

## LIVE SIMPLY



*Xin (the explorer)*

**It's better to have enough of what we really need, than to have too many things we don't.**

**– St. Thomas More**

**What is really important is the joy of living and of being sisters and brothers. What we have and what we own is not that important. We can be happy with enough, with the joys of family and friends.**

## WHAT WE ALREADY DO

- **Lenten plain soup suppers.**
- **Taste of St. Thomas More dinners with food from around the world.**
- **Simple liturgies and worship space.**
- **Bulletin articles on Care for Our Common Home.**

## MORE WE CAN DO

- **Plant a church vegetable garden or participate in community gardens.**
- **Highlight the Lenten Rice Bowl calendar and recipes ([crsricebowl.org](http://crsricebowl.org)).**
- **Practice parish composting.**
- **Plan meatless parish meal.**
- **Set up a table to share home grown fruits and veggies.**