

LENT begins



Ash Wednesday

Ash Wednesday February 26, 2020

*The beginning of Lent ... not a holyday of obligation ...
but a good beginning of renewal and conversion for Catholics*

Our Lady of the Annunciation in Queensbury

- 7:30 am Mass and Distribution of Ashes
- 12 noon Liturgy of the Word and Distribution of Ashes
- 3 pm Liturgy of the Word and Distribution of Ashes
- 7 pm Liturgy of the Word and Distribution of Ashes

Sacred Heart in Lake George – *These will be in the Main Church, not the Chapel*

- 8:30 am Mass and Distribution of Ashes
- 12 noon Mass and Distribution of Ashes

RECONCILIATION OPPORTUNITIES

St Michael's South Glens Falls

Wednesday March 11th at 1 pm

Our Lady of the Annunciation, Queensbury

Wednesday March 18th at 7 pm

Sacred Heart Lake George

Monday March 23rd at 11 am
soup & bread to follow

St. Mary's / St. Paul's – Hudson Falls

Tuesday March 24th at 6:30 pm



Roman Catholic Diocese of Albany Guidelines on FAST AND ABSTINENCE

Ash Wednesday and Good Friday are days of fast and abstinence. As a sign of our penance, we preserve for the Diocese of Albany the custom of abstinence from meat on the Fridays of Lent. Abstinence binds all Catholics who are 14 years of age and older. Fast binds all Catholics who are 18 years of age but not yet 59. Fasting refers to the quantity of food eaten. Traditionally, fasting calls for only one full meal per day. By retaining these traditions for our Diocese, we do not intend that they be interpreted as laws binding under pain of sin, but as customs from which we will not hold ourselves lightly excused. They are expressions of our desire to be converted in our hearts, to be reconciled with each other, and to love our neighbor.

STATIONS OF THE CROSS & ADORATION

Fridays during Lent beginning February 28th

Annunciation Queensbury	Friday night 7 pm Adoration follows from 7:30 pm – 8:30 pm
Sacred Heart Lake George	Fridays 3 pm Adoration on Wednesdays from 9 am to 9 pm

DAILY MASS

Annunciation Queensbury	7:30 am Monday, Tuesday & Wednesday
Sacred Heart Lake George	8:30 am, Monday, Wednesday & Friday
St. Michael's South Glens Falls	8:30 am Tuesday through Saturday
St. Mary's Glens Falls	Tuesday, Wednesday and Thursday 12:10 pm Friday 8:05 am

