

The Church of Saint Henry
Confirmation
Handbook

Year One: 2019-2020



This Confirmation Handbook Belongs To:

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Contact Information

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Discipleship Group:

D-Group Mentor #1: _____

D-Group Mentor #2: _____

D-Group Participants: _____

D-Group Remind App Info: _____

Confirmation Overview

What is Confirmation?

The Sacraments

“The desire for God is written in the human heart, because man is created by God and for God” (CCC #27). All of us desire God, whether we realize it or not, and are seeking to fulfill this desire in all we do. And all of us will face the question of our life: Do I choose God; do I choose to give my life to Him? But the beautiful reality of our Christian Faith is: God is the one who desires us, seeks us, and has chosen us first! In the Gospels Jesus reminds us, “It was not you who chose me, but I who chose you.” (John 15:16). Christianity is the belief in a God who chose us—chose to create us out of love and chose to redeem us out of love. He wants to give us His whole Life!

God has made His Divine Life accessible to us through the Sacraments. The Seven Sacraments—Baptism, Confession, Eucharist, Confirmation, Holy Orders, Marriage, and Anointing of the Sick—are “efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us” (CCC #1131). The Sacraments are given to us in order that we might become Saints!

The first Sacrament we receive is Baptism. In Baptism the Holy Spirit is poured into our souls! We become God’s sons and daughters. Confirmation is closely linked with Baptism as in it we receive a greater outpouring of the Holy Spirit and are bound more fully to mission of Christ.

The Sacrament of Confirmation

Confirmation is about being strengthened for mission. While Christ was on Earth, He commissioned the Apostles for mission: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.” (Matthew 28:19-20). This was a bold mission. Jesus was put to death because of the Truth He proclaimed. If the disciples were to live and proclaim the Truth of Christ they too would surely be persecuted and even put to death. Living the Christian life at that time meant a death sentence. Needless to say, the disciples were afraid.

This is why Jesus promises to send the Holy Spirit to strengthen them for this mission! At His Ascension, Jesus said, “you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth” (Acts 1:8). He promised to send the power of Holy Spirit to strengthen

them for this bold mission! This is the scene where we find the disciples on the day of Pentecost:

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. (Acts 2:1-4)

Immediately after receiving the grace of the Holy Spirit, the disciples are filled with courage to proclaim the Truth of Christ! We hear that “about three thousand persons were baptized that day” (Acts 2:41). The twelve Apostles (with Matthias replacing Judas) went on to spread the Faith and all but one died a martyr’s death (though all were persecuted and shed their blood at one point or another!). The Holy Spirit gave them the strength to live and die for their Faith.

As a teenager in 21st century America, it is not likely you will have to shed your blood for your Faith, but all of us still face great persecution and temptation—from the world, the devil, and our flesh. The Holy Spirit wants to strengthen you for this lifelong mission of discipleship. Christ has given us the Sacrament of Confirmation for this very purpose, so that we may have the grace to live and die as Saints and become His witnesses throughout the world! The Sacrament of Confirmation is about being strengthened for mission.

The Symbols of Confirmation

In the Sacrament of Confirmation, the same reality of Pentecost is made present. The physical reality of the Sacrament itself is simple: the bishop will 1) anoint you with oil and say the words, “be sealed with the gift of the Holy Spirit” and 2) lay hands upon you in prayer. This simple physical reality points us to the deep spiritual reality. The seal, an ancient symbol of ownership or belonging, reminds us of the reality of being chosen and claimed as God’s own sons and daughters. The anointing, an ancient symbol of mission, points us to the reality of our being bound to the mission of Christ as priest, prophet, and king! And the laying on of hands, an ancient symbol of preparation for death, is a reminder of the Holy Spirit’s strengthening us to live and die for Christ!

The Effects of Confirmation

The Sacraments do more than just merely symbolize these realities, but they actually bring about that which they signify. They are efficacious!

What are the effects of Confirmation? Confirmation, “roots us more deeply in the divine filiation which makes us cry, Abba! Father!”, “unites us more firmly to Christ” (CCC 330; Rom 8:15), “increases the gifts of the Holy Spirit in us”, “renders our bond with the Church more perfectly”, and “gives us special strength of the Holy Spirit to spread and

defend the faith by word and action as true witnesses of Christ, to confession the name of Christ boldly, and never to be ashamed of the Cross" (CCC 330). All of these gifts are given to us to strengthen us to live as Christ's disciples.

Just as Pentecost was the beginning of the disciples' ministry, so too is Confirmation not "graduation from Faith Formation" but rather, the beginning of mission for you! This is why we spend so much time in preparation for the Sacrament, to help you prepare to receive and fully live out of gift of Confirmation!

Requirements for the Reception of the Sacrament

Every baptized person not yet confirmed is capable of receiving confirmation. Canon Law states that to receive Confirmation licitly (outside of the danger of death) one must be "suitably instructed, properly disposed, and able to renew one's baptismal vows (Code of Canon Law 889 §2).

Assessment of Readiness to Receive the Sacrament of Confirmation

The following list consists of the guidelines, based on Canon Law, we use to discern with candidates their readiness to receive the Sacrament of Confirmation preparation...

"Suitably instructed":

- 1. Participates faithfully in the Discipleship Group.** A candidate who is ready to receive the Sacrament of Confirmation will be participating faithfully in his/her Discipleship Group.
- 2. Posses an appropriate understanding of the Catholic Faith, particularly the Sacraments and the Sacrament of Confirmation.** A candidate who is ready to receive the Sacrament of Confirmation will know what the Sacrament of Confirmation is, and how this gift of God fits in to the story of Salvation and his/her life as a Catholic. This is determined through their Disciple Group discussion and sharing, Letter of Intent, and Confirmation Interview.

"Properly disposed":

- 3. Participates faithfully in Sunday Mass.** The Eucharist is the source and summit of the Christian Life. This is why Sunday Mass is not optional as Catholics. A candidate who is ready to receive the Sacrament of Confirmation know the importance of the Sacrament of the Eucharist and is committed to faithful participation in Sunday Mass. Candidates will be held accountable to Sunday Mass attendance in their Disciple Group.
- 4. Living Catholic Faith.** A candidate who is ready to receive the Sacrament of Confirmation (and live out the mission of Christ!) will be actively living the Catholic Faith. This includes adhering to the precepts of the Church (see CCC#2041-2043): 1) Attend Mass on Sunday and Holy Days of Obligation; 2) Confess sins once a year; 3) Receive the Sacrament of the Eucharist at least

once a year during Easter Season; 4) Observe days of fasting and abstinence; 5) Provide for the needs of the Church, according to one's abilities.

“Able to renew one’s baptismal vows”:

5. Has given evidence of belief in the Catholic Faith and a desire to live it. A

Candidate who is ready to receive the Sacrament of Confirmation believes in the teachings of the Catholic Church and strives to live them. This is determined primarily through their Letter of Intent and their Confirmation Interview

Conclusion:

We are very excited for you to experience this program! We pray that you and your family will be drawn more deeply into the life with Christ because of it and that come Confirmation Day, you will be more open to the Holy Spirit being poured into your life!

Please know that my door is always open for you.

God bless,

Jenna Leighton
Director of Youth Formation and Ministry
The Church of Saint Henry
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Year One Confirmation Calendar 2019-2020

DATE:	TIME:	ACTIVITY & LESSON:	MEETING LOCATION:	ASSGINMENTS:
Sat, Sept 15th or Sun, Sept 16th	Any Mass	Catechetical Sunday	Main Church	
Wed, Sept 18th	6:30pm	Faith Formation Kick-Off	Main Church	
Wed, Sept 25th	7:15-8:30pm	Pre-Year Assessment	Social Hall	
Wed, Oct 2nd	7:15-8:30pm	Year 1 Parent & Student Info Meeting	Social Hall	• Candidate Expectation Agreement DUE
Wed, Oct 9th	7:15-8:30pm	"The Invitation: Session 1"	Onsite D-Group	
Wed, Oct 16th		NO CLASS (MEA Weekend)		
Wed, Oct 23th	7:15-8:30pm	"The Invitation: Session 2"	Onsite D-Group	
Sat, Oct 26th	10am-4:30pm	Year 1 Parent & Student Retreat	Social Hall	
Wed, Oct 30th	7:15-8:30pm	"The Invitation: Session 3"	Onsite D-Group	
Wed, Nov 6th	7:15-8:30pm	"The Invitation: Session 4"	Onsite D-Group	
Wed, Nov 13th	7:15-8:30pm	"Who is God?: Session 1"	Onsite D-Group	◇ Begin reading "Absolute Relativism" Book
Wed, Nov 20th	7:15-8:30pm	Year 1 Sponsor & Student Night	Social Hall	• Sponsor Agreement DUE
Wed, Nov 27th		NO CLASS (Thanksgiving Break)		
Wed, Dec 4th	7:15-8:30pm	Parish Mission w/ Fr. Sam Medley (Sponsor Night)	Main Church	
Wed, Dec 11th	7:15-8:30pm	"Who is God?: Session 2"	Onsite D-Group	
Wed, Dec 18th	7:15-8:30pm	"Who is God?: Session 3"	Onsite D-Group	• First Sponsor Conversation DUE • Saint Selection DUE
Wed, Dec 25th		NO CLASS (Christmas Break)		
Wed, Jan 1st		NO CLASS (Christmas Break)		
Wed, Jan 8th	7:15-8:30pm	"Who is God?: Session 4"	Onsite D-Group	◇ Finish reading "Absolute Relativism" Book
Wed, Jan 15th	7:15-8:30pm	"The Church: Session 1"	Onsite D-Group	
Wed, Jan 22nd	7:15-8:30pm	"The Church: Session 2"	Onsite D-Group	• Saint Reflection Paper DUE
Wed, Jan 29th	7:15-8:30pm	Safe Environment Lesson (Mandatory)	Onsite D-Group	
Wed, Feb 5th	7:15-8:30pm	"The Church: Session 3"	Onsite D-Group	
Wed, Feb 12th	7:15-8:30pm	"The Church: Session 4"	Onsite D-Group	
Wed, Feb 19th	7:15-8:30pm	"The Church: Session 5"	Onsite D-Group	• Discipleship Group Service Project DUE
Sun, Feb 23rd	5-9pm	Men's & Women's Session Night	Main Church	
Wed, Feb 26th	12pm or 7pm	Ash Wednesday	Main Church	
Wed, Mar 4th	7:15-8:30pm	"Eucharist & Reconciliation: Session 1"	Onsite D-Group	
Wed, Mar 11th	7:15-8:30pm	Reconciliation	Onsite D-Group	
Wed, Mar 18th	7:15-8:30pm	"Eucharist & Reconciliation: Session 2"	Onsite D-Group	• Second Sponsor Conversation DUE • Letter of Intent DUE
Wed, Mar 25th		NO CLASS (Spring Break)		
Wed, Apr 1st	7:15-8:30pm	"Eucharist & Reconciliation: Session 3"	Onsite D-Group	
Wed, Apr 8th	6-8pm	Family Stations of the Cross & Soup Supper	Main Church	
Wed, Apr 15th	7:15-8:30pm	"Authentic Femininity/Masculinity: Session 1"	Onsite D-Group	
Wed, Apr 22nd	6pm	Family Mass & Catholic History Fair	Main Church	
Wed, Apr 29th	7:15-8:30pm	"Authentic Femininity/Masculinity: Session 2"	Onsite D-Group	

Confirmation Retreat

Year One Confirmation Parent & Student Retreat **Saturday, October 26th, 10am-4:30pm**

As part of the Confirmation Program at the Church of Saint Henry, students are required to attend a yearly retreat.

The Year One Confirmation Retreat is a Parent & Student Retreat at Saint Henry with David Rinaldi on Saturday, October 26th (10am-4:30pm). We think you'll enjoy David Rinaldi's style: "David Rinaldi's powerful presentations have been life-changing moments for thousands of teens and adults across the country. With over 20 years of experience working with youth, David communicates the love of God and the truths of the Catholic faith with a boldness and humor that teens and adults alike can appreciate." (taken from *catholicsspeaker.org*). The retreat includes presentations, parent-teen discussion time, music, activities, Reconciliation, Adoration, and more!

Here are some details that you need to know in order for you to get the most out of the day:



Registration & Payment:

The retreat registration and payment is included in the Year One Confirmation registration and tuition. If you registered for the program, you have already paid for the retreat. As you know the Confirmation Year One Retreat fee was \$50 for each parent and student pair. This covers speaker cost, musician cost, retreat supplies, and lunch.

Packing List:

What to Wear/Bring:

- All you need is yourself and your parent!

What NOT to Bring:

- **Cell phones (we will collect student's cell-phones at the check-in table)**
- Electronics of any kind: ipods, ipads, computers, MP3 devices, electronic games, etc.
- Alcohol, cigarettes, e-cigarettes/vape pens, drugs, or pornography
- Inappropriate clothing
- A bad attitude

Year 1 Confirmation Retreat "FAQ"s

What if I cannot attend the retreat?

If you cannot attend our Year One Confirmation Retreat (due to a scheduling conflict or illness), you must make arrangements with Jenna Leighton to attend a make-up day retreat. Please contact Jenna ASAP if you believe you will need to attend a make-up day retreat.

What if I have to come late or leave early?

We have a "full participation" policy for our retreats, meaning participants must attend the full retreat. We believe full commitment and participation is necessary in order for the individual and the group to get the most out of the retreat experience. If you know you cannot come on time or have to leave early, we ask that you make arrangements with us to attend a make-up retreat (see above). We appreciate your understanding on this matter!

Confirmation Patron Saint

What is a Confirmation Patron Saint?

Many times when we think of Saints, the first thing we think of is a halo, but the truth is that Saints can't be reduced to people who walked around the earth with heads that glow. No! Saints were ordinary people, like you and I, that lived extraordinary lives! The Church says that a saint is some one who possessed "heroic virtue" (CCC #828). Simply put, saints are the heroes of the faith!

Choosing a Confirmation Patron Saint is an ancient tradition of the Church. We choose a Confirmation Saint for two reason. The first reason is the Saints are a model of holiness and heroic virtue. In sports we have heroes: we look up to athletes who have achieved excellence and overcome obstacles. We may even model our athletic disciples after theirs. The same is true for the faith. We choose a patron Saint who will be our model and inspiration in "the race that lies before us".

The second reason we choose a Confirmation Patron for intercession. The Saints are our big brothers and sister with God in Heaven. They want to help us achieve holiness. We can ask for their prayers and guidance. You have the opportunity to have a real relationship with your Confirmation Saint and ask them for their intercession.

Selection a Confirmation Saint—Instructions

DUE: Wednesday, December 18th, 2019

Candidates select a Saint who inspires them. Because of the close relationship between the Sacraments of Baptism and Confirmation, candidates are encouraged to select their baptismal Saint name (For example, a candidate named Nick would choose St. Nicholas). However, it is acceptable for candidates to choose a Saint whose name is unrelated to their Baptismal name (For example, Jessica could choose St. Maria Goretti). In either case, candidates should choose a Saint whose life story and heroic virtue inspires them. The Saint the candidate chooses should express an ideal or goal they are setting themselves as a Catholic and should be a reflection of their resolve to live as a disciple of Christ. The Saint's name that the candidate chooses will be the name by which the candidate is addressed by the Archbishop (or other Confirming Minister) at Confirmation, as a sign of his/her new identity in Christ.

Saint Reflection Paper

DUE: Wednesday, January 22nd, 2020

Once you have selected your Saint and researched their life, you will write a reflection paper on your Saint.

Saint Reflection Paper Requirements:

1. Written in your own words. If you copy from a book, the internet, or another person's work without citation [which is known as plagiarism and is a form of stealing], your paper will be returned and you will need to rewrite it.
2. Typed and printed. 12 point Times New Roman font. One full page. Double spaced. 1-inch margins.
3. Include your name, Saint's name, and date at the top.
4. Include a summary of the Saint's life, answering the following questions...
 - a. When did the Saint live? When did he/she die?
 - b. Where was the Saint from?
 - c. What are some major/important events in the life of this Saint?
5. The majority of your paper should be a personal reflection on your Saint, answering the following questions...
 1. What made this person so holy?
 2. What qualities did this Saint possess that you admire?
 3. How can you relate to this Saint?
 4. What special aspects of the Saint's life would you like to use as an example in your own faith life?
 5. How have you incorporated your Patron Saint into your life (hint: you should be asking for their intercession)?
6. Submit a printed copy of your reflection paper to Jenna Leighton by due date above.

Confirmation Saint Selection

DUE: Wednesday, December 18th, 2019

Candidate Name: _____ Date : ____/____/____

Confirmation Saint Name: _____

Confirmation Saint Feast Day: ____/____

What inspired you to choose this Saint?

Office Use Only
Date: ____/____/____
Initials: _____

Confirmation Sponsor

What is a Sponsor?

If you have ever attended a Confirmation, you have seen an adult who stands behind the candidate with a hand on their shoulder as they are anointed. But the role of a sponsor goes far beyond a simple gesture of support. Did you know that the word sponsor comes from the same root word as “responsible”? A Confirmation sponsor is someone you look up to as a role model of faith and will be there to support you spiritually before, during, and after you receive the sacrament. In essence, your sponsor is meant to act as a spiritual guide and friend in your faith.

Selecting a Confirmation Sponsor—Instructions

DUE: Wednesday, November 20th, 2019

Choosing your sponsor is an important task. Don't just choose someone because they are fun or because they haven't done it yet. **Choose your sponsor because you know that they will help you grow in your faith these next to years and continue to support you after Confirmation.** Here are some good questions to ask yourself when considering a sponsor:

1. Who in my life has made an impact on my faith?
2. Is this person responsible?
3. Is this person mature?
4. Does he/she practice his/her Catholic faith actively by (particularly, by faithfully attending Sunday Mass)?
5. Does he/she practice his/her Catholic faith actively in the way that he/she lives and acts?

Sponsor Requirements

The Archdiocese of St. Paul–Minneapolis has specific requirements that are to be met by all sponsors:

1. Each candidate is to have one sponsor (either male or female). **The sponsor must be an active, participating Catholic who has been Confirmed.**
2. The sponsor must be at least 16 years old.
3. He/she may not be the candidate's mother or father.
4. It is desirable, but not mandatory, that the baptismal godparent also be the sponsor at Confirmation to show the close connection of the two Sacraments. In

- many cases, this is not possible and another suitable person may be selected.
5. The sponsor should be a person who is prayerful, open, dependable, loving and is comfortable sharing his or her faith with young people.
 6. The sponsor should be someone who is a witness to Christ and the Church by their words and actions. This sponsor should be an example to the candidate as he/she moves through periods of crisis, questioning and discernment.

Once you have chosen your sponsor, give them the Sponsor Agreement Sheet on the next page. This form should be returned to the Confirmation Coordinator no later than the "Sponsor & Student Night." **There will be certain Sponsor Nights for your sponsor to attend with you (see calendar).** If your sponsor is unable to attend a sponsor night, a parent must attend in their place.

Sponsor Conversations—Instructions

DUE: December 18th, 2019 & March 18th, 2020

You and your sponsors are required to have at least two intentional conversations this year about the Faith. You and your sponsor should set aside time for an activity and a face-to-face conversation. If your sponsor lives too far away, these conversations may be completed over the phone/video-chat, but it would be preferable that you do them in person. We also suggest doing an activity together before, during, or after your conversation. Some activity ideas include:

- Go out for a snack or a meal
- Make a meal together
- Take a walk
- Volunteer together
- Go to Mass or Adoration together
- Work through a daily or weekly devotional book together

Discussion & Journal Instructions:

Before, during, or after, your activity, you and your sponsor should have an intentional conversation about the Faith. After your conversation, you should fill out the journal entry about your experience with your sponsor.

After the conversation, you will complete a brief journal entry about what you discussed and turn it in your journal entry to the parish office. Each journal entry has a specific due date but may be turned in before that due date.

Sponsor Agreement Sheet

DUE: Wednesday, November 20th, 2019

A Note to the Sponsor: Congratulations on being asked to serve as a Confirmation Sponsor! Please read over this Sponsor Agreement Sheet before submitting it to the Church of Saint Henry. If you are able, please also join us for the Year 1 Sponsor & Student Night on Wednesday, November 20th, 7:15-8:30pm at the Church of Saint Henry.

The Requirements of a Sponsor:

A Confirmation sponsor is someone the Confirmation candidate has selected and asked to play a special role before, during, and after Confirmation. In essence, a sponsor is meant to act as a spiritual guide and friend in the faith. A sponsor must be...

- An active, practicing, Confirmed Catholic, who is at least 16 years old.
- Not be the candidate's mother or father.
- Someone who is committed to living as witness to Christ and the Church by his/her lifestyle, words, and actions.

The Role of the Sponsor:

- To meet with your candidate regularly throughout the two years of preparation, but at least twice a year for two "Sponsor Conversations"
- To accompany your candidate to any "Sponsor Nights" (see calendar)
- To spend time getting to know your candidate
- To share your own faith story with your candidate
- To encourage and challenge your candidate in their faith journey
- To pray for and with your candidate
- To attend the Mass of Confirmation and to present your candidate to the Bishop for the Sacrament of Confirmation (Spring 2021—Date TBD)
- To continue to support and mentor your candidate after Confirmation

Candidate Information:

Candidate's Full Name: _____

Sponsor Information:

Sponsor's Full Name: _____

Sex: M / F Date of Birth: ____/____/____ Relationship to Candidate: _____

Address: _____ City: _____ Zip: _____

Phone Number: _____ E-mail: _____

Parish Membership: _____

I agree to fulfill the obligations listed above as a Sponsor for Confirmation.

Sponsor Signature: _____ Date: ____/____/____

Sponsor Conversation Journal #1

DUE: Wednesday, December 18th, 2019

Candidate Name: _____ Date of Conversation: ____/____/____

Sponsor Name: _____

What activity did you and your sponsor choose to do together?

What did you discuss in your conversation?

What is one thing you learned from your sponsor?

Office Use Only

Date: ____/____/____

Initials: _____

Sponsor Conversation Journal #2

DUE: Wednesday, March 18th, 2020

Candidate Name: _____ Date of Conversation: ____/____/____

Sponsor Name: _____

What activity did you and your sponsor choose to do together?

What did you discuss in your conversation?

What is one thing you learned from your sponsor?

Office Use Only

Date: ____/____/____

Initials: _____

Service Projects

What is a Service Project?

In Confirmation, you will be bound fully to the mission of Christ, as priest, prophet and king. To live out the priestly mission of Christ, we are to offer our lives as a sacrifice for the good of others, just as Christ did. This year of Confirmation, we help you prepare for that lifestyle of generous love by participating in service projects. A service project, as we define it, is doing something good to benefit another unrelated person or organization in need. Each project should be at least one hour in length.

Discipleship Group Service Project—Instructions

DUE: Wednesday, February 19th

Over the course of the year, you are required to plan and complete a service project with your Discipleship Group. This project can be either a parish project and or a community project . It is up to your group to plan the idea, contact the organization, and plan a day for the project, but since a group project is a parish-sponsored event, your Mentors will have to contact Jenna Leighton to arrange for chaperones and permission forms.

Group Service Project Ideas:

- Volunteer for the parish festival or another parish community event (KC Pancake Breakfast)
- Volunteer to assist with a parish retreat (Middle-School Retreat, 1st Confession Retreat, or 1st Communion Retreat, etc.)
- Volunteer to cook and serve a meal for the homeless (Saint Benedict's)
- Volunteer to help with the parish Free Store
- Volunteer to help with parish project Christmas
- Visit the residents at the local Senior Community (Saint Benedict's)
- Serve with Faith in Action (Rake the Town event)
- Serve at the local Pregnancy Resource Center (Cornerstone Options for Women)
- Serve at the local Saint Vincent De Paul Society
- Serve at the local Food Shelf
- Go to Feed My Starving Children to package food for the poor

Service Project "FAQ"s

What 'counts' for a Service Project?

A service project, as we define it, is doing something good for another unrelated person or organization (not your own family or sports team) in need. Each project should be at least one hour in length (not including travel time). Your D-Group Mentors will help you brainstorm an idea for your group's project, contact the organization, and work with Jenna to arrange for chaperones and permission forms.

How many service projects do I have to do?

You must complete one service project with your D-Group. However, we encourage you to do more, individually or as a group!

What if I miss my Discipleship Group's Service Project?

If your D-group plans a project together but you are unable to attend the group project (for any reason), you will have to complete a different project, individually, in its place.

How do I get credit for my service project?

On the following page, you will see a form for you to record the details of your project and your experience serving. Your D-Group Mentor must sign off on it. Turn the completed sheet in to Jenna Leighton.

How do I know what projects are out there?

If you need ideas, check the bulletin and our website.

Discipleship Group Service Project

DUE: Wednesday, February 19th

Candidate Name: _____ Date of Project: ____/____/____

Name of the Person/Organization you served: _____

What was the service project?

Describe your experience of serving.

What corporal or spiritual work of mercy did you perform?

D-Group Mentor Signature: _____

Office Use Only

Date: ____/____/____

Initials: _____

Letter of Intent

What is a Letter of Intent?

In order to receive the Sacrament of Confirmation, you must have a desire to receive it. A letter of intent is an opportunity for you to articulate, on paper, your desire and motivation for receiving this Sacrament. This will be read by the Confirmation Coordinator and Fr. Tony.

Letter of Intent—Instructions

DUE: Wednesday, March 18th, 2020

Candidates who wish to be confirmed must submit a letter of intent addressed to Fr. Tony. This will be reviewed by the Confirmation Coordinator and Fr. Tony. A “Letter of Intent” is just a formal way of saying: tell us in writing why you want to be confirmed. Please take the time to compose this letter carefully. Not only does it give us a chance to understand what you have gained in your formation, but also allows you to process what you have learned and how you have grown as well as what you desire to receive from this Sacrament. Please be honest and thoughtful.

Letter of Intent Requirements:

1. Written in your own words.
2. Typed and printed. 12 point Times New Roman font. One full page. Double spaced. 1-inch margins.
3. Include your name and date at the top.
4. Addressed to Fr. Tony VanderLoop
5. The body of the letter should answer the following questions...
 - a. Why do you want to be confirmed? What do you hope to receive?
 - b. Do you think you are ready (or will be ready) to receive the Sacrament?
 - c. How have you have grown in your Faith through the Confirmation program over the last year (give one example).
 - d. How do you plan to live out Christ's mission as priest, prophet, and king in your active membership at Saint Henry?
 - e. Include your signature at the bottom
6. Submit a printed copy of your reflection paper to Jenna Leighton (who will compile them and give them to Fr. Tony) by due date above.