

MOPS

MOTHERS OF PRESCHOOLERS

Meets 3rd Tuesday of the Month

September - April

9:15 – 11:30 a.m.

*Community * Encouragement * Hope * Relevance * Growth*

- Gathering with other Moms that are in the same season of life
- Sharing struggles and being encouraged
- Gaining practical parenting strategies
- Building Friendships in a dynamic & inviting environment

MOPS is a Non-Profit Organization that Offers

- A haven for soothing frazzled nerves, while forming friendships with moms in the same parenting stage.
- A quality children's program that includes story time, craft, play & snack time.
- Speakers that share their knowledge on ways to fulfill the varied roles of a mother, wife and woman.
- Small groups where moms can explore the speaker's topic and relate it to their own family, marriage, faith and KIDS!
- Complete creative crafts that cannot be accomplished at home with little ones.
(This year moms will be lead through a painting instruction that will last for the entire span of the group meetings. At the end you will be shown how to frame and prepare your painting for hanging.)
- In the month of February, we will enjoy a **MOPS** and **POPS** night out! Mothers and Fathers are invited to come share a potluck dinner at the Pastoral Center, mingle with other couples and hear a dynamic-speaker couple share some valuable parenting wisdom and insight!

Childcare is provided by Virtus-trained volunteers.

MOPS is for women who are pregnant or have a child, newborn through kindergarten

Call the Pastoral Center at 708-687-1370 to register or with your questions

Invite other Moms! Like us on Facebook: **MOPS St. Damian**