

The Church of Saint Henry
Confirmation
Student
Handbook

Year Two: 2020-2021



This Confirmation Handbook Belongs To:

Table of Contents:

Contact Information.....	4
Confirmation Overview.....	6
Calendar.....(Red)	10
Expectation Agreement	12
Retreat Information.....(Pink)	14
Patron Saint Information.....(Yellow)	18
Sponsor Information.....(Green)	22
Service Project Information.....(Purple)	28
Interview Information.....(Brown)	32
D-Group Participant Guides.....	End

Contact Information

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Discipleship Group:

D-Group Mentor #1: _____

D-Group Mentor #2: _____

D-Group Participants: _____

D-Group Remind App Info: _____

Confirmation Overview

What is Confirmation?

The Sacraments

“The desire for God is written in the human heart, because man is created by God and for God” (CCC #27). All of us desire God, whether we realize it or not, and are seeking to fulfill this desire in all we do. And all of us will face the question of our life: Do I choose God; do I choose to give my life to Him? But the beautiful reality of our Christian Faith is: God is the one who desires us, seeks us, and has chosen us first! In the Gospels Jesus reminds us, “It was not you who chose me, but I who chose you.” (*John 15:16*). Christianity is the belief in a God who chose us—chose to create us out of love and chose to redeem us out of love. He wants to give us His whole Life!

God has made His Divine Life accessible to us through the Sacraments. The Seven Sacraments—Baptism, Confession, Eucharist, Confirmation, Holy Orders, Marriage, and Anointing of the Sick—are “efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us” (CCC #1131). The Sacraments are given to us in order that we might become Saints!

The first Sacrament we receive is Baptism. In Baptism the Holy Spirit is poured into our souls! We become God’s sons and daughters. Confirmation is closely linked with Baptism as in it we receive a greater outpouring of the Holy Spirit and are bound more fully to mission of Christ.

The Sacrament of Confirmation

Confirmation is about being strengthened for mission. While Christ was on Earth, He commissioned the Apostles for mission: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.” (*Matthew 28:19-20*). This was a bold mission. Jesus was put to death because of the Truth He proclaimed. If the disciples were to live and proclaim the Truth of Christ they too would surely be persecuted and even put to death. Living the Christian life at that time meant a death sentence. Needless to say, the disciples were afraid.

This is why Jesus promises to send the Holy Spirit to strengthen them for this mission! At His Ascension, Jesus said, “you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth” (*Acts 1:8*). He promised to send the power of Holy Spirit to strengthen

strengthen them for this bold mission! This is the scene where we find the disciples on the day of Pentecost:

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. (*Acts 2:1-4*)

Immediately after receiving the grace of the Holy Spirit, the disciples are filled with courage to proclaim the Truth of Christ! We hear that “about three thousand persons were baptized that day” (*Acts 2:41*). The twelve Apostles (with Matthias replacing Judas) went on to spread the Faith and all but one died a martyr’s death (though all were persecuted and shed their blood at one point or another!). The Holy Spirit gave them the strength to live and die for their Faith.

As a teenager in 21st century America, it is not likely you will have to shed your blood for your Faith, but all of us still face great persecution and temptation—from the world, the devil, and our flesh. The Holy Spirit wants to strengthen you for this lifelong mission of discipleship. Christ has given us the Sacrament of Confirmation for this very purpose, so that we may have the grace to live and die as Saints and become His witnesses throughout the world! The Sacrament of Confirmation is about being strengthened for mission.

The Symbols of Confirmation

In the Sacrament of Confirmation, the same reality of Pentecost is made present. The physical reality of the Sacrament itself is simple: the bishop will 1) anoint you with oil and say the words, “be sealed with the gift of the Holy Spirit” and 2) lay hands upon you in prayer. This simple physical reality points us to the deep spiritual reality. The seal, an ancient symbol of ownership or belonging, reminds us of the reality of being chosen and claimed as God’s own sons and daughters. The anointing, an ancient symbol of mission, points us to the reality of our being bound to the mission of Christ as priest, prophet, and king! And the laying on of hands, and ancient symbols of preparation for death, is a reminder of the Holy Spirit’s strengthening us to live and die for Christ!

The Effects of Confirmation

The Sacraments do more than just merely symbolize these realities, but they actually bring about that which they signify. They are efficacious!

What are the effects of Confirmation? Confirmation, “roots us more deeply in the divine filiation which makes us cry, Abba! Father!”, “unites us more firmly to Christ” (*CCC 330; Rom 8:15*), “increases the gifts of the Holy Spirit in us”, “renders our bond with the Church more perfectly”, and “gives us special strength of the Holy Spirit to spread and

defend the faith by word and action as true witnesses of Christ, to confession the name of Christ boldly, and never to be ashamed of the Cross" (CCC 330). All of these gifts are given to us to strengthen us to live as Christ's disciples.

Just as Pentecost was the beginning of the disciples' ministry, so too is Confirmation not "graduation from Faith Formation" but rather, the beginning of mission for you! This is why we spend so much time in preparation for the Sacrament, to help you prepare to receive and fully live out of gift of Confirmation!

Requirements for the Reception of the Sacrament

Every baptized person not yet confirmed is capable of receiving confirmation. Canon Law states that to receive Confirmation licitly (outside of the danger of death) one must be "suitably instructed, properly disposed, and able to renew one's baptismal vows (Code of Canon Law 889 §2).

Assessment of Readiness to Receive the Sacrament of Confirmation

The following list consists of the guidelines, based on Canon Law, we use to discern with candidates their readiness to receive the Sacrament of Confirmation preparation...

"Suitably instructed":

- 1. Participates faithfully in the Discipleship Group.** A candidate who is ready to receive the Sacrament of Confirmation will be participating faithfully in his/her Discipleship Group.
- 2. Posses an appropriate understanding of the Catholic Faith, particularly the Sacraments and the Sacrament of Confirmation.** A candidate who is ready to receive the Sacrament of Confirmation will know what the Sacrament of Confirmation is, and how this gift of God fits in to the story of Salvation and his/her life as a Catholic. This is determined through their Disciple Group discussion and sharing, Letter of Intent, and Confirmation Interview.

"Properly disposed":

- 3. Participates faithfully in Sunday Mass.** The Eucharist is the source and summit of the Christian Life. This is why Sunday Mass is not optional as Catholics. A candidate who is ready to receive the Sacrament of Confirmation know the importance of the Sacrament of the Eucharist and is committed to faithful participation in Sunday Mass. Candidates will be held accountable to Sunday Mass attendance in their Disciple Group.
- 4. Living Catholic Faith.** A candidate who is ready to receive the Sacrament of Confirmation (and live out the mission of Christ!) will be actively living the Catholic Faith. This includes adhering to the precepts of the Church (see CCC#2041-2043): 1) Attend Mass on Sunday and Holy Days of Obligation; 2) Confess sins once a year; 3) Receive the Sacrament of the Eucharist at least

once a year during Easter Season; 4) Observe days of fasting and abstinence; 5) Provide for the needs of the Church, according to one's abilities.

“Able to renew one’s baptismal vows”:

5. Has given evidence of belief in the Catholic Faith and a desire to live it. A Candidate who is ready to receive the Sacrament of Confirmation believes in the teachings of the Catholic Church and strives to live them. This is determined primarily through their Letter of Intent and their Confirmation Interview

Conclusion:

We are very excited for you to experience this program! We pray that you and your family will be drawn more deeply into the life with Christ because of it and that come Confirmation Day, you will be more open to the Holy Spirit being poured into your life!

Please know that my door is always open for you.

God bless,

Jenna Leighton
Director of Youth Formation and Ministry
The Church of Saint Henry
763-271-3092
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Year Two Confirmation Calendar 2020-2021

DATE:	TIME:	ACTIVITY / LESSON:	MEETING LOCATION:	ASSIGNMENTS:
Wed, Sept 16th	5:30pm, 6:15pm, or 7pm	Faith Formation Orientation	Main Church	
Sat, Sept 19th or Sun, Sept 12th	Any Mass	Catechetical Sunday	Main Church	
Wed, Sept 23rd	7:15-8:30pm	Holy Spirit: "Never Alone: Session 1"	Main Church & D-Group	• Pre-Year Assessment
Wed, Sept 30th	7:15-8:30pm	Holy Spirit: "Never Alone: Session 2"	Main Church & D-Group	
Wed, Oct 7th	7:15-8:30pm	Year 2 Parent & Student Info Meeting	Main Church	• Candidate Agreement DUE
Wed, Oct 14th		NO CLASS (MEA Weekend)		
Wed, Oct 21st	7:15-8:30pm	Holy Spirit: "Never Alone: Session 3"	Main Church & D-Group	
Wed, Oct 28th	7:15-8:30pm	"Holy Spirit: Never Alone: Session 4"	Main Church & D-Group	
Wed, Nov 4th	7:15-8:30pm	Confirmation: "Never Alone Bible Study: Session 1"	Main Church & D-Group	• First Sponsor Conversation DUE
Wed, Nov 11th	7:15-8:30pm	Confirmation: "Never Alone Bible Study: Session 2"	Main Church & D-Group	
Wed, Nov 18th	7:15-8:30pm	Confirmation: "Never Alone Bible Study: Session 3"	Main Church & D-Group	
Fri, Nov 20th-Sun, Nov 22nd	4pm (Fri)-2pm (Sun)	Year 2 Confirmation Retreat	Saint Henry (Trip to Big Sandy Camp)	
Wed, Nov 25th		NO CLASS (Thanksgiving Break)		
Wed, Dec 2nd	7:15-8:30pm	Confirmation: "Never Alone Bible Study: Session 4"	TBD	
Wed, Dec 9th	7:15-8:30pm	Year 2 Parent, Sponsor, & Student Night: Pentecost and Mission	Main Church	
Wed, Dec 16th	7:15-8:30pm	Big Questions: "Is God Really Real?"	TBD	
Wed, Dec 23rd		NO CLASS (Christmas Break)		
Wed, Dec 30th		NO CLASS (Christmas Break)		
Wed, Jan 6th	7:15-8:30pm	Saint Presentations	TBD	• Saint Presentation • Second Sponsor Conversation DUE
Wed, Jan 13th	7:15-8:30pm	Big Questions: "Why be Catholic and not just Christian?"	TBD	
Wed, Jan 20th	7:15-8:30pm	Big Questions: "The Meaning of Suffering"	TBD	
Wed, Jan 27th	7:15-8:30pm	Safe Environment Lesson (Mandatory)	Main Church & D-Group	
Wed, Feb 3rd	7:15-8:30pm	Big Questions: "The Third Way: Homosexuality and the Catholic Church"	TBD	• Discipleship Group Service Project DUE
Wed, Feb 10th	7:15-8:30pm	Confirmation Interview	Main Church	
Wed, Feb 17th	12pm or 7pm Mass	Ash Wednesday Mass	Main Church	
Wed, Feb 24th	7:15-8:30pm	Year 2 Parent, Sponsor, & Student Night: Confirmation Mass Preparation	Main Church	
Wed, Mar 3rd	7:15-8:30pm	Reconciliation Girls: "Emotional Virtue" / Guys: "Boys to Men" Part 1	Main Church & D-Group	
Wed, Mar 10th		NO CLASS (Spring Break)		
Wed, Mar 17th	7:15-8:30pm	Girls: "Emotional Virtue" / Guys: "Boys to Men" Part 2	TBD	
Wed, Mar 24th	7:15-8:30pm	Girls: "Emotional Virtue" / Guys: "Boys to Men" Part 3	TBD	
Wed, Mar 31st	6-8pm	All Grades Faith-Filled Family Night: Stations of the Cross & Soup Supper	Main Church	
Wed, Apr 7th	7:15-8:30pm	Girls: "Emotional Virtue" / Guys: "Boys to Men" Part 4	TBD	
Sat, Apr 10th	10am Mass	Confirmation Mass	Cathedral of Saint Paul	
Wed, Apr 14th	7:15-8:30pm	Girls: "Emotional Virtue" / Guys: "Boys to Men" Part 5	TBD	
Wed, Apr 21st	6pm	Family Mass & Catholic History Fair	Worship Space	
Wed, Apr 28th	7:15-8:30pm	Vocation: Girls: "For Love Alone" / Guys: "Fishers of Men"	TBD	

The Church of Saint Henry
Agreement of Expectations for Confirmation Process
Year Two

Candidate, please initial:

____ I am a baptized, practicing Catholic and a willing participant in the Confirmation process. I understand that deciding to enter the Confirmation Preparation Program is an important decision requiring attending classes, prayer, reflection, service and active participation.

____ I will do my best to take this decision seriously.

____ I will respect the staff, my Discipleship Group leader, volunteers, and other students here in the program and outside the program.

____ I will attend Mass on Sundays and other Holy Days of Obligation.

____ I will do my best to grow in my prayer life on a daily basis to encourage my relationship with the Holy Spirit.

____ If I was NOT baptized at the Church of Saint Henry, I will notify the parish office of the name parish, country, state, and city of my baptismal parish (The Church of Saint Henry will contact the baptismal parish directly and request a copy of your baptismal record).

____ I commit to growing with Discipleship Group over the next three years. I will allow them to hold me accountable to spiritual growth. I will also charitably hold the others in my group accountable to spiritual growth.

____ I will attend and participate in Discipleship Group meetings and other required nights. I understand that any absences must be made up with at home work.

____ I agree to make a Confirmation retreat.

____ I will continue to learn about and grow in relationship with my patron Saint and prepare and present a Saint Presentation for my D-Group by the assigned due date.

____ I will engage in (at least) two sponsor conversations and submit the journal entries by the assigned due date.

____ I will complete (at least) one service project each year of the program by the assigned due date. These projects will be service of corporal or spiritual works of mercy.

____ I will participate in the Confirmation Interviews on the assigned date.

Candidate's Name (Printed): _____

Candidate's Signature: _____ **Date:** _____

Parent's Signature: _____ **Date:** _____

Confirmation Retreat

Year Two Confirmation Retreat

Friday, November 20th (4pm) - Sunday, November 22nd, 2020

(UPDATED PICK UP TIME: 12pm-NOON)

As part of the Confirmation Program at the Church of Saint Henry, students are required to attend a yearly retreat. For the Year Two Confirmation Retreat, we travel together to Big Sandy Camp in McGregor, MN for our own parish retreat, Friday, November 20th (4pm) - Sunday, November 22nd (12pm)!

The Year Two Confirmation Retreat is often students favorite part of the Confirmation preparation program, so much so, that every year Confirmed teens come back to serve on the retreat. The weekend includes talks, small group discussion, games, prayer, Mass, Reconciliation, and a beautiful night of Adoration.

See "Church of Saint Henry Preparedness Plan for Confirmation Retreat" for the COVID-19 protocol and procedures for the retreat. If you have any questions at all about the retreat, please do not hesitate to ask.

Here are some details that you need to know in order for you to get the most out of the weekend:

Registration & Payment:

The retreat registration and payment is included in the Year Two Confirmation registration and tuition. If you registered for the program, you have already paid for the retreat. As you know the Confirmation Year Two Retreat Fee was \$150. This covers Big Sandy Camp lodging (2 nights) and meals (5 meals), bus costs, and retreat materials.

Tentative Schedule for the Weekend:

Friday, November 20th

4:00pm	Check-in at Saint Henry
4:15pm	Depart from Saint Henry (by bus)
6:45pm	Arrive at Big Sandy Camp
7:00pm	Dinner
7:45pm	Evening Program and Prayer
9:30pm	Snack
10:00pm	Cabin Time
10:30pm	Lights Out

Saturday, November 22nd

7:00am	Wake Up Call
7:45am	Morning Prayer
8:15pm	Breakfast
9:00am	Morning Program
12:15pm	Lunch
1:00pm	Afternoon Prayer
1:30pm	Confession / Free Time
3:15pm	Afternoon Program (w/ Q&A Session with Fr. Barnes and Jenna)
5:00pm	Mass
6:00pm	Dinner
7:00pm	Evening Program
9:00pm	Adoration and Evening Program Cont.
10:00pm	Snack
10:30pm	Cabin Time
11:00pm	Lights Out

Sunday, November 22nd

7:00pm	Wake Up Call (Pack Rooms)
7:45am	Morning Prayer
8:15pm	Breakfast
8:45am	Morning Program
9:30am	Load Bus and Depart
12:00pm*	Check-out at Saint Henry

***Please note the earlier arrival time.**

Packing List:

What to Bring:

- **Casual and modest clothes for 3 days** (Our schedule will keep you moving and active. There will also be periods of time when you will be sitting and listening to different presentations. We want you to wear clothes that are comfortable for these various activities. A perfect outfit would be a t-shirt and sweatpants or jeans. Since this is a Catholic retreat we also expect you to dress modestly: NO low-cut tops, cropped tops, or spaghetti straps; NO leggings (without a tunic-length top) or short-shorts; NO inappropriate images or words on clothing. Thank you for your cooperation!)
- At least 3 masks, so you change it throughout the weekend
- Dress clothes for Mass (Saturday evening)
- A warm sweatshirt
- Coat, hat, mittens
- Snow clothes—snow pants, boots etc. (for playing outside in the snow for free-time)

- Comfortable shoes
- PJs
- Toiletries (toothbrush, toothpaste, deodorant, hairbrush/comb, face wash and washcloth, shampoo and conditioner, etc.)
- A towel for showering
- Shower shoes (like flip flops)
- Pillow & sleeping bag/bedding (bunk bed accommodations)
- Refillable water bottle (with your name on it)
- Bible
- Journal and pen/pencil
- Rosary
- Watch
- Small flashlight and/or booklight (for bus and dorm)
- Necessary medications (Note: All medications, including over the counter, need to be given to the appropriate adult leader upon arrival. For prescription medications, you will also need to make sure you have completed and turned in the corresponding authorization form.)

What NOT to Bring:

- **Cell phones (we will collect cell-phones at the check-in table)**
- Electronics of any kind: ipods, ipads, computers, MP3 devices, electronic games, etc.
- Alcohol, cigarettes, e-cigarettes/vape pens, drugs, or pornography
- Inappropriate clothing
- A bad attitude

Year Two Confirmation Retreat "FAQ"s:

What if I cannot attend the retreat?

If you cannot attend our Year Two Confirmation Retreat (due to a scheduling conflict or illness), you must make arrangements with Jenna Leighton to attend a make-up weekend retreat with NET Ministries (www.netusa.org/confirmation/). You must FIRST get approval for the make-up retreat from Jenna before registering for it, so if you know you will need to attend a make-up retreat, contact Jenna. Please know that retreats at NET Ministries fill up quickly so once you get approval, sign up ASAP.

What if I have to come late or leave early?

We have a full participation policy for our retreats. In order to get the most out of the experience, we require students to participate in the full time-frame of the retreat. If you are not able to arrive on time or stay the whole time, you will need attend a make-up three-day/two-night weekend retreat (see above). We are unable to make exceptions. We appreciate your understanding.

What if I am an "At Home" Confirmation parent & student?

"At Home" Confirmation parents and students are strongly encouraged and invited to join us for the on-site, in-person retreat. However, if "At Home" Confirmation parents and students are uncomfortable with attending an on-site, in-person retreat at this time, we will make arrangements for you to complete an "At Home" retreat (online retreat with a different company). Please contact Jenna ASAP with your concerns about attending an on-site, in-person retreat at this time and to make arrangements for this "At Home" retreat option.

Confirmation Patron Saint

What is a Confirmation Patron Saint?

Many times when we think about the Saints, we think of Holy Card pictures of pious looking Saints with rosy cheeks and glowing halos, but the truth is that the Saints are so much more than a pious image. The Saints were ordinary people, like you and I, but they lived extraordinary lives! The stories of the Saints come in great variety—some had radical conversions and others were raised in faithful homes, some were brutally martyred and others died peacefully, some were called to travel to distant lands and go on epic missions and others were called to faithfully live out ordinary careers, they were priests, deacons, bishops, Popes, nuns, religious sisters, single, married with children, or children themselves! Yet, within all the variety of their lives, all of the Saints had one thing in common: holiness and virtue. Each of them lived their unique life story out of love for God. The Church says that a Saint is some one who possessed “heroic virtue” (CCC #828). Simply put, saints are the heroes of the faith!

Choosing a Confirmation Patron Saint is an ancient tradition of the Church. We choose a Confirmation Saint for two reasons. The first reason is the Saints are a model of holiness and heroic virtue. In sports we have heroes: we look up to athletes who have achieved excellence and overcome obstacles. We may even model our athletic disciplines after theirs. The same is true for the Faith. We choose a patron Saint who will be our model and inspiration in “the race that lies before us” (*Hebrews 12:1*).

The second reason we choose a Confirmation Patron for intercession. The Saints are our big brothers and sisters with God in Heaven. They want to help us achieve holiness. We can ask for their prayers and guidance. You have the opportunity to have a real relationship with your Confirmation Saint and ask them for their intercession.

Confirmation Saint Small Group Presentations **Wednesday, January 6th, 2021**

By now you have already selected your Confirmation Saint and written a reflection paper. This year, all Year Two Confirmation students will give a 5-minute presentation to their Discipleship Group on their Confirmation Saint.

Saint Presentation Requirements:

1. Give the Confirmation Saint Presentation sheet (following page) to your Discipleship Group Mentor.
2. Give a 5-minute presentation to your group about your Confirmation Saint
3. Give a summary of the Saint's life, answering the following questions...
 - a. What is your Saint's name?
 - b. When did the Saint live? When did he/she die? Where was the Saint from?
 - c. What are some of the important events in the life of this Saint?
3. The majority of your presentation should be what you and others can learn from this Saint, answering the following questions...
 - a. What made this person so holy?
 - b. What inspires you, personally, about this Saint?
 - c. How is this Saint a perfect Patron Saint for you?
 - d. How have you been changed this year by your Confirmation Saint?
 - e. What is one thing others can do to live more like this Saint?

Confirmation Saint Presentation

DUE: Wednesday, January 6th, 2021

Candidate Name: _____ Date: ____/____/____

Confirmation Saint Name: _____

This portion of the sheet should be completed by your Discipleship Group Mentor during your presentation....

Discipleship Group Mentor Name: _____

Notes: _____

Knowledge of Saint's life:

1—2—3—4—5 (1 being the least, 5 being the best)

Knowledge of Saint's holiness and virtue:

1—2—3—4—5

Discipleship Group Mentor Signature: _____

Office Use Only

Date: ____/____/____

Initials: _____

Confirmation Sponsor

What is a Sponsor?

If you have ever attended a Confirmation Mass, you have seen an adult who stands behind the candidate with a hand on their shoulder as they are anointed. But the role of a sponsor goes far beyond a simple gesture of support. Did you know that the word sponsor comes from the same root word as “responsible”? A Confirmation sponsor is someone who will be there to support you in your Catholic Faith before, during, and after you receive the Sacrament of Confirmation.

Sponsor Conversations —Instructions

DUE: November 4th, 2020 & January 6th, 2021

You and your sponsors are required to have at least two intentional conversations this year about the Catholic Faith. We suggest you set aside some time for both a conversation and an activity (ideas include: a walk, a meal, snack, a service project, Mass, Adoration, the Rosary, etc.). We highly recommend you make it a point to get together for a face-to-face activity and conversation, but if your sponsor lives too far away, these conversations may be completed over the phone/video-chat.

After the conversation, you are to complete a brief journal entry about what you and your sponsors discussed and then submit your journal entry to Jenna Leighton by the above due dates. Each journal entry has a specific due date but may be turned in before that due date, depending on when you schedule and complete your Sponsor conversations.

Sponsor Conversation Journal #1

DUE: Wednesday, November 4th, 2021

Candidate Name: _____ Date : ____/____/____

Sponsor Name: _____

What activity did you and your sponsor choose to do together?

What did you discuss in your conversation?

What is one thing you learned about the Catholic Faith from your sponsor?

Office Use Only

Date: ____/____/____

Initials: _____

Sponsor Conversation Journal #2

DUE: Wednesday, January 6th, 2021

Candidate Name: _____ Date : ___/___/___

Sponsor Name: _____

What activity did you and your sponsor choose to do together?

What did you discuss in your conversation?

What is one thing you learned about the Catholic Faith from your sponsor?

Office Use Only

Date: ___/___/___

Initials: _____

Service Projects

What is a Service Project?

In Confirmation, you will be bound fully to the mission of Christ, as priest, prophet and king. To live out the priestly mission of Christ, we are to offer our lives as a sacrifice for the good of others, just as Christ did. In this year of Confirmation Preparation, we help you prepare for that lifestyle of generous love by participating in service projects. A service project, as we define it, is doing something good to benefit another unrelated person or organization in need. Each project should be at least one hour in length.

Discipleship Group Service Project—Instructions

DUE: Wednesday, February 3rd, 2021

Over the course of the year, you are required to plan and complete a service project with your Discipleship Group (or parent & student pair for “At Home” Confirmation families). This project can be either a parish project and or a community project. It is up to your group (or Confirmation parent & student pair) to plan the idea, contact the organization, and plan a day for the project, but since a group project is a parish-sponsored event, your D-Group leaders will have to contact Jenna Leighton to arrange for chaperones and permission forms.

Group (or Confirmation parent & student pair) Service Project Ideas:

- Volunteer for the parish festival or another parish community event (KC Pancake Breakfast)
- Volunteer to assist with a parish retreat (Middle-School Retreat, 1st Confession Retreat, or 1st Communion Retreat, etc.)
- Volunteer to cook and serve a meal for the homeless
- Volunteer to help with the parish Free Store
- Volunteer to help with parish project Christmas
- Visit the residents at the local Senior Community (Saint Benedict's)
- Serve with Faith in Action (Rake the Town event)
- Serve at the local Pregnancy Resource Center (Cornerstone Options for Women)
- Serve at the local Saint Vincent De Paul Society
- Serve at the local Food Shelf
- Go to Feed My Starving Children to package food for the poor

Service Project "FAQ"s

What 'counts' for a Service Project?

A service project, as we define it, is doing something good for another unrelated person or organization (not your own family or sports team) in need. Each project should be at least one hour in length (not including travel time). Your D-Group leaders will help you brainstorm an idea for your group's project, contact the organization, and work with Jenna Leighton to arrange for chaperones and permission forms.

How many service projects do I have to do?

You must complete one service project with your D-Group (or parent). However, we encourage you to do more, individually or as a group!

What if I miss my Discipleship Group's Service Project?

If your D-group plans a project together but you are unable to attend the group project (for any reason), you will have to complete a different project, individually, in its place.

How do I get credit for my service project?

On the following page, you will see a form for you to record the details of your project and your experience serving. Your D-Group leader (or parent) must sign off on it. Turn the completed sheet in to Jenna Leighton.

How do I know what projects are out there?

If you need ideas, check the bulletin and our website.

What if I am an "At Home" Confirmation parent & student?

"At Home" Confirmation parents and students are encouraged and invited to complete an in-person service project. However, if "At Home" Confirmation parents and students are uncomfortable with serving in-person at this time, we will work with you to complete an "At Home" service project. Please contact Jenna ASAP with your concerns about attending an on-site, in-person retreat at this time and to make arrangements for this "At Home" retreat option.

Discipleship Group Service Project

DUE: Wednesday, February 3rd

Candidate Name: _____ Date of Project: ____/____/____

Name of the Person/Organization you served: _____

What was the service project?

Describe your experience of serving.

What corporal or spiritual work of mercy did you preform?

Discipleship Group Mentor Signature: _____

<p>Office Use Only</p> <p>Date: ____/____/____</p> <p>Initials: _____</p>
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Confirmation Interview

What is a Confirmation Interview?

In order to receive the Sacrament of Confirmation, you must have a desire to receive it. At the end of your two years of Confirmation preparation, you will have the opportunity to meet two-on-one (two interviewees with one interviewer) with Fr. Tony, Jenna Leighton, or other staff member for a Confirmation Interview. This interview is an opportunity for you to articulate, in your own words, your desire and motivation for receiving this Sacrament. You will also be asked to demonstrate your knowledge of the Sacrament and the Faith by answering some basic questions. See page 8 for more information about the requirement for a candidate's readiness for the Sacrament of Confirmation: "suitably instructed, properly disposed, and able to renew one's baptismal vows.

Year Two Confirmation Interview—Instructions **Wednesday, February 10th, 2020**

For your interview you must:

1. Dress in your Sunday best, appropriate for an interview. No jeans or t-shirts please.
2. Articulate why you want to be Confirmed ("properly disposed").
3. Answer some questions regarding the Catholic Faith ("suitably instructed").
4. Recite the Creed ("able to new your baptismal vows").

What to Know for Your Confirmation Interview:

1. Tell us what you know the Sacrament of Confirmation to be.

Your interviewer will probably ask you what you know about the Sacrament of Confirmation. It would be a good idea to know at least...

- The definition of a Sacrament and what this really means ("a visible sign of an invisible reality instituted by Christ to bring about grace")
- How many Sacraments the Church has (Seven) and what type of Sacrament Confirmation is (one of the three Sacraments of Initiation)
- What Confirmation does (Confirmation completes the grace of Baptism. In Confirmation one receives a special outpouring of the Holy Spirit and is brought fully into the mission of Christ)
- When was the first Confirmation (Pentecost)

2. Share why you want to be Confirmed and how you plan to live and serve as a Confirmation Catholic.

Your interviewer will probably ask you why you want to be Confirmed and what you have gained from this year's preparation. You should share about how you plan to continue in your Faith Formation (saying committed to your D-Group) and plan to serve in the Church after Confirmation (since you will then share completely in the mission of Christ!). Remember Confirmation is NOT about...

- Confirmation does NOT make us an "adult in the faith"
- Confirmation is NOT about confirming our faith
- Confirmation does NOT "magically" change us
- Confirmation is NOT "graduation from the Church/Faith Formation"

3. Talk about your Confirmation Saint

Be prepared to share about which Saint you chose and why you chose him/her.

4. List the gifts of the Holy Spirit

Since Confirmation brings about a great outpouring of the Gifts of the Holy Spirit, it is important that you know what gifts you will receive. The Gifts of the Spirit are easily remembered with the acronym CAR WURK...

- Courage (aka Fortitude)
- Awe and Wonder (aka Fear of the Lord)
- Reverence (Piety)
- Wisdom
- Understanding
- Right Judgment (aka Counsel)
- Knowledge

5. Recite the Creed

Since Confirmation brings you into fuller relationship with the Church, it is important to be able to profess what you believe as a Catholic. Your interviewer may ask you to recite the creed. You may choose the Apostle's Creed (shorter, what we pray during the Rosary) or Nicene Creed (longer, what we pray at Mass)

The Apostle's Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;

he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.