

Virtue of the Week: Respect

Definition: Being respectful in words and actions towards people, places and things. Showing others honor and esteem because they are a child of God.

Opposing Trait: Resisting the directions of rightful authority. Acting rudely or sarcastically towards others and being selfish and prideful.

Practice: By being respectful in words and actions (body language) to everyone and by allowing others to go first

Verse of the Week:

1 Peter 1: 14-16 “As obedient children, do not be conformed to the passions of your former ignorance, but as he who called you is holy, be holy yourselves in all your conduct; since it is written, ‘You shall be holy, for I am holy.’”

Saint Quote of the Week:

“Look for Christ Our Lord in everyone and you will then have respect and reverence for all.” -St. Teresa of Avila

Catechism Teaching of the Week:

CCC 2219 “Filial respect promotes harmony in all of family life; it also concerns relationships between brothers and sisters. Respect toward parents fills the home with light and warmth.”