<table>
<thead>
<tr>
<th>Lesson Number</th>
<th>Lesson Title</th>
<th>Catholic Teachings</th>
<th>Lesson Goal</th>
<th>Lesson Objectives</th>
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</table>
| 1             | What is Your Motto?            | *Church teachings revealed in the Creed applies in our daily lives.  
*Human relationships are intended to be experiences of Divine Love  
*Personal covenant with God  
*Live responsibly as fully initiated members of the Church  
*Discipleship is our call to holiness  
*The relationship between the love of God, our love of self, and our love of others  
*The image of God is in ourselves and others | *Identify and understand key Catholic beliefs/mottos and the beliefs/mottos that popular culture wants youth to believe.  
*Recognize the key elements of how to discern when a belief/motto is consistent with our Catholic teaching  
*Understand the connection one’s motto has with the Circle of Grace.  
*Recognize that living one’s Christian beliefs/mottos reflect the true person.  
*Recognize ways youth are pressured to ignore Catholic beliefs/mottos.  
*Know appropriate responses when one is confronted with inappropriate messages/interactions of popular culture. |                                                                                                                                                                                                                     |
| 2             | A.C.T.I.O.N. – Steps needed when Concerns Don’t Go Away | *Church teachings revealed in the Creed applies in our daily lives.  
*Human relationships are intended to be experiences of Divine Love  
*Personal covenant with God  
*Live responsibly as fully initiated members of the Church  
*Discipleship is our call to holiness  
*The relationship between the love of God, our love of self, and our love of others  
*The image of God is in ourselves and others | *Identify and understand key steps to be safe in uncomfortable situations.  
*Understand the connection between acting safe and our Circle of Grace.  
*Recognize that acting safe protects the true person.  
*Recognize ways youth are pressured to ignore taking actions in unsafe situations.  
*Identify appropriate responses when one is confronted with inappropriate interactions or violations. |                                                                                                                                                                                                                     |
| 3 | Modesty: A Thing of the Past of Not? | *Church teachings revealed in the Creed applies in our daily lives.  
*Human relationships are intended to be experiences of Divine Love  
*Personal covenant with God  
*Live responsibly as fully initiated members of the Church  
*Discipleship is our call to holiness  
*The relationship between the love of God, our love of self, and our love of others  
*The image of God is in ourselves and others | *Identify and understand why modesty is important.  
*Recognize the key elements of modesty.  
*Understand the connection between modesty and your Circle of Grace.  
*Recognize that modesty is a healthy boundary which protects the true person.  
*Recognize ways youth are pressured to not value modesty.  
*Know how to respond when one is confronted with inappropriate interactions or violations. |
| 4 | Tech Savvy or Tech Safe? | *Church teachings revealed in the Creed applies in our daily lives.  
*Human relationships are intended to be experiences of Divine Love  
*Personal covenant with God  
*Live responsibly as fully initiated members of the Church  
*Discipleship is our call to holiness  
*The relationship between the love of God, our love of self, and our love of others  
*The image of God is in ourselves and others | *Identify and understand why internet/technology safety is important.  
*Recognize the key ways one can be deceived by an internet/technological interaction.  
*Recognize ways internet/technological interactions or internet sites can damage one's relationship with God, self and others.  
*Understand the connection between technological/internet activity and your Circle of Grace.  
*Recognize the need for healthy boundaries, when involved in technological/internet activity.  
*Recognize ways youth are pressured to participate in questionable technological/internet activity.  
*Know appropriate responses when one is confronted with inappropriate interactions or violations. |
| S | Circle of Grace | *Church teachings revealed in the Creed applies in our daily lives.  
*Human relationships are intended to be experiences of Divine Love  
*Personal covenant with God  
*Belief in the Communion of Saints  
*Live responsibly as fully initiated members of the Church  
*Discipleship is our call to holiness  
*The relationship between the love of God, our love of self, and our love of others  
*The image of God is in ourselves and others | *Identify and define the key components of the Circle of Grace and Circle of Virtue.  
*Identify realistic ways to cultivate a relationship with God.  
*Know appropriate responses to unsafe situations. |