What Every Confirmed Catholic Should Know?

(Note: All of the following are possible questions for the interview.)

# Ten Commandments

* + 1. I the Lord am your God. You shall not have other gods besides me.
    2. You shall not take the name of your God in vain.
    3. Remember to keep holy the Sabbath day.
    4. Honor your father and mother.
    5. You shall not kill.
    6. You shall not commit adultery.
    7. You shall not steal.
    8. You shall not bear false witness against your neighbor.
    9. You shall not covet your neighbor's wife.
    10. You shall not covet your neighbor's goods.

**Precepts of the Church (Duties of a Catholic Christian)**

1. To keep holy the day of the Lord's resurrection (Sunday). To worship God by participating in Mass for every Sunday and holy day of obligation. To avoid those activities (like needless work) that would hinder worship, joy, relaxation.
2. To lead a sacramental life. To receive Holy Communion frequently and the Sacrament of Reconciliation regularly.
3. To study Catholic teachings in preparation for the Sacrament of Confirmation, to be confirmed, and then to continue to study and advance the cause of Christ.
4. To observe the marriage laws of the Church. To give religious training, by word and example, to one's children. To use parish schools and catechetical programs.
5. To strengthen and support the Church-one's own parish community and parish priests, the worldwide Church, and the pope.
6. To do penance, including abstaining from meat and fasting from food on the days appointed.

**Days of Fasting (for adults) Days of Abstinence (for all those over the age 14)**

\*Ash Wednesday

\*Good Friday

\*All Fridays in Lent

# Holy Days of Obligation in the United States

# The Solemnity of Mary, Mother of God: January 1 We honor Mary, Mother of God

# Ascension: Fortieth day after Easter:

# Jesus ascended into heaven

# Assumption: August 15th;

# Mary was taken into heaven, body and soul

# All Saint’s Day: November 1st;

# We honor all the saints in heaven

# Immaculate Conception: December 8th;

# Mary was free from sin from the first moment of her life.

# Christmas: December 25th;

# We celebrate the birth of Jesus.

# The Seven Sacraments

Baptism, Confirmation, Eucharist, Reconciliation (Penance), Anointing of the Sick, Matrimony, Holy Orders

# Corporal Works of Mercy Spiritual Works of Mercy Feed the Hungry Warn the Sinner Give drink to the thirsty Instruct the ignorant Clothe the naked Council the doubtful Visit the sick Comfort the suffering Shelter the homeless Bear wrongs patiently Visit the imprisoned Forgive all injuries Bury the dead Pray for the living & the dead

**The Theological Virtues** the Cardinal Virtues Faith, hope, love (charity) Prudence, temperance, justice, fortitude

**The Beatitudes (Matthew 5:3-10)**

Blessed are the poor in spirit: for theirs is the kingdom of heaven. Blessed are the meek: for they shall possess the land.

Blessed are they who mourn: for they shall be comforted.

Blessed are they that hunger and thirst after justice: for they shall have their fill. Blessed are the merciful: for they shall obtain mercy.

Blessed are the clean of heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they that suffer persecution for justice' sake, for theirs is the kingdom of heaven.

**The Way of the Cross**

* + 1. Jesus is condemned to death
    2. Jesus receives the cross
    3. The first fall
    4. Jesus meets His Mother
    5. Simon of Cyrene carries the cross
    6. Veronica wipes Jesus' face with her veil
    7. The second fall
    8. Jesus meets the women of Jerusalem
    9. The third fall
    10. Jesus is stripped of His garments
    11. Jesus is nailed to the cross
    12. Jesus dies on the cross
    13. Jesus' body removed from the cross
    14. Jesus is laid in the tomb

### **Gifts of the Holy Spirit**

The Gifts of the Holy Spirit are seven special graces given to us by the Holy Spirit to help us live a holy life and fulfill God’s will.

| **Gift** | **Description** |
| --- | --- |
| **Wisdom** | Enables us to love spiritual things and see things from God’s perspective. |
| **Understanding** | Helps us grasp the deeper meaning of our faith and the mysteries of God. |
| **Counsel (Right Judgment)** | Guides us in making decisions that align with God’s will. |
| **Fortitude (Courage)** | Strengthens us to stand up for our faith and live out the teachings of Christ, even in the face of difficulties. |
| **Knowledge** | Helps us recognize God’s purpose for our lives and His divine plan. |
| **Piety (Reverence)** | Inspires us to have a deep sense of respect and love for God and His Church. |
| **Fear of the Lord (Wonder and Awe)** | Makes us aware of the greatness of God and encourages a sense of awe, not fear, towards Him. |

### **Fruits of the Holy Spirit**

The Fruits of the Holy Spirit are twelve characteristics that result from living in accord with the Holy Spirit and are evidence of His presence in our lives.

| **Fruit** | **Description** |
| --- | --- |
| **Charity (Love)** | The ability to love God above all else and love others as ourselves. |
| **Joy** | A deep, abiding happiness and contentment rooted in our relationship with God. |
| **Peace** | A sense of tranquility and trust in God’s plan, regardless of circumstances. |
| **Patience** | Enduring difficult situations with calmness and hope in God’s timing. |
| **Kindness** | Acting with compassion and concern for others. |
| **Goodness** | Consistently choosing to do good and avoid evil. |
| **Generosity** | Willingness to give and share our time, talents, and treasures with others. |
| **Gentleness** | Treating others with care and respect, avoiding harshness. |
| **Faithfulness** | Remaining true to God, His teachings, and our commitments. |
| **Modesty** | Living humbly and focusing on God rather than ourselves. |
| **Self-Control** | Ability to control our desires and impulses to align with God’s will. |
| **Chastity** | Living a life of purity in thoughts, words, and actions, especially in the realm of sexuality. |

# The Mysteries of the Rosary the Five Joyful Mysteries

(To be said on Mondays & Saturdays)

The Annunciation  
The Visitation  
The Birth of Our Lord  
The Presentation  
The Finding of Our Lord in the Temple

**The Five Sorrowful Mysteries**(To be said on Tuesdays & Fridays)

The Agony in the Garden  
 The Scourging at the Pillar  
 The Crowning with Thorns  
 The Carrying of the Cross  
 The Crucifixion and Death of Our Lord

# The Five Glorious Mysteries

(To be said on Sundays & Wednesdays)  
The Resurrection  
The Ascension  
The Descent of the Holy Spirit

The Assumption

The Crowning of Mary

# The Five Luminous Mysteries

(To be said on Thursdays)  
The Baptism in the Jordan  
The Wedding at Cana  
The Proclamation of the Kingdom  
The Transfiguration  
The Institution of the Eucharist

The **Divine Praises**

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mar, Virgin and Mother.  
Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

# The Hail Mary

# Hail Mary, Full of Grace;

# The Lord is with thee.

# Blessed art thou;

# Among women,

# And blessed is the fruit;

# Of thy womb, Jesus.

# Holy Mary, Mother of God;

# Pray for us sinners,

# Now, and at the hour

# Of our death, Amen.

**The Our Father**

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come, Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

**The Apostles' Creed**

I believe in God, the Father almighty,

Creator of Heaven and earth.

I believe in Jesus Christ, God’s only Son, our Lord,

Who was conceived by the Holy Spirit,

Born of the Virgin Mary,

Suffered under Pontius Pilate,

Was crucified, died, and was buried;

He descended to the dead.

On the third day he rose again,

He ascended into heaven,

He is seated at the right hand of the Father,

And he will come again to judge the living and the dead.

I believe in the Holy Spirit,

The holy catholic church,

The communion of saints,

The forgiveness of sins,

The resurrection of the body,

And the life everlasting, Amen.

**The Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

# Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of Your faithful and enkindle in them the fire of Your love. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth. Let us pray. 0 God, who instructed the hearts of the faithful by the light of the Holy Spirit, grant in that same Spirit to be truly wise, and ever to rejoice in His consolation. Through Christ our Lord. Amen.