



# IMPORTANT INFORMATION YOU NEED TO KNOW ABOUT COVID-19

## COVID-19 SYMPTOMS

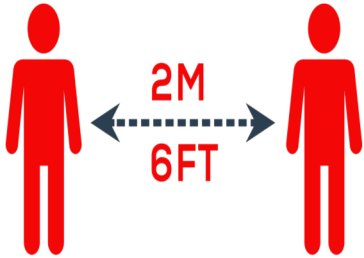
Symptoms appear between 2-14 days after exposure to the virus. Symptoms of COVID-19 include:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell



## HOSPITAL COVID-19 HOTLINE

If you have fever, cough, and difficulty of breathing you should call the Schneck COVID-19 Hotline at 812-524-4266 to be told what steps to take. There are translators available to help. Hotline hours are Monday-Friday from 8AM - 4PM.



## SOCIAL DISTANCING AND QUARANTINE

To prevent the spread of COVID-19, the CDC (Centers for Disease Control) recommends social distancing or limiting face-to-face contact with other people. To do this, you must be at least 6 feet away from other people. Do not meet in groups and stay away from crowded places. If someone in the household gets COVID-19, ALL who live with him / her must stay home. Do not go to work or run errands.



## FACIAL COVERINGS / MASKS

The Center for Disease Control (CDC) also recommends that you use a cloth face covering in public places like the grocery store and pharmacy. The covering must be snug and cover both the nose and the mouth.



## HAND WASHING

Wash your hands frequently with soap and water for at least 20 seconds, especially after blowing your nose, coughing, sneezing, after using the bathroom, and before eating or preparing food.