

Dear Parents,

In response to the COVID-19 virus, we will not be holding classes Wednesdays or Sundays until further notice. During this critical time, it is important that you continue your child's faith formation. As parents, you are the primary religion teacher for your child. But you are not alone. We are still here to help you however we can. I am including some suggestions for teaching your child about our faith while at home.

1. Pray often with your child – in the mornings, in the evenings, before meals, etc. Work with your children on the prayers they should know.
2. Reassure your child by sharing our Catholic faith with him/her. You can tie it into what is happening in our world today. Talk about God's unconditional love for us.
3. Since this is Lent, teach your child about reconciliation (confession) and how to examine his/her conscience. Teach about our sinfulness and how God forgives us. Do a daily examination of conscience.
4. Pray the Stations of the Cross with your child on Fridays.  
[https://wau.org/resources/article/re\\_stations\\_cross\\_kids/](https://wau.org/resources/article/re_stations_cross_kids/)  
<https://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/stations-of-the-cross/multimedia-stations-of-the-cross-for-children>  
<https://www.catholic.org/prayers/station.php> (for older children)  
<https://stations.wordonfire.org/stations-of-the-cross> (for older children)
5. Pray the rosary as a family.

Here are some websites you can go to for resources to help with the faith formation of your child:

<https://austindiocese.org/lenten-resources>

<https://www.loyolapress.com/> - click on catholic resources tab

<https://catholiccurrent.org/>

I hope this helps and reassures you that you are not alone. I know things are crazy and scary right now, but consider this a gift – time for you to share our beautiful Catholic faith with your precious children. Please let me know if you have any questions, concerns or need more help. I am at your service. My new email address is [faithformationsm402@gmail.com](mailto:faithformationsm402@gmail.com) or you can call the church office at 979-279-2233. Take care of yourself and each other.

In Christ,

Becky Luza

Faith Formation Director  
St. Mary Catholic Church  
Hearne, TX