

GRACES & BLESSINGS OF PERPETUAL EUCHARISTIC ADORATION

1. Each holy hour that you make brings the world and everyone in the world closer to Christ.
2. In your holy hour, “you are presenting to Christ all those who do not know Him or are far from Him. You keep watch in His Presence on their behalf,” bringing down upon these souls in most need of God’s mercy the Precious Blood of the Lamb to obtain their conversion so they go to Heaven to be with God for all eternity. (*Eucharist: Sacrament to Be Adored, by John Paul II, L’Osservatore Romano 26 June 1996*)
3. Your holy hour deepens your union with Christ and brings great joy to His Heart and will make your soul everlastingly more glorious for all eternity.
4. Through perpetual Eucharistic adoration you, “contribute to the radical transformation of the whole world.” (*Eucharist: Sacrament to Be Adored by John Paul II, L’Osservatore Romano 26 June 1996*)



5. Perpetual adoration blesses the Church with vocations by providing an atmosphere where the Lord calls forth those whom He desires for priesthood or religious life.
6. Your holy hour helps fallen Catholics return to the Church.
7. Perpetual Eucharistic adoration builds a bridge for our separated brethren to feel a place of welcome as all are invited to adore Jesus in the Blessed Sacrament.
8. Your holy hour, “makes reparation for the great faults and crimes of the world.” (*Dominicae Cenaee, John Paul II, February 24, 1980*)
9. Your holy hour gives you the “peace that surpasses all understanding.” (*Phil. 4:7, John 14:27, John 20:19*)

COMMITMENT TO PERPETUAL EUCHARISTIC ADORATION

Each adorer is individually called to take part in perpetual Eucharistic adoration, freely responding to the first commandment, “The Lord your God is the one to whom you must adore, him alone you must serve.” (Mt 4:10) For each adorer, “the act of adoration outside of Mass prolongs and intensifies all that takes place during the liturgical celebration itself” (*Pope Benedict XVI, Sacramentum Caritatis, #66*)

Thus, the chapel of perpetual adoration becomes an oasis of peace where people go to gain new strength according to the call, “Come to me all you who labor and are overburdened and I will give you rest” (Mt. 11:28), and to open a temporary gap in the daily hustle and bustle of life to be in the Lord’s Divine Presence. “Be still and know I am God.” (*Ps 46:11*)

Each adorer commits to being a critical link in an unbroken chain of love offered to Jesus in the Blessed Sacrament.

It is on prayer that the effectiveness of action depends. The Church’s mission largely depends on each person’s personal relationship with the Lord Jesus and must, therefore, be nourished by prayer: “It is time to reaffirm the importance of prayer in the face of the activism and the growing secularism.” (*Pope Benedict XVI, Deus Caritatis Est, n, 37*)

Therefore, the commitment to perpetual adoration is to grow in our personal relationship with Jesus and contribute to the Church’s mission to bring Christ to the world and the world to Christ.

ADORER'S PRACTICAL TIPS

1. Each time you adore, you must sign-in. It is important that each hour be covered. The Blessed Sacrament must NEVER be left alone. You are the committed adorer and guardian of the Eucharist for your hour.
2. Adorers will be given a copy of the weekly chart for their hour as well as the previous hour and the following hour. Get to know these adorers so you can access them when you need an occasional substitute for your assigned hour. The relationship between those who share the same holy hour is expressed as “prayer partners”.
3. If you are unable to attend your assigned hour, ask a family member or friend who is not a regularly scheduled adorer first. The purpose for asking someone who is not scheduled is to introduce potential new adorers to adoration. If unsuccessful, immediately contact your prayer partners to make sure one of them will be present, since you will be absent. DO NOT ASSUME they will be present. A direct, verbal confirmation is necessary. It is not suitable to rely on a telephone answering machine message, or voicemail.
4. If you are unable to confirm a prayer partner, call an adorer from the same hour on another day of the week and arrange a switch. Another helpful method is to call adorers in the hour before you, or after you, and ask them to cover your hour, and you will do the same for them when they are in need. You may also ask the adorer before to take the first half-hour of yours and ask the adorer after you to come a half-hour earlier.
5. If, after trying all options you are unable to get a substitute, call your Hourly Captain. It becomes the Hourly Captain's duty to insure there is no risk of the Blessed Sacrament being left alone.
6. If you are going to be on vacation for an extended period of time it is necessary for you to find a substitute and inform your Hourly Captain.
7. To enable adorers to contact anyone within the appropriate division for assistance, a Master Adoration Schedule of all adorers belonging to each division will be made available in the chapel. There are a total of four Divisions. Also, an Emergency List of adorers who are close and can come quickly will be available.
8. If upon completion of your holy hour, you find that the next adorer does not arrive, contact the adorer for that hour. If unable to reach them refer to the Adoration Schedule to contact their Hourly Captain. Should you be unable to reach the Hourly Captain then contact the next adorer to see if they can come early. You MUST remain with the Blessed Sacrament until the problem is rectified. The Schedule will enable you to first contact the adorer to get a response or contact adorers having the period following the absentee's hour to see if they can make an early arrival.
9. Attend adorer meetings to share graces and blessings you have received and to develop spiritual friendship with other adorers. Contact Hourly Captain with any special personal prayer intentions.
10. Familiarize yourself with the other team members to facilitate ease in asking for substitutes.

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