

Catholic Prayers

■ Sign of the Cross

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

■ Our Father

Our Father, who are in heaven, hallowed be your name; your Kingdom come; your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

■ Hail Mary

Hail Mary full of grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary Mother of God pray for us sinners, now and at the hour of our death. Amen.

■ Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

■ Apostles' Creed

In its twelve articles it was taught by the Apostles. It existed essentially since the second century, was precisioned by early Church councils, and adopted in its present form in the 11th century. Since the early years of the Western Church, catechumens were required to learn and recite it before baptism.

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day he rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty. From thence he shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sin, the resurrection of the body and life everlasting. Amen.

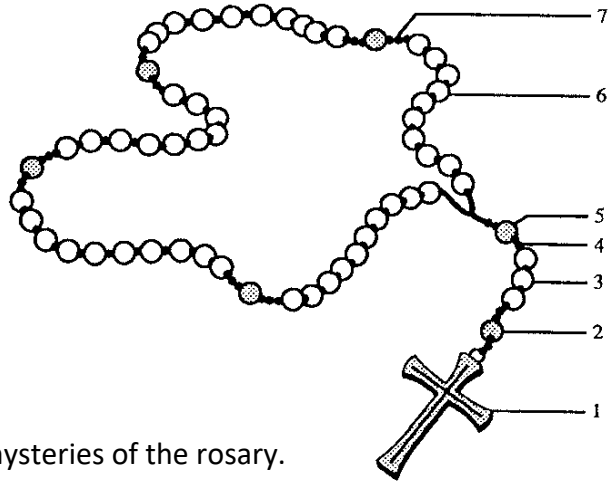
■ Hail, Holy Queen (Salve, Regina)

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping

in this valley of tears. Turn then, most gracious advocate your eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary!

■ The Rosary

1. Sign of the Cross
2. Our Father
3. Three Hail Marys
4. Glory be to the Father
5. First Mystery - Our Father
6. Ten Hail Marys
7. Glory be to the Father



Repeat the last 3 steps, meditating on the other mysteries of the rosary.

Sometimes the Fatima invocation is recited between decades:

"O my Jesus, forgive us our sins. Save us from the fires of Hell. Lead all souls to heaven, especially those who most need your mercy." (1917, recommended by Mary to the children at Fatima)

Joyful Mysteries - Mondays / Thursdays

1. The Annunciation (Humility) Isaiah 7:10-14, Luke 1:26-38
2. The Visitation (Charity) Is. 40:1-10, Luke 1:39-45, John 1:19-23
3. The Nativity (Poverty) Micah 5:1-5, Matthew 2:1-12, Luke 2:1-20, Gal. 4:1-7
4. The Presentation of the Child in the Temple (Obedience) Luke 2:22-35, Hebrews 9:6-14
5. The Finding of the Child Jesus in the Temple (Piety) Luke 2:41-50, John 12:44-50, 1 Cor. 2:6-16

Sorrowful Mysteries - Tuesdays / Fridays

1. The Agony in the Garden (Repentance) Matt. 26:36-46, Mark 14:26-42, Luke 22:39-53, John 18:1-12
2. The Scourging at the Pillar (Purity) Is. 50:5-9, Matt. 27:15-26, Mark 15:1-16
3. The Crowning with Thorns (Courage) Is. 52:13 - 53:10, Matt. 16:20-25, Matt. 27:27-31, Mark 15:16-19, Luke 23:6-11, John 19:1-7
4. The Carrying of the Cross (Patience) Mark 8:31-38, Mark 16:20-25, Luke 22:20-32, John 19:17-22, Phil. 2:6-11
5. The Crucifixion (Self renunciation) Mark 15:33-39, Luke 23:33-46. John 19:17-37, Acts 22:22-24, Hebrews 9:11-14

Glorious Mysteries - Sundays / Wednesdays / Saturdays

1. The Resurrection (Faith) Matt. 28:1-10, Mark 16:1-18, Mark 24:1-11, John 20:1-10, Romans 6:1-14, 1 Cor. 15:1-11
2. The Ascension (Hope) Matt. 28:16-20, Luke 24:44-53. Acts 1:1-11, Eph. 2:4-7
3. The Descent of the Holy Spirit upon the Apostles (Love) John 14:15-21, Acts 2:1-11; 4:23-31; 11:44-48
4. The Assumption (Eternal Happiness) John 11:17-27; 1 Cor. 15:20-28, 42-50, 51-57; Rev. 21:1-6
5. The Coronation of Mary (Marian Devotion) Matt. 5:1-12, 2 Peter 3:10, Rev. 7:1-4, 9-12, Rev. 21:1-6