Chocolate Chip Cookie (782)
<b>18</b> Pork Ribette with BBQ Sauce on a Bun Cheesy Mashed Potatoes Seasoned Mixed Greens Oatmeal Cookies (893)	<b>19</b> <b>SPRING BREAK PIZZA PARTY \$10</b>	<b>20 Welcome Spring!</b> Grilled Chicken, Mandarin Orange, and Sunflower Seed Salad Whole Wheat Dinner Roll Lemon Meringue Pie (825)	<b>21</b> Roast Turkey with Gravy & Cranberry Sauce Mashed Sweet Potatoes Peas and Carrots Dinner Roll Strawberry Gelatin (608)	<b>22</b> Cheese Omelet w/Creole Sauce Cheesy Diced Potatoes Broccoli , Biscuit Tropical Fruit <b>Chocolate Milk</b> (721)
<b>25</b> Cheese Ravioli with Tomato Meat Sauce & Parmesan Cheese Peas Summer Squash with Peppers Italian Bread Peaches (788)	<b>26</b> Bratwurst with Baked Beans & Mustard on a Bun Tater Tots with Cheese Mixed Vegetables Mandarin Oranges <b>Chocolate Milk</b> (933)	<b>27 Easter Meal</b> Chicken Cordon Bleu with Creamy Herb Gravy Vegetable Rice Pilaf Normandy Mixed Vegetables <b>Chef Salad with Dressing</b> Dinner Roll Coconut Cream Pie (1121)	<b>28</b> Stuffed Pepper with Tomato Meat Sauce Garlic Mashed Potatoes Green Beans Multigrain Bread Tropical Fruit (667)	<b>29</b> <b>Good Friday/ Passover No Meals Served</b>