

The Church of Saint Henry
Confirmation
Handbook
Year Two: 2019-2020



This Confirmation Handbook Belongs To:

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Contact Information

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Discipleship Group:

D-Group Mentor #1: _____

D-Group Mentor #2: _____

D-Group Participants: _____

D-Group Remind App Info: _____

Confirmation Overview

What is Confirmation?

The Sacraments

“The desire for God is written in the human heart, because man is created by God and for God” (CCC #27). All of us desire God, whether we realize it or not, and are seeking to fulfill this desire in all we do. And all of us will face the question of our life: Do I choose God; do I choose to give my life to Him? But the beautiful reality of our Christian Faith is: God is the one who desires us, seeks us, and has chosen us first! In the Gospels Jesus reminds us, “It was not you who chose me, but I who chose you.” (*John 15:16*). Christianity is the belief in a God who chose us—chose to create us out of love and chose to redeem us out of love. He wants to give us His whole Life!

God has made His Divine Life accessible to us through the Sacraments. The Seven Sacraments—Baptism, Confession, Eucharist, Confirmation, Holy Orders, Marriage, and Anointing of the Sick—are “efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us” (CCC #1131). The Sacraments are given to us in order that we might become Saints!

The first Sacrament we receive is Baptism. In Baptism the Holy Spirit is poured into our souls! We become God’s sons and daughters. Confirmation is closely linked with Baptism as in it we receive a greater outpouring of the Holy Spirit and are bound more fully to mission of Christ.

The Sacrament of Confirmation

Confirmation is about being strengthened for mission. While Christ was on Earth, He commissioned the Apostles for mission: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.” (*Matthew 28:19-20*). This was a bold mission. Jesus was put to death because of the Truth He proclaimed. If the disciples were to live and proclaim the Truth of Christ they too would surely be persecuted and even put to death. Living the Christian life at that time meant a death sentence. Needless to say, the disciples were afraid.

This is why Jesus promises to send the Holy Spirit to strengthen them for this mission! At His Ascension, Jesus said, “you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth” (*Acts 1:8*). He promised to send the power of Holy Spirit to strengthen

strengthen them for this bold mission! This is the scene where we find the disciples on the day of Pentecost:

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. (*Acts 2:1-4*)

Immediately after receiving the grace of the Holy Spirit, the disciples are filled with courage to proclaim the Truth of Christ! We hear that “about three thousand persons were baptized that day” (*Acts 2:41*). The twelve Apostles (with Matthias replacing Judas) went on to spread the Faith and all but one died a martyr’s death (though all were persecuted and shed their blood at one point or another!). The Holy Spirit gave them the strength to live and die for their Faith.

As a teenager in 21st century America, it is not likely you will have to shed your blood for your Faith, but all of us still face great persecution and temptation—from the world, the devil, and our flesh. The Holy Spirit wants to strengthen you for this lifelong mission of discipleship. Christ has given us the Sacrament of Confirmation for this very purpose, so that we may have the grace to live and die as Saints and become His witnesses throughout the world! The Sacrament of Confirmation is about being strengthened for mission.

The Symbols of Confirmation

In the Sacrament of Confirmation, the same reality of Pentecost is made present. The physical reality of the Sacrament itself is simple: the bishop will 1) anoint you with oil and say the words, “be sealed with the gift of the Holy Spirit” and 2) lay hands upon you in prayer. This simple physical reality points us to the deep spiritual reality. The seal, an ancient symbol of ownership or belonging, reminds us of the reality of being chosen and claimed as God’s own sons and daughters. The anointing, an ancient symbol of mission, points us to the reality of our being bound to the mission of Christ as priest, prophet, and king! And the laying on of hands, and ancient symbols of preparation for death, is a reminder of the Holy Spirit’s strengthening us to live and die for Christ!

The Effects of Confirmation

The Sacraments do more than just merely symbolize these realities, but they actually bring about that which they signify. They are efficacious!

What are the effects of Confirmation? Confirmation, “roots us more deeply in the divine filiation which makes us cry, Abba! Father!”, “unites us more firmly to Christ” (*CCC 330; Rom 8:15*), “increases the gifts of the Holy Spirit in us”, “renders our bond with the Church more perfectly”, and “gives us special strength of the Holy Spirit to spread and

defend the faith by word and action as true witnesses of Christ, to confession the name of Christ boldly, and never to be ashamed of the Cross" (CCC 330). All of these gifts are given to us to strengthen us to live as Christ's disciples.

Just as Pentecost was the beginning of the disciples' ministry, so too is Confirmation not "graduation from Faith Formation" but rather, the beginning of mission for you! This is why we spend so much time in preparation for the Sacrament, to help you prepare to receive and fully live out of gift of Confirmation!

Requirements for the Reception of the Sacrament

Every baptized person not yet confirmed is capable of receiving confirmation. Canon Law states that to receive Confirmation licitly (outside of the danger of death) one must be "suitably instructed, properly disposed, and able to renew one's baptismal vows (Code of Canon Law 889 §2).

Assessment of Readiness to Receive the Sacrament of Confirmation

The following list consists of the guidelines, based on Canon Law, we use to discern with candidates their readiness to receive the Sacrament of Confirmation preparation...

"Suitably instructed":

1.Participates faithfully in the Discipleship Group. A candidate who is ready to receive the Sacrament of Confirmation will be participating faithfully in his/her Discipleship Group.

2.Posses an appropriate understanding of the Catholic Faith, particularly the Sacraments and the Sacrament of Confirmation. A candidate who is ready to receive the Sacrament of Confirmation will know what the Sacrament of Confirmation is, and how this gift of God fits in to the story of Salvation and his/her life as a Catholic. This is determined through their Disciple Group discussion and sharing, Letter of Intent, and Confirmation Interview.

"Properly disposed":

3.Participates faithfully in Sunday Mass. The Eucharist is the source and summit of the Christian Life. This is why Sunday Mass is not optional as Catholics. A candidate who is ready to receive the Sacrament of Confirmation know the importance of the Sacrament of the Eucharist and is committed to faithful participation in Sunday Mass. Candidates will be held accountable to Sunday Mass attendance in their Disciple Group.

4.Living Catholic Faith. A candidate who is ready to receive the Sacrament of Confirmation (and live out the mission of Christ!) will be actively living the Catholic Faith. This includes adhering to the precepts of the Church (see CCC#2041-2043): 1) Attend Mass on Sunday and Holy Days of Obligation; 2) Confess sins once a year; 3) Receive the Sacrament of the Eucharist at least

once a year during Easter Season; 4) Observe days of fasting and abstinence; 5) Provide for the needs of the Church, according to one's abilities.

“Able to renew one’s baptismal vows”:

5.Has given evidence of belief in the Catholic Faith and a desire to live it. A Candidate who is ready to receive the Sacrament of Confirmation believes in the teachings of the Catholic Church and strives to live them. This is determined primarily through their Letter of Intent and their Confirmation Interview

Conclusion:

We are very excited for you to experience this program! We pray that you and your family will be drawn more deeply into the life with Christ because of it and that come Confirmation Day, you will be more open to the Holy Spirit being poured into your life!

Please know that my door is always open for you.

God bless,

Jenna Leighton
Director of Youth Formation and Ministry
The Church of Saint Henry
763-271-3092
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Year Two Confirmation Calendar 2019-2020

DATE:	TIME:	ACTIVITY & LESSON:	MEETING LOCATION:	ASSGINMENTS:
Sat, Sept 15th or Sun, Sept 16th	Any Mass	Catechetical Sunday	Main Church	
Wed, Sept 18th	6:15pm	Faith Formation Kick-Off	Main Church	
Wed, Sept 25th	7:15-8:30pm	"The Power of the Holy Spirit: Session 1"	Social Hall	
Wed, Oct 2nd	7:15-8:30pm	"The Power of the Holy Spirit: Session 2"	Social Hall	◊ Begin "Who is the Holy Spirit?" Book in D-Group
Wed, Oct 9th	7:15-8:30pm	Year 2 Parent & Student Info Meeting	Onsite D-Group	• Candidate Expectation Agreement DUE
Wed, Oct 16th		NO CLASS (MEA Weekend)		
Wed, Oct 23th	7:15-8:30pm	"The Power of the Holy Spirit: Session 3"	Onsite D-Group	
Wed, Oct 30th	7:15-8:30pm	"The Power of the Holy Spirit: Session 4"	Social Hall	
Wed, Nov 6th	7:15-8:30pm	"Prayer: Session 1"	Onsite D-Group	
Wed, Nov 13th	7:15-8:30pm	"Prayer: Session 2"	Onsite D-Group	
Fri, Nov 15th- Sun, Nov 17th	4pm (Fri)- 2pm (Sun)	Year 2 Confirmation Retreat	Saint Henry (Trip to Big Sandy Camp)	
Wed, Nov 20th	7:15-8:30pm	"Prayer: Session 3"	Onsite D-Group	• First Sponsor Conversation DUE
Wed, Nov 27th		NO CLASS (Thanksgiving Break)	Onsite D-Group	
Wed, Dec 4th	7:15-8:30pm	Parish Mission w/ Fr. Sam Medley (Sponsor Night)	Main Church	
Wed, Dec 11th	7:15-8:30pm	"Prayer: Session 4"	Onsite D-Group	
Wed, Dec 18th	7:15-8:30pm	"Authentic Femininity/Masculinity: Session 1"	Onsite D-Group	• Discipleship Group Service Project DUE
Wed, Dec 25th		NO CLASS (Christmas Break)	Onsite D-Group	
Wed, Jan 1st		NO CLASS (Christmas Break)		
Wed, Jan 8th	7:15-8:30pm	"Authentic Femininity/Masculinity: Session 2"	Home D-Group	
Wed, Jan 15th	7:15-8:30pm	"Authentic Femininity/Masculinity: Session 3"	Home D-Group	
Wed, Jan 22nd	7:15-8:30pm	Saint Presentations	Home D-Group	• Saint Presentation DUE
Wed, Jan 29th	7:15-8:30pm	Safe Environment Lesson (Mandatory)	Onsite D-Group	
Wed, Feb 5th	7:15-8:30pm	"Authentic Femininity/Masculinity: Session 4"	Home D-Group	
Wed, Feb 12th	7:15-8:30pm	"The Third Way"	Home D-Group	
Wed, Feb 19th	7:15-8:30pm	Confirmation Interview	Onsite D-Group	• Second Sponsor Conversation DUE • Confirmation Interview
Sun, Feb 23rd	5-9pm	Men's & Women's Session Night	Main Church	
Wed, Feb 26th	12pm or 7pm	Ash Wednesday	Main Church	
Wed, Mar 4th	7:15-8:30pm	"Chastity: Session 1"	Home D-Group	
Wed, Mar 11th	7:15-8:30pm	Reconciliation	Onsite D-Group	
Wed, Mar 18th	7:15-8:30pm	"Chastity: Session 2"	Home D-Group	
Wed, Mar 25th		NO CLASS (Spring Break)		
Wed, Apr 1st	7:15-8:30pm	Parent, Sponsor, & Student Confirmation Mass Info Meeting	Social Hall	
Wed, Apr 8th	6-8pm	Family Stations of the Cross & Soup Supper	Main Church	
Wed, Apr 15th	7:15-8:30pm	"Chastity: Session 3"	Home D-Group	
Wed, Apr 22nd	7:15-8:30pm	Family Mass & Catholic History Fair	Main Church	
Sat, Apt 25th	1:30pm	Confirmation Mass	Cathedral	
Wed, Apr 29th	7:15-8:30pm	"Chastity: Session 4"	Home D-Group	

Confirmation Retreat

Year Two Confirmation Retreat

Friday, November 15th (4pm) - Sunday, November 17th, 2019 (2pm)

As part of the Confirmation Program at the Church of Saint Henry, students are required to attend a yearly retreat. For the Year Two Confirmation Retreat, we travel together to Big Sandy Camp in McGregor, MN for our own parish retreat, Friday, November 15th (4pm) - Sunday, November 17th (2pm)!

The Year Two Confirmation Retreat is often students favorite part of the Confirmation preparation program, so much so, that every year Confirmed teens come back to serve on the retreat. The weekend includes talks, small group discussion, games, prayer, Mass, Reconciliation, and a beautiful night of Adoration.

Here are some details that you need to know in order for you to get the most out of the weekend:

Permission Form:

You will need to complete a permission form. Please complete the attached form and return it to Jenna Leighton by the printed due date.

Payment:

The retreat fee is included in the Confirmation Year 2 Program Tuition so if you have signed up for the program, you have already paid for the retreat. As you know the Confirmation Year 1 Retreat Fee was \$120. This covers Big Sandy Camp lodging (2 nights) and meals (4 meals), bus costs, and retreat materials.

Tentative Schedule for the Weekend:

Friday, November 15th

4:00pm	Check-in at Saint Henry
4:15pm	Depart from Saint Henry (by bus, dinner stop on the way)
8:15pm	Arrive at Big Sandy Camp
8:30pm	Evening Program
9:15pm	Evening Prayer
9:30pm	Snack
10:00pm	Cabin Time
10:30pm	Lights Out

Saturday, November 16th

7:30am	Wake Up
8:00am	Morning Prayer
8:15pm	Breakfast
9:00am	Morning Program
12:15pm	Lunch
1:00pm	Afternoon Program
2:00pm	Confession / Free Time
4:30pm	Q&A Session with Fr. Tony and Jenna
5:30pm	Dinner
6:45pm	Mass
8:00pm	Evening Program
9:00pm	Adoration
10:30pm	Snack
11:00pm	Cabin Time
11:30pm	Lights Out

Sunday, November 17th

7:30pm	Wake Up (Pack Rooms)
8:00am	Morning Prayer
8:15pm	Breakfast
9:00am	Morning Program
10:00am	Depart (by bus, lunch stop on the way)
2:00pm	Check-out at Saint Henry

Packing List:

What to Bring:

- **Casual and modest clothes for 3 days** (Our schedule will keep you moving and active. There will also be periods of time when you will be sitting and listening to different presentations. We want you to wear clothes that are comfortable for these various activities. A perfect outfit would be a t-shirt and sweatpants or jeans. Since this is a Catholic retreat we also expect you to dress modestly: NO low-cut tops, cropped tops, or spaghetti straps; NO leggings (without a tunic-length top) or short-shorts; NO inappropriate images or words on clothing. Thank you for your cooperation!)
- Dress clothes for Mass (Saturday evening)
- A warm sweatshirt
- Coat, hat, mittens
- *Optional:* Snow clothes—snow pants, boots etc. (if you want to play outside in the snow for free-time)
- Comfortable shoes
- PJs

- Toiletries (toothbrush, toothpaste, deodorant, hairbrush/comb, face wash and washcloth, shampoo and conditioner, etc.)
- A towel for showering
- Shower shoes (like flip flops)
- Pillow & sleeping bag/bedding (bunk bed accommodations)
- Refillable water bottle (with your name on it)
- Bible
- Journal and pen/pencil
- Rosary
- Watch
- Small flashlight and/or booklight (for bus)
- Snack to share (We will collect these upon check-in and serve them for Friday evening snack, Saturday afternoon and evening snacks). Please DO NOT bring any food made with NUTS of any kind. Please bring one of the following, according to your LAST NAME...
 - A-D: Drinks, pack of 10-12 (examples: juice boxes, Gatorade, non-caffeinated pop)
 - E-P: A bag/box of snacks (examples: cookies, crackers, chips)
 - S-Z: Fruit or veggies (examples: apples, bananas, oranges, carrot and celery sticks with veggie dip)
- Money for Friday dinner and Sunday lunch (fast food stop)
- Necessary medications (Note: All medications, including over the counter, need to be given to the appropriate adult leader upon arrival. For prescription medications, you will also need to make sure you have completed and turned in the corresponding authorization form.)

What NOT to Bring:

- **Cell phones (we will collect cell-phones at the check-in table)**
- Electronics of any kind: ipods, ipads, computers, MP3 devices, electronic games, etc.
- Alcohol, cigarettes, e-cigarettes/vape pens, drugs, or pornography
- Inappropriate clothing
- A bad attitude

Year 1 Confirmation Retreat "FAQ"s:

What if I cannot attend the retreat?

If you cannot attend our Year Two Confirmation Retreat (due to a scheduling conflict or illness), you must make arrangements with Jenna Leighton to attend a make-up weekend retreat with NET Ministries (www.netusa.org/confirmation/). You must FIRST get approval for the make-up retreat from Jenna before registering for it, so if you know you will need to attend a make-up retreat, contact Jenna. Please know that retreats at NET Ministries fill up quickly so once you get approval, sign up ASAP.

What if I have to come late or leave early?

We have a full participation policy for our retreats. In order to get the most out of the experience, we require students to participate in the full time-frame of the retreat. If you are not able to arrive on time or stay the whole time, you will need attend a make-up three-day/two-night weekend retreat (see above). We are unable to make exceptions. We appreciate your understanding.

The Church of Saint Henry
Year 2 Confirmation Retreat
Friday, November 15th-Sunday, November 17th 2019

PARENTAL CONSENT FORM & INDEMNITY AGREEMENT

Youth Participant Name: _____

Date of Birth: ___/___/___ Grade: 9th / 10th / 11th / 12th School: _____

Parent/Guardian Name: _____

Would you be interested to serve as an adult chaperone at the Confirmation Retreat? Yes / No

Home Address: _____

Parent E-mail Address: _____

Parent Primary Phone: _____ Parent Secondary Phone: _____

Date of Event: **November 15th-17th, 2019 (4pm on Fri,**

Type of Field Trip: **Confirmation Retreat**

Drop-off/Pick-up Location: **The Church of Saint Henry (1001 E 7th Street, Monticello, MN 55362)**

Drop-off Time: **4pm on Friday** Pick-up Time: **2pm on Sunday**

Destination: **Big Sandy Camp, 52511 185th Place, McGregor 55760**

Mode of Transportation To & From Big Sandy Camp: **Bus**

Individual in Charge: **Jenna Leighton (Director of Youth Formation and Ministry)**

I, _____, grant permission for _____
Parent/Guardian Name Child Name

to participate in the above named activity and I warrant that my child is in good health. In consideration of my child's participation, I agree to indemnify the Church of Saint Henry, the Archdiocese of Saint Paul & Minneapolis, and Big Sandy Camp from any claims or law suits brought against the Church of Saint Henry, the Archdiocese of Saint Paul & Minneapolis, and Big Sandy Camp by myself, my child or others, that arises out of any behavior by my child at the event/activity described above. I also agree to pay reasonable attorney's fees or expenses incurred by the Church of Saint Henry, the Archdiocese of Saint Paul & Minneapolis, and Big Sandy Camp in defense of such a claim/suit. Should photos or video be taken, I give my permission for the use of my child's image and /or likeness in any promotional or other marketing activities relating to the youth ministry programs of the Church of Saint Henry and Big Sandy Camp.

USE OF IMAGE: I grant permission to the Church of Saint Henry and Archdiocese of Saint Paul and Minneapolis to use and publish for advertising, commercial or publicity purposes, the name and likeness of my child, or for any other lawful purpose whatsoever, including photographic portraits, pictures, reproductions, made through any medium, including electronic media, and the undersigned parent/guardian does hereby release and the Archdiocese of Saint Paul and Minneapolis or anyone authorized by the Archdiocese of Saint Paul and Minneapolis with such use. This authorization and consent permits such use to associate my child's name with the likeness for such purposes provided such use is consistent with the acceptable use policy for electronic communications and other policies.

EMERGENCY MEDICAL TREATMENT: In the event of an emergency, I give permission to transport my child to a hospital for medical treatment. I wish to be advised prior to any further treatment by a doctor or hospital. In the event of any emergency, if you are unable to reach me at the above numbers, contact

_____ at _____
Emergency Contact Name Emergency Contact Phone Number

MEDICAL INFORMATION:

Family Health Plan carrier number: _____

Family Doctor: _____ Phone Number: _____

Continue on reverse side...

MEDICAL MATTERS: I hereby warrant that to the best of my knowledge, my child is in good health, and I assume all responsibility for the health of my child.

Of the following statements pertaining to medical matters, sign only those that are applicable...

Medical Treatment: In the event it comes to the attention of the Church of Saint Henry its officers, directors and agents, and the Archdiocese of Saint Paul & Minneapolis, chaperones, or representatives associated with the activity that my child becomes ill with symptoms such as headache, vomiting, sore throat, fever, diarrhea, **I want to be called.**

Signature: _____ Date: _____

Medications: My child is taking medication at present. My child will bring all such medications necessary, and such medications will be well-labeled. Names of medications and concise directions for seeing that the child takes such medications, including dosage and frequency of dosage, are indicated on attached **Prescription Drug and Medicine Authorization Form.**

Signature: _____ Date: _____

No medication of any type, whether prescription or non-prescription, may be administered to my child unless the situation is life-threatening and emergency treatment is required.

Signature: _____ Date: _____

I hereby grant permission for **non-prescription medication** (such as non-aspirin products, i.e. acetaminophen or ibuprofen, throat lozenges, cough syrup) to be given to my child, if deemed appropriate.

Signature: _____ Date: _____

Specific Medical Information: The Church of Saint Henry will take reasonable care to see that the following information will be held in confidence.

Medication my child is taking at present (Please fill out a corresponding "PRESCRIPTION DRUG AND MEDICINE AUTHORIZATION" form): _____

Allergic reactions (medications, foods, plants, insects, etc.): _____

Immunizations: Date of last tetanus/diphtheria immunization: _____

Does child have dietary restrictions? _____

Any physical limitations? _____

Has child recently been exposed to contagious disease or conditions, such as mumps, measles, chickenpox, etc.? If so, date and disease or condition: _____

You should be aware of these special medical conditions of my child: _____

As Parent or Guardian, I agree to all of the above stated considerations and conditions.

Parent/Guardian Signature

Date

The Church of Saint Henry
PRESCRIPTION DRUG AND MEDICINE AUTHORIZATION

Use this form only if medication is to be given during the event. The following information must be completed before medicine is given.

Youth Participant Name: _____

Name of Prescription/Medicine: _____

Prescribing Doctor: _____

Amount of Dosage: _____

Times to be Given: _____

Duration of Prescription: _____

I, _____, hereby authorize Saint Henry chaperones to dispense
Parent/Guardian Name
medicine to _____ **as directed above.**
Youth Participant Name

Parent/Guardian Signature

Date

Confirmation Patron Saint

What is a Confirmation Saint?

Many times when we think of Saints, the first thing we think of is a halo, but the truth is that Saints can't be reduced to people who walked around the earth with heads that glow. No! Saints were ordinary people, like you and I, that lived extraordinary lives! The Church says that a saint is some one who possessed "heroic virtue" (CCC #828). Simply put, saints are the heroes of the faith!

Choosing a Confirmation Patron Saint is an ancient tradition of the Church. We choose a Confirmation Saint for two reason. The first reason is the Saints are a model of holiness and heroic virtue. In sports we have heroes: we look up to athletes who have achieved excellence and overcome obstacles. We may even model our athletic disciples after theirs. The same is true for the faith. We choose a patron Saint who will be our model and inspiration in "the race that lies before us".

The second reason we choose a Confirmation Patron for intercession. The Saints are our big brothers and sister with God in Heaven. They want to help us achieve holiness. We can ask for their prayers and guidance. You have the opportunity to have a real relationship with your Confirmation Saint and ask them for their intercession.

Confirmation Saint Small Group Presentations

Wednesday, January 22nd, 2020

By now you have already selected your Confirmation Saint and written a reflection paper. This year, all Year Two Confirmation students will give a 5-minute presentation to their Discipleship Group on their Confirmation Saint.

Saint Presentation Requirements:

1. Give the Confirmation Saint Presentation sheet (following page) to your Discipleship Group Mentor.
2. Give a 5-minute presentation to your group about your Confirmation Saint
3. Give a summary of the Saint's life, answering the following questions...
 - a. What is your Saint's name?
 - b. When did the Saint live? When did he/she die? Where was the Saint from?
 - c. What are some of the important events in the life of this Saint?
3. The majority of your presentation should be what you and others can learn from

this Saint, answering the following questions...

- a. What made this person so holy?
- b. What inspires you, personally, about this Saint?
- c. How is this Saint a perfect Patron Saint for you?
- d. How have you been changed this year by your Confirmation Saint?
- e. What is one thing others can do to live more like this Saint?

Confirmation Saint Presentation

DUE: Wednesday, January 22nd, 2020

Candidate Name: _____ Date: ____/____/____

Confirmation Saint Name: _____

This portion of the sheet should be completed by your Discipleship Group Mentor during your presentation....

Discipleship Group Mentor Name: _____

Notes: _____

Knowledge of Saint's life:

1—2—3—4—5 (1 being the least, 5 being the best)

Knowledge of Saint's holiness and virtue:

1—2—3—4—5

Discipleship Group Mentor Signature: _____

Office Use Only

Date: ____/____/____

Initials: _____

Confirmation Sponsor

What is a Sponsor?

If you have ever attended a Confirmation, you have seen an adult who stands behind the candidate with a hand on their shoulder as they are anointed. But the role of a sponsor goes far beyond a simple gesture of support. Did you know that the word sponsor comes from the same root word as “responsible”? A Confirmation sponsor is someone you look up to as a role model of faith and will be there to support you spiritually before, during, and after you receive the sacrament. In essence, your sponsor is meant to act as a spiritual guide and friend in your faith.

Sponsor Conversations —Instructions

DUE: November 20th, 2019 & February 19th, 2020

You and your sponsor are required to have at least two intentional conversations this year about the Faith. You and your sponsor should set aside time for an activity and a face-to-face conversation. If your sponsor lives too far away, these conversations may be completed over the phone/video-chat, but it would be preferable that you do them in person. We also suggest doing an activity together before, during, or after your conversation. Some activity ideas include:

- Go out for a snack or a meal
- Make a meal together
- Take a walk
- Volunteer together
- Go to Mass or Adoration together
- Work through a daily or weekly devotional book together

Discussion & Journal Instructions:

Before, during, or after, your activity, you and your sponsor should have an intentional conversation about the Faith. After your conversation, you should fill out the journal entry about your experience with your sponsor.

After the conversation, you will complete a brief journal entry about what you discussed and turn it in your journal entry to the parish office. Each journal entry has a specific due date but may be turned in before that due date.

Sponsor Conversation Journal #1

DUE: Wednesday, November 20th, 2019

Candidate Name: _____ Date of Conversation: ____/____/____

Sponsor Name: _____

What activity did you and your sponsor choose to do together?

What did you discuss in your conversation?

What is one thing you learned from your sponsor?

Office Use Only

Date: ____/____/____

Initials: _____

Sponsor Conversation Journal #2

DUE: Wednesday, February 19th, 2020

Candidate Name: _____ Date of Conversation: ____/____/____

Sponsor Name: _____

What activity did you and your sponsor choose to do together?

What did you discuss in your conversation?

What is one thing you learned from your sponsor?

Office Use Only

Date: ____/____/____

Initials: _____

Service Projects

What is a Service Project?

In Confirmation, you will be bound fully to the mission of Christ, as priest, prophet and king. To live out the priestly mission of Christ, we are to offer our lives as a sacrifice for the good of others, just as Christ did. This year of Confirmation, we help you prepare for that lifestyle of generous love by participating in service projects. A service project, as we define it, is doing something good to benefit another unrelated person or organization in need. Each project should be at least one hour in length.

Discipleship Group Service Project—Instructions

DUE: Wednesday, December 18th

Over the course of the year, you are required to plan and complete a service project with your Discipleship Group. This project can be either a parish project and or a community project. It is up to your group to plan the idea, contact the organization, and plan a day/ time for the project, but since a group project is a parish-sponsored event, your Mentors will have to contact Jenna Leighton to arrange for chaperones and permission forms.

Group Service Project Ideas:

- Volunteer for the parish festival or another parish community event (KC Pancake Breakfast, CCW Christmas Boutique, etc.)
- Volunteer to assist with a parish retreat (Middle-School Retreat, 1st Confession Retreat, or 1st Communion Retreat, etc.)
- Volunteer to cook and serve a meal for the homeless
- Volunteer to help with the parish Free Store
- Volunteer to help with parish project (Christmas Sharing Tree, etc.)
- Visit the residents at the local Senior Community (Saint Benedict's)
- Serve with Faith in Action or another local organization (Rake the Town event)
- Serve at the local Pregnancy Resource Center (Cornerstone Options for Women)
- Serve at the local Saint Vincent De Paul Society (sorting clothes)
- Serve at the local Food Shelf
- Go to Feed My Starving Children to package food for the poor

Service Project "FAQ"s

What 'counts' for a Service Project?

A service project, as we define it, is doing something good for another unrelated person or organization in need. Each project should be at least one hour in length (not including travel time). Your D-Group Mentors will help you brainstorm an idea for your group's project, contact the organization, and work with Jenna to arrange for chaperones and permission forms.

How many service projects do I have to do?

You must complete one service project with your D-Group. However, we encourage you to do more, individually or as a group!

What if I miss my Discipleship Group's Service Project?

If your D-group plans a project together but you are unable to attend the group project (for any reason), you will have to complete a different project, individually, in its place.

How do I get credit for my service project?

On the following page, you will see a form for you to record the details of your project and your experience serving. Your D-Group Mentor must sign off on it. Turn the completed sheet in to Jenna Leighton.

How do I know what projects are out there?

If you need ideas, check the bulletin and our website.

Discipleship Group Service Project

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Candidate Name: _____ Date of Project: ____/____/____

Name of the Person/Organization you served: _____

What was the service project?

Describe your experience of serving.

What corporal or spiritual work of mercy did you preform?

Discipleship Group Mentor Signature: _____

Office Use Only

Date: ____/____/____

Initials: _____

Confirmation Interview

What is a Confirmation Interview?

In order to receive the Sacrament of Confirmation, you must have a desire to receive it. At the end of your two years of Confirmation preparation, you will have the opportunity to meet two-on-one (two interviewees with one interviewer) with Fr. Tony, Jenna Leighton, or other staff member for a Confirmation Interview. This interview is an opportunity for you to articulate, in your own words, your desire and motivation for receiving this Sacrament. You will also be asked to demonstrate your knowledge of the Sacrament and the Faith by answering some basic questions.

Year Two Confirmation Interview—Instructions

Wednesday, February 19th, 2020

For your interview you must:

1. Dress in your Sunday best, appropriate for an interview. No jeans or t-shirts please.
2. Articulate why you want to be Confirmed.
3. Share about your Patron Saint.
4. Answer some questions regarding the faith. (Please review “What to Know for your Exit Interview” below)

What to Know for Your Confirmation Interview:

1. Tell us what you know the Sacrament of Confirmation to be.

Your interviewer will probably ask you what you know about the Sacrament of Confirmation. It would be a good idea to know at least...

- The definition of a Sacrament and what this really means (“a visible sign of an invisible reality instituted by Christ to bring about grace”)
- How many Sacraments the Church has (Seven)
- What type of Sacrament Confirmation is (one of the three Sacraments of Initiation)
- What Confirmation does (Confirmation completes the grace of Baptism. In Confirmation one receives a special outpouring of the Holy Spirit and is brought fully into the mission of Christ)
- When was the first Confirmation (Pentecost)

2. Share why you want to be Confirmed and how you plan to live and serve as a Confirmation Catholic.

Your interviewer will probably ask you why you want to be Confirmed and what you have gained from this year's preparation. You should share about how you plan to serve in the Church after Confirmation (since you will then share completely in the mission of Christ!) .

3. Talk about your Confirmation Saint

Be prepared to share about which Saint you chose and why you chose him/her.

4. List the gifts of the Holy Spirit

Since Confirmation brings about a great outpouring of the Gifts of the Holy Spirit, it is important that you know what gifts you will receive. The Gifts of the Spirit are easily remembered with the acronym CAR WURK...

- Courage (aka Fortitude)
- Awe and Wonder (aka Fear of the Lord)
- Reverence (Piety)
- Wisdom
- Understanding
- Right Judgment (aka Counsel)
- Knowledge

5. Recite the Creed

Since Confirmation brings you into fuller relationship with the Church, it is important to be able to profess what you believe as a Catholic. Your interviewer may ask you to recite the creed. You may choose the Apostle's Creed (shorter, what we pray during the Rosary) or Nicene Creed (longer, what we pray at Mass)

The Apostle's Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,

the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation
he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.