

FREE LUNCH PROGRAM

Alternate Entrée available by request:

PB&J Sandwich or String Cheese and Yogurt

This institution is an equal opportunity provider.

# SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Key:</b> W/W = Whole Wheat F/C = Fresh or Canned Fruit</p>		<p>1) <b>Hot Dog on W/W Bun</b> French Fries Pork &amp; Beans Baby Carrots F/C Fruit Milk</p> <p>Knightly News</p>	<p>2) <b>Popcorn Chicken</b> Potato Wedges Whole Kernel Corn F/C Fruit Milk</p> <p>Spirit Wear Day</p>	<p>3) <b>Hamburger on W/W Bun</b> Tator Tots Fresh Veggies w/Dip F/C Fruit Milk - Choc or White</p> <p>All School Mass</p>
<p>6)  <b>No School</b>  <b>Labor Day</b></p>	<p>7) <b>Chicken Nuggets</b> Curly Fries Peas/Carrots F/C Fruit Milk</p> <p>H&amp;S Mtg at 6:30pm</p>	<p>8) <b>Cheese/Pepperoni Pizza</b> Side Salad Corn F/C Fruit Milk</p>	<p>9) <b>Walking Tacos</b> Refried Beans Salsa Rice F/C Fruit Milk</p>	<p>10) <b>Hot Ham &amp; Cheese on W/W Bun</b> Potato Smiles Green Beans F/C Fruit Milk - Choc or White</p> <p>All School Mass</p>
<p>13) <b>French Toast Sticks</b> Sausage Hash Browns Applesauce or Fresh Fruit Milk - Choc or White</p>	<p>14) <b>Hot Dog on W/W Bun</b> French Fries Baby Carrots Cucumber Slices F/C Fruit Milk</p>	<p>15) <b>Sub Sandwich on W/W Bun</b> Lettuce/Tomato/Cheese Potato Crisps Strawberry Cup Milk</p> <p>Out of Uniform Day Knightly News</p>	<p>16) <b>Sloppy Joe on W/W Bun</b> Tator Tots Fresh Veggies w/Dip[ F/C Fruit Milk</p> <p>Parent Night at 6:00pm in Cafeteria</p>	<p>17) <b>Macaroni &amp; Cheese</b> Buttered W/W Bread Steamed Broccoli F/C Fruit Milk - Choc or White</p> <p>All School Mass</p>
<p>20) <b>Hot Turkey on WW Bun</b> Mashed Potatoes Gravy Corn F/C Fruit Milk - Choc or White</p>	<p>21) <b>Spaghetti w/Meat Sauce</b> Side Salad Garlic Bread F/C Fruit Milk</p>	<p>22) <b>Grilled Cheese on W/W Bread</b> Tomato Soup Pickle Spear F/C Fruit Cheese Puffs Milk</p>	<p>23) <b>Mini Corn Dogs</b> French Fries Baby Carrots F/C Fruit Milk</p>	<p>24) <b>Cheese/Pepperoni Pizza</b> Side Salad Corn F/C Fruit Milk - Choc or White</p> <p>All School Mass Picture Retake</p>
<p>27) <b>Chicken Patty on W/W Bun</b> Tator Tots Peas F/C Fruit Milk - Choc or White</p> <p>SAC Mtg at 6:30pm</p>	<p>28) <b>Cheeseburger on W/W Bun</b> Potato Wedges Fresh Veggie3es w/Dip F/C Fruit Milk</p>	<p>29) <b>Salad Bar</b> Hot Roll Raisins Fresh Fruit Strawberry Shortcake Milk</p>	<p>30) <b>Teriyaki Chicken</b> Rice Steamed Broccoli F/C Fruit Milk</p>	