

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Extraordinary Ministers of Holy Communion is the formal title of laypeople who distribute the Eucharist during Mass. As the title implies, there are also “ordinary ministers” - those who are literally “ordained” to the ministry namely bishops, priests, and deacons. These ministers are usually the first in order to distribute the Body and Blood of Christ, the deacon being the customary distributor of the cup.

In most places, especially when Communion is offered under the forms of both bread and wine, there are rarely enough “ordinary” ministers for the timely distribution of Communion.

Communion ministers receive spiritual, theological, and practical preparation to fulfill their role with knowledge and reverence. Such preparation addresses appropriate attire, demeanor, and the manner in which to handle the consecrated bread and wine.

While Eucharistic ministers are not ordained, their roles carry spiritual value. A Eucharistic minister’s simple duties belie a sacred spiritual mystery.

Your willingness to serve as an Extraordinary Minister of the Eucharist, reflects not only a response to your Baptismal call to serve the people of God, but a commitment to Christ as you share in the preaching, teaching and leading aspects of the church.

By offering the Eucharist, you recognize the Body of Christ in those to whom you minister, and ultimately you act as the Body of Christ by fully participating in the life of the parish and the wider community.

If you are being called, fear not, for God is with you. Call Deacon Frank at 781-438-2498 or email him at mellodello77@gmail.com and we will work together towards this beautiful ministry in your life.

Thank you and God Bless. Deacon Frank