

Corpus Christi Catholic Church--Two Year Confirmation Curriculum 2023-2024

The Confirmation Curriculum is designed to share the beauty of the Church and her teachings with the students. Over their two years of classes, students will receive teaching on the below topics (topics are written in an approximate order of the way they will be presented over the *two years* of prep for Confirmation). Classes are intended not only to present information about God, but to offer an encounter with the loving Lord for whom we were created to know, love and serve.

Curriculum material and lesson plans are taken from a combination of the “Chosen” Confirmation Program, Theology of the Body for Teens/“YOU”, the Catechism of the Catholic church, and the Catholic Youth Bible in a collaborative work with the Confirmation teachers/Confirmation Coordinator. Other Catholic articles and handouts are also used to supplement the Confirmation material. Additional supplement material includes the use of the Holy Scriptures (Scripture teachings, Scripture Reflections/discussion, Bible studies), excerpts from the Catechism, the importance of personal prayer (via sharing and practicing a variety of ways to pray, and entering into communal prayer with weekly challenges), and reflection/participation in the Holy Liturgy, in person or digitally.

Confirmation 1 Year Curriculum

1. Existence of God

- a. How we know God exists
- b. God as our Father; as the Trinity
- c. Call to seek and find God— “Who is God to us?”

2. The Bible

- a. How to understand and navigate it; The origins
- b. Lectio Divina—reading the Bible as a prayer.
- c. Incorporate into every-day life application and relatability

3. Salvation History

- a. Old Testament key figures and Covenants (Adam/Eve, Noah, Abraham, Moses, etc.)
- b. How we understand Jesus in light of God’s work with His people until Jesus’ time

4. Jesus

- a. The Reality & Existence of Christ, True God and True Man
- b. Jesus’ Message and Ministry
- c. Meaning of the Cross and Salvation/Resurrection/Ascension

5. Catholic Church

- a. Four Marks of the Church: One, Holy, Catholic and Apostolic
- b. Church History—origins of Church & her development
- c. Pope (Peter as first pope and apostolic succession) & Magisterium
- d. Structure and organization of Church; Mission of the Church

6. Sacraments

- a. Overview of Seven Sacraments/Visible Signs of God’s Grace in our lives
- b. How the Sacraments continue Jesus’ mission

7. The Holy Spirit

- a. Who is the Holy Spirit? What is His role in our faith?
- b. How do we understand and interact with the Holy Spirit?

8. The Eucharist/Mass

- a. Participation in/Understanding and Emphasis of the Mass
- b. Real Presence—Body, Blood, Soul and Divinity of Christ
- c. Scripture References and Early Church Writings
- d. Liturgical seasons & significance

9. Heaven, Hell, Purgatory

- a. Heaven, Hell, Purgatory explored
- b. What happens when we die
- c. What is eternal life with Jesus
- d. Church's teaching on salvation and other religions

10. Morality

- a. Making moral decisions
- b. Ten commandments
- c. Absolute truth and the dangers of moral relativism
- d. Practical examples/relevant issues --drinking, drugs, gossip, abortion, etc.

11. The Sacrament of Confirmation

- a. What the sacrament of Confirmation means: becoming a soldier of Christ
- b. The Holy Spirit – 7 Gifts, 12 fruits, Holy Spirit in Scripture, etc.

12. Service/Social Justice

- a. Jesus' call to serve (Matthew 25, etc.)
- b. Church teaching on social justice issues: Respect of God's creation, Dignity of Human Life, Solidarity, Race & Responsibilities, Poverty, Elements of faith in the family

13. Creed/I Believe

- a. Debunking myths about Catholicism
- b. What the Catholic Church really believes—Apostles Creed
- c. Walking with one another in faith and community

Confirmation 2 Year Curriculum

- 14. **YOU/Theology of the Body for Teens** (TOB) Intro/ Session 1 “Created for Love”—includes original sin, sacramentality of the body, overview of TOB, concupiscence, definition of love, the purpose and meaning of life
- 15. Session 2 “**Naked without Shame**”— includes creation accounts, Adam and Eve, the nuptial meaning of the body – historical man, original man, original nakedness, original sin, original unity, original solitude, original happiness, pride as original sin of Adam and Eve preferring themselves to God—root of all moral evil
- 16. Session 3 “**Love Defined**”—includes love vs. lust, definition of chastity, love as attraction, desire or goodwill, virtue
- 17. Session 4 “**Hope and Redemption in Christ**” – includes redemption theology, Resurrection of the Body, eschatological man, Heaven/Hell, hope and healing in Christ
- 18. Session 5 “**Truth and Freedom**” – includes concepts of objective truth, freedom of heart (moral theology, free will, Christ setting us free from selfishness
- 19. Session 6 “**Free, Total, Faithful, Fruitful**” –includes understanding of wedding vows in the Sacrament of Marriage. Explains Church's teaching on homosexuality, masturbation and contraception as violations of free, total, faithful, fruitful
- 20. Session “**Language of the Body**” –includes understanding the promise of the body in the sexual act and how it's meant for marriage—one flesh union. Touches on contraception and delves into lie of/harm of pornography, practical ways to live out chastity
- 21. Session 8 “**Marriage**”/ Session 9 “**Priesthood, Consecrated Life, and Celibacy**”
- 22. Session 10 “**Friendship, Dating, and Family**” – includes pyramid of healthy relationship, courtship, how to date with purity, and how to live the virtue of modesty and chastity